

Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 6

June 2004

NEW BOARD MEMBERS ELECTED

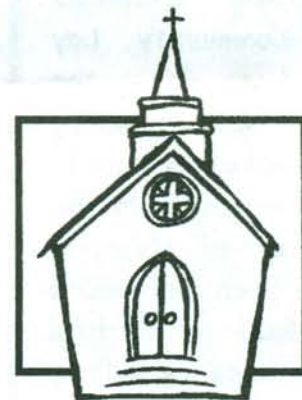
Five new Emmaus board members were elected at the May meeting. Serving for the next 3 years are Jane Carwell, Monica Warne, Richard Warner, John Shutlock and Mark Dunn.

Board members meet each month prior to the Gathering to discuss all of the functions necessary to manage our local Fredericksburg community. Each board member is expected to adhere to the following duties: Attend all meetings, be informed, participate actively in discussions, exercise independent judgment, delegate when necessary, be loyal, and maintain confidentiality. When you see a new board member, please thank them for making this commitment for your community.

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Where and when is the Next Gathering?



Board will meet at 4:00

When: June 12, 2004

Where: Fredericksburg UMC

Time: 6:45 PM

***Fellowship begins at 6:00 -
Bring some snacks to share!***

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

Hebrews 12:1

This time twelve months ago I was writing my first article as Community Lay Director for this newsletter. And now I am writing my last one. I cannot believe that a year has already gone by. I knew that this time would go by quickly but I never thought it would go by so terribly fast. I wish I could slow it down because serving as the Fredericksburg Emmaus Community's Community Lay Director has been about the greatest and most humbling honor I have ever experienced. I chose Paul's words from the twelfth chapter of Hebrews because I have been surrounded by such a cloud of faithful witnesses ever since my walk to Emmaus. This whole community is the living, breathing embodiment of that cloud of witnesses Paul talked about. This past year I have especially felt the surrounding love, grace and forgiveness from each of you as you have allowed me to serve in this position.

I was blessed to serve on a board that epitomized incredible grace and love in all of its deliberations. They also were very forgiving of a community lay director who made many mistakes.



And as much as I thought I already loved this community, this past year I have developed an even more profound appreciation and devotedness for you. If there was a need in the community, all I had to do was ask and one of you would step forward and fill the need for no other reason but to be responsive to a need. I have been particularly touched and blessed by seeing how you use the gifts God has given you to reach out to touch a lost and hurting world, whether it be through teaming, or with Chrysalis, or Kairos, or Epiphany, or so many other ways I have seen you reach to bring healing and hope anywhere you are. And I especially have been touched by your generosity of spirit, your prayerful words of encouragement, and your constant love which you have showered on me this past year.

I simply want to say thank you so very much. Thank you for being for me "such a cloud of witnesses" and showing me how to "run with perseverance the race marked out for us."

De Colores -

Wes Pryce, Community Lay Director

New Opportunities

Many of you have asked at different times, "what can I do?" Well the community always needs your prayers and your support by being at Gatherings and the like. But now there are two unique opportunities to participate in the Community.

Angel Fulkerson is stepping down as the Community Baker. She has prepared the bread that we have broken for communion at the various Candlelights, Sponsors' Hours, and Closings for the last several years. Also, Joe and Tina Cooper are stepping down as the Fourth Day Package Coordinators which they also have done for several years. I want to extend to them a heartfelt thank you from the Community for all they have done. I know you also will want to extend your own thanks to them when you see them.

And now there are these two opportunities that I want to extend to you to think about a pray about considering. I know that Angel or Joe or Tina would be more than helpful in the transition. Maybe two or three of you would like to take on one of these opportunities as a team sharing the joy as well as the responsibilities.

If you feel that God has put it on your heart to help please feel free to call me at home or at work (540-752-2874 H) (540-653-2632 W).

De Colores,
Wes Pryce

You are Special!

Did you know you are special?

Did you know that people enjoy
being with you?

Did you know that you make a huge
difference for somebody?

Did you know that people really miss you
when you are not around?

Did you know how much it means
to see you at a Gathering?

Did you know how special it is
to worship with you, sing with you,
take Communion with you?

You really are missed when you
cannot make it,
so this is a very special invitation to YOU to
come to our next Gathering.

It really would mean so very much
to so many if you could be there!!

Come to the Gatherings!

AGAPE BAGS . . . Sew Beautifull!



Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you.

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric (check the craft section at your local fabric store or WalMart), cording, bright shoelaces to donate. Or you can make agape bags; they are sew simple to make (12" wide and 15" tall, please). Say "I'll help!" - just call Diana Farrar at 540-372-7535 or e-mail her at HRHDiana@juno.com.

Calling All the Young At Heart

Can you decorate 5 or 10 or 20 or 100 place mats for an upcoming weekend? Maybe you'd like to help, but have no idea how to start or where to get great ideas! Please call Ellen Schertz, Place Mat Coordinator at (540) 891-9593 or e-mail her at ellouisesc@hotmail.com to get set up. You may also buy and donate blank white or solid color place mats. There's room for your gifts at whatever level you choose to serve in the Emmaus place mat ministry. Call Ellen today!



Teaming . . .

*What a wonderful way to
serve the Lord!*

From the hearts of Weekend Lay Directors:

Praise the Lord, it's teaming time again! Seeking teamers and pilgrims for Emmaus Mens Walk #55 (code name: the double nickle). The fall walk is scheduled for September 30-October 3, 2004.

Theme: Teach Me Your Ways, Exodus 33:13. Teaming will start Saturday, July 24th.

Joe Reed
WLD, Emmaus #55

Has God been calling you to team? Have you felt that nudge to serve Him in this special way? Emmaus 56 is praying for those who are called to submit teaming applications for this fall Womens Walk. The weekend will be held November 4 -7, 2004. Teaming will begin Saturday, September 11th.

Alice Harding
WLD, Emmaus #56



Reunion Groups

SUPPORT CIRCLE Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.

Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays
Prince Of Peace UMC
6299 Token Forest Drive
Manassas, Virginia
Contact: Lloyd Biller (703) 590-1512

Pastor's Weekly Meeting

Meets 8:30 AM Thursdays
Rotates - call for location
Contact: Mark Dunn (540) 786-4025

Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays
Lake Of the Woods - call for location
Contact : Vic Larson (540) 972-1928

Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays
Lake Of the Woods - call for location
Contact : Barbara Miller (540) 972-7418

Reality Check (Chrysalis Boys/Girls)

Meets 6:15 PM Wednesdays
Fredericksburg UMC

Koinonia Women's Reunion Group

Meets 9:00 AM Fridays
Lake of the Woods - call for location
Contact: Barbara Larson (540) 972-1928

Amazing Grace Reunion Group

Meets 8:30 PM Thursdays
Hillcrest UMC
Contact : Ed McAdam (540) 898-3625
e-mail to emcadam@infi.net

Bethel UMC Men's Group

Meets 7:30 AM Sundays
Bethel UMC, Woodbridge
Contact: Brian Lewis (703) 590-9343
e-mail to bb3253@AOL.com

Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays
First Christian Church
Contact: Gene Philipp (540) 898-4917
e-mail GeneDiPhil@aol.com

Remington/Morrisville/Liberty Reunion Group

Meets 7:00 PM First Saturday
Remington UMC/Morrisville UMC
(alternating months):
March, June, September, December

Contact: Linda Butler (540) 727-8044 or
email: lindabutler@windyhillcontracting.com

Interested in joining or starting
a new reunion group?

Call Sandy Crossley at 703-221-6977 or email
her at slcrossley@aol.com

Dear Brothers & Sisters in Christ,

I stood in the doorway of the regional jet greeting passengers as they reached the top of the stairs, when a familiar smiling face appeared. I returned the smile and said, "Hello, I haven't seen you for awhile!"

She replied, "I know," and continued walking down the aisle to her assigned seat near the back of the passenger compartment. Other passengers continued to walk by and soon the boarding process was complete.

I performed my regular duties including announcements, exit row briefings, handed the paperwork to the ramp agent, and closed the main cabin door. I demonstrated the airplane's safety features, checked for seat belt compliance, and secured myself in the jump seat located in the front of the plane. I then called the cockpit and notified the captain that the plane was ready for takeoff.

A typical windy day leaving Chicago kept me in the jump seat a little longer due to the turbulence it caused. Being the last flight of the night, my mind drifted to my long overnight in Nashville. It was a longer than usual lay over, allowing me to remain in the hotel suite until late afternoon. I could catch up on some much needed reading and sleep.

As I waited for the turbulence to subside, the familiar face and memories of my first day as a flight attendant returned to mind.

Entering the crew room at Dulles International Airport, I placed my suitcase and flight bag amid what seemed like endless luggage stacked on shelves and abandoned in the hallways. I made my way through socializing crews and file cabinets until I reached a room filled with computers. I stood at the doorway in nervousness and fear as I surveyed the room. I could see pilots checking the computerized weather maps as panic set in. "Yikes! I know what I need to do, but how? I need help! Who can I ask? Everyone will know I am new!" I felt embarrassed!

I needed to check in. I moved hesitantly to one of the monitors and attempted the process. I typed in my employee number and password. Up popped a new window, but I did not have a clue as to what to do next. Sitting there feeling lost, I frantically searched for my next step. Suddenly, another flight attendant approached me and asked, "What does the airport code MHT stand for?"



Having just completed training, city codes for airports were fresh in my mind. I quickly replied, "Oh, that's Manchester, New Hampshire!" I wondered why a seasoned flight attendant wouldn't know this basic information. What kind of loser was she? I was returned to reality as I looked back at the computer monitor that had me completely baffled.

Noticing my predicament, she swiftly offered her assistance. In a non-judgmental and non-threatening manner, she helped me grasp the basic skills I needed to successfully check in and print out my schedule.

Isn't it amazing how God sent help even when I felt like I knew it all? I was judging someone else, while I was scrambling myself. I was too proud to ask for the help I needed.

In 1 Corinthians 4: 4-5, Paul wrote: "It is the Lord who judges me. Therefore judge nothing before the appointed time; wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of men's hearts. At that time each will receive his praise from God."

I am learning that God presents me with needs and opportunities that challenge me everyday. He places people and situations in my life not only to help me, but for me to be ready to help. There's no time for me to judge.

I need to accept the help He sends me as graciously as it is given to me. I must also learn to give help, expecting nothing in return.

I made my way down the aisle serving beverages and snacks to all of the passengers. There she sat with her boyfriend beside her as I stopped to chat for awhile. Realizing her boyfriend felt left out of the conversation, she introduced the two of us. She shared our computer room story, and we laughed together as we secured our seat belts for flight arrival.



In thinking back, I realize that an angel with wings appeared to me that day, but her wings were only three inches wide and were pinned on a flight attendant's uniform. May you be aware of the ministering angels that God sends to you.

Your brother in Christ,
Dennis Perkins

Information Corner

DEADLINE for submissions to the June newsletter is June 19th. Please send your articles to editor:

Barbara Simpson
9 Lockhart Circle
Fredericksburg, VA 22401
Email: bnbsimpson@aol.com

Upcoming Gatherings

July 10 th	Hillcrest UMC
August 14 th	Hillcrest UMC
Sept. 11 th	Hillcrest UMC
October 9 th	Spotsylvania Presbyterian

2004 Weekend Lay Directors

Joe Reed	Men	Emmaus #55	September 30-October 3, 2004
Alice Harding	Women	Emmaus #56	November 4-7, 2004

Fredericksburg Emmaus Board of Directors

Pryce, Wes	Community Lay Director
Mann, John	Assistant Com, Lay Director
Philipp, Gene	Secretary
Fortune, Maria	Treasurer
Dunn, Mark	Community Spiritual Director

Blankenship, Rosemary	Reed, Joe
Mann, Kittl	Schertz, Ellen
Perkins, Susan	Shiflett, Diana
Petersen, Karen	Shiflett, Mike
	Warne, Dennis

Interested in Joining or Starting a New Reunion Group?

If you are interested in joining a reunion group, please call Sandy Crossley at (703) 221-6977 or e-mail her at slcrossley@aol.com

Community Volunteers

Community Lay Director - Wes Pryce

Lead Gatherings & Candlelight
Host Weekend Sponsors' Hour/Closing
Chair Emmaus Board
Chair Pilgrim/Team Selection Committee
Assign Nominating Committee Coordinator

Assistant Community Lay Director - John Mann

Gathering Location Coordinator

Treasurer - Maria Fortune

Secretary - Gene Philipp

Manuals Coordinator - Gene Philipp
Records/By-Laws Historian - Gene Philipp

Communications Coordinator - John Mann

Newsletter - Barbara Simpson
Database Coordinators-Dennis Warne & John Mann
Team Registrar - Barbara Simpson
Pilgrim Registrar - Pat & Dick Barnett

Gathering Support Coordinator - Vacant

Community Music Director - Debrina McKeen
Community Baker - Vacant
Childcare Coordinator - Vacant

Weekend Support Coordinator- Brian Lewis

Comm. Cha Coordinator- Richard Warner
General Agape Coordinator - Lois Myrick/Monica Warne
Prayer Vigil Coordinators - Sandy Crossley/Jane Carwell
Placemat Coordinator - Ellen Schertz
Snack Agape Coordinator - Vacant
Agape Bag Coordinator - Diana Farrar
Transportation Coordinator - Mo Moses
Supplies Coordinator - Wes Pryce
Fourth Day Packets - Vacant
Fourth Day Coordinator - Dick Barnett
Reunion Group Coordinator - Sandy Crossley



Lord, we lift our prayers for:

My brother's re-commitment to Christ
 My sister-in-law & her new baby & family -
 also for their salvation
 My brother, Glenn - divorce, terrible storm
 Healing mercies - Ray, David & Jimmy
 Love & comfort - Terry - loss of husband
 Job situation
 Those with recurring cancer
 Bryan - going through rebellious time
 Wife Karen - going on Walk
 Sister Carolyn - to seek & find Jesus
 Our church to respond to God's call
 Bless Alice with peace, Laurie with strength,
 Ostavius with guidance
 Relief from pain in joints
 Phyllis to accept Jesus as her savior
 Barry - terminally ill - that he will admit that
 Jesus is his Lord & Savior
 Woodbridge Christian Church - search for new
 home, leadership to be open to Emmaus & the
 vision God has for them
 Kathleen - healing in organs, relief from drug side
 effects
 God's will & direction in my life
 Salvation of grandchildren & children
 Rocky's health to be fully restored
 All the unsaved
 Peace
 Bob & his family - hard times
 Granddaughter Rebecca & Mike, and my wife
 Peace in Iraq
 Mothers
 Jill & Lynn & their families
 Emmaus Board
 Bob Brandt
 Friend Betty - terminal lung cancer

Mother - cancer
 Pastor - Parkinson's disease
 Friend with colon mass
 Upcoming Epiphany walk - cooperation & favor
 with chaplain
 Safe travel to Illinois for wife & children
 Fourth Day for women of E-54
 Discernment in what God has for me
 Financial strain - wisdom to deal with it
 Direction for teens
 Ability to listen to God's voice - I may follow his
 calling. Safe pregnancy for my wife
 Mike Remington & family
 Emmaus 55 & 56
 Health concerns for Mary
 Matthew & his family - may God draw near
 Family decisions
 Jimmy & Wendy - a strong relationship
 Mike & his business success
 United Rappahannock Indian Baptist Church -
 God would take full control & heal brokenness
 Janice & James - relationship
 All members of Table of Matthew - E-53
 Mike, John, Dee Dee, Phyllis & Henry
 Joyce - financial
 Gail - cancer surgery
 Phyllis - cancer
 Mom - trip
 Husband - radiation treatments
 Co-worker's son in Iraq
 All servicemen & women
 Guidance in changing jobs
 Linnea - wisdom & direction in leading teens
 Mary Lee - hurt foot
 Patti - cancer
 My cousin, Eddie - terminal cancer
 Move to a new home
 Job for Pete
 Mary & family

Our prayers continued . . .

National Capital Chrysalis caterpillars
 Kathleen's health
 Safety for son's mission trip to Mexico & Dominica. May he serve the Lord as he wishes.
 Healing & strength for 17 year old with heart attack.
 A friend in need
 Family peace & preparation for a move
 Melody, Janet's health
 Spotsylvania Assembly of God building program
 My wife, Kim
 Curtis - deployed to Iraq
 Mission trip to Romania, June 4-18, 2004
 God's guidance in my ministry
 Men & women to team in the fall
 Our youth
 Wife's trip from Australia
 Upcoming divorce
 Mike - he would hear God's calling on his heart
 Thank you God for helping my tooth to fall out
 The Lord to lead me to his desire, not mine
 Bob & his family
 My grandchildren
 Healing for my mother in the passing of my father Carolyn
 Dennis's Mom - Pauline who had back surgery
 A friend who lost her Mom
 Leaders of my church - open their eyes to see God's vision
 Touch the hearts of my family & help them to know You
 Shutlock family - peace in dealing with father's death
 Sophia - continued healing
 Family - strength during trying times
 Epiphany #9 - team and youth
 My daughter in Korea - searching for church home
 My mother, Margaret - move to assisted living
 Susannah
 John B. - as he grows closer to Christ
 Cooper family

My son Chris - that he will give his life to Christ
 Connie, Fred, Kathy, Joy, Margaret, Rich
 Jamie/Angela
 Guidance on where God wants to use me
 My wife to take Jesus into her life
 My husband - help his tiredness & show him your grace & power
 My friend, Dianne to use her left side
 My marriage & relationship with my husband
 My mother-in-law, Dorothy - peaceful death
 Strength for family
 Friend with bone cancer
 Our troops & recent abuse scandal
 Sisters who walked on E-54
 My son with special needs
 Nathen & Billy - auto accident
 Gene - cancer
 Chicky - health concerns
 Family conflicts - more love in family
 My brother, Nicholas - trying times
 My friend, Nickki - full term pregnancy
 Pam - pregnancy & diabetes
 A new job for me & my brother



A new job & a new home
 Mary Ellen Stephenson Circle at FUMC
 Good health, love & family
 For your gracious & continuous love
 For 10 years of marriage for Chris & Nickie
 For this community
 For my parent's walks on E-53 & E-54
 For a enormously successful USPS food drive
 For helping me in job evaluation, a good doctor's report
 Brother Gary's greatly improved health
 "I love you, Jesus" from Sarah