Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 4 April 2007

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 67 (W)	Apr 19 - 22, 2007	Ellen Cowart
*Emmaus 68 (M)	Oct 18 - 21, 2007	Mike Cook
*Emmaus 69 (W)	Nov 15 -18, 2007	Debbie Devine

New Walk fees to take affect with the 2007 Fall Walks:

Teaming & Pilgrim Sponsorship: \$175.00

Pilgrim Application: \$25.00

The new fees are due to price increases from Camp Happyland and the 10% deposit required to hold facilities for all scheduled Walk dates.

The next Gatherings

(Second Saturday of each month)

> Gathering at 6:15 pm Fellowship Time at 5:30 pm Chrysalis Steering Committee at 4:45 pm Board will meet at 3:30 pm

Please bring snack food to share during fellowship time

UPCOMING RICHMOND CHRYSALIS WEEKENDS

Young Men's Journey flight (19 to 24) – June (TBD) Young Ladies Journey flight (19 to 24) – June (TBD)

For more info contact Keith Lauer at klauer@hughes.net or 804-633-0546. Weekends in the Richmond Community are for rising 10th graders through 18 years of age.

The Chrysalis Steering Committee is still looking for volunteers. They will be meeting at 4:45pm before the gathering.

Snack Agape Notice

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #67.

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Women's Emmaus #67 Team List

Psalm 98:1, "Sing to the Lord a new song"

Team	Assignment	Talk/Reading	Time
	ALD-Sat Table Leader	Please Hear What I'm not Saying Priesthood of all Believers	
Linda Bonshire Becky Booker Sandra Boone	ALD-Friday Asst. Agape Cha Lead Spiritual Dir Table Leader	Changing our World Who Me? Means of Grace/Sanctifying Grace John 14:1-14	Sun 7:30am Sat 10:25/Sun 9:55
Ellen Cowart Debbie Devine Gail Dietze Maria Fortune Alice Harding	WLD	Perseverance	Sun 2:40pm
Vonda LiCalzi Dolly Loomis Kitti Mann Lola McDonald	Asst. Cha Asst Agape Cha Asst. TL Asst. TL Music Director	Life in Piety Ecclesiastes 3:1-15 Body of Christ	Sat 8:20am
Colleen McGrath Edna Moore Susan Perkins	Spiritual Director	Justifying Grace/Obstacles to Grace	Fri 2:30/Sat 4:45
Lazalia Richardson Trina Roark Janice Rogers Jennifer Taylor	Table Leader	Discipleship	Sat 3:15pm Sat 8:20am Sat 9:00am

Schedule for Women's Emmaus #67					
Date		Time	Activity at Camp Happyland		
Thur.	4/19/07	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour		
Sat.	4/21/07	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!		
Sun.	4/22/07	4:00 pm	Closing Service		

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Women's Emmaus #67 Partial Pilgrim List

Psalm 98:1, "Sing to the Lord a new song"

Connie Barnes Grace UMC Hartwood Becky Biché Rehoboth UMC Barbara Bounds LOW Church Lisa Elliott Menokin Baptist Church Rebecca Gianniny Bethel UMC Terry Graham Wallers Baptist Church Ginger Harrington Ebenezer UMC Trisha Hopfengardner Fredericksburg UMC Jessica Johnson Promised Land Praise & Worship Missy Julius North Stafford Baptist Lynn Kogelmann Rappahannock Church of Christ Judy LaPorte Bethel UMC Jennifer McDaniel Promised Land Praise & Worship Monica McFall Bethel RPC Christa Mullins Remington UMC Sarah Olivieri Promised Land Praise & Worship Linda Perry Alum Spring Baptist Church Amanda Petruzzi Promised Land Praise & Worship Debbie Powell Wesleyan UMC Julie Pratt Rehoboth UMC Margy Spruill Mount Ararat Baptist Church Teresa Stacy Wallers Baptist Church Joy Underwood Stafford Crossing Comm Church Debbie Utz Alum Spring Baptist Church Jeannine Willingham North Stafford Baptist

Please prepare agape for 30 pilgrims, as this is just a partial list. Please see our website for updates to the list as the walk approaches. Thank you for your support and prayers!

AGAPE BAGS...Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" – just call Diana Farrar at 540-372-7535 or email her at HRHDiana@ juno.com

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Thoughts from the Lay Director...

Spring has sprung! The birds are singing, the clocks have been moved ahead, the flowers are sprouting and trees leafing out. The men's walk will probably be over by the time most of you get to read this and the women will be well on their way in their preparations.

I recently saw a picture of one of those Uncle Sam posters from World War Two. You know the one where he points his finger and says I WANT YOU! In my mind's eye I could see Jesus on that poster saying the same thing to many of us. This spring we have many volunteer openings in the Emmaus Community. We need people to fill Positions on the board of Directors, a three-year commitment. We need people to fill positions on the Chrysalis steering committee, and people for the Team selection committee. We need people for childcare at our gatherings and people to help with music. As this community grows we have now and will have many opportunities to serve and participate.

As we contact people and ask them to step up, I hear all kinds of excuses. Not that they aren't good ones, but they remind me of Moses at the burning bush. (See Exodus chapters 3 and 4) God called his name and Moses says Here AM I, but when told that his task is to bring the children of Israel out of Egypt, he says Who Am I, that you should ask me to do this. Then in chapter 4 Moses says I am not eloquent, what if the people don't accept me, what if the people don't believe me. What if... Are there any of us in leadership that don't feel these very emotions, and have these doubts especially at the beginning? But like Moses we said yes and let the Lord lead us.

Frankly I like the way Moses deals with his situation in Exodus 33: 11-18. The Lord has become angry with the children of Israel at this point and tells Moses that He is sending an angel to lead them to the Promised Land. At which point Moses replied (in my paraphrase) if you don't lead us we won't go. This is the way I would like to be.

Lord if you don't lead us with your presence we won't go. This thing we call the Walk to Emmaus is bigger than we are, and we need to keep in mind that it is a ministry. This is the Lord's work; with ramifications that will reach... we do not know where. I've heard it claimed that the President of the United States, George W. Bush has attended an Emmaus weekend somewhere in Texas. Ask yourself how that may have affected the President's spiritual walk and thus the world. How many lives has that touched?

We do not know the lives that have been touched and will continue to do so as a part of the Greater Fredericksburg Emmaus Community. I am very happy to be part of it and glad that I didn't sit on the sidelines and watch but got active, made time, took part. You don't need to be out front, if you can do nothing but pray, that may be the most important part played. If you can watch someone's child so they are free to participate that might make a difference that you will not know this side of heaven. As Community Lay Director I have developed a wonderful appreciation for all the people that work in the background that are rarely seen or heard but make this community work. Just a small list includes newsletter editors, place mat coordinators, agape bag makers, supply coordinators, music coordinators, equipment and maintenance people, clean up chas that suddenly appear after every gathering, and I could go on and on but you get the idea.

If you are feeling a bit like Isaiah and hear God saying "Whom shall I send?" will your hand be raised? Here I am, send me! Being called to ministry does not always mean a robe and a Pastoral position.

DeColores

Mark Lawrence Community Lay Director 2006-2007

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Board News...

The Board of Directors met just prior to the gathering on March 10th at Wright's Chapel UMC. There was a quorum present.

We worked on the contents of the 4th day package that is given to new members upon leaving a weekend. It had come to our attention that there were a number of things that were unauthorized and out dated that were included in the packet that the community and our volunteers were spending time and money to include. We reviewed and voted on the committee's recommendations to put together what we hope is a more efficient and effective package. These changes will take place in time for FE 67.

The Board also received a report from Dick Barnett and the $4^{\rm th}$ day ministry regarding our gatherings. Attendance has been slipping, some complaints have been noted and I had asked the $4^{\rm th}$ day ministry to look into ways to revitalize our monthly gatherings. We received a report with many good points and ideas collected from the $4^{\rm th}$ day ministry and the community at large. The board gave the $4^{\rm th}$ day ministry a vote of confidence that it was working in the right direction and asked for them to "flesh out" some of the proposals and report back in the coming months. The hope is to have a working model by June when the new members of the board are installed.

The meeting was adjourned at 5:20 PM.

Mark Lawrence CLD 2006-2007

The Nomination Committee is looking for volunteers for the following terms of office for the Board of Directors:

3 women and 3 men for a 3-year term - July 1, 2007 through June 30, 2010 1 woman for a 1-year term - July 1, 2007 through June 30, 2008

Requirements: Nominee shall have served on a least one Emmaus team and attended A Day of Deeper Understanding (DDU).

Please submit nominations to the Nomination Committee no later than the April Gathering (April 14th). Please prayerfully consider submitting your name for nomination to the Board. The Nomination Committee consists of: Jane Carwell, Dave Olds, Monica Warne, Rocky Warner.

Monica/Committee Chairperson/540-786-3038

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Please pray for:

Dave's health Allen and Mea Angela, who lost her job The Phillips family Zack's health Jamie, Jamie Scot, Angela Wife's safety Salvation for kids and their families Dale Safety for Lindsey Guidance for Paul seeking a new job Susan Pilgrims of E66 and E67 Bethel UMC, Caroline county My son, Will Alan and Meg Sharon and James Youth – Epiphany and Chrysalis My health decisions Jill and Lynn and their families Me, a sinner My son, Charles Healing for Susan Amy as she searches for another job The Unchurched Epiphany #15 – Hanover My friend, William, and his children Men's walk Great-grandson's surgery Nancy, who has breast cancer Salvation for Stephanie Guidance for Andi and Warren Nancy & her family Healing for Debra To find a new church family Growth in spirit in my church Healing for Marlene For our country and our soldiers Lynn, who has cancer, and her family SD's for E66 Wisdom for doctors, etc. Shane to have a closer walk with God Becky's iob Karen in her new job Friend's osteoporosis – for healing Job for Leila Ray – health and healing Team E66 and E67 and the pilgrims Julian's heart condition Love for all For my kids to find a church For my dad Sophia – continued recovery Tracey for healing and guidance

Barbara's health and upcoming medical tests
For Kitti and John to make wise decisions
Cindy, recovering from thyroid cancer surgery
Everyone's children and grandchildren
Our two boys to seek out God in their lives
Healing for my sister, Lori, fighting cancer
Comfort & strength in the loss of a loved one
Health concerns for my husband and myself
Brooke, dealing with a difficult pregnancy
Son, Curtis, that he chooses God over alcohol
Rae's complete recovery with cancer
treatments

My sister, Joyce

Gene, as he deals with Alzheimer's and Leukemia

That my daughter finds a job of God's choosing

My husband teaming on E66 & my brother walking on E66 Shepherds youth group attending evangelism weekend For Charles, that he will return to Christ and be led by Him John, Christopher, Christian, Shari, Tamara, Keisha, Gerald, Mary

Youngest daughter who is having a baby

Kathy, that God will meet her needs in a powerful way Rocky, as he walks on E66 and is being ordained as a deacon

That my daughter and son-in-law's marriage grows stronger

For our church & the committees to truly seek out His desires

Fairview's Family Life Center under construction Healing for the brethren who so desperately need it My brother, Glenn, as continues to battle tough time

Kandi – a coworker who is under a lot of stress with a sick husband That Lola finds the right job/work for the summer, if it is God's will My husband's addictive behavior and it's effects on our family Sixth grade student who is at risk and beginning to become self-destructive Keith, for strength and discernment as he continues through ministry process Irene's father, Bill, dealing with colon cancer, nursing home stay and chemo That my daughter and family will realize they need the Lord in their lives

Strength for Allen and Meg

Newlyweds Chad and Melanie, that they will choose to walk closely with the Lord

For me and my future wife, that God's love will bless us with health and a straight path in our lives

Praise God for:

Ashley's academic achievements His love for all Answered prayers Lindsey's medical discharge

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Fredericksburg Emmaus Community:

At the March Board meeting, the 4th Day Ministry Committee submitted the results of their six (6) month review of the local Gathering format.

Your Emmaus Board has approved their report in principle and asked Terry Cook to work with them to finalize and submit their recommendations at our May 2007 Board meeting.

Your Board also asked that they publish their report in the April newsletter and request Community comment for consideration in the recommendation they make in May.

<u>Community</u>: Please review the enclosed 4th Day Ministry report on Transforming our Gatherings. Send any comments you have to Dick Barnett, the 4th Day Ministry Committee leader, with a copy to Dennis Warne, the Gathering Working Group Coordinator. Thank you!

Email Dick Barnett at k4guj@aol.com Email D

Email Dennis Warne at Warnedm@comcast.net

Gathering Working Group Recommendation March 2007 Transforming the Fredericksburg Emmaus Gathering

Contributors: Dick & Pat Barnett, Terry Cook, Barbara Larson, John Mann, Lola McDonald, Becky Patrick, Wes Price, Christine Tillman, Bill & Beth Walker, Dennis & Monica Warne

Background: What is the purpose of the Emmaus Gathering?

Answer: Attending Emmaus Gatherings sustains our ecumenical Community in close relationship in order to encourage, inspire, and educate each other throughout our 4th Day. The Gathering is the monthly reunion of all the members of the local Emmaus community. Its objectives are as follows:

- 1. To make visible the Christian community persons of various churches and Denominations (ecumenical) who are united in pursuing transformation in the calling of "one Lord, one faith, one baptism".
- 2. To encourage one another to continue our walk with the Lord and to persevere in grace through the practice of piety, study, action; through membership in a Group Reunion; and through participation in one's own church.
- 3. To inspire one another to make profound changes in our own lives and in the environment in which we live.
- 4. To maintain relationships with other Emmaus pilgrims in order to build a vital community of persons to support future Walk to Emmaus weekends.
- 5. To educate the Emmaus community in the Walk to Emmaus Movement, weekends, and method for living the 4th Day.

The elements of the Gathering are singing, prayer, small groups, 4th Day talk, and Communion.

Gathering Idea Summary

- 1. Gathering Churches need to be identified 6 months in advance, have a lot of Emmaus members and be conveniently located.
- 2. Church selected should have Pastor Approval, (but usually has to go to that Church's Board/Counsel meeting for approval to use facility), Lead Layperson, (Community Coordinator), and Church Reunion Group, (assist Layperson and set up/clean up).
- 3. A layperson member at the Gathering church needs to be identified who will make sure all elements of the gathering are provided for Facilities, Child-Care, Acoustics, Cleanup, and so on.
- 4. Teamers must commit to attending Gatherings before AND after their Walk from the prior Walk to the next Walk as a witness to the Community and to the Pilgrims.
- 5. A Board coordinator and church coordinator need to work together from 6 months in advance of a Gathering to insure that all is in readiness. A check off list of actions and facilities should be provided to include: (continued on Page 8)

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Gathering Idea Summary cont...

- a. Day Care facility and qualified workers/attendees (we may help pay for workers)
- b. Large Facility, some Tables, Chairs, etc.
- c. Sound System/PA System (can we use their installed one if they have one?)
- d. Over Head Projection (can we use theirs if they have one)
- e. Board meeting room (seats up to 15+)
- f. Music/Praise Band practice
- g. Local Church operator of PA and projection systems, plus has keys to open doors, lights, Heating & A/C controls, etc.
- h. Kitchen food prep and service
- i. Set up and Clean up crew
- j. Greeters/Hand shakers/Door people/etc.
- k. Parking
- 1. Local Directions or signs to a new Church
- m. Emmaus gathering information published on their local Church Web Page or their newsletter/bulletin
- n. Local Church Praise Band usage (example Fairview's Praise Band for that Gathering)
- 6. Praise Band is a critical element in the Gathering provided by the church or Community.
- 7. Childcare is also critical provided by church and/or Community paid if necessary.
- 8. Gatherings need to be promoted in the newsletter and on Weekends with lots of advance notice on where they are located.
- 9. Have the Gathering at Candlelight on each Weekend be the Gathering for that month. They are well attended and could be a motivation for the Community to attend other Gatherings. Further, it was noted that we plan 4 DDU/Gatherings a year with potluck fellowship. They are also well attended. Hence, we would only have 4 additional Gatherings to work on...interesting.
- 10. Do a survey of Community soliciting input and suggestions on improvements to Gathering.

Recommended Gathering Agenda (Emmaus Guidelines – Format A)

6:00 PM	Call to Gather
	Praise Band –Rousing –3 Traditional Songs (I'll Fly Away, God is Good, Now is the
	Time to Worship)
6:15 PM	CLD Prayer & Welcome Various Categories of Attendees
6:20 PM	Small Group Sharing
	Pass out cards, CLD advise on discussion question and encourage weekly contact with
	your group. Form in Groups of 5, collect name, church, email, & phone info, discuss
	one Reunion question and share prayer concerns.
6:45 PM	Call to Gather
	Praise Band – Spiritual - 3 Traditional Songs (Including 4th Day Talk Song)
	Pass out Prayer Concern Cards
7:00 PM	4th Day Talk
	Followed by Praise Band – 1 Song of Celebration
7:25 PM	CSD comments regarding 4th Day Talk & introduction of Spiritual Director leading
	communion
7:30 PM	Communion & Closing Prayer
7:45 PM	Meet for Fellowship:
	Sharing matters of importance from the local Emmaus Board, Activity Tables – Clip
	Boards, Small Group Sign-up, Sign Agape, share food, launch teams and meet pilgrims

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FREDERICKSBURG EMMAUS

Expense Budget JULY 1, 2006 TO JUNE 30, 2007

Inflow	Budget	Actual - YTD	Difference (\$)	Difference (%)
Income: Offerings	\$6,900	\$7,146	\$246	3.6%
Income: Camp fees	\$38,000	\$27,360	\$(10,640)	-28.0%
Income: Application Fees	3,200	2,235	(965)	-30.2%
Income: Other	50	270	220	440.0%
	48,150	37,011	(11,139)	-23.1%
Operating	Budget	Actual	Difference (\$)	Difference (%)
Bulletin-Closings	\$100		\$(100)	0.0%
Camp Facility Fees	38,000	26,457	(11,543)	-30.4%
Copyright License	170	170	-	0.0%
Corporation Fee	25		(25)	0.0%
Insurance	1,400	1,378	(22)	-1.6%
Photos (Weekend)	100	12	(88)	-88.0%
Manuals	150	580	430	286.9%
Music Equipment	1,000	710	(290)	-29.0%
Nashville Fees	1,600	1,165	(435)	-27.2%
Newsletter	600	100	(500)	-83.4%
Placemats	100	106	6	5.8%
Post Office Bulk Rate Permit	170		(170)	0.0%
Postage	1,800	1,243	(557)	-30.9%
Printing (Newsletter+Directories)	1,600	1,640	40	2.5%
Weekend Supplies	1,200	1,347	147	12.2%
Total Expenses	Budget	Actual	Difference (\$)	Difference (%)
	\$48,015	\$34,908	\$(13,107)	-27.3%

From the Board Treasurer: IRS Changes for 2007

Starting in January, to claim a deduction on your itemized tax return, the IRS is making it complicated. Taxpayers will need to provide backup in order to claim a deduction on their tax return; no more "lists" will be accepted. The taxpayer must provide a canceled check(s), bank record or a receipt from the charity listing the organization's name, the date of the donation and the amount. Beginning January 2007, we began tracking and recording all checks received as donations to the General and Scholarship funds. Team and Sponsorship fees are not considered donations. Monthly letters or annual statements will be mailed regardless of the donation amount.

If you would like credit for your cash donations made at Gatherings, Candlelight, Sponsors Hour, and Closings, please place the cash in an envelope marked with your name, address and amount. If you have any questions, please do not hesitate to contact me at 540-786-3038.

God bless, Monica Warne

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Community Volunteers & Board of Directors

Community Lay Director......Mark Lawrence*

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Chair Pilgrim/Team Selection Committee

Assign Nominating Committee Coordinator

Assistant Community Lay DirectorTerry Cook*

Gathering Location Coordinator

Community Spiritual DirectorRalph Thomas*

SecretarySandie Makely*

Manuals CoordinatorGene Philipp

Records/By-Laws Historian......Gene Philipp

Communications CoordinatorVacant

Newsletter Brooke Ferguson

Database CoordinatorJohn Mann

Team RegistrarBarbara Simpson

Gathering Support CoordinatorJane Carwell*

Community Music Director.....Lola McDonald

Music Coordinator for Gatherings......Steve Makely*

Weekend Support Coordinator.....Brian Lewis

Agape Bag Coordinator......Diana Farrar

Name Badge Coordinator Dave Olds*

Additional Board Members

Mark Dunn* Jim Muhlenkamp* Sharon Smith*

*Board of Directors 2006-2007

Help Wanted

The Fredericksburg
Emmaus Community is
looking for a volunteer to fill
the Childcare Coordinator
position. If you are
interested, please contact
the Gathering Support
Coordinator, Jane Carwell,
at 703-969-4019 or email
her at tjcarwell@yahoo.com
We appreciate your
assistance!

Ralph Williams*

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Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am

Bethel UMC Woodbridge

Brian Lewis 703-590-9343

bb3253@aol.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm

Prince of Peace UMC 6299 Token Forest Drive Manassas, VA

Lloyd Biller 703-590-1512

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

Pastor's Weekly Meeting 7:30 am

Call for location

Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm

Lake of the Woods – Call for location

Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm

First Christian Church

Gary Staddan 540-373-7716

firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm

Hillcrest UMC

Ed McAdam 540-898-3625

emcadam@cox.net

His Joyful Croakers

Hillcrest UMC

June Riel 540-710-5949

(ALTERNATE THURSDAYS)

Rainbow Reunion Group (Women)

Lake of the Woods – Call for location

Barbara Miller 540-972-7418

His Seekers (Women)

7:30 pm

Home of Jane Carwell – Woodbridge Sandy Crossley 703-221-6977 or

Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

FRIDAY

Koinonia Women's Reunion Group

9:00 am

9:00 am

10:00 am

Lake of the Woods – Call for location Barbara Larson 540-972-1928 Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

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RETURN SERVICE REQUESTED

Directions to Camp Happyland: 21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fburg:

Take Route 3 West for 7.5 miles

Turn right (North) on Route 610, Elys Ford Road, for 9 miles.

Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road, for 1.3 miles.

Turn right at the Camp Happyland sign onto Happyland Drive and proceed to the parking area. Total distance from Central Park is about 18 miles

Directions to Hillcrest UMC:

2208 Lafayette Boulevard Fredericksburg, VA 22401 (540) 898-2180

<u>From I-95:</u> Take Exit 126 heading North on Route 1 to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue approx 1.5 miles on Lafayette Blvd. to Hillcrest UMC on the left.