

Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 3

March 2004

36 PILGRIMS TO ATTEND EMMAUS 53



Emmaus 53 is expecting 36 men who will arrive at Camp Easter Seal as pilgrims on March 18th. The team of Emmaus 53 has been meeting for 8 weeks in preparation for being God's servants on this upcoming weekend. God has blessed Emmaus 53 with a full roster of men who collectively attend 21 various churches.

Pilgrim and team lists are included for your agape preparation. Remember to alphabetize the letters - the agape chas will love you! Also remember to place the special stickers on the personal Sunday agape letters. Directions and other instructions for the weekend are included on page 4. See you at Camp Easter Seal!

Table of Contents

Page 2	E-53 Pilgrim List
Page 3	E-53 Team List
Page 4	Weekend Directions
Page 5	Community Lay Director Article
Pages 6 & 7	Fly Like an Eagle - Bro. Dennis
Pages 9, 10, 11	Prayer Requests
Page 12	Community Volunteers

Where's the Next Gathering?



When: **March 13th, 2004**

Where: First Christian Church

Time: 6:45 pm

Fellowship: 6 pm

Board meets at 4:30 pm

Bring a snack to share with all and enjoy some fellowship before the gathering.

Directions to church on back page

Fredericksburg Emmaus #53 Pilgrim List

"Lord, open the eyes of these men so they can see."



- | | |
|---------------------|------------------------|
| 1. Tim Ambrose | Fairview Baptist |
| 2. James Arkord | Ark Ministries |
| 3. Todd Baker | Fredericksburg UMC |
| 4. Dale Bareford | The Lord's Church |
| 5. Bev Barge | Church of the Messiah |
| 6. Donnie Best | Mt. Zion Methodist |
| 7. Ed Boggs | Remington UMC |
| 8. Brandon Borja | Remington UMC |
| 9. Robert Bumbroy | Silver Hill Baptist |
| 10. Bill Clark | Shepherd's UMC |
| 11. Eric Cooke | Fredericksburg UMC |
| 12. Wes Devericks | Fairview Baptist |
| 13. Rick Dillard | Chancellor Christian |
| 14. Barry Duncan | North Stafford Baptist |
| 15. Royce Galyen | North Stafford Baptist |
| 16. Rich Gaudio | Grace UMC |
| 17. Pat Hanback | Chatham Baptist |
| 18. Wayne Hash | Bethany Place Baptist |
| 19. Bryon Hinton | Fredericksburg UMC |
| 20. Michael Hodgson | Salem Fields Community |
| 21. Larry Jenkins | Melrose UMC |
| 22. Ted Levander | Fredericksburg UMC |
| 23. Steve LiCalzi | Prince of Peace UMC |
| 24. Ray Liptrap | Salem Fields Community |
| 25. Mark Lober | Bethel UMC |
| 26. George Long | Fredericksburg UMC |
| 27. Paul McClain | Fredericksburg UMC |
| 28. James McIntire | North Stafford Baptist |
| 29. Woody Moore | Shepherd's UMC |
| 30. Rick Mosely | Fredericksburg UMC |
| 31. Phil Nichols | St. Mathias UMC |
| 32. Roger Pierce | Fredericksburg UMC |
| 33. John Sielski | Fairview Baptist |
| 34. Jerry Thrift | Ebenezer UMC |
| 35. Harry Tillman | Stafford Crossing |
| 36. Carl Ulrich | Central UMC |



Fredericksburg Emmaus #53 Team List

"Lord, open the eyes of these men so they can see."

11 Kings 6:20

Aaron Barlow	Asst. Table Leader	Reading	
Bob Bonshire	Floater	Reading	
Lake Cowart	Agape Cha	Reading	
Donnie Cross	Music Team	Reading	
Curt Edsall	Music Director	DeColores Story	
Wil Floyd	Table Leader	Reading	
Victor Gomez	Spiritual Director	Justifying Grace	Friday 3:00 pm
Rick Griffis	Asst. Agape Cha	Growth Through Study	Saturday 8:55 am
Mike Iden	Music Team	Reading/Sponsorship DDU	
Steve Johnson	ALD - Sunday	Priorities	Friday 9:15 am
Kiko Lama	Asst. Table Leader	Reading	
Mark Lawrence	Floater	Reading	
Larry Lenow	Lead Spiritual Director	Means of Grace	Saturday 10:15am
Brian Lewis	Table Leader	Body of Christ	Sunday 11:10 am
Steve Makely	Asst. Table Leader	Reading	
John Mann	Table Leader	Reading	
John Mathis	Spiritual Director	Obstacles to Grace	Saturday 4:00 pm
Hank McCaslin	Spiritual Director	Prevenient Grace	Friday 11:15 am
Mo Moses	ALD - Friday	Changing Our World	Sunday 8:50 am
Jene Parrotte	Table Leader	Priesthood of All Believers	Friday 1:30 pm
Tim Patrick	Asst. Table Leader	Reading	
Joe Reed	ALD - Thursday	Fourth Day	Sunday 2:45 pm
Randy Ross	Head Cha	Reading	
Pete Schatz	Table Leader	Reading/History Talk DDU	
Tony Schroth	Weekend Lay Director	Perseverance	Sunday 1:05pm
John Shutlock	ALD - Saturday	Discipleship	Saturday 8:00pm
Bill Simpson	Table Leader	Life in Piety	Friday 7:30 pm
Ralph Thomas	Spiritual Director	Sanctifying Grace	Sunday 10:00 am
Joe Uhlick	Asst. Table Leader	Reading	
Bill Walker	Music Team	Reading/4th Day DDU	
Richard Warner	Asst. Cha	Reading/Christian Action	Saturday 2:35 pm
Alan Weakley	Asst. Cha	Reading	
Lou Woolner	Asst. Table Leader	Reading	

Schedule - Men's Emmaus #53 - March 18-21, 2004

The team of Fredericksburg Men's Emmaus #53 invites sponsors, families & community to participate in the following events:

<u>WHEN</u>	<u>WHERE</u>	<u>WHAT</u>
Thurs. Mar 18 6:30pm	Camp Easter Seal	Pilgrim check-in/Fellowship followed by Sponsor's Hour
Sat. Mar 20 7:45pm	Camp Easter Seal	Candlelight-Community will gather for praise, communion, fellowship & communion. Please bring flowers for the team to use Sunday morning!
Sun. Mar 21 3:30pm	Camp Easter Seal Gymnasium	Closing - Gather at 3:30 for Closing Service at 4:00pm

Camp Easter Seal

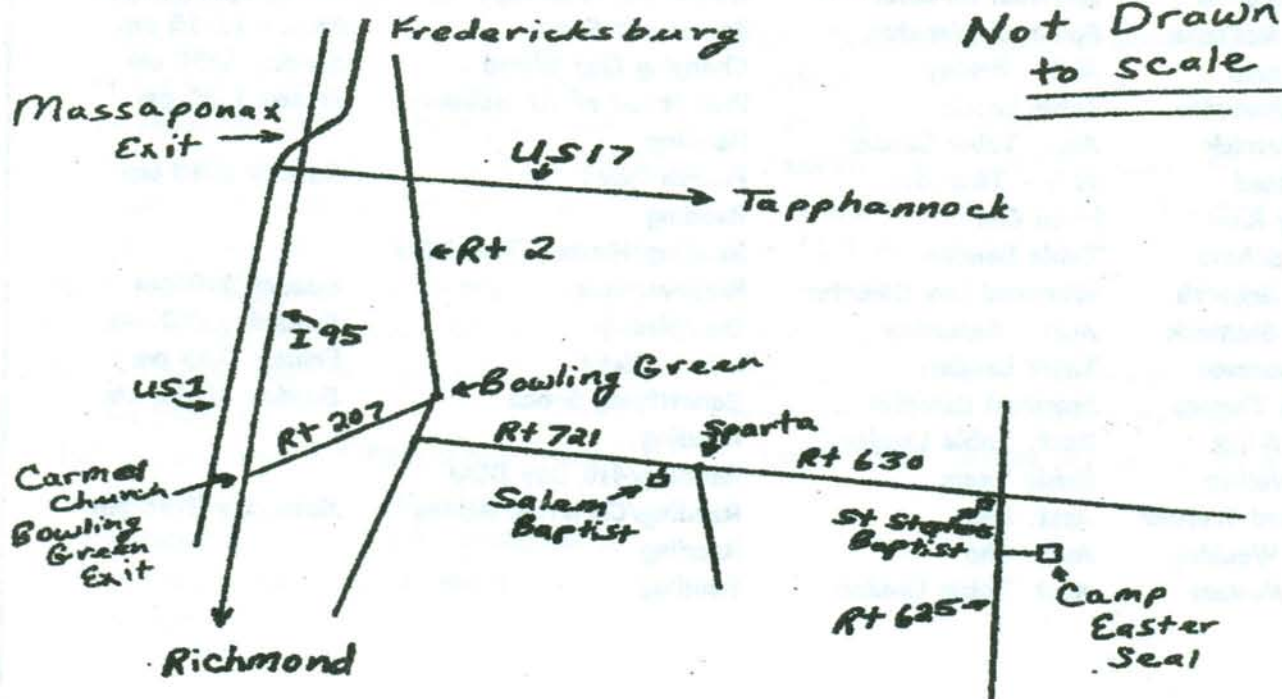
Directions to Camp Easter Seal

From North on I-95:

1. Exit I 95 at Massaponax and turn right on US 1.
2. Turn left 1/4 mile on US 17 South.
3. Go six miles and turn right on St. Rt. 2 south toward Bowling Green.
4. Go through Bowling Green and approximately four miles turn left on Rt. 721.
5. Go through Sparta continuing on Rt. 630 to Rt. 625. This will be about 12 miles.
6. Turn right at Rt. 625. St. Stephen's church is on the right hand corner.
7. Less than a mile Camp Easter Seal will be on the left.

From South on I-95 below Bowling Green.

1. Exit I-95 at St. Rt. 207 (Carmel Church & Bowling Green) and proceed to Bowling Green.
2. At Bowling Green turn right on US 301 & St. Rt. 2 South.
3. Approximately four miles south of Bowling Green turn left on Rt. 721.
4. Go through Sparta continuing on Rt. 630 to Rt. 625. This will be about 12 miles.
5. Turn right at Rt. 625. St. Stephen's church is on the right hand corner.
6. Less than a mile Camp Easter Seal will be on the left.



Emergency Phone for Camp Easter Seal—(804) 633-9855

"Sing to the Lord a new song."

Laura and I are still relatively new to the Fredericksburg area. We have only been living here about seven years. Of course, right after we moved here we began to search for a new church home and we joined Fredericksburg Baptist Church. We were members there



quarter note is Greek to me. You have no idea how hard I have to listen to hear what they are doing so I can at least be in their neighborhood. I have learned that just because I put a choir robe on, it does not make me a singer.

for just a short time when Laura was encouraged to join the choir. Because we were so new Laura wasn't ready to join the choir alone so she talked me into joining with her. Now this is very humorous because up until I joined that choir I had never been part of any choir or singing group in my life unless a "music appreciation" class in the 8th grade counts. I knew absolutely nothing about music. Any time I sang, it was either in the shower or in the car. But I thought it would be something we could do together to help make this our church home.

I will never forget the first night we went to choir practice. I now know exactly how a deer caught in the headlights feels. The first night they put me next to two tenors. At the end of that first practice Tom, one of the tenors, ever so patiently and gently, suggested that maybe tenor is not where I want to be. He said I might be happier with the basses. So I moved over to the basses where I was surrounded by four or five good, strong singers. This is good because I cannot read the first note of music and all that the choir director says about this half note and that

So, for me, being in that choir is not so much about the singing. And it is not about anything I can contribute, because this is not an area that God has given me any talent or gift to give back. It is all about me realizing the acceptance and unconditional love I receive from that group of people to whom I can contribute little with my voice. Being in that choir is all about God making me aware of how much I am given.

Every Wednesday is more of a time of worship than it is a time of practice for me. As I sit with the choir, whether it be on Wednesday nights or Sunday mornings, I am reminded that, as there is very little that I can give to that choir, there is nothing I can give back to God that can come close to what He has given me. As I am utterly dependent on the gifts of the voices of those who sing around me, I am even more dependant on God for everything I have.

Wes Pryce

Community Lay Director

Dear Christian Brothers and Sisters,

It was a extremely cold February evening, and I was working a flight between Chicago, Illinois and Burlington, Vermont. This can be a rather long trip on a regional jet depending on the winds. We were experiencing a light tail wind, so we were expecting the flight to take about two hours. The time was around 6:30 pm eastern standard time. Everyone was served their snacks and beverages. I had even gone through the cabin a little slower due to the longer flight. I then went through and offered seconds and picked up trash. Many passengers were asleep, reading novels, watching movies on DVD players or working on their laptop computers.

The back double row of seats were empty so I sat for awhile and relaxed as I marveled at a beautiful sunset. There were many shades of red that stretched the western sky staining it like the glass of a church window. I could see little towns and villages with twinkling lights as the sky darkened over them. Clouds were beginning to roll in but I could still see the lights through billowing clouds.



Suddenly, a chime rang throughout the quiet cabin. I noticed the solid red light on the ceiling panel that the flight deck (cockpit) was calling me. I knew it wasn't an emergency because the light was not flashing. I made my way to the front of the cabin and picked up the phone that connected me to the pilots. The captain notified me that she had to leave

the flight deck (meaning she had to go to the lavatory). In this case, security regulations required me to go into the flight deck, lock the reinforced door, and remain inside until the pilot returned.

The door was opened. The captain entered the cabin, and I locked the door behind me as I stepped into a different world of lighted instruments, buttons, switches, and a windshield that offered insight into a world seldom seen by non-pilots. The First Officer sitting in the right seat, offered me the Captain's seat on the left. I sat wide eyed as I watched a jet soaring upward many miles in front of us. It was leaving a contrail

(condensation trail similar to the steam made by a car that's started on a cold morning) behind it, stretching several times its length. It turned sharply, and I watched it pass us at a screaming rate of speed. We were going about 400 knots (600 miles per hour.) Syracuse, New York was to our right front, and I could see the brilliant lights of the city burning through the thin cloud cover.

There were smaller planes below us as well as larger planes passing to our left, right, and above us. The stars were visible in front and above us providing an almost outer space travel sense. I was looking everywhere I could to absorb it all. My eyes and brain couldn't process all of the incredible beauty before me.

All too soon, the captain knocked on the door. I peered out the sight glass on the cockpit door and made a positive identification. I then opened the door and stepped back into the cabin. The door was locked behind me as I seemed to pass into a once familiar world.

There are times in my life where I become so comfortable in my surroundings, I feel like I have seen and heard all that God could offer. Then He sends something that thrills, chills, and rocks the borders of my mind. This winter, I have experienced -38 (Fahrenheit) temperature and seen the shores of the great lakes iced over. I've seen snow-covered mountain tops, and the Statue of Liberty wearing a snowy crown. I've seen passengers that were lost, children that were hurting, and crew members that missed their families. I have felt the love of God through others, and I have been given a glimpse of His creation.

I sadly realize I have often underestimated God when I do not have the ability to see the scope of His power nor His creation. I am unable to consume all of the love He pours out upon me and the wisdom in which He rules the world.

In the Bible, Isaiah questions man on his ability to know God: "Who has measured the waters in the hollow of His hand, or with the breadth of his hand marked off the heavens? Who has held the dust of the earth in a basket, or weighed the mountains on the scales and the hills in a balance? Who has understood the mind of the Lord, or instructed Him as His counselor?" (Isaiah 40:12-13) Then in verse 28, Isaiah says, "Have you heard? The Lord is the everlasting God, The creator of the ends of the earth. He will not grow tired or weary, and His understanding no one can Fathom."

Living in the world most of us live in, there are so many fears that surround us everyday. There is no need to mention them, because I'm sure everyone sees or reads the news. It is so easy for me to develop defenses, build barriers, and remove myself from the rest of the world. How do I cope in a world that scares me?

I hold fast to what Isaiah offers us in verse 31, "but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, and they will walk and not be faint."



I hope and pray that we all turn to God in both good and bad times. May we have the hope that keeps us actively living in and filled with the love of God every day.

Your Brother in Christ,

Dennis Perkins

Information Corner

DEADLINE for submissions to the April newsletter is March 15th. Please send your articles to editor:

Barbara Simpson
9 Lockhart Circle
Fredericksburg, VA 22401
Email: bnbsimpson@aol.com

Upcoming Gatherings

March 13 th	First Christian Church
April 17 th *****	Fredericksburg UMC
May 8 th	Fredericksburg UMC

2004 Weekend Lay Directors

Tony Schroth	Men	Emmaus #53	March 18-21, 2004
Ellen Schertz	Women	Emmaus #54	April 29-May 2, 2004
Joe Reed	Men	Emmaus #55	September 30-October 3, 2004
Alice Harding	Women	Emmaus #56	November 4-7, 2004

Fredericksburg Emmaus Board of Directors

Pryce, Wes	Community Lay Director
Mann, John	Assistant Com, Lay Director
Phillipp, Gene	Secretary
Fortune, Maria	Treasurer
Dunn, Mark	Community Spiritual Director

Blankenship, Rosemary	Reed, Joe
Mann, Kitti	Schertz, Ellen
Perkins, Susan	Shiflett, Diana
Petersen, Karen	Shiflett, Mike
Warne, Dennis	

Interested in Joining or Starting a New Reunion Group?

If you are interested in joining a reunion group, please call Sandy Crossley at (703) 221-6977 or e-mail her at slcrossley@aol.com

Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.



Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays
Prince Of Peace United Methodist Church
6299 Token Forest Drive
Manassas, Virginia
Contact: Lloyd Biller (703) 590-1512

Pastor's Weekly Meeting

Meets 8:30 AM Thursdays
Rotates - call for location
Contact: Mark Dunn (540) 786-4025

Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays
Lake Of the Woods - call for location
Contact : Vic Larson (540) 972-1928

Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays
Lake Of the Woods - call for location
Contact : Barbara Miller (540) 972-7418

Reality Check (Chrysalis Boys/Girls)

Meets 6:15 PM Wednesdays
Fredericksburg UMC

Koinonia Women's Reunion Group

Meets 9:00 AM Fridays
Lake of the Woods - call for location
Contact: Barbara Larson (540) 972-1928

Amazing Grace Reunion Group

Meets 8:30 PM Thursdays
Hillcrest UMC
Contact : Ed McAdam (540) 898-3625
e-mail to emcadam@infi.net

Bethel UMC Men's Group

Meets 7:30 AM Sundays
Bethel UMC, Woodbridge
Contact: Brian Lewis (703) 590-9343
e-mail to bb3253@AOL.com

Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays
First Christian Church
Contact: Gene Philipp (540) 898-4917
e-mail GeneDiPhil@aol.com

Remington/Morrisville/Liberty Reunion Group

Meets 7:00 PM First Saturday
Remington UMC/Morrisville UMC
(alternating months):
March, June, September, December

Contact: Linda Butler (540) 727-8044 or
email: lindabutler@windyhillcontracting.com

Interested in joining or starting
a new reunion group?

Call Sandy Crossley at 703-221-6977 or email
her at slcrossley@aol.com



Lord, we lift our prayers for:

Emmaus #53 and Emmaus #54 walks
 My daughter's happiness - pray that she will
 be drawn nearer to God's love
 Harry - that E-53 will be all he hopes for
 My friend, Jeanne with breast cancer
 God to keep his hand on me
 My minister for wisdom & discernment
 All of our children & grandchildren
 Our pastor to be able to walk on E-53
 Lori Bradley - diagnosed with breast cancer
 The teams of So. Maryland #11 & 12
 Mike, Diane, Meghan & Ashleigh
 New life - Jena Faith Murphy - Wes & Laura
 Pryce's new granddaughter
 Andrea Lauer - help her through tough times
 so she can be an even stronger witness to
 the Lord
 A separated couple trying to reunite -
 may they work their way to a healthy
 relationship
 May my husband gain what God wants him to
 gain on E-53
 God's guidance & direction in my life
 Our baby, Malachi Luke
 Barry Duncan
 Royce Galyen
 Jim McIntire
 Pastor Gary Smith- health
 Pastor Bobby Scott - health
 Gene's health
 Ability to show God's love at work
 Chrysalis leadership & community

Sophia Tillapaugh
 Epiphany team in Hanover
 Mother's health
 Family & friends
 Peace
 Minnie Starke
 My husband's job
 Pilgrims of Emmaus 53
 Salvation for Mike & Pat Meeker, Doug &
 Patti Wheeler
 Louis Meeker -strengthen his Christian walk
 Karen in her last semester at seminary
 Amy as she job hunts
 Newlyweds, Joshua & Tracey
 Melanie, Danny, Katie & Phillip Way - church
 turmoil, continue to serve the Lord
 Lori, Ronnie & Kayla Gayle - continue to grow
 spiritually
 Mark & Elaine Underwood - health issues -
 continue to follow God's directions
 Fredericksburg UMC mission trip to
 Guatemala to build stoves July 24-31
 Mike - heart surgery
 My Dad, Joe - lung condition & deteriorating
 health
 Lord to touch my brother's heart so that he
 will walk with you
 Lord to bring my children back to him
 Stress on my job
 Emotional healing for my daughter
 Aids orphans in Africa
 Peace in the Middle East

Our prayers continued . . .

My oldest son to workout problems in his marriage
 Moore family - brother's sickness & nephew's brain tumor
 God to reveal to me the paths I should take in my new Christian walk
 Mike Cotter - recent heart attack
 Stress in my life. Possibility of new home of my own if the Lord wishes within the next few months. Need guidance
 Youth of the world - our future
 Those suffering from cancer
 Alex's safe return along with his shipmates
 Mike Cotter's recovery from heart surgery
 Prospective pilgrims for upcoming walks - that they will see the face of Jesus at Camp Easter Seal
 Jill, Barry & Kurt
 Lynn, Mark, Hayley & Emmy
 Keith Seal
 Family of Rick Ralph
 Those seeking improved employment
 Health situations
 Improvement in marriages
 Judges to make good decisions rather than remark on the US constitution
 Brother Todd's alcohol addiction
 Lake of the Woods church 40 days of purpose outreach
 Rev. Betty Roche
 Denise Dugan
 Ives family healing
 Gary Pope - salvation
 Pete Ives - job
 Heather Marlow & our friendship which needs to be worked on

My son who attempted suicide & is recovering. He is in need of prayer for strength & alcoholism
 My brother Craig who has lost himself in his work & forgotten much of his family's needs
 My financial & legal issues be resolved
 Strengthening of spiritual walk
 Stronger prayer life
 Major move in our lives
 Our unsaved loved ones
 Love for each other
 Our salvation
 Understanding of one another in our relationships
 Our families
 Wife's trip to Australia in May
 Mother-in-law's health
 Healing for my father, George Rivnak as he recovers from surgery
 Upcoming weekends with sister communities
 Full weekends for all our communities
 Rachael & her home situation.
 Nikki - that she would find Jesus
 Brandi
 God to touch the heart of people who will see the movie "The Passion" & bring them closer to God & his love - make them love one another
 Healing for Al Vento - a close family member in ICU.
 Scott Sellers - a good family friend - diagnosed with Stage 4 brain tumor
 My friends & family
 My friend, Matthew Dottor. Make him open his eyes & realized what he is doing.
 Show him there is more to life.
 Carroll Quick - relationship problems

Our prayers continued . . .

My friend, Andi - keep her strong in her faith

Jerry Plank - emergence surgery with tumor on his lung

Phyllis Sprouse - undergoing chemo & radiation for tumor

My Mom & Dad in a nursing home - mental & physical health

Those awaiting treatment for medical problems

Health of the temple of God

My daughter, Peggy & her family. Her 18 year old son Joshua - who is a troubled teen & needs help badly.

My ability to put my Lord first

Guidance for adult grandson

Salvation for unsaved, able to witness

Fairview Baptist Church stewardship drive - that the Lord be glorified as FBC members respond in loving obedience to the purpose & mission that God has for them

My eyes to be opened to see what you mean by collecting seeds. I do it, but I don't know why. Help me Lord - I know about sowing, but collecting seeds?

Earl Sharp - hip replacement operation

My daughter Christa - for all the trials & tribulations she is going through.

Our son Greg - that he learn how to control his anger.

That the pilgrims of E-53 will see Jesus

Our son Daniel - for guidance in his leadership abilities & for guidance in the beginning stage of "the college search."

Christopher - 18 year old suffering with depression

Continued blessings- strength & love for Andi

Healing for Jennifer Seamacca - recovering from surgery

Continued healing for Earl Porter & Gwen Mallman



For Rev. Darryl Mosely & his wonderful influence

For Our LORD Jesus Christ

For Jessica, who missed two weeks of school with the flu - received 3 A's and 1 B on her report card

For the outcome at circuit court - the children stay with us!

For John Simpson's 90th birthday

For the opportunity to fast, repent & grow closer to God during the Lenten season

Community Volunteers

Community Lay Director - Wes Pryce

Lead Gatherings & Candlelight
Host Weekend Sponsors' Hour/Closing
Chair Emmaus Board
Chair Pilgrim/Team Selection Committee
Assign Nominating Committee Coordinator

Assistant Community Lay Director - John Mann

Gathering Location Coordinator
Nominating Committee Chair

Treasurer - Maria Fortune

Secretary - Gene Philipp

Manuals Coordinator - Gene Philipp
Records/By-Laws Historian - Gene Philipp

Communications Coordinator - John Mann

Newsletter - Barbara Simpson
Database Coordinators-Dennis Warne & John Mann
Team Registrar - Barbara Simpson
Pilgrim Registrar - Pat & Dick Barnett

Gathering Support Coordinator - Vacant

Community Music Director- Debrina McKeen
Community Baker - Angel Fulkerson
Childcare Coordinator - Vacant

Weekend Support Coord.- Brian Lewis

Community Cha Coordinator- Richard Warner
General Agape Coordinator - Lois Myrick/Monica Warne
Prayer Vigil Coordinators - Sandy Crossley/Jane Carwell
Place-mat Coordinator - Ellen Schertz
Snack Agape Coordinator - Vacant
Agape Bag Coordinator - Diana Farrar
Transportation Coordinator - Mo Moses
Supplies Coordinator - Wes Pryce
Fourth Day Packets - Tina Cooper
Fourth Day Coordinator - Dick Barnett
Reunion Group Coordinator - Sandy Crossley