

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 1

January 2007



.....  
 Emmaus #66 is still  
 open for men to  
 Team! Please let  
 Pete Schatz know  
 right away if you  
 are interested. As  
 usual, we also have  
 a need for Pilgrims,  
 so please be in  
 prayer about  
 sponsoring someone  
 for the Spring walk.  
 De Colores!  
 .....

***The next Gathering***  
*(Second Saturday of each month)*

\*Jan 13<sup>th</sup> ..... Tower of Deliverance Church  
**\*A DDU will be held at this gathering for anyone wishing to sponsor or team on the upcoming Spring Walks.**

Gathering at 6:15 pm  
 Fellowship Time at 5:30 pm  
 Board will meet at 3:30 pm

**Please bring snack food to share during fellowship time**

**UPCOMING EMMAUS WEEKENDS**

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 66 (M)	Mar 22 - 25, 2007	Pete Schatz
Emmaus 67 (W)	Apr 19 - 22, 2007	Ellen Cowart
*Emmaus 68 (M)	Oct 18 - 21, 2007	tbd
*Emmaus 69 (W)	Nov 15 -18, 2007	tbd

**\*New fees will take affect with the Fall walks**

**UPCOMING RICHMOND CHRYSALIS WEEKENDS**

Boy's Chrysalis flight 42 - Feb. 22-25  
 Girl's Chrysalis flight 43 - Mar 22-25

Young Men's Journey flight (19 to 24) - June (TBD)  
 Young Ladies Journey flight (19 to 24) - June (TBD)

For more info contact Keith Lauer at klauer@hughes.net or 804-633-0546  
 Weekends in the Richmond Community are for rising 10th graders through 18 years of age.

## Thoughts on Chrysalis, from the Lay Director;

### Our Purpose:

**From the Upper Room:** The Walk to Emmaus is a spiritual renewal program intended to *strengthen the local church* through the *development of Christian disciples and leaders*. The program's approach seriously considers the model of Christ's servant hood and encourages Christ's disciples to act in ways appropriate to being "a servant of all."

**From our By-Laws:** The purpose of the Fredericksburg Emmaus shall be to *inspire, challenge, and equip church members for Christian* action, in their homes, churches, places of work, and the world community through the Emmaus experience.

Chrysalis is the youth or teenage ministry of the Upper Room Emmaus. We once had a Chrysalis ministry, which fell into hardship several years ago due to a lack of interest by our area youth groups and youth ministries of our churches. There have been a number of people over the past five years or more that have worked hard to get Chrysalis up and going again. This project has become a graveyard for their enthusiasm and volunteer spirit. They are often met with disinterest, distrust and apathy. This is very discouraging to those who have a heart for our youth.

Our youth are our future church leaders and Chrysalis is a valuable resource to build their leadership skills and breathe new life into their spiritual walk with the Lord. I pray that this Community will not leave Chrysalis to lay dormant for another five years before we realize what we have been missing. Look at our purpose, which is printed above. If we are committed to strengthening the local church and nurturing the leadership of those churches and yet we cannot get the support of the youth Pastors and youth group leaders, then we are failing in our mission.

It is my belief, which may be misguided, that we are not educating the churches properly as to our mission and purpose. They see Chrysalis and Emmaus as a competitor instead of a tool. They seem to believe we are a "feel good" activity instead of a life changing character building one. I think the key here is to get these Pastors and youth leaders sponsored onto an Emmaus walk and try to get them excited about what they can do for their youth through Chrysalis. To do this we need to reach out to them about the practical side of our movement. There needs to be a Chrysalis Community to get them excited about. The members of this community that have been on a walk to Emmaus need to do what we can to educate other people in our churches about the Emmaus Community and what we *truly* are about. We need to develop tools and take advantage of tools supplied by the National Upper Room Emmaus organization to educate people about our purpose and mission to disciple, nurture and activate church leaders. We need to reassure churches and Pastors that we are not the competition, but a valuable tool and resource that will help bring their church alive.

The Richmond Community has given us an opportunity to have a Fredericksburg Table on their upcoming Chrysalis flights. Our people can join their team and man that table as well as participate on their team. This is a great opportunity to seed Chrysalis back into our Community and give our people much needed experience in this ministry. If we can't fill one table how can we hope to put on our own flight?

Chrysalis presents many different challenges than Emmaus does. For one thing, the youth that participate can quickly outgrow the ministry. Once they participate in a Chrysalis flight they only have a couple of years before they go off to college and we lose them. Therefore it requires constant renewal of youth leaders. Thankfully we have a number of adult leaders, like Keith Lauer, who have a heart for our youth and have steadfastly supported this ministry. It is time for us to step up to the plate and give them a hand and make this Community one that has a complete ministry for young and old alike.

## Thoughts on Chrysalis, from the Lay Director (cont)...

I have often been amazed at the resilience, energy and ingenuity of the people in this Community. We can do anything we put our minds to and succeed. Let's pull together and make Chrysalis part of this Community again. The Fredericksburg area is growing in leaps and bounds. Thousands of families are moving into the area with their children and teenagers. The population of our churches is growing at phenomenal rates. Are we, (The Emmaus Community), going to continue to sit back and say we don't have anything to offer these families?

Mark Lawrence

CLD 2006-2007

---

### A note from Keith Lauer

He stood there awkward and lanky; his smile never went away through the whole evening. This young man had been touched by the hand of God on his Chrysalis weekend and no one could ever take that from him. He received a gift that would live in his heart for the rest of his life.

When she came home, her parents couldn't believe the change. They kept asking, "What did you do to her, she's never acted like this before?" She started wearing WWJD bracelets, 'Jesus' jewelry, and praying openly when issues came up. Her life was forever changed by her Chrysalis weekend.

The first young man above was a young man I had the privilege to pray for on his weekend. He had been kicked out of the house and was living with some friends. Drugs and violence were a daily way of life for him. He had been forced into joining a gang and wanted out of that but didn't know where to turn. When he completed his Chrysalis flight we joked that he had just joined a different gang – a kind of "God Squad". He looked forward to sharing his experience and his new life with his church family.

Chrysalis can change the lives of young people in your church. It may not be as drastic as the examples above but look around the church you attend. Really look at the youth you see there. They need something, they're reaching out for a hand. Why not touch one of them by being a sponsor or helping us sponsor them? The community has scholarship money available and people willing to help.

Think about Chrysalis – transform your church – start with the youth. Chrysalis is a program very similar to Emmaus and meant to strengthen our churches by putting together a God-filled weekend for our young people.

Weekends in the Richmond Community are for rising 10th graders through 18 years of age.

Boy's Chrysalis flight 42 - Feb. 22-25

Girl's Chrysalis flight 43 - Mar 22-25

Young Men's Journey flight (19 to 24) – June (TBD)

Young Ladies Journey flight (19 to 24) – June (TBD)

For more info contact Keith Lauer at [klauer@hughes.net](mailto:klauer@hughes.net) or 804-633-0546

## Board News...

The Board of Directors met on Saturday December 9<sup>th</sup> just prior to the Gathering at Tower of Deliverance Church in Fredericksburg. A quorum was present.

During the Treasurer's report, we discussed rising prices being handed down to us by Camp Happyland. Monica had previously been notified that price increases were coming on each meal and on each building facility used. The Spring walks will be unaffected because we have binding contracts on them. It was decided that we would raise the Team and Pilgrim fees from \$150.00 to \$175.00 per person beginning with the Fall walk numbers 68 and 69. It was noted that our fees have long been less, and still are less, than surrounding communities. Also, this is only the second price increase in our 15-year history. Along with this we also decided to increase the application fee to \$25.00. Camp Happyland is a wonderful facility and is reasonably priced. However, it continues to be a strain on our budget because we are required to give them a 10 per cent deposit on every walk date in order to hold the facilities and lock our dates in. We are also required to pay them in full before we take possession of the camp for a weekend. Because of this advance payment, we also discussed ways we could encourage sponsors to pay sponsorship fees as quickly as possible after their pilgrim is accepted to help us cover the camp fees.

The community still needs a volunteer to take the newsletter to the post office. We also still need volunteers for childcare during gatherings. Not being able to provide childcare has affected our attendance, especially among those with young families.

Dave Olds unveiled a new design for Emmaus name tag buttons. The design was warmly received and accepted by the board with minor alterations.

Board representatives were chosen for the teams of some of the upcoming walks. It was also decided that the Board representative position would be more in line with the manual and bylaws. The additional duty of being the liaison to Camp Happyland was added to the board representative's duties.

The board decided unanimously to have a directory printed as soon as possible since the current directory is now about two years old and quite out of date. Many phone numbers and email addresses have been changed as well as the addition of all of the new members since it was printed.

A discussion on the closing time for Emmaus weekends produced a vote to leave it where it is. The community should gather at 4:00 pm and the target time for bringing the pilgrims into the closing chapel should be 4:15. The weekend lay directors and their ALD of the day need to do their best to stay on schedule without adversely affecting the pilgrim's weekend.

The Fourth Day committee continues to work on training recommendations for Weekend Lay Directors and teams and a standardized schedule for weekends, Gathering and DDU arrangements.

Monica Warne presented a team critique of walk number 65. We adjourned about 5:30.

**New Walk fees to take affect with the 2007 Fall Walks:**

Teaming & Pilgrim Sponsorship..... \$175.00  
Pilgrim Application..... \$25.00

The new fees are due to price increases from Camp Happyland and the 10% deposit required to hold facilities for all scheduled Walk dates.

## *Prayers for:*

Brian  
Justin  
Sandie's health  
My Health  
Me for strength  
My son Charles  
Keith, Jane & family  
Me, a sinner  
My wife & mother-in-law  
My job & bosses  
Me to settle my heart with the Lord's help concerning choir.  
My mom and husband.  
Safe travel for our Fredericksburg Community during the holidays.  
Epiphany Ministry  
All those separated from family by incarceration.  
Jill and Lynn and their families.  
Help with making decisions our God given world.  
Barbara as she undergoes medical treatment for her knees.  
David as he deals with stiffness and pain in his hands and wrists.  
Brother Dan as he comes to grips with his wife's death.  
Ryan, Chemise and children  
For clear direction for my ministry  
Son, Julian, that he returns to Jesus  
My wife and sons, John and Christopher  
My church and the outpouring of the Holy Spirit.  
My eldest son, Penn, takes God more into his heart and life.  
For Claudette, my close friend's wife, to be delivered from deep depression for a long time.  
Janice, recovering addict, Christian mother of 4  
Our "spirited daughter" who is an extremely lonely single mom of 3, recovered drug addict of 5 years.  
Our mother, who has Alzheimer's disease.  
Our son who has been out of fellowship with us for 5 years.  
Charlotte A. for healing  
Betty – battling cancer  
Our children – that they would find their way onto God's will for them and that would get their finances straight.  
Our son, who has been in homosexuality for 10 years.  
Epiphany #10 Culpeper – Feb 17 to 19  
My husband's health, body pain.  
Peace in our home for the holidays.  
My dad to heal soon.  
Bethel UMC (Caroline)  
An Emmaus man who is experiencing home, health and legal difficulties.  
Mother-in-law's health  
Emmaus Community for growth and support.  
My mom and dad's physical health  
My daughter's mental health.

## *Praises for:*

Harriet K's 95<sup>th</sup> birthday  
Promotion received after 10 years  
For help with my weight and eating habits  
For God's faithfulness. He is truly blessing me financially.  
Praise for Mike's M's promotion.  
That Heather's surgery was successful.



# Community Volunteers & Board of Directors

Community Lay Director ..... **Mark Lawrence\***

Lead Gatherings & Candlelight  
Host Weekend Sponsors' Hour/Closing  
Chair Emmaus Board  
Chair Pilgrim/Team Selection Committee  
Assign Nominating Committee Coordinator

Assistant Community Lay Director ..... **Terry Cook\***

Gathering Location Coordinator

Community Spiritual Director ..... **Ralph Thomas\***

Treasurer ..... **Monica Warne\***

Secretary ..... **Sandie Makely\***

Manuals Coordinator ..... **Gene Philipp**  
Records/By-Laws Historian ..... **Gene Philipp**

Communications Coordinator ..... **Dennis Warne**

Newsletter ..... **Brooke Ferguson**  
Database Coordinator ..... **John Mann**  
Team Registrar ..... **Barbara Simpson**  
Pilgrim Registrars ..... **Pat & Dick Barnett**

Gathering Support Coordinator ..... **Jane Carwell\***

Community Music Director ..... **Lola McDonald**  
Community Baker ..... **Kitti Mann**  
Childcare Coordinator ..... **Vacant**  
Music Coordinator for Gatherings ..... **Steve Makely\***

Weekend Support Coordinator ..... **Brian Lewis**

Comm. Cha Coordinator ..... **Richard Warner**  
General Agape Coordinator ..... **Monica Warne**  
Prayer Vigil Coordinators ..... **Jane Carwell**  
Placemat Coordinator ..... **Margaret Filler**  
Snack Agape Coordinator ..... **Mike Shiflett**  
Agape Bag Coordinator ..... **Diana Farrar**  
Transportation Coordinator ..... **Mo Moses**  
Supplies Coordinator ..... **Wes Pryce**  
Name Badge Coordinator ..... **Dave Olds\***  
Fourth Day Packets ..... **Rick\* and Susan Dillard**  
Fourth Day Coordinator ..... **Dick Barnett**  
Reunion Group Coordinator ..... **Sandy Crossley**

## Additional Board Members

**Mark Dunn\***                      **Jim Muhlenkamp\***                      **Sharon Smith\***                      **Ralph Williams\***

**\*Board of Directors 2006-2007**

**Help Wanted**

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at [pjcarwell@wahoo.com](mailto:pjcarwell@wahoo.com) We appreciate your assistance!

# Active Reunion Groups in the Fredericksburg Emmaus Community

## SUNDAY

**Bethel UMC Men's Group** 7:30 am  
 Bethel UMC  
 Woodbridge  
 Brian Lewis 703-590-9343  
 bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

## TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
 Prince of Peace UMC  
 6299 Token Forest Drive  
 Manassas, VA  
 Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
 Call for location  
 Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
 Lake of the Woods – Call for location  
 Vic Larson 540-972-1928

## WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
 First Christian Church  
 Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

## THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
 Hillcrest UMC  
 Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
 Hillcrest UMC  
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
 Lake of the Woods – Call for location  
 Barbara Miller 540-972-7418

## FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
 Lake of the Woods – Call for location  
 Barbara Larson 540-972-1928

**His Seekers (Women)** 7:30 pm  
 Home of Jane Carwell – Woodbridge  
 Sandy Crossley 703-221-6977 or  
 Jane Carwell 703-969-4019

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
FREDERICKSBURG, VIRGINIA  
PERMIT NO. 347

**RETURN SERVICE REQUESTED**

**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

**Help keep our mailing costs down!**

Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

*Directions to Tower of Deliverance Church:*

*1808 Princess Anne St Fredericksburg, VA 22401*

*540-371-8149*

*From I-95/Central Park Exit:*

*Head East on Route 3 about one mile to Right onto Rt 1 North ramp. Continue on Rt 1 North for approximately two miles to Right on Princess Anne St. The church is half mile down on your right.*