

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 4

April 2008

UPCOMING EMMAUS WEEKENDS

| Walk # | Dates | Lay Director |
|---------------|-------------------|----------------------|
| Emmaus 70 (M) | April 3 – 6, 2008 | Dan Dietze |
| Emmaus 71 (F) | May 1 – 4, 2008 | Rosemary Blankenship |
| Emmaus 72 (M) | Oct 16 – 19, 2008 | Mark Lawrence |
| Emmaus 73 (F) | Nov 13 – 16, 2008 | Dianne Philipp |

The next Gatherings

(Second Saturday of each month)

Apr 12th Lake of the Woods
 May 10th Fairview Baptist Ch
 June 14th First Christian Ch
 July 12th Fairview Baptist Ch*
 Aug 9th Fairview Baptist Ch*

Fellowship 5:30-6:00 pm & 8:00–8:30 pm
 Gathering at 6:00 pm
 Chrysalis Steering Committee at 4:45 pm
 Board will meet at 3:30 pm
 *New facility at River Club

Please bring snack food to share during fellowship time

Are you interested in teaming?

Please submit your application now if you would like to team any time within the next two years. You will no longer need to submit your application after each walk, but you need to give us a fresh application NOW or when you are ready to be considered for a team. Please download a new application off our website, (www.fredwalk.org) or see Mark Lawrence at the next gathering.

Snack Agape Notice

Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #70.

4th Day committee members needed

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at k4guj@aol.com if you are interested in serving on the committee.

Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or tjcarwell@yahoo.com

4th Day speakers wanted

If you have a burning desire to share what the Walk to Emmaus has done for you, please contact Mark Lawrence to schedule an opportunity to give a 4th day witness. 540-373-1110 (w) mark@greatuncledad.com

AGAPE BAGS... Sew Beautiful!

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

Men's Emmaus #70 Pilgrim List

Go.... Make Disciples (Matthew 28:19)



Jason Anderson Grace Church of Fburg
 Will Arthur Bethel UMC
 Jack Bailey Bethel UMC
 Dabney Booker Melrose UMC
 Bob Christian FUMC
 John Edgar Salem UMC
 Walker George Chesterfield Baptist Church
 Matt Green Salem UMC
 David Hamrick LOW Church
 Steve Krawczyk Stafford Crossing Comm Church
 Mike Merritt Grace Church of Fredericksburg
 Wally Moncure Salem UMC
 Spence O'Conner Promised Land Praise & Worship
 Randy Sisk Grace UMC - Hartwood
 Robert Smith Grace UMC - Hartwood
 Greg Sokolowski New Hope UMC
 Spencer Sullivan Fairview Baptist Church
 Larry Teague Bethel UMC
 Don Washington Bethlehem Community Church
 Tom Wells Woodbridge Christian Church
 Rob Williams Bethel UMC
 Otto Williams Bethel UMC
 Greg Yeamans Fairview Baptist Church

Schedule for Men's Emmaus #70

| Date | Time | Activity at Camp Happyland |
|----------------|----------------|--|
| Thur. 04/03/08 | 6:30 – 7:00 pm | Pilgrim check-in followed by Sponsor's Hour |
| Sat. 04/05/08 | 7:30 pm | Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning! |
| Sun. 04/06/08 | 4:00 pm | Closing Service |

Women's Emmaus #71 Team List

My Grace is Sufficient (2 Cor 12:8)

| Team Member | Church | Assignment |
|----------------------------|-----------------------------|--|
| Emelda August | Holy Family | TL Deborah / Priesthood of All Believers |
| Debbie Avis..... | Woodbridge Christian..... | Music Director |
| Rosemary Blankenship | Fairview Baptist | WLD / Perseverance |
| Linda Bonshire | Fredericksburg UMC | Assistant Cha / Reading |
| Dawn Cobb | Ladysmith Baptist..... | ATL Miriam / Lord, I have time |
| Sandra Coney | Tower of Deliverance..... | ALD Friday |
| Kate Cook..... | West Hanover UMC..... | TL Sarah / Life of Piety |
| Cindy Flickinger | Ebenezer UMC | Music Team |
| Maria Fortune | Shepherds UMC..... | Music Team / Body of Christ |
| Carol Grimes | Promised Land..... | Asst SD / Prevenient Grace |
| Mary Lee Hensel..... | LOW Church | Table Angel / Discipleship |
| Phyllis Howze | Rehoboth UMC | Asst. Agape Cha / Reading |
| Marcy Liepelt | Chancellor Christian | Board Rep |
| Jennifer McDaniel..... | Promised Land..... | ATL Sarah / Christian Action |
| Lola McDonald | Woodbridge Christian..... | ALD Sunday / Priority |
| Colleen McGrath | Bowling Green UMC..... | TL Elizabeth / Changing Our World |
| Cathy Mudre | Fairview Baptist | ATL Deborah / Reading |
| Jim Muhlenkamp | North Stafford Baptist..... | Lead SD/ Justifying Grace & Obstacles to Grace |
| Kathy Neiswander..... | Music Team | Please hear what I'm not saying |
| Cam Noden | Fairview Baptist | TL Ruth / Reading |
| Sarah Oliveri | Promised Land..... | ATL Ruth / Reading |
| Dianne Philipp..... | First Christian | ALD Thursday / 4th Day |
| LaZalia Richardson | Shiloh Baptist..... | TL Miriam / Grow through Study |
| Becky Thode..... | Chancellor Christian | Agape Cha |
| Ralph Thomas..... | Tower of Deliverance..... | Asst. SD / Mean of Grace & Sanctifying Grace |
| Christine Tillman | Stafford Crossing..... | ALD Saturday |
| Heather Uhlick..... | Salem Fields | Cha Coordinator |
| Mary Usher..... | Maranatha SDA | ATL Elizabeth / Reading |
| Monica Warne..... | Chancellor Christian | TL Mary / Reading |
| Marian Weadon | Fairview Baptist | ATL Mary / Who, me? |
| Sandy Williams..... | Fairview Baptist | Asst. Agape Cha |

***Please pray for these other upcoming
Emmaus community Walks:***

New York: West NY (W#32) March 30-April 2

Ohio: Northern Lights (M#24) April 3-6

Georgia: North Georgia (M#124) April 19-22

Colorado: Columbine (M#9) April 24-27

Georgia: North Georgia (W#154) April 26-29

South Africa: Port Elizabeth (M#37) May 1-4

South Africa: Port Elizabeth (W #38) May 8-11

My grace is sufficient.
2 Corinthians 12:9



Thoughts from the Community Lay Director...

Spring has sprung on us once again. We have two walks, one for the men and one for the ladies that are imminent. We are preparing for elections for our board of directors, officers of the Board of Directors and we have new volunteers to appoint. Oh yes, spring has sprung!

There were two things that took place at the last gathering that have influenced my thoughts as I prepare this letter. First the 4th day witness given by Colleen McGrath. In her talk she spoke of how the Walk to Emmaus changes lives. She spoke about how many are skeptical of this until they have experienced it, but for many... they will never be the same. Which leads me to once again reflect on the reason I have a passion for this ministry, and believe it to be worth the sacrifices necessary to make it work.

The other event was the communion meditation given by Pastor Tom Schafer. The main scripture was from John chapter 13 and the servant leadership of the Christ. That He wrapped a towel around Himself and washed the disciple's feet, and then instructed them that they should also wash one another's feet. The Pastor challenged those listening to take up the towel and serve one another.

The Community currently needs volunteers to take over the preparing of the 4th day packets. We need a childcare coordinator and persons willing to actually do childcare. We need more people, especially clergy, who are willing to serve on the Board of Directors. We need women that are willing to serve on the Board of Directors. We currently only have one person that agreed to run for election to fill three open slots for the ladies on the Board. We need persons willing to serve on the Team Selection Committee for three year terms. We also need someone to work with Dick Barnett to learn how to be a Pilgrim Registrar as he has performed this service for more than five years and needs a break.

If Emmaus has changed your life. If the Walk to Emmaus has sewn into your life and ministry, and you would like to pay it forward. If you want to change lives, and change the world for the better. I challenge you to take up your "Towel". Pray about it and whatever God is telling you your "towel" may be, and come and grow the Emmaus Community.

DeColores.
Mark Lawrence

Board News

The Greater Fredericksburg Area Upper Room Emmaus Board of Directors signed the Letter of agreement this month to continue our covenant with the Upper Room Emmaus International Community. We will continue in that Covenant for the up coming year.

Looking for a few good Men, Women and Pastors

We will be accepting nominations from the floor for candidates for the Board of Directors. In accordance with our by-laws the floor will be opened for nominations from the floor at the April gathering, so that prospective candidates can consult with their pastors prior to accepting the nomination and going on the ballot in May. No nominations may be accepted from the floor at the May Gathering. It would be a good idea to consult with a candidate prior to nominating them.

Please pray for...

| | | |
|---|--|---|
| Lori's family | For my daughters Jill and Lynn . | That Dan's labs come back with good results. |
| Healing for Linnea's back pain and other medical conditions | Pray also for Mark, Barry and Brian for salvation. | That two brothers will reconcile. |
| For job-search | Pray for Gwen and her family as she is going through difficult times. | Pray for all of those in financial distress. |
| God's will for my children's career choices, that they seek God's path for them. | For physical and spiritual healing for Alan Jones. | Grandson Timmy at State Hospital in Staunton |
| Pray for Kitty | For salvation of Alan, Elizabeth, Jess and Emily. | Wired for Christ Youth rally Battle Cry 2008 and a new job. |
| Pray for our men and women serving this nation. | Pray for Donald, pray for comfort and healing. Pray for strength for Sharon as she cares for Donald. | Fredericksburg Emmaus 70 team and pilgrims. |
| My husbands and my daughter's salvation. | I and Charlie for improved health and for Girs' leg to heal. | Be in prayer for those preparing for leadership positions in churches or as founders of new churches, God is calling them to be... Joe Reed, Keith Lauer, Bill Walker |
| For my nephew Chris a Marine in Iraq. | Land and for Stafford Crossing Community Church | For family reconciliation. |
| Deb and Charlie for his alcohol recovery. | My dad and for all of my family to come to know Christ. | My father who is suffering from respiratory problems. |
| For my wellness business will continue to grow and prosper. | Mom, dad, husband, son, Sister, and her family. | Continued health for John and Mildred Balles |
| Pray for Al an Emmaus pilgrim who is battling cancer. | Pray for wisdom and guidance regarding my job. | Me a sinner, the Lauers, Deys, Masten's, Williams, Fredericksburg Emmaus 71, Bethel United Methodist Church, Willie Guill, Randy Harding, Charles, Gowers, Giannini, Rice's, Otto, Will Arthur. |
| Pray for Harry Brown from Fredericksburg Emmaus 64 having lung problems . | For our home that we can get it organized | For our church on the upcoming mission trip in August to Biloxi |
| Blaine and Evelyn for recovery from recent illness.. | For my wife Melody and her health | For Epiphany 17 |
| For Fredericksburg Emmaus walk number 70. | Samantha Payne who is 99 ½ years old who is the aunt of Pat Weinhardt | For finances, strength, wisdom, the Fredericksburg Emmaus community and our Chrysalis community. |
| That God will have his way in my life and to work on me. | Pray for peace for family | |
| Mom and Charlie for health issues take care of each other. For K. Y. for healing. | For both my sisters need lots of prayer one is suicidal and the other struggles with alcoholism, please pray for their delivery and their salvation. | |
| For my children and grandchildren. | Carol who desperately needs a job in her field. | |
| Pray for Monica. | | |
| For Hulon and Lee Ella | | |

Please give praise for...

God working in my husbands and my life even through the recently lost job
 Thank you Lord for the opportunity to be on the Fredericksburg Emmaus 71 team what an amazing blessing
 Praise the Lord for the relief of my husband's acute back pain
 For construction job businesses going well.
 Our townhouse sold
 For this Emmaus Community and the faithful servants that keep it going.

Community Volunteers & Board of Directors

Community Lay Director..... Mark Lawrence*

Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

Assistant Community Lay Director Ralph Williams*

Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

Community Spiritual Director Jim Muhlenkamp*

Board Spiritual Director Rick Dillard*

Board Spiritual Director Ralph Thomas*

Treasurer Sandra Coney*

Secretary Sandie Makely*

Manuals Coordinator..... Becky Thode*

Records/By-Laws Historian Sandie Makely

Communications Coordinator Vacant

Website Administrator John Mann

Newsletter..... Brooke Ferguson

Database Coordinator..... Bill Moore

Team Registrar Barbara Simpson

Pilgrim Registrars Pat & Dick Barnett

Gathering Support Coordinator Jane Carwell

Community Music Director..... Lola McDonald

Community Baker..... Kitti Mann

Childcare Coordinator..... Vacant

Music Coordinator for Gatherings..... Lola McDonald

Music Equipment Coordinator Steve Makely*

Weekend Support Coordinator Brian Lewis

Comm. Cha Coordinator Richard Warner

General Agape Coordinator..... Monica Warne

Prayer Vigil Coordinators Jane Carwell

Placemat Coordinator..... Margaret Filler

Snack Agape Coordinator Mike Shiflett

Agape Bag Coordinator..... Diana Farrar

Transportation Coordinator Mo Moses

Supplies Coordinator..... Mike & Terry Cook

Name Badge Coordinator..... Dave Olds

Fourth Day Packets..... Rick and Susan Dillard

Fourth Day Coordinator Dick Barnett

Reunion Group Coordinator..... Sandy Crossley

***Board Members**

(Serving on the Board July 1, 2007- June 30, 2008)

Donna Devericks*

Marcy Liepelt*

Tony Fortune*

Wilfred Usher*

Bill Walker*

Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am
Bethel UMC
Woodbridge
Brian Lewis 703-590-9343
bb3253@aol.com

**Interested in joining or starting a
new reunion group?**

Call Sandy Crossley at
703-221-6977 or email her at
slcrossley13@msn.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm
Prince of Peace UMC
6299 Token Forest Drive
Manassas, VA
Lloyd Biller 703-590-1512

Pastor's Weekly Meeting 7:30 am
Call for location
Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm
Lake of the Woods – Call for location
Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm
First Christian Church
Gary Staddan 540-373-7716
firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm
Hillcrest UMC
Ed McAdam 540-898-3625
emcadam@cox.net

His Joyful Croakers 9:00 am
Hillcrest UMC
June Riel 540-710-5949

(ALTERNATE THURSDAYS)
Rainbow Reunion Group (Women) 10:00 am
Lake of the Woods – Call for location
Barbara Miller 540-972-7418

His Seekers (Women) 7:30 pm
Home of Jane Carwell – Woodbridge
Sandy Crossley 703-221-6977 or
Jane Carwell 703-969-4019 or tjcarwell@yahoo.com

FRIDAY

Koinonia Women's Reunion Group 9:00 am
Lake of the Woods – Call for location
Barbara Larson 540-972-1928

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

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RETURN SERVICE REQUESTED

Directions to Camp Happyland:

21457 Happyland Drive
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

Directions to Lake of the Woods Church:

One Church Lane
Locust Grove, VA 22508

The Lake of the Woods church is located approximately 15 miles west of Fredericksburg and 15 miles east of Culpeper off Route 3. Enter Lake of the Woods, (across from Burger King), and tell the guard at the gate you are attending LOW Church. Turn left inside the gate on Lakeview Parkway. Travel for 2.4 miles until you see the sign at Church Lane, then turn left.