

Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 3

March 2005

EMMAUS 57 MARCH 3RD-6TH

PILGRIM LIST CHANGES

The spring of 2005 has many exciting changes for the Fredericksburg Emmaus Community. On March 3rd through 6th Emmaus 57 will take place at our new camp facility, Camp Happyland. This new location is in Richardsville, Virginia and is approximately 20 miles west of Fredericksburg. The weekend theme is "*Behold, I Make All Things New.*"

Team names and assignments are included on Pages 3 & 4 for your prayers and agape preparation. Please note several changes of pilgrims from list distributed at Gathering. Sponsors please take note of the box on the bottom of Page 11 concerning special agape for your pilgrim.

Come out and support our newest pilgrims and see our new camp!

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The Next Gathering

When: March 12, 2005

Where: Wright's Chapel UMC

Time: Gathering at 6:45 PM

Fellowship & Food at 6:00 PM
Bring some food to share!

Board will meet at 4:00



Fredericksburg Emmaus #57 - Pilgrim List

"Behold, I Make All Things New"

Rev. 21:5

- | | |
|------------------------|--------------------------|
| 1. Ruth Balderas | Hyattsville First UMC |
| 2. Crystal Barnes | Liberty UMC |
| 3. Marie Bowen | The Lord's Church |
| 4. Barbara Breeden | Warrenton Baptist |
| 5. Judy Britt | Chancellor Christian |
| 6. Terri Bumbrey | Silver Hill Baptist |
| 7. Myrtle Campbell | Fairview Baptist |
| 8. Lisa Caron | The Lord's Church |
| 9. Ellie Casterline | Bethel UMC |
| 10. Susi Castoro | Liberty Baptist |
| 11. Phoebe Compton | Alum Spring Baptist |
| 12. Carol Curtis | The Church at White Oak |
| 13. Terri Davies | Chancellor Christian |
| 14. Mary Doughty | Living Waters Tabernacle |
| 15. Kathy Emond | Andrew Chapel UMC |
| 16. Margaret Filler | Fredericksburg UMC |
| 17. Pat Groman | The Lord's Church |
| 18. BJ Hanks | Fairview Baptist |
| 19. Kim Hedrick | Fairview Baptist |
| 20. Roxann Hoover | East End Assembly of God |
| 21. Sherry Kiebert | The Lord's Church |
| 22. Tonya Lawrence | Bethel UMC |
| 23. Elaine Lee | The Lord's Church |
| 24. Paula Lester | Morrisville UMC |
| 25. Carroll Ann Lewter | Ferry Farm Baptist |
| 26. Betty Lontz | Fairview Baptist |
| 27. Jennie Marston | Morrisville UMC |
| 28. Loretta Muncy | Liberty UMC |
| 29. Julia Perez | Highway Assembly of God |
| 30. Lori Poorbaugh | Remington UMC |
| 31. Carolyn Prillaman | Warsaw UMC |
| 32. Sheila Smith | Alum Spring Baptist |
| 33. Carole Spicer | Fairview Baptist |
| 34. Lucy Torres | Hyattsville First UMC |
| 35. Ruth Walker | Morrisville UMC |
| 36. Jackie Weadon | The Lord's Church |

Emmaus #57 Team List



"Behold, I Make All Things New"

| | | | |
|----------------------|-------------------------|-----------------------------|------------------|
| Rosemary Blankenship | ALD Sunday | | |
| Carolyn Canaday | TL(Elizabeth) | Discipleship | Saturday 8:00pm |
| Terry Cook | ALD Thursday | Fourth Day | Sunday 2:45 pm |
| Debbie Devine | ATL(Rachel) | Psalm 100 | |
| Gail Dietze | TL (Mary) | Christian Action | Saturday 2:35 pm |
| Stacey Floyd | ATL (Mary) | Priesthood of All Believers | Friday 1:30pm |
| Angel Fulkerson | Agape Cha | | |
| Nancy Kail | TL (Ruth) | Growth Through Study | Saturday 8:55am |
| Vonda LiCalzi | TL (Naomi) | Romans 8:31-39 | |
| Sandie Makely | ALD Friday | | |
| John Mathis | Lead Spiritual Director | Means of Grace | Saturday 10:15 |
| Hank McCaslin | Spiritual Director | Prevenient Grace | Friday 11:15am |
| Janet McCaslin | TL (Martha) | Body of Christ | Sunday 11:10am |
| Lola McDonald | Music Team | Life in Piety | Friday 7:30pm |
| Woody Moore | Spiritual Director | Justifying Grace | Friday 3:00pm |
| Kathy Neiswander | Music Team | Please Hear What I'm . . . | |
| Becky Patrick | Cha Coordinator | Lord I Have Time | |
| Venus Perez | ATL (Ruth) | Psalm 23 | |
| Dianne Philipp | ATL (Naomi) | Psalm 51-10-17 | |
| Holly Plucker | Music Director | | |
| Jim Reamy | Spiritual Director | Obstacles to Grace | Saturday 4:00pm |
| Ellen Schertz | Board Rep | | |
| Teresa Smith | TL (Rachel) | Changing Our World | Sunday 8:50am |
| Ralph Thomas | Spiritual Director | Sanctifying Grace | Sunday 10:00am |
| Heather Uhlick | ALD Saturday | Priorities | Friday 9:15am |
| Monica Warne | Asst. Cha Coordinator | | |
| Monica Weadon | ATL (Elizabeth) | 1John 1:5-9 | |
| Sandy Williams | WLD | Perseverance | Sunday 1:05pm |
| Sandy Yates | ATL (Martha) | Who Me? | |

Schedule-Women's Emmaus #57 - March 3 -6, 2005

The team of Fredericksburg Women's Emmaus #57 invites sponsors, families & community to participate in the following events:

| <u>WHEN</u> | <u>WHERE</u> | <u>WHAT</u> |
|---------------------|----------------|---|
| Thurs. Mar 3 6:30pm | Camp Happyland | Pilgrim check-in/Followed by Sponsor's Hour |
| Sat. Mar 5 7:30pm | Camp Happyland | Candlelight-Community will gather for praise, communion, fellowship & communion. Please bring flowers for the team to use Sunday morning! |
| Sun. Mar 6 3:30pm | Camp Happyland | Closing - Gather @3:30 for Closing Service @4:00 |

DIRECTIONS TO CAMP HAPPYLAND

Take Route 3 West (Culpeper) from both North and South exits of I-95. After you pass Central Park and Spotsylvania Mall in Fredericksburg, drive 7.5 miles west on Route 3. Turn right onto Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign. Turn right into the Camp and proceed to the parking area.

Total distance from Central Park is about 18 miles.

Camp Happyland
21457 Happyland Drive
Richardsville, VA 22736
Phone: (540-399-1197)
FAX: (540) 399-1179



Who Are You?

For we are God's masterpiece, created anew in Christ Jesus. Ephesians 2:10



Who are you? The question was posed by a nurse to her patient in the hospital. To me it brought back memories from my youth and an assignment from an English composition teacher. She was attempting to get the class to write an essay as a means of improving our writing ability and perhaps our self esteem. I'm sure she failed miserably with me on both counts. This question, however, was asked of the patient as a result of the constant stream of visitors, phone calls and cards that he had received since admission.

Who are you? You look like the average patient, but you must be somebody important to merit all of this attention. How would you answer that question; are you somebody important? This particular patient was a member of our Emmaus Community. In addition to the visitors you might expect from his family and church, he also received a great many visitors from our Community. I suspect the patient shrugged off the question, but in the eyes of each of his visitors, he was important.

Who are you? You must be somebody important. The nurse was right, of course, but probably not for the reasons that she might have expected. The patient wasn't a politician, he wasn't an entertainer, he wasn't famous; just a down to earth individual who happened to be in the hospital for one of those serious, but relatively common problems that afflict many.

Who are you? You must be somebody important. That's not a question that's asked every day. In this Emmaus Community though, it's a question that is answered all the time. When we fall down, many others help us get back on our feet. When we are in need of prayer, prayers are offered; when we are hurting, we are consoled; when we are happy, others celebrate. On our Walks, we tell the Pilgrims they are important in any number of ways and as a Pilgrim I wanted to believe. Since becoming a part of this Community I have come to realize that what we were told as Pilgrims was not just so many words, but a response that comes from a deeply held belief that we are all truly important to God.

Who are you? You must be somebody important. The Bible tells us that we are God's masterpiece or workmanship. As I read Ephesians, I don't see any of the labels we tend to use to divide ourselves. Rich or poor, educated or not, black or white...we all belong to God.

Who are you? You must be somebody important. You are; for you are a child of God and important in His eyes; truly you are God's masterpiece.

DeColores,

John Mann

Community Lay Director

Board News



February found the Board getting back to business as normal. The switch from Camp Easter Seals to Camp Happyland has consumed a lot of the Board's energy over the last few months, but we began anew this month to look at some of the other important issues that weren't as critical to address. Highlights of some of these are below.

The Treasurer submitted a report with a balance of \$5,401.92 in the bank as of January 31st. This is further broken out as \$2,961.96 in Operating funds and \$2,439.96 in Scholarship funds. Once again, we thank you for your faithfulness in supporting God's work in our Emmaus Community.

During January, we received a letter from the Upper Room International Emmaus Office. Two items of note were contained in the letter. First, the Pilgrim fees to be paid to the Upper Room have been increased from \$7.50 per Pilgrim to \$10.00 per Pilgrim, effective with all Walks in 2005. This is the first increase in Pilgrim fees since 1997. The second item of note is that there are new Talk Outlines that were published last year. The Community Manuals Coordinator, Gene Philipp, will be contacting the Upper Room to obtain copies for our use. Hopefully they will be available for the remainder of our 2005 Walks.

Last month the Board approved a change to the By-Laws as we pursue IRS Section 501(c)(3) status. The change was announced to the Gathering in January and was published in the Newsletter. This month, the change to the By-Laws was adopted by voice vote at the Gathering.

Dennis Warne reported progress of the 4th Day Ministry Committee. He submitted recommendations from the Committee for "Pilgrim Selection Guidelines". These guidelines were approved by the Board. The Committee continues to work on a new "Pilgrim Application" and a "Sponsor Responsibility Check-off List". Recommendations are to be made to the Board in March. Once all of these are approved, they will be made available to the Community.

Planning for our Spring Walks at Camp Happyland continue. We have submitted a contract and a deposit for E57 and that has been accepted by the Salvation Army. A contract and deposit for E58 was submitted to the Salvation Army at Camp Happyland earlier in the day. This should be approved in the next week or so. The Board also selected desired Walk dates for 2006 and a request will be submitted to the Salvation Army for consideration.

During March, the Weekend Lay Director Selection Committee will meet to decide both the Men's and Women's Weekend Lay Directors for the Spring of 2006.

Board New Continued . . .

For the March and April Gatherings, we will meet at Wright's Chapel UMC.
The schedule for our Calendar Year 2005 Walks is shown below.

- | | | |
|-----------------------|----------------------|-----------------------------|
| • E57 (Women's Walk): | March 3-6, 2005 | (WLD: Sandy Williams - E34) |
| • E58 (Men's Walk): | April 14-17, 2005 | (WLD: John Mann - E29) |
| • E59 (Women's Walk): | May 12-15, 2005 | (WLD: Terry Cook - E39) |
| • E60 (Men's Walk): | October 20-23, 2005 | (WLD: Paul Prewitt - E29) |
| • E61 (Women's Walk): | November 10-13, 2005 | (WLD: Maria Fortune - E32) |

May God continue to bless each of you!

John Mann

Community Lay Director

Information Corner

Date for April Newsletter Submissions

DEADLINE for submissions to the April newsletter is March 19th. Please send your articles to editor: Barbara Simpson, 9 Lockhart Circle, Fredericksburg, VA 22401. Email: bnbsimpson@aol.com

Next Gatherings

| | |
|------------------------|---------------------|
| March 12 th | Wright's Chapel UMC |
| April 9 th | Wright's Chapel UMC |

UPCOMING WEEKENDS

| | |
|-----------|---|
| Emmaus 57 | March 3 rd - 6 th |
| Emmaus 58 | April 14 th - 17 th |
| Emmaus 59 | May 12 th - 15 th |

Dear Brothers & Sisters in Christ,

A memory of my childhood came to me as recently I was watching a group of young people perform at this year's Super Bowl. They were singing one of my favorite songs learned in childhood, "America the Beautiful." One of the classes I enjoyed as much as recess in elementary school was music class. I enjoyed singing along with the teacher and other students.

As I watched and listened, I was reminded of singing in front of our parents during special events at school. Every seat in the auditorium was full, and my class would march in and stand very still in rows on the risers on stage as we smiled at the audience. Flash bulbs would brighten the already well lit room as we performed the well rehearsed songs, carefully following every direction of our teacher. We stood in our glory, dressed alike with scrubbed clean faces and each hair on our head plastered in place. We felt like rock stars as we performed, and it would all too soon be over, and we would exit the auditorium to a thunderous applause and cheers from parents, siblings, peers and guests.

On occasion, I was lucky enough to be chosen to be part of the school play. One of my favorite plays was about a circus that came to town. There were elephants, horses, jugglers, clowns and a "balloon man." I was thrilled when asked to play the part of the balloon man. I waited in a small room beside the stage for my cue to walk on and hand several balloons on sticks to several children watching the circus. It was a festive time as I came out with the brightly colored balloons.

We had a dress rehearsal for the performance, and I handed out real balloons that day. Well, at least that was the plan. The play was unfolding, and I heard the music teacher play my cue on the piano. As I held the balloons and made my way onto the stage, several of the balloons fell off the sticks. Feeling responsible for this catastrophe, I quickly tried to reattach them onto the sticks as my cue was played for a second time. Before my cue was played the third time, my teacher came to check on me.



Seeing my predicament, she instructed me to let the balloon go and walk onto the stage with what I had in hand. Embarrassed and blushing, I walked up the stairs and onto the stage, handing several confused children bare sticks. My teacher was very understanding

and reminded me that it was just a dress rehearsal. By the night of the final performance the glitch had been corrected, and the children watching the circus received bright colored balloons securely attached to their sticks.

Sometimes I feel similar to the stick and the balloon, separated. I feel embarrassed to show up, as if I have no purpose. In other words, I feel disconnected. Have you every felt that way?

I began reading Psalm 139, "O Lord, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways.

Before a word is on my tongue you know it completely"(vs. 1-4). After reading this Psalm, I questioned myself on why do I discard the knowledge of God's presence in my life. Why can't I feel His hand holding mine as he guides, protects and loves me through every situation and trial in my life? During these disconnected times, even my prayer seems to be spoken to a far away God. My eyes are opened when I acknowledge Him and His presence in my life, when I talk with Him as the friend that is always with me. I become whole once again and grateful for being one of His children. I break through the chain of despair, and I find freedom in His love and grace.

I challenge you to embrace His hand and presence and remember the words of the song, America the Beautiful, "America! America! God shed his grace on thee. 'Til selfish gain no longer stain, the banner of the free!"

Your Brother in Christ,
Dennis Perkins



AGAPE BAGS . . . They are Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric (check the craft section at your local fabric store or WalMart), cording, bright shoelaces to donate. Or you can make agape bags; they are sew simple to make (12" wide and 15" tall, please). Say "I'll help!" -just call Diana Farrar at 540-372-7535 or e-mail her at HRHDiana@juno.com.



PLACEMAT HELP NEEDED FOR UPCOMING WALKS

Can you decorate 5 or 10 or 20 or 100 place mats for an upcoming weekend? Maybe you'd like to help, but have no idea how to start or where to get great ideas! Please call Ellen Schertz, Place Mat Coordinator at (540) 891-9593 or e-mail her at ellouisesc@hotmail.com to get set up. You may also buy and donate blank white or solid color place mats. There's room for you gifts at whatever level you choose to serve in the Emmaus place mat ministry. Call Ellen today!





My son to find his way to the Lord.
 My wife who is down with the flu.
 All the unchurched in the world.
 Counseling for my family.
 My son's health.
 My walk with God daily.
 Terry as she prepares to lead E59.
 Trish as she prepares to move.
 John as he leads E58.
 Team E58.
 Mike's safe return in March.
 My family.
 My mother Debbie with cancer.
 Safety of Armed Forces overseas.
 Safety and wisdom for President Bush.
 Possible move in summer.
 Sophia.
 Shutlock family.
 Youth for Chrysalis.
 Sons Tim, Andy, and Mat to find Christ.
 Son-in-law's health.
 Son Chris.
 Stay alcohol free.
 Peace for young man dying with cancer.
 My daughter Angie & our unborn granddaughter.
 Parents-in-law Ellen and Clarence.
 My dad Ralph to be healed.
 Our youth and those who are called to work
 with them.
 Ralph as he recovers.
 My mom, Em, going through chemotherapy.
 Me and my family as we move to Florida.
 Harry & Nancy.
 Ken's sister Pat.
 My daughter-in-law who will be a pilgrim on E57.

Me to find my way and do what I'm here for.
 My upcoming walk to go well and the Lord to
 show me some paths I need to take.
 That my daughter will eat for my husband
 during the four days.
 A new job.
 Jill and Lynn and their families.
 The elderly in nursing homes and those without
 companionship.
 My wife's health.
 My sister JoAnne dying with colon cancer. Also
 her family, church, and friends who are
 helping her in this difficult time.
 Youth & youth leaders of FUMC as they go on
 retreat to Blackstone the weekend of Feb. 18th.
 Health concerns for Richard, Margaret, Katie,
 and Rick.
 My family to find the right home as we move to
 Ohio in March.
 E57 & E58.
 Susan as she prepares for a second surgery.
 God to soften my husband's heart and take away
 the bitterness he carries daily.
 The Marsh family whose son Sam went to be with
 the Lord on Feb 9, 2005.
 A job for my daughter and resolution of her
 family problems.
 Pilgrims of E57, E58, & E59.
 My wife Sandy and E57.
 My daughter Kim who faces surgery.
 Our daughter Abigail suffering from depression.
 Salvation and protection of grandsons.
 Relationship with friends.
 Increased love, understanding and acceptance.
 God's will to be done & the ability to recognize it.
 Diana - that all roadblocks be removed.
 Business breakthrough.
 Son-in-law Ken and daughter Michelle.
 My mother's surgery and healing.
 Jeff & Joan for a closer relationship with God.
 Guidance for family.

Peace.

Lulu's health problems & Leroy as he cares for her.

Surrender of self to God's will.

Complete recovery for a friend who had 5 blockages corrected with bypass surgery.

More people to find God's purpose for their lives.

Strength for Sandy as she leads E57.

Salvation of all family members, former family members, and friends.

My brother Glenn who continues to suffer through a difficult divorce.

Lindsay and his family.

Team for E57.

Many with cystic fibrosis.



Bringing me to this gathering.

God giving His Son for my sins.

My health.

Family & friends.

Teenage sons.

Husband Randy.

Mike.

Vehicle being paid off.

Possible move in summer.

UMM efforts blossoming as men come to God.

Mother's cancer is gone!

My husband's heart cath and the good results.

My friend Dan's successful heart cath.

All the blessings that the Lord has provided to us.

Children's new home.

Prayer Vigil Coordinator Needed



72 Hour Prayer Vigil

The Fredericksburg Emmaus Community is in need of someone to take over the coordination of the Prayer Vigil for the upcoming walks. Please pray about this opportunity and see if God is leading you to serve the community in this area.

Covering our weekends in prayer from beginning to end is vital to all involved. Contact Jane Carwell at 703-969-4019 for more information.

SUNDAY PERSONAL AGAPE

Please remember to use these stickers which were mailed to you with your sponsor letter. This helps the Agape Cha immensely!



Emmaus 57
Sunday Personal Agape

Community Volunteers

Community Lay Director - John Mann

Lead Gatherings & Candlelight
Host Weekend Sponsors' Hour/Closing
Chair Emmaus Board
Chair Pilgrim/Team Selection Committee
Assign Nominating Committee Coordinator



Assistant Community Lay Director - Rosemary Blankenship

Gathering Location Coordinator

Treasurer - Monica Warne

Secretary - Diana Shiflett

Manuals Coordinator - Gene Philipp
Records/By-Laws Historian - Gene Philipp

Communications Coordinator - John Mann

Newsletter - Barbara Simpson
Database Coordinators-Dennis Warne & John Mann
Team Registrar - Barbara Simpson
Pilgrim Registrars - Pat & Dick Barnett

Gathering Support Coordinator - Vacant

Community Music Director - Debrina McKeen
Community Baker - Kitti Mann
Childcare Coordinator - Vacant

Weekend Support Coordinator- Brian Lewis

Comm. Cha Coordinator- Richard Warner
General Agape Coordinator - Monica Warne
Prayer Vigil Coordinators - Sandy Crossley/Jane Carwell
Placemat Coordinator - Ellen Schertz
Snack Agape Coordinator - Vacant
Agape Bag Coordinator - Diana Farrar
Transportation Coordinator - Mo Moses
Supplies Coordinator - Wes Pryce
Fourth Day Packets - Rick & Susan Dillard
Fourth Day Coordinator - Dick Barnett



Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.

Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays
Prince Of Peace UMC
6299 Token Forest Drive
Manassas, Virginia
Contact: Lloyd Biller (703) 590-1512

Pastor's Weekly Meeting

Meets 7:30 AM Tuesdays
Rotates - call for location
Contact: Mark Dunn (540) 786-4025

Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays
Lake Of the Woods - call for location
Contact : Vic Larson (540) 972-1928

Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays
Lake Of the Woods - call for location
Contact : Barbara Miller (540) 972-7418

His Seekers (Women)

Meets 7:30 PM Fridays
Woodbridge - Home of Jane Carwell
Contact: Sandy Crossley (703) 221-6977 or
Jane Carwell (703) 969-4019 for directions

Koinonia Women's Reunion Group

Meets 9:00 AM Fridays
Lake of the Woods - call for location
Contact: Barbara Larson (540) 972-1928

Amazing Grace Reunion Group

Meets 8:30 PM Thursdays
Hillcrest UMC
Contact : Ed McAdam (540) 898-3625
e-mail to emcadam@cox.net

Bethel UMC Men's Group

Meets 7:30 AM Sundays
Bethel UMC, Woodbridge
Contact: Brian Lewis (703) 590-9343
e-mail to bb3253@AOL.com

Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays
First Christian Church
Contact: Gene Philipp (540) 898-4917
e-mail GeneDiPhil@aol.com

Remington Gathering

Meets 7:00 PM First Saturday
Remington UMC
Every 3rd month:
March, June, September, December

Contact: Dawn Borja (540) 825-1587 or
email: dborja@marykay.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email
her at slcrossley13@msn.com