

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 12

December 2007

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 70 (M)	April 3 – 6, 2008	Dan Dietze
Emmaus 71 (F)	May 1 – 4, 2008	Rosemary Blankenship

### *The next Gatherings* (Second Saturday of each month)

Dec 8th.....Chancellor Christian  
Jan 12th .....Tabernacle UMC  
Feb 9th .....Tabernacle UMC  
Mar 8th .....Lake of the Woods  
Apr 12th .....Lake of the Woods

Fellowship 5:30-6:00 pm & 8:00-8:30 pm  
Gathering at 6:00 pm  
Chrysalis Steering Committee at 4:45 pm  
Board will meet at 3:30 pm

**Please bring snack food to share during fellowship time**

If you think you want to team any time in the next two years, we want to hear from you. Please submit your application now. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or whenever you are ready to be considered for a team.

You can download a new application off the web site at [www.fredwalk.org](http://www.fredwalk.org) or see Mark Lawrence at the next gathering.

### Fourth Day Follow-Up Meeting (DDU)

There will be a Fourth Day Follow-Up meeting held at Fairview Baptist Church on January 19, 2008 at 9:30 a.m. going to 12 p.m. This meeting will serve in place of what we formerly called the Day of Deeper Understanding. There will be light refreshments served. Anyone who attended Fredericksburg Emmaus walks 68 and 69 are invited to attend and are encouraged to attend if they would like to sponsor or team any time in the future. This meeting is also open to anyone who would like to gain a better understanding of sponsorship or the team selection process, especially those who may have attended the Day of Deeper Understanding that was combined with the gathering over the past two years.

Your 4th Day Ministry is looking for a few more members to serve on our committee. We meet monthly and have working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com) if you are interested.  
De Colores!

## ***From the Lay Director...***

The Fredericksburg Emmaus Board of Directors has been reviewing our training and practices for the Day of Deeper Understanding. In the Upper Room Emmaus, there is no such thing as a DDU or Day of Deeper Understanding. It is called a Fourth Day Follow-up meeting. From this point on, we will use those terms interchangeably or we will only refer to this Day of Deeper Understanding in the standard Emmaus language of Fourth Day Follow-Up meeting.

As we were looking at the things that we needed to teach or train on during this Fourth Day Follow-Up meeting, I was reflecting on the community as a whole, the problems that arise, questions that are frequently asked, and I realized that there is a much greater need for training on many subjects. There is a saying that if you give a man a fish, you will feed him for a day, but if you teach him to fish, you will feed him for life. As a Community we have been doing a poor job of teaching people to fish. Part of our purpose is to help people develop a stronger spiritual life and walk with the Lord Jesus Christ and train up new leadership in the Emmaus Community. However, if we do not offer training to help people in their fourth day, we are negligent in our duties and fulfilling our purpose.

One of the major challenges to offering new training is attendance. It is very difficult for us to select times and dates when the majority of people who need the training will, in fact, show up for that training. The next Fourth Day Follow-Up meeting, (formerly known as DDU), is scheduled for January 19, 2008 at 9:30 A.M. The other challenge is finding people willing to do the training.

One of the things that we will train on the most is sponsorship, for this is the lifeblood of our community and needs to be done correctly. Because of this, we have decided to invite anyone in the community who wishes to sharpen their skills, or who has never sponsored, to come and join us, so they will be able to do a more effective job of sponsorship and calm any fears or anxiety that are involved.

The other skill or activity in the Emmaus community that we consider to be very important is grouping.

The reunion group is probably one of the most important things that you can do to stay in touch with the Emmaus community, stay connected to your church, and stay strong in your spiritual walk. This is why we practice prayer groups and grouping during gatherings and offer assistance to all of our new members in joining a reunion group. If you are not part of a reunion group and would like to join one but are having a problem finding one. Please contact one of our Board members and we will try to get you the information you need.

Mark Lawrence

## ***Board News...***

The Greater Fredericksburg Emmaus Board of Directors held their monthly meeting on November 10th at Chancellor Christian Church. There was a quorum present.

Besides our normal routine business that must be conducted each month, the board received and approved the list of potential candidates for spiritual directors and cadre for the upcoming Fredericksburg Emmaus walks for the Spring and Fall of 2008.

In other business concerning future walks, the board voted to limit the number of pilgrims to 24 for several reasons. Among those reasons was the 24 bed limit set by Camp Happyland in which they will supply linens and bedding. These sleeping quarters also happen to be the better accommodations at the camp. Also, while conducting the last couple of walks, team critiques had shown that having fewer pilgrims allowed more time for discussion at tables and during table chapels. Teams also had commented that it helped them to stay on schedule better and felt that it was a better spiritual experience for the pilgrims as they were not as crowded and forced to compete with larger numbers.

The board also set a date and a curriculum for the upcoming Fourth Day Follow-Up meeting, (formerly known as DDU). That date has been set for January 19 at 9:30 a.m., and we will try to have it concluded by 12 p.m.

**Please pray for:**

Derek & Mickey Sharp  
Son Jeff starts OCS (Navy) Nov 18<sup>th</sup>  
E-69  
Healing for leg injury  
Fairview Baptist expansion  
Ground Zero concert for youth 3-15 at Chancellor Christian Church  
Kenya Street Boys Home beginning Jan 2008  
5 boys ages 3-11 mothers boyfriend arrested for child abuse  
John Paul & Glenna home on leave from ministry to villages in Tanzania  
Robbie Anderson, Susan Williams, Nancy Gower & all Pilgrims E-69  
Daphne & George for their loss  
Annie & Alfred for salvation  
Hasting's family for loss  
Kyla Washington 5 yr old with cancer.  
Blanka Griffin, Doug, Kelly & Danny for guidance and your will to be done.  
Williams family  
Grandmother & others in nursing home  
Safety for Gregory at work  
Maggie Navorette  
Renewed relationships in family  
Stress in a friends marriage  
Concern for family life and job situation, help me to be more honest with self and others.  
Oughton family as they mourn the loss of Grace  
Salvation for my father and co-workers  
Mark Underwood & family after loss of Elaine  
For family healing  
Pray for son to make the right decision in his marriage  
Pray for my church transition  
M. Usher, Maranatha Church, Hot water heater, roof repair, finances, health  
Healing for my wife, our children, my church family  
Pray for discipleship mentoring and deeper fellowship with Christ



**Please give praise for:**

Salvation for my son

Thank God for His divine favor

Blessings for new baby Courtney

***4<sup>th</sup> Day Speakers Wanted***

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact me to schedule an opportunity to give a 4<sup>th</sup> day witness.

Mark A. Lawrence  
mark@greatuncledad.com  
540-373-1110 (work)

**Help Wanted**

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or email her at tjcarwell@yahoo.com We appreciate your assistance!

## Community Volunteers & Board of Directors

**Community Lay Director**..... **Mark Lawrence\***

Lead Gatherings & Candlelight

Host Weekend Sponsors' Hour/Closing

Chair Emmaus Board

Assign Nominating Committee Coordinator

**Assistant Community Lay Director** ..... **Ralph Williams\***

Gathering Location Coordinator

Chair Pilgrim/Team Selection Committee

**Community Spiritual Director** ..... **Jim Muhlenkamp\***

Board Spiritual Director..... **Rick Dillard\***

Board Spiritual Director..... **Ralph Thomas\***

**Treasurer** ..... **Sandra Coney\***

**Secretary** ..... **Sandie Makely\***

Manuals Coordinator..... **Gene Philipp**

Records/By-Laws Historian ..... **Sandie Makely**

**Communications Coordinator** ..... **Vacant**

Newsletter..... **Brooke Ferguson**

Database Coordinator..... **John Mann**

Team Registrar ..... **Barbara Simpson**

Pilgrim Registrars ..... **Pat & Dick Barnett**

**Gathering Support Coordinator** ..... **Jane Carwell**

Community Music Director..... **Lola McDonald**

Community Baker..... **Kitti Mann**

Childcare Coordinator..... **Vacant**

Music Coordinator for Gatherings..... **Lola McDonald**

Music Equipment Coordinator ..... **Steve Makely\***

**Weekend Support Coordinator** ..... **Brian Lewis**

Comm. Cha Coordinator ..... **Richard Warner**

General Agape Coordinator..... **Monica Warne**

Prayer Vigil Coordinators ..... **Jane Carwell**

Placemat Coordinator..... **Margaret Filler**

Snack Agape Coordinator ..... **Mike Shiflett**

Agape Bag Coordinator..... **Diana Farrar**

Transportation Coordinator ..... **Mo Moses**

Supplies Coordinator..... **Mike & Terry Cook**

Name Badge Coordinator..... **Dave Olds**

Fourth Day Packets..... **Rick and Susan Dillard**

Fourth Day Coordinator ..... **Dick Barnett**

Reunion Group Coordinator..... **Sandy Crossley**

### **\*Board Members**

(Serving on the Board July 1, 2007- June 30, 2008)

**Sharon Smith\***

**Donna Devericks\***

**Marcy Liepelt\***

**Becky Thode\***

**Tony Fortune\***

**Wilfred Usher\***

**Bill Walker\***

### Active Reunion Groups in the Fredericksburg Emmaus Community

#### SUNDAY

**Bethel UMC Men's Group** 7:30 am  
Bethel UMC  
Woodbridge  
Brian Lewis 703-590-9343  
bb3253@aol.com

**Interested in joining or starting a new reunion group?**

Call Sandy Crossley at 703-221-6977 or email her at [slcrossley13@msn.com](mailto:slcrossley13@msn.com)

#### TUESDAY

**Great Is Thy Faithfulness** 7:30 pm  
Prince of Peace UMC  
6299 Token Forest Drive  
Manassas, VA  
Lloyd Biller 703-590-1512

**Pastor's Weekly Meeting** 7:30 am  
Call for location  
Mark Dunn 540-786-4025

**Lakeside Reunion Group (Men)** 8:00 pm  
Lake of the Woods – Call for location  
Vic Larson 540-972-1928

#### WEDNESDAY

**Lord's Lions & Lambs Reunion Group** 6:30 pm  
First Christian Church  
Gary Staddan 540-373-7716  
[firstchristianchurch@verizon.net](mailto:firstchristianchurch@verizon.net)

#### THURSDAY

**Amazing Grace Reunion Group** 8:30 pm  
Hillcrest UMC  
Ed McAdam 540-898-3625  
[emcadam@cox.net](mailto:emcadam@cox.net)

**His Joyful Croakers** 9:00 am  
Hillcrest UMC  
June Riel 540-710-5949

(ALTERNATE THURSDAYS)  
**Rainbow Reunion Group (Women)** 10:00 am  
Lake of the Woods – Call for location  
Barbara Miller 540-972-7418

**His Seekers (Women)** 7:30 pm  
Home of Jane Carwell – Woodbridge  
Sandy Crossley 703-221-6977 or  
Jane Carwell 703-969-4019 or email: [tjcarwell@yahoo.com](mailto:tjcarwell@yahoo.com)

#### FRIDAY

**Koinonia Women's Reunion Group** 9:00 am  
Lake of the Woods – Call for location  
Barbara Larson 540-972-1928

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
FREDERICKSBURG, VIRGINIA  
PERMIT NO. 347

**RETURN SERVICE REQUESTED**

**Check out our website!**

[www.fredwalk.org](http://www.fredwalk.org)

- Find Community, Board, Walk & Gathering information.
- Post prayer concerns & praises for all of the community to see.
- View and/or download the monthly Newsletter.

**Subscribe to our email list!**

Email: [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org)

In the email body, type: *subscribe news*

- Receive the monthly Newsletter via email about a week before your copy arrives in the mail.
- Receive other information such as the final Pilgrim roster for each Walk.

**Help keep our mailing costs down!** Email: [webmaster@fredwalk.org](mailto:webmaster@fredwalk.org)

- Update any changes to your mailing address.
- Opt to just receive an email copy of the Newsletter in lieu of both the electronic & paper copy.

Directions to Chancellor Christian: 11409 Brock Road  
Spotsylvania, VA 22553  
540-786-4025

Follow Route 3 West from I-95 approximately 11.5 miles. You will see a VALERO on the left at the stop light for Brock Road (Route 613). Turn left and travel six tenths of a mile. Our building is on the left.