# Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 9

AGAPE BAGS... Sew Beautiful!

Remember when you saw

your agape bag for the first time? God filled that eye-

catching bag with love letters

special? You can buy brightly

fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you

can make agape bags; they are sew simple to make, (12" wide

and 15" tall, please). Say "I'll

help" – just call Diana Farrar

HRHDiana@ juno.com

at 540-372-7535 or email her at

just for you. Will you help

make a pilgrim's walk

colored rainbow striped

September 2006

# The next Gatherings

(Second Saturday of each month)

Sept 9<sup>th</sup> ......Fairview Baptist Church Oct 14<sup>th</sup> ......Tabernacle United Methodist \*Nov 18<sup>th</sup> ......Tabernacle United Methodist \*3<sup>rd</sup> Sat of the month & DDU

> Gathering at 6:15 pm Fellowship Time at 5:30 pm Board will meet at 3:30 pm

# Please bring snack food to share during fellowship time

#### **Snack Agape Notice**

You may bring non-perishable or less-perishable snack agape, (canned nuts, soda, bottled water, etc...), to the September Gathering. Our coordinator Mike Shiflett will store these items until the walk. Also, please call Mike at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #64.

#### UPCOMING WEEKENDS

Walk #	Dates	Lay Director
Emmaus 64 (M)	Oct 5 – 8, 2006	Dennis Warne
Emmaus 65 (W)	Nov 9 -12, 2006	Monica Warne
Emmaus 66 (M)	Mar 22 - 25, 2007	Pete Schatz
Emmaus 67 (W)	Apr 19 - 22, 2007	Ellen Cowart
Emmaus 68 (M)	Oct 18 - 21, 2007	tbd
Emmaus 69 (W)	Nov 15 -18, 2007	tbd

September 2006

#### Page 2, Vol. 9

# From the Lay Director...

When I was a child, my parents used to warn me, Santa Claus is watching you. We may now know this is not true, but have you thought about who is watching you?

My granddaughter who is nine years old has taken up the habit of copying everything I do. She eats the same things I eat, says what I say, and even copies the way I say it. It's scary sometimes. This makes me stop and think about what I am doing, how I react and what I say especially when I know she is around.

As Christians we need to do this all the time. The term "Christian" was developed during the first century AD. Historians tell us that the Romans used it to describe a group in Antioch that so followed the teachings of Christ that they called them "little christs." Sometimes this term was used in a derogatory fashion. The point is that they lived in a way that set them apart from the people around them.

St. Francis of Assisi was quoted as saying, "Preach the gospel always and when necessary use words." The intention is that our actions, good or bad, often speak louder than our words. My dad used to tell me I should never smoke, but he did so with a cigarette in his hand and a pack in his shirt pocket. Something about that diluted the effectiveness of his message. I took up the habit at the age of seventeen. It was my nonsmoking wife that convinced me to give it up years later.

The other side of this was illustrated in an incident that took place at a high school reunion several years ago. A former classmate approached me and very bluntly asked, "You're a Christian aren't you?" She said she always knew I was different but not until recent years understood why. I was surprised anyone had noticed.

I have heard that the Religious leader of India, Mahatma Gandhi was asked one time; What do you believe is the greatest obstacle to the spread of Christianity in your county? And he answered "Christians." While making a rare stop at local McDonald's restaurant I was dismayed by a woman who was throwing a tantrum because her fries were cold. She verbally abused the teenager at the cash register and then threw the fries at him hitting him in the chest and making a mess all over the counter. After getting her hot fries, she stormed out of the restaurant and climbed into her automobile. I couldn't help but notice the Christian bumper sticker on her car.

We who are called Christian and openly proclaim our faith need to be aware that other people, of all ages are watching us. Christians, especially those in the United States are being accused more and more frequently of dragging Christ's good name through the dirt. I am all too aware that we are not perfect. We are imperfect people first and Christians second. I fail daily to model the behavior that I would like to display. I find the need to seek God's grace every day to improve my behavior. I am encouraged by my Christian brothers and family to try and do better every day and would encourage you as well. The next time you feel your temper rising, stop and think about whom might be watching you.

I would take this one step further. As members of the Emmaus Community, other Christians are watching us to see what kind of Christians we are. As we work to promote the community, let us be aware of who is watching us. Our joy in the Lord and loud colors are often misinterpreted by other Christians, even members of our home churches. May our joy and love in the Lord be something that will draw people to want the joy we have, not repel them in distrust.

#### Decolores

Mark Lawrence CLD 2006-2007 Page 3, Vol. 9

September 2006

# Fredericksburg Emmaus #64 Team List TO GOD BE THE GLORY GREAT THINGS HE HATH DONE (KJV) Psalm 115:1 & 126:3

Dennis Warne	WLD	Perseverance	Sunday
Pete Schatz	ALD - Thursday	Fourth Day	Sunday
Mark Lawrence	ALD - Friday	Changing Our World	Sunday
Mike Cook	ALD - Saturday	Body of Christ	Sunday
Steve Makely	ALD - Sunday	Priority	Friday
Gary Staddan	LSD	Justifying Grace	Friday
Ralph Thomas	SD	Means of & Obstacles to Grace	Saturday
Bob Lewandowski	SD	Sanctifying Grace	Sunday
Bill Curtis	SD	Prevenient Grace	Friday
Mike Remington	Lead CHA Coord		-
Bill Walker	Music Dir.	Life of Piety/Luke 24:13-25	Fri & Thurs PM
Rocky Warner	Board Rep	Joshua 24:14-15	Friday AM
Gene Philipp	Agape CHA	Psalm 23	Sunday AM
Wes Pryce	TL - Matthew	Acts 1:1-8	Friday AM
Jesse Blythe	ATL - Matthew	Who Me ?	Sunday AM
John Mann	TL - Mark	Please Hear What I'm Not Saying	Saturday PM
Dave Kreider	ATL - Mark	1 John 1:5-9/Psalm 100	Sat PM/Sun
Dick Barnett	TL - Luke	Lord, I have Time	Saturday AM
Louis Gorenflo	ATL - Luke	Ecclesiastes 3:1-15	Saturday AM
Randy Ross	TL - John	Christian Action/Rom8:31-39	Sat (2)
Larry Jenkins	ATL - John	Psalm 51: 10-17	Saturday PM
Art Blankenship	TL - Peter	Discipleship	Saturday
Bud Orcutt	ATL - Peter	Prayer (Page 8)	Friday AM
Dan Dietze	TL - Paul	Priesthood of all Believers	Friday
Mike McDonald	ATL - Paul	Prayer (Page 9-10)	Saturday AM
Rick Dillard	Music Team	John 14:1-14/Prayer St. Francis	Thurs PM/Sun
Mike Iden	Music Team	Psalm 62	Thursday PM
Bill Moore	Music Team	Grow Through Study	Saturday
Ken Roark	Music Team	James 1:2-15	Thursday PM
Ed Taylor	Asst Cha		
Randy Harding	Asst Cha		

Schedule for Men's Emmaus #64			
Date		Time	Activity at Camp Happyland
Thur.	10/5/06	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat.	10/7/06	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun.	10/8/06	4:00 pm	Closing Service

Page 4, Vol. 9

September 2006

## Board News...

The Upper Room Emmaus of the Greater Fredericksburg Area Board of Directors met on August 12 at Fairview Baptist Church prior to the gathering.

During our administrative time a brief discussion was held regarding our financial status. Due to a number of factors our cash reserve has been drawn down to the level where we might need to borrow from the Scholarship fund or the Chrysalis fund to meet our obligations. Poor summer attendance of gatherings and the necessity to give Camp Happyland deposits to hold the facilities for our future walk dates has temporarily drained our finances.

A report on Weekend Lay Director training and mentoring was given by Rosemary Blankenship for the 4<sup>th</sup> Day Ministry. The Board gave the 4<sup>th</sup> Day working group a vote of confidence and asked them to "flesh out" their ideas for training mentoring and providing consistent information to flow from one walk to the next. We are hoping to have a working plan in place for the WLDs of the 2007 fall walks.

We also discussed ideas for recruiting pilgrims, with the emphasis on the men, and recruiting team members for the ladies. One suggestion was to distribute the colored brochures from the Upper Room, which we did at the gathering. Also we are looking at ideas of preparing a brochure specific to the Fredericksburg community, making a short video and putting additional information on the website. This was set aside until more information could be obtained.

Discussion was also continued on ways to improve gathering attendance, and to streamline the Day of Deeper Understanding. It was noted that the National model calls for it to only be one and a half hours long and for the spouses to attend. We are looking for ways to make this happen in a practical way. We are also looking at the possibility of doing more than two Days of Deeper Understanding during a year to accommodate new members that are otherwise occupied on regularly scheduled DDU dates.

#### Page 5, Vol. 9

#### Praises to God for:

Ann My family A job with favor Good weather and health The 4<sup>th</sup> day for all Emmaus Pilgrims My Lords guidance in restoring my marriage A daughter doing a lot better even in Germany His Grace, His Forgiveness, and God's Son

#### Please pray for:

My church Loneliness My son Charles My church Bethel Me a sinner My teaming in November The Briggs family The Bennett family Israel For lost loved ones Helen Davis's health Alice and Randy Our College students Faye Macon health Brother Ron's sugar My sister and husband Capital Baptist Church Physical healing

Sustaining my children & I during separation & divorce Good & real friends. I praise God for a wonderful husband My improved physical and spiritual health. I ask Him for guidance every day My wonderful husband George who is my sunshine each day along with God The Emmaus Community & wonderful friends, brothers and sisters in Christ that make us feel welcome in it

My work place that they see Jesus in other people's eyes My mom and her continued improvement in her health My husband bob that his heavy load will be comfort Jean Spencer, former pastor at Melrose UMC More patience in dealing with mother's health problems Carl Schulg, Jean Farmer and Shepherds UMC God's guidance in raising my teenage daughter The college students as they return to school Carol Bennett as she moves in a couple of weeks Lord you know my needs and my hearts desire Continued strength during kidney disease Pray for Team and Pilgrims of Emmaus 64 My Sister Dianne, tests related to intestinal trouble God will show the doorway to our son to find Him Myself and three small children during separation and divorce The Church at White Oak, we are changing so we can grow The Insurance Co. to pay for our stolen skid steer machine My church. Pray for my husband during his time of many tests

Our son Joe as he goes off to college. Freshmen at Grace College in Winona Lake Indiana.

Shepherds Methodist Church, Pray for the Revival that will be held in September

Concern for daughter as she prepares to leave for Frous. That we will have a safe flight to Germany to see her first of September. That God will protect all our armed forces here and abroad. To give families strength at this time.

Jackie's continued success in her battle with cancer. Our children as they go back to school

I ask that my family can forgive and move on from my past. That God in His heart and love continue to guide me in my walk

Lift up my grandson Chris, as he travels to Lindale Texas, on August 14<sup>th</sup> by car to attend a nine month Honor Academy whose mission is to mold the Christian character of young men and women before they go to college or other constructive endeavors in their life www.honoracademy.com

LaVera Betts, a 72 year old missionary in the hospital in San Paulo Brazil with an aortic aneurism. Surgery was successful but recovery is in doubt with her lungs filling up with fluid.

Chrysalis in the Fredericksburg Emmaus Community. May God give our leadership wisdom.

September 2006

#### Prayers cont...

My husband Rodney Decision of being called to be a deacon God's Guidance for job situation Moving Mother Money to get work out The unchurched that they might find God Jim, Jackie and Margaret My sister and her peers and caregivers Blessings for Israel Godly leaders to be raised up in America Cheryl's father Ralph Fairview Baptists Men's Ministries to become strong and Jill Lynn and their families vibrant Unsaved souls My daughter's surgery to go well, (she is 18 in six months) Healing for Doris's foot and ankle, new church home, selling Work, Marriage, Health Jean Spencer, Tracy Mann house My sons that they stay safe To know the Lord, God's will for my life be accomplished Youth of our churches Nick Franca, my grandson, and all children with neuroldastoma Building process at Melrose UMC Guidance in our possible move and purchase of a new home Sons to make wise choices in life Bragg Hill Family Life Center and that God's will be done there My mom & Terry arrive safely from Illinois Helen, healing of injuries from a fall and peace as she moves My ninety-five year old mother to assisted living For God's servants to serve Monica Warne and E-65, for her team and the pilgrims God My Husband and his work place sends to them The Whole Emmaus Community My daughter to find it in her heart the love we always had and Epiphany Hanover #14 Oct, 7,8,9 before and forgive Our world leaders, wisdom for peace Lindsey Fortune serving in Germany and Iraq in the army. Pray My husband Les, he has an aneurysm for all military Our Brother in Christ Walter Me to have surgery that I need to have and that the insurance My daughters, Alexxus and Laura will approve this Maria and Tony and their daughter

Son-in-law being deployed to Kuwait. Pray for daughter who is expecting baby two weeks after husbands deployment

For God's will to be carried out in the Middle East, to Protect our service people and keep them in the center of God's will. To let America continue to grow in the Lord and to spread God's word. To bless and protect my family. That God would give me wisdom & guidance concerning my short term disability & workers compensation claim

#### Check out our website!

#### www.fredwalk.org

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

#### Subscribe to our email list!

In the email body, type: *subscribe news* 

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

#### Help keep our mailing costs down!

Email: webmaster@fredwalk.org

Email: listserv@list.fredwalk.org

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

#### September 2006

Dear Brothers and Sisters in Christ:

On days that my sister, Sandra, and I were out of school, we were dressed and out the door to play before breakfast. We would ride our bicycles up and down the street until Mom called. Then there were those rainy days when we were stuck inside. What was there to do? There were plenty of "Barbie dolls" and "GI Joes", but those were played with when we were alone. There were always board games, but more often then not, we were missing a key piece, or the spinner, or sometimes even the game board itself.

One of our favorite things to do was to climb the stairs to the attic to play. There were racks of old clothes, boxes of old shoes and hats. Yes, I let my sister talk me into playing "dress up" with her. Sandra would put on Mom's lace, pale, pink dresses; and I would put on Dad's old, green, gas station uniforms. She wore high heels and some sort of a hat with a feather sticking out of the back or on each side. I would clunk around in dad's chunky work boots and an Esso, (forerunner of Exxon), cap. Sometimes, I would pick up an old curtain rod and slay the ferocious "attic dragon", saving the damsel in distress. (Back then; I thought it was the "damsel in the dress".) We would often take turns untying an old broom, and riding our "horse" off into the sunset. Of course my sister rode her broom sidesaddle

The best treasure in the attic was Mom's old cedar trunk. We were not allowed to open it. It didn't take long for us to discover that if you pushed the button on the front marked "Lane", the lid would pop open. Both sides were hinged and supported a tray that folded outward when the lid was opened. There we would kneel, marveling at my Mom's treasures! There were earrings, beads, and broaches. We thought the earrings were funny, because they had a little screw that my sister could turn to tighten to the back of her earlobes. There were stacks of old photos, revealing Mom and Dad when they were much younger. There were various photos of Sandra and me when we were babies and toddlers. Under a pile of folded lace and dresses, we found Mom's old report cards from long ago, when she went to school. We knew that looking at them was the biggest no-no of all! While we were peaking at our Mom's grades, we heard a noise and turned to find Mom standing at the doorway. We were busted, fried, caught red-handed, dead meat! Mom motioned for us to come with her

Sandra and I considered our plight all the way down the attic stairs. It's funny, but the stairway seemed endless as we trudged down each step. Would it be punishment by spanking or would something be taken away from us? We were instructed to sit at the kitchen table.

#### Page 8, Vol. 9

#### We followed her directions and sat there wide-eyed when Mom placed a plate of her homemade "Briar Rolls" onto the table. (This was my Mom's name for sweetened blackberries baked in biscuit dough.) She then sat saucers in front of each of us and scooped out our afternoon dessert. She poured a cold glass of milk for Sandra and me as we sat and ate at the table in Mom's treasure trunk clothes.

Sometimes what we expect and deserve is not what God gives us. True mercy is compassion that goes into action. In Matthew 5:7 it is written, "Blessed are the merciful, for they will be shown mercy". Just think what the world would be like if we got everything we deserved. Jesus is the best example I know when it comes to being merciful. He saw people in need and acted out of love and compassion. He healed the sick, gave sight to the blind, made the lame walk, made deaf ears hear, and gave life to the dead. He loved and forgave everyone from a prostitute to a dishonest tax collector.

My example of Mom's mercy and forgiveness that rainy day so long ago may pale in the light of other acts of mercy written in the bible, but perhaps mercy cannot be measured. Either you give it to others or you don't. I think forgiveness is a measurement of a person's heart and one's capacity to love. If we love, we can forgive. September 2006

After we drank our milk and ate our "Briar Rolls," we took our dishes over to the sink. Mom then asked, "What were you looking at in my old cedar chest? Sandra and I looked at each other, answering in unison, "Your report cards"! Mom gave us a long, wide smile, saying, "Now don't you think it's about time for both of you to change out of those treasure-trunk clothes."

May you find your treasure in God's mercy and forgiveness today.

Your Brother in Christ, Dennis Perkins nothinglikeflyin@aol.com

#### **Help Wanted**

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position.

If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at pjcarwell@wahoo.com

We appreciate your assistance!

Page 9, Vol. 9					S	September	r 2006
Frederi	cksbur	a Fm	mau	s Fxr	pense	Bud	aet
		-		-			901
J	uly 1, 2 Budget	2006	Actual - Y		Difference		Difference (%)
Income: Offerings	Sudget	6,900	Actual - Y	1,008	s	(\$) (5,892)	
Income: Camp fees	۵ ۶	38,000	\$ \$	450	۵ ۲	(37,550)	
•	Φ		<b>⊅</b>		\$	(37,550)	
Income: Application Fees		3,200		340	(2,860)		-89.4
Income: Chrysalis		-		50			
Income: Other (Manuals)		50		10		(40)	-80.0
		48,150	-	1,858		(46,292)	-96.1
Operating	Budget		Actual		Differend	ce (\$)	Difference (%)
Bulletin-Closings	\$	100			\$ (100)		0.0
Camp Facility Fees		38,000				(38,000)	0.0
Copyright License		170		170		-	0.0
Corporation Fee		25		25		-	0.0
Insurance		1,400			(1.120)		0.0
Photos (Weekend)		100			(1,400)	(100)	0.0
Manuals		150				(150)	0.0
Music Equipment		1,000				()	0.0
					(1,000)		
Nashville Fees		1,600			(1,600)		0.0
Newsletter		600			(1,000)	(600)	0.0
Placemats		100				(100)	0.0
Post Office Bulk Rate Permit		170	-			(170)	0.0
Postage		1,800		34	(1 ( )		-98.1
Printing (Newsletter)		1,600			(1,766)		0.0
Weekend Supplies		1,200			(1,600)		0.0
Total Expenses	Budget		Actual		Difference	ce (\$)	Difference (%)
·	\$	48,015	\$	229	\$	(47,786)	1

Notes:

1. The expected income from Camp Fees offsets the expenses for Facility Fees.

2. 50% of Application Fees is paid to the Upper Room - Nashville, TN.

#### From the Board Treasurer:

**Did you know**...in the Spring 2005, Fredericksburg Emmaus was granted a 501(c)3 tax exempt status? That means...all contributions made to Fredericksburg Emmaus are tax deductible from the taxable income of the donor. The Internal Revenue Service requires that Fredericksburg Emmaus provide a separate receipt be given for each gift or contribution of \$250.00 or more. The receipt must include the amount of any money contributed and a description (but not value) of any property donated. It must also indicate whether you received any goods or services for this contribution. Thanks for all your hard work and support of the Fredericksburg Emmaus Community! De Colores! Monica

# Page 10, Vol. 9

# Vol. 9 September 2006 Community Volunteers & Board of Directors

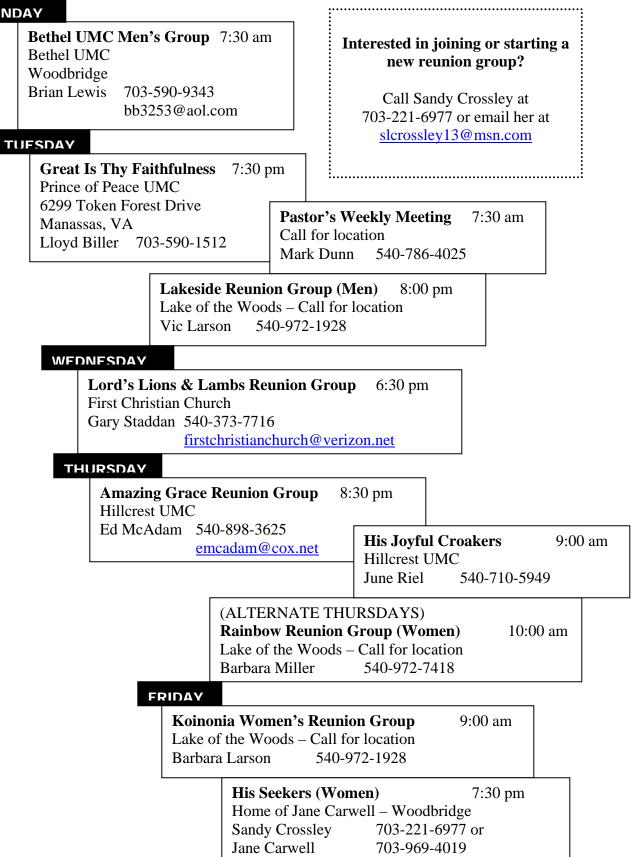
erguson in Simpson Sk Barnett well* Donald in kely* wis Warner Varne well Filler flett rrar s e 1 Susan Dillard nett ossley
nn Simpson Sk Barnett well* Donald un kely* wis Warner Varne well Filler flett frar s e 1 Susan Dillard nett
nn Simpson Sk Barnett well* Donald un kely* wis Warner Varne well Filler flett frar s e 1 Susan Dillard nett
nn Simpson Sk Barnett well* Donald in kely* kely* Warner Warne Warne Warne Warne Filler filtt frar s e l Susan Dillard
nn Simpson Sk Barnett well* Oonald in kely* kely* vis Warner Varne Warner Varne well Filler fiett frar s e
nn Simpson Sk Barnett well* Oonald in kely* wis Warner Varne well Filler flett flett rrar s
nn Simpson Sk Barnett well* Donald in kely* kely* Warner Warne Warne Warne Warne Filler filler fiett
nn Simpson Sk Barnett well* Donald in kely* kely* vis Warner Varne Varne well Filler flett
nn Simpson Sk Barnett well* Oonald an kely* kely* Warner Varne Varne well Filler
nn Simpson Sk Barnett well* Oonald in kely* kely* vis Warner Varne well
nn Simpson Sk Barnett well* Oonald in kely* kely* vis Warner Varne
nn Simpson ek Barnett well* Oonald in kely* wis Warner
nn Simpson ek Barnett well* Donald in kely* wis
nn Simpson ek Barnett well* Donald in
nn Simpson ek Barnett well* Donald in
nn Simpson ek Barnett well* Donald
nn Simpson ek Barnett well* Donald
nn Simpson ek Barnett well*
nn Simpson ek Barnett
nn Simpson
n
6
arne
lipp
lipp
akely*
Varne*
omas*
ok*
wrence*
wronoo*

Mark Dunn*	Vonda LiCalzi*	Jim Muhlenkamp*			
Dave Olds*	Sharon Smith*	Ralph Williams*			
<b>*Board of Directors 2006-2007</b>					

September 2006

## Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY



Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

NON-PROFIT ORG. U.S. POSTAGE PAID FREDERICKSBURG, VIRGINIA PERMIT NO. 347

#### **RETURN SERVICE REQUESTED**

Directions to Fairview Baptist Church:

900 Charlotte Street Fredericksburg, VA 22401

From I-95: Take Exit 130A (Rt. 3 East). Go to the stop light that intersects Route 3 and William St and turn Left onto William Street. Go to the second stop light and turn Right onto Littlepage Street. Fairview Baptist Church is on the right at the corner of Littlepage St & Charlotte St