

# Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 2

February 2004

## GATHERING CHANGED TO FEB. 21<sup>ST</sup>

**W**e hope to see you at the Gathering this month - but we will look for you a week later than normal. It seems that Valentine's Day falls on the second Saturday of this month, causing the board to reconsider the gathering date. This month we are honoring Chrysalis and hope to experience a large gathering to support the fantastic youth in our community.

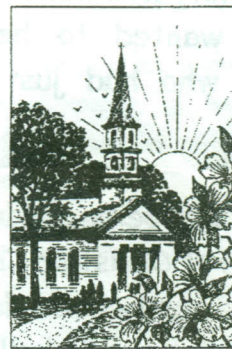
So plan on joining us for a wonderful evening of praise, music, and fellowship as the Chrysalis youth share their message of love to all!

**See you on the 21st!**

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### *Where's the Next Gathering?*



When: **February 21<sup>s</sup>, 2004\*\*\***

Where: **First Christian Church**

Time: **6:45 pm**

Fellowship: **6 pm**

***Board meets at 4:30 pm***

Bring a snack to share with all and enjoy some fellowship before the gathering.

***Directions to church on back page***



*"We are one in the spirit, we are one in the Lord...  
They will know we are Christians by our love."*

Last month at the Day of Deeper Understanding I was really moved by the number of people who came and by the spirit that everyone had. We had about fifty men and women who walked last fall who came to attend DDU. And we had a large representation of their sponsors as well as many from the Fredericksburg Emmaus Community who were there simply because they wanted to be there to support those who had just completed their walks.

While the DDU was being conducted in the sanctuary of First Christian Church there were several men and women downstairs in the kitchen and fellowship hall fixing food and setting up the dining area to host dinner for the new members of this community. I was free to float around and simply witness all that was going on. Every where I went I saw people working and sharing in love, from those who were so joyously serving in the kitchen, to those who were leading and participating in the DDU. At one point, I came into the back of the sanctuary just as everyone in the room had split up into groups to conduct reunion group exercises. As I watched from my vantage point I saw men and women sharing, holding hands, praying together

and rejoicing in the Spirit of the risen Lord.

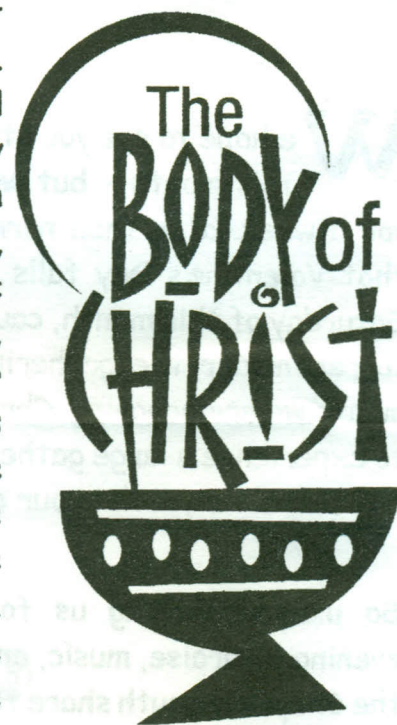
What I witnessed was the Body of Christ at its most beautiful . . .

Although we all came from many c h u r c h denominations, cultures, ethnic backgrounds, and races our differences were not to be seen because right then we were one body, one people, one church, one spirit. I was

both awed and humbled by the beauty and love that was on each face. It reminded me how thankful I am for this Emmaus Community and the way God, through the grace of Jesus Christ, moves in the hearts of His people.

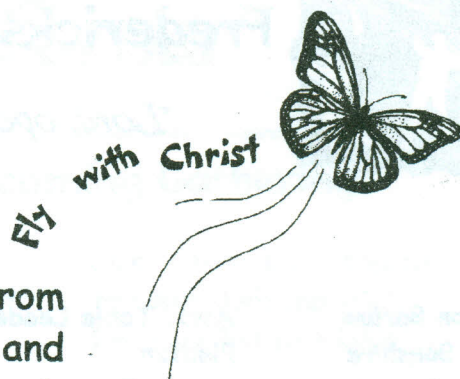
*DeColones -*

**Wes Pryce**  
Community Lay Director





## COME AND SUPPORT CHRYSLIS



Did you know that six of our young people from Fredericksburg United Methodist Church and from Prince of Peace United Methodist Church flew on a Chrysalis flight last month in Northern Virginia? And did you know that four youth and adults from this community served on that Chrysalis team?

In our community we have a committed and passionate group of young people and adults who give much of themselves to bring the message of Christ's love to other young people through Chrysalis. Each of us would agree that we want to do everything we can to support and encourage the young people and those who work with Chrysalis.

At the February Gathering several of our Chrysalis youth will participate in the gathering. It would be great if all of us would be there to represent our support for them. So think about making attendance at this gathering a priority in an effort to support the ministry of these young people.

Remember to note the date change for the February Gathering from:

**February 14<sup>th</sup> to  
February 21<sup>st</sup>  
at First Christian Church  
at 6:45 PM**



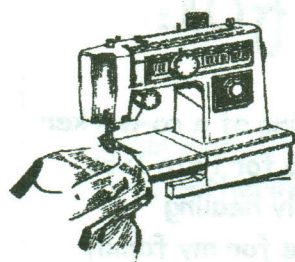
## Fredericksburg Emmaus #52 Team List

*"Lord, open the eyes of these men so they can see."*

*11 Kings 6:20*

Aaron Barlow	Asst. Table Leader	Reading	
Bob Bonshire	Floater	Reading	
Lake Cowart	Agape Cha	Reading	
Donnie Cross	Music Team	Reading	
Curt Edsall	Music Director	DeColores Story	
Wil Floyd	Table Leader	Reading	
Victor Gomez	Spiritual Director	Justifying Grace	Friday 3:00 pm
Rick Griffis	Asst. Agape Cha	Growth Through Study	Saturday 8:55 am
Mike Iden	Music Team	Reading/Sponsorship DDU	
Steve Johnson	ALD - Sunday	Priorities	Friday 9:15 am
Kiko Lama	Asst. Table Leader	Reading	
Mark Lawrence	Floater	Reading	
Larry Lenow	Lead Spiritual Director	Means of Grace	Saturday 10:15am
Brian Lewis	Table Leader	Body of Christ	Sunday 11:10 am
Steve Makely	Asst. Table Leader	Reading	
John Mann	Table Leader	Reading	
John Mathis	Spiritual Director	Obstacles to Grace	Saturday 4:00 pm
Hank McCaslin	Spiritual Director	Prevenient Grace	Friday 11:15 am
Mo Moses	ALD - Friday	Changing Our World	Sunday 8:50 am
Jene Parrotte	Table Leader	Priesthood of All Believers	Friday 1:30 pm
Tim Patrick	Asst. Table Leader	Reading	
Joe Reed	ALD - Thursday	Fourth Day	Sunday 2:45 pm
Randy Ross	Head Cha	Reading	
Pete Schatz	Table Leader	Reading/History Talk DDU	
Tony Schroth	Weekend Lay Director	Perseverance	Sunday 1:05pm
John Shutlock	ALD - Saturday	Discipleship	Saturday 8:00pm
Bill Simpson	Table Leader	Life in Piety	Friday 7:30 pm
Ralph Thomas	Spiritual Director	Sanctifying Grace	Sunday 10:00 am
Joe Uhlick	Asst. Table Leader	Reading	
Bill Walker	Music Team	Reading/4th Day DDU	
Richard Warner	Asst. Cha	Reading/Christian Action	Saturday 2:35 pm
Alan Weakley	Asst. Cha	Reading	
Lou Woolner	Asst. Table Leader	Reading	



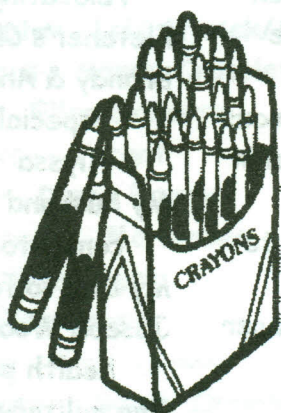


## AGAPE BAGS . . Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric (check the craft section at your local fabric store or WalMart), cording, bright shoelaces to donate. Or you can make agape bags; they are sew simple to make (12" wide and 15" tall, please). Call Diana Farrar at 540-372-7535 or e-mail her at [HRHDiana@juno.com](mailto:HRHDiana@juno.com) to say "I'll help!"

## Calling All the Young At Heart

Can you decorate 5 or 10 or 20 or 100 place mats for an upcoming weekend? Maybe you'd like to help, but have no idea how to start or where to get great ideas! Please call Ellen Schertz, Place Mat Coordinator at (540) 891-9593 or e-mail her at [ellouisesc@hotmail.com](mailto:ellouisesc@hotmail.com) to get set up. You may also buy and donate blank white or solid color place mats. There's room for your gifts at whatever level you choose to serve in the Emmaus place mat ministry. Call Ellen today!





## Lord, we lift our prayers for:

Emmaus #53 and Emmaus #54 walks

Family unity

Kloenhamer family

Healing for my mother & mother-in-law

My son to seek guidance in his life

Our young people's souls - that the Lord will protect & save these youngsters

My friend, Jody & her parents. Father in poor health

Good results on medical tests for my friend's husband

Jim undergoing cancer treatments

A husband would come back to the Lord

The Lord will grow in the hearts of my family

The Lord will help a friend find a church

The Lord will lead my husband & me to find the area of service where He wants us

Sister Gail - her job at the hospital

Granddaughter - put in foster home. She needs to reconstruct her life pattern

Matthew to make wise life decisions

God's light to shine on my path during 2004

My Dad and his continued strength with Lou Gherig's disease

The men of E-53 - that the Lord will open their eyes and that they will see the abundance of His love

The Lord to use the men & women of Emmaus community to lead a Christian revival in the Fredericksburg area

The hearts of of Cija & Ryan be opened to receive the Lord

Barbara Esser with advanced breast cancer

Col. David Chester-Hunter in Iraq

Epiphany - Gainesville #9



Healing of a co-worker

A job for Pete Ives

Family healing

Peace for my family

Co-worker Ann

Humility, focus and trust in God's guidance

Son David to be led to Christ

My husband Dale who will attend E-53

My Dad, Pat to attend E-53

Linkowitz families in unexpected loss of wife and mother

New Hanover Presbyterian church

My sister-in-law's wonderful mother, Wanda McGhee who has terminal cancer

My son, Brian and family relationships

My daughter & family - 18 year old son Joshua

Courage for necessary medical procedures

My friend, Billy Wheat to be remembered

by our fellowship in his passing to a better place

My friend, Gary to recover quickly from a heart attack

Susie who is going through many trials & is relocating

Fletcher's Chapel UMC

Brandy & Andy in their separation - especially for their children, Justin & Alyssa

My husband to listen to God more when it comes to his work - help with self-doubt

My Dad to feel better & have more energy

Joseph Wood for healing from multiple health problems

The military & their families



## Our prayers continued . . .

Nephew Logan who is caught up in practice of paganism. Pray for God to place someone in his path to whom he will listen & who will help him renew his love for the Lord

My husband, Ed Boggs & stress at work. Pray that he will want to go on Emmaus walk.

My sister's husband, Stanley who will go to Bagdad on February 17<sup>th</sup>

Jessica, a high school senior who has missed lot of school due to the flu. Help her o catch up on her work & keep honor roll status

My daughter's safety as she goes to Korea in February for one year

My daughter, Suzanne as she leaves for a semester abroad - for her safety, her growth & her opportunities to witness by her life, actions & words

My husband to be used as a vessel on E-53

All children who suffer from illness

My husband, Rich that he will conquer his "demons" and be able to walk on Emmaus

Carol - for healing after surgery for pain

The President

My two sons who have made some serious errors in judgement & now need your love & forgiveness

My Grandmother, Theresa Palasik-health

The Lay Directors of Southern Maryland Emmaus teams, #11 & #12

The Fredericksburg E53 & 54 teams

Gene Mullins, brother of Pat Weinhardt - in critical condition with lung disease

Healing for my son & my mother

## Relationships

The relief from stress at work

My marriage & all troubled marriages. May

God hold these families together

Graves family-loss of father, Joseph

Help me serve the Lord without ceasing & without questioning

Valerie Prince, a cancer survivor & migraine sufferer

Comfort for those who lost loved ones last year

Our country - that we may be able to bring our troops home

Guidance & blessing of doctors & surgeons who are treating Jim. The Emmaus community has prayed so fervently & God has blessed Jim throughout your praying. Thank you!

The Tillapaugh family - Sophia's healing Chrysalis community

Diane Servidio, lost her parents in past 4 months

Lyn Robeson & family who lost mother

Jane Wood - learning of cancer

Better management of financial situation

God's leadership in my personal life

Better understanding of my faith. May

God lead me in future with my church

Jenny & Ashok as they live in Africa

My sons, that they may feel God's presence in their lives

Elaine Underwood - stroke

Lori & Ronnie Gayle family & my grandchild Way family

Granddaughter Kayla - surgical procedures

Pam Maas - heart procedures

Bill's health & family

My son, Bob-making decision to enter Navy



## Our prayers continued . . .

A new home in early spring!

Josh and his recent hospitalization

E-54 - the team, the pilgrims and WLD

Ellen as she prepares for E-54 - that she might be led by the Holy Spirit

Son's decision to enter military service - his ability to prepare physically & spiritually to go if it is God's will

John Balles, my father-in-law - health

Health & future teams

For co-worker - son committed suicide

Those who don't know Jesus Christ

Vivian Howard - lost 13 year old daughter to cancer

My son, Alex, overseas in Navy - hopefully to return in the spring

Zaroff family in birth of new baby

For God to lead me and bless me & use me as my office closes. I face unknown changes at work.

My dying church - need to change ways & thoughts

My husband to continue to heal & deal with disability

My two teens -fill out Chrysalis applications & attend flights

My sisters in Christ from E-52

God's will be done using Aaron as an E-53 team member

More pilgrim applications for E-53

Allowing me to serve by bringing others to you for praise, honor & glory

Hearing you speak to me confirming my journey with the Lord in ministry

Those in our workplaces whose positions could & should enable them to help reduce unnecessary stress. May their decisions be guided by God's grace & understanding

Our sister communities - upcoming walks



That I was not injured during a recent car accident

For His many blessings

For Terry Pickett's successful completion of her cancer treatments

For amends made with my sister

For the many friends I have made through Emmaus

For husband's new job

To God for my family

For Fredericksburg Emmaus

For family & the freedoms we have in this country

For a new grandson for Pat & John Weinhardt

For great stress test results. A great start for 2004

That I saw the light!

The blessing for all people

For the wedding of Tracey & Josh

For Kitti and all she means to me

That further testing revealed no cancer in my wife

For Polly - healing from fall

For my daughter and her love of Christ

My son for helping his Dad

For Emmaus community - support & love

For the miracles that occurred on E-52

Blessings on all those involved in sponsoring & working for Emmaus

For our son, Dave who is about to be engaged to a wonderful young lady



## **Community Volunteers**

### **Community Lay Director - Wes Pryce**

Chair Emmaus Board

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Pilgrim/Team Selection Committee

### **Assistant Community Lay Director - John Mann**

Gathering Location Coordinator

Nominating Committee Chair

### **Treasurer - Maria Fortune**

### **Secretary - Gene Philipp**

Manuals Coordinator

Records/By-Laws Historian

### **Communications Coordinator - John Mann**

Newsletter - Barbara Simpson

Database Coordinators-Dennis Warne & John Mann

Team Registrar - Barbara Simpson

Pilgrim Registrar - Pat & Dick Barnett

### **Gathering Support Coordinator - Vacant**

Community Music Director- Debrina McKeen

Community Baker - Angel Fulkerson

Childcare Coordinator - Vacant

### **Weekend Support Coord.- Brian Lewis**

Community Cha Coordinator- Richard Warner

General Agape Coordinator - Lois Myrick/Monica Warne

Prayer Vigil Coordinators - Sandy Crossley/Jane Carwell

Place-mat Coordinator - Ellen Schertz

Snack Agape Coordinator - Vacant

Agape Bag Coordinator - Diana Farrar

Transportation Coordinator - Mo Moses

Supplies Coordinator - Wes Pryce

Fourth Day Packets - Tina Cooper

Fourth Day Coordinator - Dick Barnett

Reunion Group Coordinator - Sandy Crossley



## Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.



### Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays  
Prince Of Peace United Methodist Church  
6299 Token Forest Drive  
Manassas, Virginia  
Contact: Lloyd Biller (703) 590-1512

### Pastor's Weekly Meeting

Meets 8:30 AM Thursdays  
Rotates - call for location  
Contact: Mark Dunn (540) 786-4025

### Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays  
Lake Of the Woods - call for location  
Contact : Vic Larson (540) 972-1928

### Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays  
Lake Of the Woods - call for location  
Contact : Barbara Miller (540) 972-7418

### Reality Check (Chrysalis Boys/Girls)

Meets 6:15 PM Wednesdays  
Fredericksburg UMC

### Koinonia Women's Reunion Group

Meets 9:00 AM Fridays  
Lake of the Woods - call for location  
Contact: Barbara Larson (540) 972-1928

### Amazing Grace Reunion Group

Meets 8:30 PM Thursdays  
Hillcrest UMC  
Contact : Ed McAdam (540) 898-3625  
e-mail to emcadam@infi.net

### Bethel UMC Men's Group

Meets 7:30 AM Sundays  
Bethel UMC, Woodbridge  
Contact: Brian Lewis (703) 590-9343  
e-mail to bb3253@AOL.com

### Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays  
First Christian Church  
Contact: Gene Philipp (540) 898-4917  
e-mail GeneDiPhil@aol.com

### Remington/Morrisville/Liberty Reunion Group

Meets 7:00 PM First Saturday  
Remington UMC/Morrisville UMC  
(alternating months):  
March, June, September, December  
Contact: Linda Butler (540) 727-8044 or  
email: lindabutler@windyhillcontracting.com

Interested in joining or starting  
a new reunion group?  
Call Sandy Crossley at 703-221-6977 or email  
her at slcrossley@aol.com



## ***Information Corner***

**DEADLINE** for submissions to the February newsletter is January 17<sup>th</sup>.  
Please send your articles to editor:

Barbara Simpson  
9 Lockhart Circle  
Fredericksburg, VA 22401  
Email: bnbsimpson@aol.com

### **Upcoming Gatherings**

March 13 <sup>th</sup>	First Christian Church
April 17 <sup>th</sup> ***	Fredericksburg UMC
May 8 <sup>th</sup>	Fredericksburg UMC

### **2004 Weekend Lay Directors**

Tony Schroth	Men	Emmaus #53	March 18-21, 2004
Ellen Schertz	Women	Emmaus #54	April 29 - May 2, 2004
Joe Reed	Men	Emmaus #55	Sept 30 - October 3, 2004
Alice Harding	Women	Emmaus #56	November 4-7, 2004

### **Fredericksburg Emmaus Board of Directors**

Pryce, Wes	Community Lay Director
Mann, John	Assistant Com, Lay Director
Phillipp, Gene	Secretary
Fortune, Maria	Treasurer
Dunn, Mark	Community Spiritual Director

Blankenship, Rosemary	Reed, Joe
Mann, Kittl	Schertz, Ellen
Perkins, Susan	Shiflett, Diana
Petersen, Karen	Shiflett, Mike

Warne, Dennis

### **Note Date Changes:**

February Gathering -  
one week later on February 21<sup>st</sup>

April Gathering -  
one week later on April 17<sup>th</sup>



### *Dear Christian Brothers and Sisters,*

"What have I gotten myself into?" was the question I asked as waves of anguish washed over me. This beautiful October day was the scheduled one for my first recurrent training. Each year you have to re-certify; and unless you score an 85% mastery, you are taken off flight schedules and remain at home until you can qualify. The testing consists of twelve hours of a combination of emergency drills, written and oral tests.

I was so nervous! I love my job, and I sincerely want to continue performing at a level of which I am an asset to the company. Months before the training date, I began studying. I had asked Susan to drill me with review questions the night before the test was scheduled. I had left home hours early to ensure I arrived at the training center on time, and utilized that time to once more review material. I still felt I wasn't fully prepared, but it was "now or never."

There were nine of us scheduled that day. We chatted for a while getting to know one another. We were informed that we would be tested on the newest 100-page revision of our manual, which had been revised two weeks prior. Ugh!

Amazingly, the testing was going well. The hours of studying had prepared me well. I was sailing through all my "hands-on" drills. The final test was handed to me consisting of several pages including diagrams of three different airplanes. I had to label all of the emergency equipment by name, location, function and expiration dates. I felt the sweat begin to form on the back of my neck.

After the test, we had been instructed to wait in the hallway until the tests were graded. There were nine worried faces and stilted conversation as we huddled in a group in the hall. The instructor called us back into the room and our graded tests were returned to us. Yes! I had passed this portion of the certification! Unfortunately, one of my classmates did not pass, and was asked to leave and reschedule for another class. She was taken immediately off her flight schedule until she could pass the test.

We were all weary by then. Several hours had passed, and we had already taken two oral tests, several unplanned emergency drills inside simulators and five written tests. We were then to drive to the company aircraft hanger inside the airport to continue with more testing. A problem quickly arose as one of the main highway intersections near the training center was closed due to a natural gas line rupture. Some of my classmates were not familiar with the local roads, so I offered to

give anyone a ride if they were uncomfortable with driving. One person took me up on my offer, and it was Betsy. As we drove to the hanger, she shared that she had scored below average on her written tests, and was

only permitted to have one incorrect answer to pass the remainder of the testing. She broke into tears as I tried to keep her talking. She said, "I'm sorry, I don't feel much like talking. I'm really worried." I said, "I'm sure that you are worried. I was only trying to refocus you enough so you can relax." She thanked me, as we waited for our instructor to lead us through security.





I sat in the airplane with the rest of my class listening as the instructor reviewed all of the safety features. We were then required to open and close all of the doors and remove and return all equipment to their holding places. We were then tested on our last emergency drill. In turn, we had to run and shout the correct commands as the instructor graded us.

We were on the final written test of the day. It was already after midnight, and I had been in class since noon. One-by-one we completed the test and walked down the aisle to hand it to the instructor. Betsy was the last to finish. When the instructor scored the tests, Betsy had missed two questions. We were dismissed from class. Betsy remained on the airplane and began to cry again, but this time uncontrollably. I waited as the instructor allowed her to release her emotion, before attempting to calm her. I felt obligated to wait, as I was her ride back to the training center. I prayed to God first thanking Him for providing me with my re-certification. My next thought was "Why me, Lord? What have I gotten myself into by giving this classmate a ride" I asked for His guidance, because I knew the ride back to her car would be unbearably uncomfortable.

Finally, Betsy was ready to leave. Tears were still trickling down her cheeks as we left the hanger and crossed the rainy parking lot to my car. She shared with me how she would not be allowed to work until she took the class again next month. She exclaimed, "What will I do?" Then she remarked "And that one girl kept staring at me...!" I interrupted and began to speak calmly. "I don't think anyone in our class was doing anything but hoping and praying that you would pass! You will have no problem passing the tests next month, because you now know all the answers." She stopped crying and

said, "You're right. It's not that long before the next class, and I do know the material. I over-analyzed the questions in my nervousness." I pulled up next to her car to let her out. As she left, she turned to me, and said. "You know Dennis, you're a great encourager. I'm glad I caught a ride with you." I watched as she got into her car, started the engine, and pulled out of the parking lot.

It always surprises me how God can use me in ordinary daily situations to do His work. It's usually when I think I'm safely in my comfort zone that those opportunities arise. As I reflect on that night, the bible passage that comes to mind is Paul encouraging Timothy in 2Timothy:

*"For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline. So do not be ashamed to testify about our Lord, or ashamed of me his prisoner. But join with me in suffering for the gospel, by the power of God, who has saved us and called us to a holy life...not because of anything we have done, but because of His own purpose and grace."*

I was humbled to witness so much pain in the midst of my joy. After months of study and twelve hours of testing, I wanted to celebrate. Instead, God asked me to hold my joy while He gave me compassion for another. He helped me to use the gift He had already given me along with the power I needed to do His work.

May you be encouraged and filled with joy every day as you receive His blessings and then give them away.

Feeling Richly Blessed,

Dennis Perkins