

Upper Room Emmaus

of the Greater Fredericksburg Area

Vol. 11

November 2005

EMMAUS 61 WEEKEND NOV 10-13TH

DDU & GATHERING ON NOVEMBER 19TH

You have two opportunities to share in our Emmaus fellowship this month. Emmaus 61 will be held at Camp Happyland this November 10-13th. Please plan to attend Candlelight and Closing for these new pilgrims. Dates and directions can be found on Page 4.

Then on November 19th we will have our fall Day of Deeper Understanding at Spotsylvania Presbyterian. The gathering has been moved to the third Saturday due to the E61 weekend time. If you have not attended a DDU and would like to team or sponsor, plan to be there on November 19th. Also please bring dinner food to share with the new pilgrims and entire community.

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Day of Deeper Understanding & The Next Gathering



When: November 19th

Where: Spotsylvania Presbyterian

Time: DDU 2:00 - 5:00

Gathering at 6:15 PM*

Dinner - 5:15***

Board will meet at 11:30

* Note Change of Time

*** Bring food to share for dinner



Fredericksburg Emmaus #61 - Pilgrim List

"The Lord turns my darkness into light"

2 Samuel 22:29

1. Pam Blalock
2. Stacey Canter
3. Queen Carroll
4. Kathy Cosner
5. Jayne DeCosta
6. Roberta Dews
7. Suzanne Duperock
8. Stacy Ervin
9. Bridget Gillions
10. Kathryn Gorenflo
11. Debbie Hall
12. Barbara Hill
13. Pat Hughes
14. Judy Jennings
15. Lisa Keel
16. Cija (Keeah) Kenyon
17. Amy Kneipp
18. Marcy Liepelt
19. Tammy Long
20. Pam Maas
21. Daphne Masten
22. Colleen McGrath
23. Pat McNeil
24. Janice Moore
25. Jan Murray
26. Hilary Parr
27. Betsy Simering
28. Susan Simpson
29. Ellen Smith
30. Donna Tayman
31. Kelley Wallace
32. Kathy Wallace
33. Sandi Zook

- Salem Fields
 Melrose UMC
 First Mt. Zion
 Stafford Crossing
 The Lord's Church
 Grace UMC - Hartwood
 Salem Fields
 Woodbridge Christian
 Ebenezer UMC
 Crossroads Baptist
 Fairview Baptist
 Chancellor Baptist
 Good Sheperd UMC
 Fairview Baptist
 Grace UMC - Hartwood
 Dulles Community Church
 Tabernacle UMC
 Fairview Baptist
 Fredericksburg UMC
 Grace UMC - Hartwood
 Bethel UMC - Hanover
 Bowling Green UMC
 Chancellor Christian
 Shepherd's UMC
 Good Shepherd UMC
 Fairview Baptist
 North Stafford Baptist
 Fredericksburg UMC
 River of Life Ministries
 Warsaw Church of God
 River of Life Ministries
 Fredericksburg UMC
 Creigs Baptist

Emmaus #61 Team List

Name	Duty	Talk/Reading	Day/Time
Debbie Avis	Music Team		
Gerri Bartman	TL	Reading	
Pat Berry	TL	DDU Devotion	
Rosemary Blankenship	TL		
Jane Carwell	Board Rep.		
Peggy Clark	ATL	"Lord I Have Time" Reading	
Susan Dillard	TL	Christian Action	Saturday 3:15 pm
Janet Dunn	Music Team	Reading	
Mark Dunn	Lead SD	Means of Grace	Saturday 10:25 am
Maria Fortune	LD	Perseverance	Sunday 1:00 pm
Alice Harding	Cha Coordinator		
Margie Hazen	TL	Growth Through Study	Saturday 9:00 am
Vonnie Hinkle	TL	Discipleship	Saturday 6:30 pm
Vonda LiCalzi	Asst. Cha	Body of Christ	Sunday, 11:10 am
Ray Liptrap	SD	Justifying & Sanctifying Grace	Fri. 2:30/Sun 9:55
Sandie Makely	ALD	Fourth Day	Sunday 2:40 pm
Kitti Mann	ATL	Changing Our World	Sunday 8:50 am
Lola McDonald	Lead MD	Reading	
Kathy Neiswander	Music Team	Priesthood of All Believers	Friday, 1:00 pm
Becky Patrick	ALD	Priority	Friday, 9:15 am
Janice Rogers	ATL	Reading	
Tom Schafer	SD	Prevenient & Obstacles to Grace	Fri. 11:00/Sat. 4:45
Jennifer Taylor	ATL	"Who Me?" Reading	
Christine Tillman	Asst. Cha	Life in Piety	Friday 6:30 pm
Becky Thode	ATL	Reading	
Heather Uhlick	ALD		
Monica Warne	ALD	DDU Sponsorship Talk	
Jackie Weadon	Prayer Warrior		
Sandy Williams	Agape Cha	DDU Teaming Talk	
Ines Willis	ATL	Reading	

Schedule-Women's Emmaus #61

November 10 - 13, 2005

The team of Fredericksburg Women's Emmaus #61 invites sponsors, families & community to participate in the following events:

<u>WHEN</u>	<u>WHERE</u>	<u>WHAT</u>
Thurs. Nov 10 6:30pm	Camp Happyland	Pilgrim check-in/Followed by Sponsor's Hour
Sat. Nov 12 7:30pm	Camp Happyland	Candlelight-Community will gather for praise, communion, fellowship & communion. Please bring flowers for the team to use Sunday morning!
Sun. Nov 13 3:30pm	Camp Happyland	Closing - Gather @3:30 for Closing Service @4:00

DIRECTIONS TO CAMP HAPPYLAND

Take Route 3 West (Culpeper) from both North and South exits of I-95. After you pass Central Park and Spotsylvania Mall in Fredericksburg, drive 7.5 miles west on Route 3. Turn right onto Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

Camp Happyland, 21457 Happyland Drive, Richardsville, VA 22736

Phone: (540-399-1197) FAX: (540) 399-1179

Next Gathering

Dec. 10th Chancellor Christian

When you were a child, what did you want to be when you grew up? I have a long list of successive - and often unrealistic - "want to be's." At one time or another, I have wanted to be a jockey, a June Taylor dancer (I'm really dating myself with that one!), a lawyer, a teacher, and a writer. People who have always known just what they wanted to be and who have moved purposefully along a direct path to achieve that goal amaze me.



We have the ability to choose what we want to be. Yes, there may be constraints that make it difficult to achieve our goals. Those constraints may weigh us down until we believe that we are unable to do anything. But we have the capacity to persevere and to rise above them - and we don't have to do it alone.

In his book "My Utmost for His Highest" Oswald Chambers wrote, "The way we continually talk about our own inability is an insult to the Creator." Think about that for a moment. What does it mean to God to hear one of His children say, "I can't do that" or "It's too hard" or "I'll never be any good at anything?" Paul tells us in Philippians 4:13, "I can do everything through Him who gives me strength." The key is "through Him." We don't have to do it alone.

Chambers continued, "There is only one relationship that matters, and that is your personal relationship to a personal Redeemer and Lord. Let everything else go, but maintain that at all costs, and God will fulfill His purpose through your life. *One individual life may be of priceless value to God's purposes, and yours may be that life.*"

No matter what you wanted to be when you grew up - no matter how many times you changed your mind - no matter what you think you are capable of - you are of priceless value to God and you can be what He wants you to be.

*You raise me up, so I can stand on mountains
You raise me up, to walk on stormy seas
I am strong, when I am on your shoulders
You raise me up to more than I can be.*

(From "You Raise Me Up" by Selah)

Decolores,

Rosemary Blankenship

Community Lay Director



The Board met prior to the October gathering at Chancellor-Christian Church with thirteen members present. The minutes of the September meeting were presented by Diana Shiflett and approved. The financial report for September was presented by Monica Warne. Fund balances at the end of September were:

Operating funds	\$3,153.69
Chrysalis	\$2,878.38
Scholarship Fund	\$2,455.22

Upcoming expenses include pilgrim fees for #57-#59 to be paid to The Upper Room and newsletter expenses.

Dates for Fall 2006 walks and three 2007 walks were scheduled. Dates for 2006 and 2007 are:

E-62	Men	March 30-April 2, 2006
E-63	Women	April 27-30, 2006
E-64	Men	October 5-8, 2006
E-65	Women	November 9-12, 2006
E-66	Men	TBA
E-67	Women	April 19-22, 2007
E-68	Men	October 18-21, 2007
E-69	Women	November 15-18, 2007

Steve Makely reported on his committee's research for additional community sound equipment. He recommended that the community purchase a screen and a new sound system. Cost for both items will be approximately \$2,500.00. The Board approved the purchase.

Dick Barnett presented a report from the 4th Day Ministry team. During the past year, the 4th Day team has:

1. Developed standard outlines for DDU talks
2. Updated pilgrim applications and sponsor guidelines and developed a sponsor kit
3. Worked with the Board to establish pilgrim selection guidelines
4. Updated the teaming application
5. Conducted a pilot pastor information survey

Dick reported briefly on each of the above items and asked the Board's continued support and assistance in setting goals and priorities for the 4th Day team and in identifying new initiatives. The Board conveyed appreciation for the work the team has done and assured the team of its continuing support.

Rosemary Blankenship

Community Lay Director

Adversity Leading to a Thankful Heart

Thanksgiving is traditionally a time for families to come together and express gratitude for all the bounty of God. However, if the truth is known, the average person is facing some adversity even in this season of the year. It seems contradictory to look for something to be thankful about while being confronted with some difficulty.

When you think for a moment, the Pilgrims had this same dilemma. In 1620 they endured a rough voyage in which waves opened seams in the deck bringing icy water onto many passengers. Very little real bathing could be done nor the normal change of clothing. Food was the same day after day. During the first year in the New World only fifty of the original one hundred and two survived. It took months and even years to learn to survive in a different and often hostile environment.

Some did survive to celebrate the first Thanksgiving after the first harvest. Could they be expected to be grateful for minimal survival at the loss of so many friend? Perhaps this is the wrong perspective on the first Thanksgiving.

One must assume that in the first year they had also gained great strength of character while being driven infinitely closer to the living God. They had something in their Christian experience that can come only by being buffeted by adversity. Their certainty of God was greater and their sense of His presence had increased significantly. Any doubts about God had vanished through the absolute necessity of relying totally on Him under the harshest of human conditions. Yes they could be thankful for the trials or life which tested their faith and ultimately made their Christian experience perfect and complete. (James 1:2-4, RSV)

Perhaps one can be thankful after all even though adversity is our constant companion. Our relationship with God and our own character are definitely stronger because of life's various trails. Indeed we can and ought to be thankful as the very difficulties we hate have driven us further into a vital relationship with God in Christ.

Pastor Gary Staddan

Community Spiritual Director

"See what love the Father has given us,



that we should be called children of God."

1 John 3:1

Dear Brothers & Sisters in Christ,

Mrs. Walker, a fifth grade Sunday school teacher, opened her class with prayer. The children sat down as Mrs. Walker began to write on the blackboard with white chalk, "Who are you, and what do you do?"

Whispering crept through the classroom, and it soon turned into noisy chatter. The teacher called the class to order and acknowledged Dennis in the back corner of the classroom waving his right hand. He had held it up so long, he had to prop it up with his left hand. Almost out of breath, he answered the questions, "My name is Dennis, and I help my dad in his service station after school!" Mrs. Walker smiled and said, "Very good Dennis." Then she continued until everyone had an opportunity to answer.

The teacher stood in front of her class and explained, "We are all different, and we play many different roles in many of each others lives. For example, as all of you know, I am your Sunday school teacher. I am also a daughter to my mother and father, a sister to my older brother, a granddaughter to my grandfather and grandmother, and a wife to my husband." Some of the children giggled as they considered Mrs. Walker anything other than their teacher.

Mrs. Walker continued, "This morning, I prepared my husband bacon, eggs, and toast for breakfast, so that makes me a cook. A button was missing from my sweater, so I sewed on a new one. Now I am a seamstress. I am a driver, because I drove my car to school this morning. I may not be a professional at all of these tasks, but I still perform them to the best of my ability. Susan raised her hand, and the teacher acknowledged her. "She politely asked, "May I make a list on the blackboard Mrs. Walker?" The teacher responded, "Yes Susan, good idea!"

By now, each student had caught on and was blurting out different professions. Among the many, were a nurse that had placed a Band-Aid on her knee, a mechanic that had helped his dad repair his bicycle chain, and a chef that had helped his mother prepare the family dinner. David raised his hand and said, "I am a lover!" The classroom became quiet as he explained, "I love my mother, father, brother and even my bratty sister. I guess that makes me a lover, right Mrs. Walker?"

Hiding her joyful tears, Mrs. Walker instructed the students to pull out their bibles as she responded, "That is right, David. You are far ahead of me in our lesson for today. Please turn in your bibles to 1st John. Sally would you read out loud 1st John, chapter 4, verse 19; and David, please read John chapter 3, verse 16." Sally flipped through the pages of her bible, and read, "We love because He first loved us." Then David read from his bible, "For God so loved the world that He gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Mrs. Walker began summing up her lesson as she stood next to the list Susan made on the blackboard, "I believe If God did not love us first and set an example with His love for us, we would not be capable of loving each other. In each of the tasks we perform every day, we pass on the love we have been taught, because it has been freely given to us. We may not be the best at every job; but when our efforts come from our heart, love is passed on. The most important thing we can learn today is how to love like God. He is the greatest lover of all times."

The Sunday school teacher concluded, "This week, I want all of you to think about the ways you love, and who taught you by their example."

Pass it on,

Dennis Perkins

nothinglikeflyin@aol.com



Jackie, Jim, their children & their families
My wife to let go of her anger and see the
Lord's blessings

Me to fight the worldly devil I face
everyday

All who walk in harm's way

Jill and Lynn and their families

Our church family

Healing for Jackie, Christine, and Bill

Guidance & strength for teams of E60
and E61

My church

My husband's health

My travel

Susan's knee surgery

Pilgrims of E60 and E61

Pat and family

Warren, Josh & Nathan to come closer to
God

Kitty's health

Monroe - his knee

President Bush and this country

All the lost people in the world

Pastor Pete

People who are lonely

My friend Pam who is going through a hard
time

My daughter Elisa to get a job she really
likes

Unsaved loved ones

My family

Paul who will walk on E60

Health and safety of my family

Mike for the Lord to lead him to walk on
the next walk

E58 people - where are you?

Church leaders

Children struggling in school

Verona, Bill, Jeffrey, and Lee

God's blessing on my relationship with my
daughter

Improved health for Frances

God's will in my husband's search for a part
time job

Kitti as she struggles with medical issues
Malachi

My dad John and mother Mildred

My wife's blood pressure

My wife's heart

Our new home construction to be
completed on time

Our move to Missouri

Mickey, Steve, and John

My mommy and daddy

Our children

Our youth and youth leaders

Our Emmaus board

Dennis - rapid healing from foot surgery

Victims of earthquakes in India

Our soldiers and their families

Peggy whose husband and daughter are
both battling cancer

My brother Jim battling cancer

The Fellowship of Christian Athletes, their
role in the schools, and the challenge
they face

Annie, a dear elderly friend with cancer

Prayers Continued . . .

God's protection for my son Derek
 My son Brian that he will see that God
 will see him through all his troubles
 Wisdom
 Daniel and Sarah
 Employment for son-in-law
 Safety flight crews
 Me to follow his wishes regarding job



The privilege to serve on E61
 My family
 My son returning home and the changes in
 his life
 Marriages and families
 Future Emmaus walks
 The Body of Christ
 My health and the opportunities God
 gives me to serve
 Leaders and pilgrims for E60
 The Emmaus community
 My three children
 My brothers on E60 & my sisters on E61
 Answered prayer
 Teams and pilgrims of E60 and E61
 Prayers
 Recent salvation of my two children
 Wonderful women of E61
 Hanover Epiphany 12

Fredericksburg Emmaus Board of Directors - 2005 - 2006

Blankenship, Rosemary	Comm. Lay Director
Shutlock, John	Asst Com Lay Director
Shiflett, Diana	Secretary
Staddan, Gary	Comm. Spiritual Dir.
Warne, Monica	Treasurer
Carwell, Jane	Makely, Steve
Cook, Terry	Reed, Joe
Dunn, Mark	Shiflett, Mike
Lawrence, Mark	Thomas, Ralph
LiCalzi, Vonda	Warner, Richard

UPCOMING WEEKENDS

Emmaus 61 (W)	Nov. 10 - 13
Emmaus 62 (M)	Mar. 30 - Apr. 2
Emmaus 63 (W)	Apr. 27 - 30
Emmaus 64 (M)	Oct. 5 - 8
Emmaus 65 (W)	Nov. 9 - 12



DEADLINE

for submissions for the
 December newsletter is
 November 23rd Please send
 your articles to editor:

Barbara Simpson, 9 Lockhart Circle,
 Fredericksburg, VA 22401.
 Email: bnbsimpson@aol.com



Reunion Groups

Listed below are the reunion groups active in the Fredericksburg Emmaus Community. Please send new group information to Barbara Simpson, editor.

Great Is Thy Faithfulness

Meets 7:30 PM Tuesdays
 Prince Of Peace UMC
 6299 Token Forest Drive
 Manassas, Virginia
 Contact: Lloyd Biller (703) 590-1512

Pastor's Weekly Meeting

Meets 7:30 AM Tuesdays
 Rotates - call for location
 Contact: Mark Dunn (540) 786-4025

Lakeside Reunion Group (Men)

Meets 8:00 PM Tuesdays
 Lake Of the Woods - call for location
 Contact : Vic Larson (540) 972-1928

Rainbow Reunion Group (Women)

Meets 10:00 AM Alternate Thursdays
 Lake Of the Woods - call for location
 Contact : Barbara Miller (540) 972-7418

His Seekers (Women)

Meets 7:30 PM Fridays
 Woodbridge - Home of Jane Carwell
 Contact: Sandy Crossley (703) 221-6977 or
 Jane Carwell (703) 969-4019 for directions

Koinonia Women's Reunion Group

Meets 9:00 AM Fridays
 Lake of the Woods - call for location
 Contact: Barbara Larson (540) 972-1928

Amazing Grace Reunion Group

Meets 8:30 PM Thursdays
 Hillcrest UMC
 Contact : Ed McAdam (540) 898-3625
 e-mail to emcadam@cox.net

Bethel UMC Men's Group

Meets 7:30 AM Sundays
 Bethel UMC, Woodbridge
 Contact: Brian Lewis (703) 590-9343
 e-mail to bb3253@AOL.com

Lord's Lions & Lambs Reunion Group

Meets 6:30 PM Wednesdays
 First Christian Church
 Contact: Gene Philipp (540) 898-4917
 e-mail GeneDiPhil@aol.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email
 her at slcrossley13@msn.com

Community Volunteers

Community Lay Director - Rosemary Blankenship

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay Director - John Shutlock

Gathering Location Coordinator

Treasurer - Monica Warne

Secretary - Diana Shiflett

Manuals Coordinator - Gene Philipp

Records/By-Laws Historian - Gene Philipp

Communications Coordinator - John Mann

Newsletter - Barbara Simpson

Database Coordinators - Dennis Warne & John Mann

Team Registrar - Barbara Simpson

Pilgrim Registrars - Pat & Dick Barnett

Gathering Support Coordinator - Jane Carwell

Community Music Director - Lola McDonald

Community Baker - Vacant

Childcare Coordinator - Vacant

Music Coordinator for Gatherings - Steve Makely

Weekend Support Coordinator - Brian Lewis

Comm. Cha Coordinator - Richard Warner

General Agape Coordinator - Monica Warne

Prayer Vigil Coordinators - Jane Carwell

Placemat Coordinator - Margaret Filler

Snack Agape Coordinator - Vacant

Agape Bag Coordinator - Diana Farrar

Transportation Coordinator - Mo Moses

Supplies Coordinator - Wes Pryce

Fourth Day Packets - Rick and Susan Dillard