

# Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 7

July 2004

## ADDRESS UPDATE REQUEST FOR FREDERICKSBURG COMMUNITY

**T**he time has come for an all community address update for our database and mailing list.

Inside on Page 3 you will find an update & correction form. We ask all members of the Fredericksburg Emmaus Community to respond. To be good stewards of our finances we need to be assured that the monthly newsletter is being received by all who want to receive it. Since we use bulk mail for our newsletter, we do not know if it is delivered properly. You can help by mailing back the form and informing others who would like to receive the newsletter.

**If you wish to continue to receive the newsletter - you need to return this form.** Thanks for your assistance.

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## Where and when is the Next Gathering?



***Board will meet at 4:00***

**When: July 10, 2004**

**Where: Hillcrest UMC**

**Time: 6:45 PM**

***Fellowship begins at 6:00 -  
Bring some snacks to share!***



*Prayer of Ignatius of Loyola*

*"Teach us, good Lord, to serve you as you deserve; to give and not count the cost;  
to fight and not heed the wounds; to toil and not to seek for rest;  
to labor and not ask for any reward, except that knowing that we do your will;  
through Jesus Christ our Lord. Amen."*

*Teach Us to Serve*

I was thumbing through a hymnal at Church recently when I ran across the Prayer of Ignatius. Now I'm not a scholarly person and I couldn't begin to tell you about Ignatius; but his words jumped off the page at me. Possibly because it was a prayer nestled among so many songs. But as I looked at it, I realized what a wonderful expression it was of the joy of service to our risen Lord.

During June, we said goodbye to five brothers and sisters who have served the Fredericksburg Emmaus Community for the last several years on the Board of Directors. Wes Pryce, Barry Throckmorton, Susan Perkins, Gene Philipp and Maria Fortune have served tirelessly without regard to cost and without thought of reward. They have embodied Christian servanthood in any number of ways as they have led our Community with joy and with love. And so it is with a great deal of sadness that their terms on the Board have come to an end and we must say goodbye. Even though they remain a vital part of our Emmaus Community, their presence on the Board will be greatly missed.



The Lord does indeed teach us in many ways:

Through Wes, God taught us about humility and compassion.

Through Barry, God taught us about faith and love of Christ.

Through Susan, God taught us of His great love for one another.

Through Gene, God taught us of steadfastness.

Through Maria, God taught us of perseverance and plain hard work.

Through each, God taught us something new. Through each we have learned of some of the great joy of being in His service.

As we move into this New Year on our Emmaus calendar, we can look forward to all that God has in store for each and every one in our Community. And as we go forward;

*"Teach us, good Lord,  
to serve you as you deserve."*

*John Mann*  
Community Lay Director

## Annual Address Update Request Form

Please complete the form below and mail to:

Fredericksburg Emmaus  
P. O. Box 42094  
Fredericksburg, VA 22404

NAME(S) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_

WORK PHONE (HIS) \_\_\_\_\_ WORK PHONE (HERS) \_\_\_\_\_

EMMAUS WALK # (HIS) \_\_\_\_\_ (HERS) \_\_\_\_\_

EMMAUS WALK LOCATION (HIS) \_\_\_\_\_ (HERS) \_\_\_\_\_

CHURCH \_\_\_\_\_

OTHER FAMILY MEMBERS AT SAME ADDRESS \_\_\_\_\_

Do you wish to continue to receive the monthly newsletter: Yes \_\_\_\_\_ No \_\_\_\_\_

In the future, when available, would you like to receive the newsletter via email instead of by postal service mail? Yes \_\_\_\_\_ No \_\_\_\_\_



*I've got an offer you should consider:*

## Wanna go to Jail?

Hanover Epiphany #10 is beginning to take shape. The date is set for September 9th, 10th, and 11th (that's no typo it's Saturday through Monday). God leads a team of men and women into the correctional institution at Hanover for a spirit-filled event that few can compare to.

Where Emmaus is for renewal of Church leaders and laypersons, Epiphany is for commitment. Young men from the age of 11 through 21 spend 3 days learning about God, His love, and His Forgiveness. Some of these young men have not accepted Christ and this weekend provides them that opportunity.

The team is composed of men and women, both laypersons and clergy. Each table family is composed of the following:

**A Table Mom** - She leads the discussion and activities.

**A Table Dad** - He's there for support, reinforcement, and discipline.

**A Table SD** - If they've got a Biblical question, the SD provides the answer/guidance.

**6 Stars** - 6 (more or less) Incarcerated youth who want to know God, Forgiveness, and Love.

All the above positions (except the Stars) can be Laypersons or Clergy depending on team make-up. There are usually 3 tables, but we can have up to 5 if God blesses us with a full team and full youth compliment. The team is usually about 14 to 16 people. A weekend will be cancelled if there are not at least 11 team members.

There are 8 talks and several Chapel meditations given which all build on each other and end with a commitment service. The cost of the weekend is \$85.00

No - you don't have to spend the night. You get to go home each night. As with the Emmaus weekend, there are several things you just have to experience.

## *So what are you waiting for?*

God calls us to get out of our comfort zone and visit him in prison! *Mat 25:34* Then shall the King say unto them on his right hand, Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world: *Mat 25:35* For I was hungry, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in: *Mat 25:36* Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

Shoot me an email and let me know if you're interested. God is waiting to bless you in a new way!! email - [jacks@bealenet.com](mailto:jacks@bealenet.com)

His sinner, your brother,

**Keith Lauer**

E43 Table of Mark



**The most rewarding part of Epiphany is the impact it has on our stars.**

**Here are what some stars have said about Epiphany:**



*"Epiphany taught me to forgive others and to love them . . ."*



*"I found love . . . and got rid of a lot of hate . . . it took God's love!"*



*"I've learned about God and gotten some answers to questions."*



*"It's nice to know someone cares for you and loves you - and you don't even know them."*



*"Before Epiphany I believed in God, but Jesus just wasn't alive. Now I know what being a Christian really is."*

**Here are what some adults have said about Epiphany:**

A director of Volunteer Services in a juvenile facility writes: *"The results of Epiphany are just awesome! Never have I had so many positive comments from all kinds of staff about the difference they see in the lives of these Stars. These guys are still on fire and we're trying to encourage them to let their lights shine to the whole campus. We are really looking forward to reunions!"*

A Chaplain writes: *"I was very skeptical about Epiphany when I first heard about it, . . . but my doubts have turned to admiration . . . the impact is tremendous. I have seen juveniles cry for the first time and attitudes change. They learn to trust, forgive and love."*

A Director of Juvenile Justice commends Epiphany for *"helping troubled young people to turn their lives around . . . I believe you are making a difference in the lives of our young people."*

**Pray about joining the Epiphany Team and then call Keith Lauer.**



Dear Brothers & Sisters in Christ,

One of my all time favorite television shows was "Dennis the Menace." Even as a little boy, I could relate to him. On the TV show, Dennis Mitchell had good intentions, but he always seemed to get into a jam or brought on some undesired result. Often, the next door neighbor became the victim of Dennis' misfortune and consequence.

Living in a small town, I was free to roam the neighborhood, as long as I looked both ways when I crossed the street. I believe the truth of the matter was I was told to stay in my own back yard, but I was hard to contain. I played in neighbor back yards, the woods, and the field behind the button factory. I would dress similarly to Dennis Mitchell with a short sleeve cotton shirt and blue denim overalls. I sported blonde hair with a cowlick in the front.

A small stream ran through our backyard as well as our neighbor's. Mom called it a "branch," and my Dad called it a "drainage ditch". I called it a "creek". I can still hear Mom's warnings not to play in the branch. Dad complained that it was unhealthy and charged that the tobacco factories used it to dump their waste water. The authorities tested the water and said that it met the health code.



On the other side of the creek, we raised a small garden consisting of corn, tomatoes, and green beans. The stream was not very wide, and anyone could jump across with little effort. In our next door neighbor's back yard, the creek ran a little deeper and wider. Our neighbor, John, had placed a board across the creek as a make-shift bridge.

I was always looking in that stream in hopes of seeing a fish. I loved fishing and wished that I could spend everyday with a pole and a can of worms. I would walk up and down the banks of that creek, eyes glued to that water, detecting movement of every bug or bird that stopped to drink.

One day, I was in the next door neighbor's back yard looking into the creek. I was squatting in the middle of the make-shift bridge, leaning over staring into the water. The water was very clear and the current had made a round pool-like area in that spot. Suddenly I saw something in the water! Was it a fish? Something darted quickly through the water, entering a hole in the bottom of the creek. I became so excited that I leaned over too far, the board tipped, and I fell head first into the water! The next thing I knew, John had run from his home and fished me out of the water. Mom and dad also came running, but John had already caught me by my overall straps.



He laughed and said I needed to drip-dry for awhile as hung me on a nail in a nearby tree by my overall straps several feet from the ground. Everyone laughed including myself, but it really wasn't that funny to me. I kicked my feet for several minutes until John took me down from that tree.

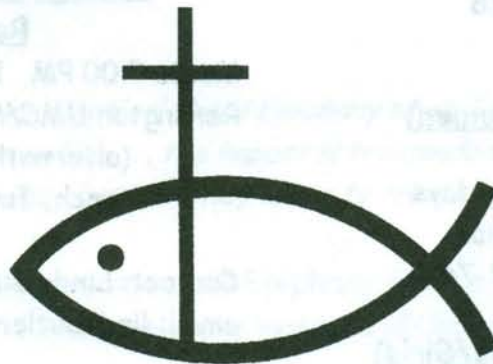
At a young age I knew that God loved me and protected me from harm. Surely I experienced scrapes, scratches, and an occasional dunking. Trouble seemed to follow me wherever I traveled. However, just as God promises in Psalm 138:7. "Though I walk in the Midst of trouble, you preserve my life; you stretch out your hand against the anger of my foes, with your right hand you save me", and that promise is mine. I often feel His strength, love, and protection as I encounter other brothers and sisters.

My little accident did not stop me from looking for fish in the creek. Actually, I saw the water creature enter that hole again later that week. It was a frog!

It's amazing to me that early Christians used the symbol of the fish to identify one another. Even today, I look for the fish in all of my travels and try to be the fish (of Christianity) for others to see. How about you? Been fishin' lately?

Your brother in Christ,

**Dennis Perkins**







**SUPPORT  
CIRCLE**

## Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.

### Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays  
Prince Of Peace UMC  
6299 Token Forest Drive  
Manassas, Virginia  
Contact: Lloyd Biller (703) 590-1512

### Pastor's Weekly Meeting

Meets 8:30 AM Thursdays  
Rotates - call for location  
Contact: Mark Dunn (540) 786-4025

### Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays  
Lake Of the Woods - call for location  
Contact : Vic Larson (540) 972-1928

### Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays  
Lake Of the Woods - call for location  
Contact : Barbara Miller (540) 972-7418

### Reality Check (Chrysalis Boys/Girls)

Meets 6:15 PM Wednesdays  
Fredericksburg UMC

### Koinonia Women's Reunion Group

Meets 9:00 AM Fridays  
Lake of the Woods - call for location  
Contact: Barbara Larson (540) 972-1928

### Amazing Grace Reunion Group

Meets 8:30 PM Thursdays  
Hillcrest UMC  
Contact : Ed McAdam (540) 898-3625  
e-mail to emcadam@infi.net

### Bethel UMC Men's Group

Meets 7:30 AM Sundays  
Bethel UMC, Woodbridge  
Contact: Brian Lewis (703) 590-9343  
e-mail to bb3253@AOL.com

### Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays  
First Christian Church  
Contact: Gene Philipp (540) 898-4917  
e-mail GeneDiPhil@aol.com

### Remington/Morrisville/Liberty Reunion Group

Meets 7:00 PM First Saturday  
Remington UMC/Morrisville UMC  
(alternating months):  
March, June, September, December

Contact: Linda Butler (540) 727-8044 or  
email: lindabutler@windyhillcontracting.com

Interested in joining or starting  
a new reunion group?

Call Sandy Crossley at 703-221-6977 or email  
her at slcrossley@aol.com



## Information Corner

**DEADLINE** for submissions to the August newsletter is July 17<sup>th</sup>

Please send your articles to editor:

Barbara Simpson

9 Lockhart Circle

Fredericksburg, VA 22401

Email: bnbsimpson@aol.com

### **Upcoming Gatherings**

August 14<sup>th</sup>

Hillcrest UMC

Sept. 11<sup>th</sup>

Hillcrest UMC

October 9<sup>th</sup>

Spotsylvania Presbyterian

### **2004 Weekend Lay Directors**

Joe Reed

Men

Emmaus #55

September 30-October 3, 2004

Alice Harding

Women

Emmaus #56

November 4-7, 2004

### **Emmaus Store Coming to the July Gathering!**

Plan to visit and shop at the July gathering at Hillcrest UMC. Emmaus items such as shirts, hats, agape trinkets and more will be on display for purchase. Come and do your weekend shopping before the Gathering!





Upcoming Walks 55 & 56  
 Unsaved family & friend  
 All of our VBS programs upcoming  
 All of our pastors & their families  
 Andrea's health  
 Miss Lynn to be healed  
 Mr. Richard to have less pain  
 Sandy for healing  
 Jeff for healing  
 Mrs. Trish  
 Elliott & Temple  
 Ed's family  
 The new Fredericksburg Emmaus Board  
 Madison & Garrett  
 Circle members with health issues  
 Friend with bone cancer  
 Our youth ministry at Chancellor Christian -  
 that God will bring us workers & young  
 people  
 Rick to walk on Emmaus - healing for back/hip  
 Paul & Kate for a deeper & more meaningful  
 relationship with Jesus  
 Lord's guidance for my children - may He guide  
 them in the way they should go  
 Jennifer & Ashok in their new married life  
 Complete healing for Pam Maas  
 Patti & Charlie and their doctors  
 Sisters of E-54 - Table of Peace  
 Karen as she leads two youth mission trips  
 Amy as she searches for her future  
 Tracey & Josh and their new baby  
 Kitti's parents - her mother struggles with  
 serious illness  
 May my heart continue to be open to the Holy  
 Spirit's teaching me to love my wife a  
 as Christ loves His church  
 Sofia  
 Becky in her knee replacement  
 Team formation for E-55 & 56  
 People of Iraq, Afghanistan, and our troops  
 John & Brian in their chemotherapy

My daughter  
 Direction in my life  
 Brian  
 My co-worker, Ann  
 Patti & Patti  
 Estelle's husband Sam  
 John  
 Family guidance  
 Peace

Edna & her family - Alzheimer's patient  
 Those giving birth - may they have a safe  
 delivery & a healthy baby  
 Jean, Patsy, Tracy, Nickie, Nancy &  
 Laurie  
 My sister - may she be healed  
 physically and spiritually  
 Those who have not walked in my church - may  
 God touch others to attend  
 Adult children to find a house  
 My cousin Callie - cancer  
 Our soldiers & law enforcement in our nation  
 Those who don't know Jesus  
 Al - inoperable lung cancer  
 Ruth to pass her French exam  
 Ruth as she goes on a 3-year tour to Benin,  
 West Africa  
 Prison ministry at Greenville Prison  
 Traci's baby to be healthy  
 Salvation for unsaved family members  
 Guidance & peace to raise our kids as God  
 leads  
 My wife Mary - may God lay His healing hands  
 upon her. Please guide the doctors in their  
 diagnosis and treatment  
 My sister, Carolyn in the birth of her baby.  
 May she find a home  
 Ashley & Colin - Lord's guidance in difficult  
 times  
 Youth of our church  
 Travel mercies to Annual Conference  
 Mother in nursing home



## Our Prayers Continued ...

My family - daughter & grandchildren  
 Conflict revolving around my mother-in-law  
 Joe & Crystal - salvation  
 Mrs. Regan and family  
 Our president and leaders  
 Strength, courage, wisdom & perseverance for  
     a job change  
 Unsaved children & grandchildren  
 That God's will be accomplished in my life  
 God's direction  
 Growth spiritually  
 Health problems  
 Our daughter's finances  
 My health - unresolved issues after 2 months  
 My graduation  
 Our daughter - in the army & going through  
     tough times  
 Chrysalis to become active again in our  
     community  
 My father with ALS - his acceptance &  
     wonderful outlook on his life  
 My parents, Clarence & Ellen  
 Guidance of Holy Spirit in the Fredericksburg  
     Emmaus Community - to do God's will  
 Life management class  
 Safe travels for our Mothers going to their  
     homes  
 Our son, Bob as he graduates & goes out into  
     the world. He is joining the church  
 Sophia - continued healing  
 Strength to our family during difficult times  
 Epiphany #10  
 Hanover youth  
 Large military exercise - all participants in war  
     for their safety & guidance  
 My blessed wife who has trouble seeing all of  
     God's gifts in her life  
 Jill & Lynn and their families  
 Dave & Amy as they sell their house

## Our Praises ...

My improving health  
 The sweet reunion of my son and his two  
     children from his first marriage  
 Wonderful family & friends  
 That David returned safely from Baghdad  
 A wonderful college reunion  
 Wonderful weekend with friends  
 Our wonderful community and new board  
 God's grace & blessings that He gives me and  
     my family on a daily basis  
 Blessing I have received and the joy of my  
     walk  
 Bill & Beth as they are a melodious blessing to  
     the Grace family. May they know that God  
     loves them and we do also!  
 Caryl & Kristy  
 Healing in family  
 Friends' babies being born healthy!  
 For Susan having the ability to walk again -  
     may she have continued healing of her ankle  
     and knee  
 My health  
 For Jim & his family

