

Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 7

July 2008

The next Gatherings

(Second Saturday of each month)

July 12th.....Fairview at River Club
Aug 9th.....Fairview at River Club
Sept 13thFirst Christian Church

Fellowship 5:30-6:00 pm & 8:00-8:30 pm
Gathering at 6:00 pm
Chrysalis Steering Committee at 4:45 pm
Board will meet at 3:30 pm

***Please bring snack food to share
during fellowship time***

4th Day speakers wanted

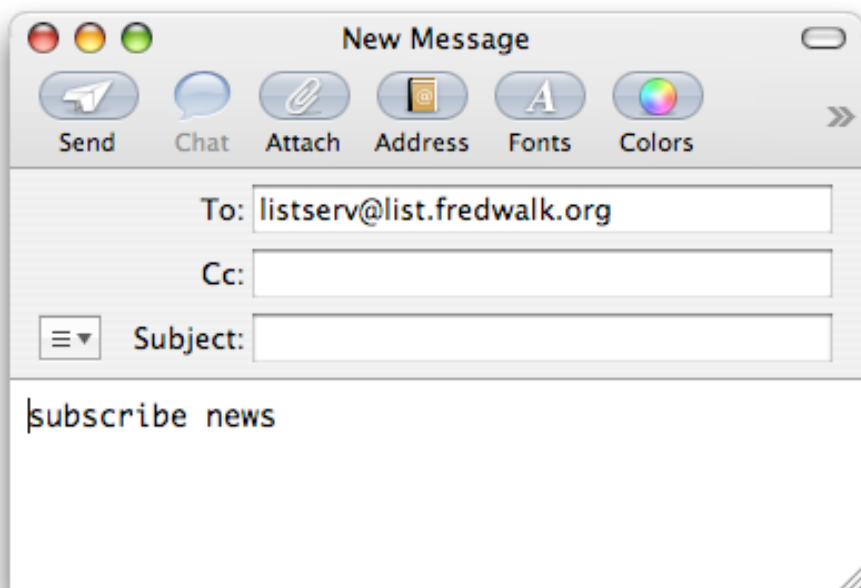
If you have a burning desire to share what the Walk to Emmaus has done for you, please contact Michael Selph at thegoodchef@gmail.com to schedule an opportunity to give a 4th day witness.

4th Day committee members needed

Your 4th Day Ministry meets monthly and has working groups that work planning and transformation issues for the Board. Please contact Dick Barnett at k4guj@aol.com if you are interested in serving on the committee.

Emmaus is going electronic

In an effort to reduce costs and labor, over the next few months we will be changing the default delivery method for our newsletter from paper to electronic.



Please email us at listserv@list.fredwalk.org and type “subscribe news” in the body of the email to register for electronic distribution.

More details will follow in subsequent newsletters and at the July gathering.

Thoughts from the Community Lay Director...

July 1st marks a new year for the Emmaus Community. This is new for the board because of the many changes in board positions. Mark Lawrence has served for the last two years as Community Lay Director. Please take time to personally thank him when you see him for his service during these last two years. I am already finding out that it takes a lot of time and effort in this position. Other members that will be leaving the board this year are Sandra Coney, Donna Devericks, Sandie Makely, Steve Makely, Sharon Smith and Ralph Thomas. We thank you all for your service and continued support for the Emmaus Community.

The new members joining the board this year are Michael Selph, Mike McDonald, Rosemary Blankenship (Secretary), Jennifer McDaniel, Ruth Thomas, Maria Fortune and Tom Britt. The remaining board members consist of Rick Dillard (Community Spiritual Director), Tony Fortune, Marcy Liepelt, Jim Muhlenkamp, Becky Thode (Assistant Community Lay Director), Wilfred Usher, Bill Walker and Ralph Williams (Community Lay Director). Please hold up these people in your prayers during the coming year.

Please pray for the upcoming walks in the fall. Mark Lawrence will be the WLD for the E-72 men's walk and Dianne Philipp will be the WLD for the E-73 women's walk. Dates are listed on the first page. Both of them are still looking for first-timers on their teams. If you would like to team but have not been to the 4th Day Follow-up training session, the board will select a date at the July board meeting to hold a 4th Day Follow-up session either in August or September. So don't make excuses, get your team applications in now. Please go to www.fredwalk.org to obtain a team application.

I am sure you noticed the appeal on the front page concerning receiving future newsletters by email. The board voted to start the process of switching over from mailing newsletters to sending them by email. We mail out approximately 900 newsletters each month, but only email about 120. There will be significant cost savings when we do make the switch, not to speak of the manual labor involved with the handling of all the paper. If you are unable to receive the newsletter by email, then you will have the opportunity to opt-in and receive it by mail. This will not happen overnight, so stayed tuned for further information concerning this matter in the next couple of months.

On one of the walks I teamed on, a Spiritual Director mentioned in his talk that it was time to become uncomfortable. Now, I believe I know what he meant by that statement. For those who know me, I like to be in the background and behind the scenes. God has not allowed me to do that. He keeps pushing me out to the front, and trust me I am not comfortable. As I look back from my walk on E-33, and the different teaming experiences down through the years, God has raised the bar with each experience and prepared me "for such a time as this." We are all called to be obedient to our Lord and Savior Jesus Christ. Please pray for your board, the two upcoming fall walks and the Emmaus Community.

DeColores

Ralph Williams

Praises

We praise Him in this storm and we dance in the Rain

Praise GOD

The outgoing board members who have served so faithfully

I expect to pass through this world but once; any good thing therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now; let me not defer or neglect it, for I shall not pass this way again.

Prayer Requests

Sister Lisa has breast cancer	Barbarie-Parkinson's	Tristian Myers-pray for healing of his cancer and for his family's salvation
Homeless	Nick-Addiction	Success in planning & executing Tristians cancer benefit
James Divorcing Anne	Ryan-unspoken	Healing for Bill Clark
7 year old Brogan Ruppert son of Melinda & Kobey Ruppert (National Capital Emmaus) brain mass referred to St. Judes	NSBC	Laura Pryce
Daughter at Fred Camp	Ladies ministry	Krystle Hinchay
Molly Puckett child who is very ill that the doctors will find out what's wrong with you and that she'll do well	Fortune-unsaved family members	Guidance for board
Chrysalis group forms	NSBC	Daughter & son-in-law's finances
My friend Jody who recently lost her husband	Nick & Jennifer	Moving
The new Emmaus Board members	Ryan & Ashley	Daughters health
Rebecca as she plans and executes cancer benefit for Tristian Myers	Jason & Audra	Mother-in-law (Martha Roark) health
Keith Laurer as he moves forward in becoming a pastor.	Michelle	Mother's (Muriel Bailey)healing from hip surgery
Bro Bob healing	2008-2009 Emmaus Board	Husband-stress, long hours at work, long drive
Leanne strength	Uncle-Jim Evans bypass surgery gravely ill	Attendance at gatherings
Chrysalis	Jeff, Judy and Marcy	For the leadership of the new board
Deb having back surgery for the second time on Monday	For our children, our family and home (we need a new roof, siding and A/C HVAC system	Rondi-backslidden/divorced parents
George's biopsy to be OK	Maranatha	Chris-Marine in Iraq
For the young men who attended Hanover Epiphany #17	Jamie & Angela a home to rent	Wellness business will continue to grow and prosper
For my co-workers in whom the seeds have been planted.	Jeffrey Thode- Navy Officer School	Molly as she battles cancer
For my mom and dad	Lynn Vanselow-Peace/comfort after the death of her husband	For Lionel who was called home to the Lord this month.
Bro Bob healing	My dog Twinkie scheduled for surgery	For John who was called home to be with the Lord from his battle with cancer
Leanne to know Christ	My son and future daughter-in-law and children	Salvation for the unsaved
Family guidance	Brother Bob	Healing for Alan
Bill Clark	Bethel UMC (Dawn)	Career success for my children
Wes Pryce wife (Laura)	The Mastens	Freedom from financial stress
Chris, Nancy and family	The Lawrences	Greg & Karen's spiritual unity
Ralph Williams (Emmaus board)	Mike & Lola	Adam's physical healing
Holly & Eltad and kids.	The Lauers	Pray that God would grab our son and get his attention to get to know Him
Come Holy Spirit and fill your church	The Dey's	Chrysalis
Kim-back	Mike and Becky and the kids	The new board
Marissa's family-little girl who died of cancer this week	Mike-job change and eliminating debt	
	Gower family	
	Rice family	
	The Mastens	
	The Bagley family	
	The Lauer family	
	Dey Family	

Community Volunteers & Board of Directors

Community Lay Director..... **Ralph Williams***
 Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board &
 Assign Nominating Committee Coordinator

Assistant Community Lay Director **Becky Thode***
 Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

Community Spiritual Director **Rick Dillard***
 Board Spiritual Director **Jim Muhlenkamp***
 Board Spiritual Director **Tom Britt***

Treasurer **Sandra Coney**

Secretary **Rosemary Blankenship***
 Manuals Coordinator..... **Becky Thode***
 Records/By-Laws Historian **Sandie Makely**

Communications Coordinator **Vacant**
 Website Administrator **John Mann**
 Newsletter..... **Brooke Ferguson**
 Database Coordinator..... **Bill Moore**
 Team Registrar **Barbara Simpson**
 Pilgrim Registrars **Pat & Dick Barnett**

Gathering Support Coordinator **Jane Carwell**
 Community Music Director..... **Lola McDonald**
 Community Baker..... **Kitti Mann**
 Childcare Coordinator..... **Vacant**
 Music Coordinator for Gatherings..... **Lola McDonald**
 Music Equipment Coordinator **Steve Makely***

Weekend Support Coordinator **Brian Lewis**
 Comm. Cha Coordinator **Richard Warner**
 General Agape Coordinator..... **Monica Warne**
 Prayer Vigil Coordinators **Jane Carwell**
 Placemat Coordinator..... **Margaret Filler**
 Snack Agape Coordinator **Mike Shiflett**
 Agape Bag Coordinator..... **Diana Farrar**
 Transportation Coordinator **Mo Moses**
 Supplies Coordinator..... **Mike & Terry Cook**
 Name Badge Coordinator **Dave Olds**
 Fourth Day Packets **Rick and Susan Dillard**
 Fourth Day Coordinator **Dick Barnett**
 Reunion Group Coordinator **Sandy Crossley**

Help Wanted

The Fredericksburg Emmaus Community is looking for a volunteer to fill the Childcare Coordinator position. If you are interested, please contact the Gathering Support Coordinator, Jane Carwell, at 703-969-4019 or tjcarwell@yahoo.com

***Board Members** (Serving on the Board July 1, 2008- June 30, 2009)

Jennifer McDaniel*	Marcy Liepelt*	Tony Fortune*
Wilfred Usher*	Bill Walker*	Ruth Thomas*
Mike McDonald*	Michael Selph*	Maria Fortune*



Return application with fee to:
Fredericksburg Emmaus
P.O. Box 42094
Fredericksburg, VA 22404

ALL INFORMATION EXCEPT NAME AND ADDRESS IS KEPT CONFIDENTIAL. IT IS USED FOR THE PURPOSE OF PLANNING THE WEEKEND.

ALL INFORMATION SHOULD BE PRINTED LEGIBLY.

Name _____

Name for name tag _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Age _____

Email Address _____

Marital Status _____ Name of Spouse: _____

Has spouse attended a Walk? Yes No

If yes, indicate their Walk # ____ If spouse has not yet walked, give date application submitted? _____

Your Occupation _____

Are you an ordained or licensed member of the clergy? Yes No

Hobbies or Interests _____

The Walk to Emmaus is a 72-hour experience of Christian spiritual renewal designed to inspire, challenge and equip participants for Christian action in their homes, churches and places of work. Participants will enjoy daily worship, communion, prayer, music, small group participation, and talks given by laity and clergy.

Has the weekend been explained to you (and your spouse)?
(Yes) (No)

Applicant's signature: _____

_____ Date: _____

Please enclose a non-refundable pre-registration deposit of \$25 to be applied toward the expenses of the weekend. If you want notification that this application has been received, please include a self-addressed stamped postal card.

Checks should be made payable to *Fredericksburg Emmaus*.

PILGRIM APPLICATION

For completion by Emmaus Registrar:

Date received: _____ Status: _____

Date asked: _____ Accepted: _____ Declined: _____

Date asked: _____ Accepted: _____ Declined: _____

Date asked: _____ Accepted: _____ Declined: _____

Name and complete mailing address of the church you attend:

Senior Pastor's Name _____

Church Phone _____

Pastor's approval of attending the Walk to Emmaus?

(Yes) (No) (Pastor's Signature) (Date)

Community or Church organizations in which you actively participate: _____

Health information:

Special diet? Yes No

-If yes, what kind? _____

-Any physical conditions which would limit your participation in the weekend? _____

-Special medication? _____

-Emergency Contact Information:

--Primary Contact Name & Number _____

_____; Secondary Name & Number _____

Please indicate in a brief statement why you wish to participate in the Walk to Emmaus and what you expect to gain from it:

(Use an additional sheet of paper, if necessary)



FOLLOWING PORTION TO BE FILLED OUT BY SPONSOR AFTER COMPLETION BY APPLICANT AND PASTOR:

Applicant's Name _____

Sponsor's Name _____

Sponsor's Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Email _____

Church (including city/state) you regularly attend _____

Your Pastor's name and phone number _____

Where and when did you attend your walk? _____

Where and when did you attend your Day of Deeper Understanding (DDU)? _____

Are you presently involved in weekly grouping? Yes No Are you praying and sacrificing for your applicant? Yes No

How do you know the applicant? _____

How long have you known the applicant? _____

Explain why you feel that this person would be a good candidate _____

- Are you able to assist the applicant to get into a weekly reunion group? Yes No
- If the applicant is married, have you or will you discuss the Walk to Emmaus with the spouse? Yes No
- Will you participate in the weekend – Transportation, Sponsor's Hour, Candlelight, Closing?..... Yes No
- Will you see to or care for the needs of the spouse and the family of the applicant over the weekend?..... Yes No
- Have you explained the necessity to attend a Day of Deeper Understanding with the applicant?..... Yes No
- Will you attend with your Pilgrim their 1st Gathering and DDU? Yes No
- Have received and read the Community instructions on Sponsoring that are provided with the candidate's application?..... Yes No
- Have you reviewed this form to ensure that the applicant's information on the reverse is legible? Yes No
- Are you aware that the weekend cost for the Pilgrim must be paid by their Sponsor prior to their arrival for the Walk?..... Yes No

AS THE SPONSOR OF THIS APPLICANT, I WILL COVENANT TO SUPPORT THIS PERSON BEFORE, DURING, AND AFTER THE WALK TO EMMAUS WEEKEND.

 SPONSOR'S PRINTED NAME / SIGNATURE DATE

Active Reunion Groups in the Fredericksburg Emmaus Community

SUNDAY

Bethel UMC Men's Group 7:30 am
 Bethel UMC
 Woodbridge
 Brian Lewis 703-590-9343
 bb3253@aol.com

Interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@msn.com

TUESDAY

Great Is Thy Faithfulness 7:30 pm
 Prince of Peace UMC
 6299 Token Forest Drive
 Manassas, VA
 Lloyd Biller 703-590-1512

Pastor's Weekly Meeting 7:30 am
 Call for location
 Mark Dunn 540-786-4025

Lakeside Reunion Group (Men) 8:00 pm
 Lake of the Woods – Call for location
 Vic Larson 540-972-1928

WEDNESDAY

Lord's Lions & Lambs Reunion Group 6:30 pm
 First Christian Church
 Gary Staddan 540-373-7716
firstchristianchurch@verizon.net

THURSDAY

Amazing Grace Reunion Group 8:30 pm
 Hillcrest UMC
 Ed McAdam 540-898-3625
emcadam@cox.net

His Joyful Croakers 9:00 am
 Hillcrest UMC
 June Riel 540-710-5949

(ALTERNATE THURSDAYS)
Rainbow Reunion Group (Women) 10:00 am
 Lake of the Woods – Call for location
 Barbara Miller 540-972-7418

His Seekers (Women) 7:30 pm
 Home of Jane Carwell – Woodbridge
 Sandy Crossley 703-221-6977 or
 Jane Carwell 703-969-4019 or email: tjcarwell@yahoo.com

FRIDAY

Koinonia Women's Reunion Group 9:00 am
 Lake of the Woods – Call for location
 Barbara Larson 540-972-1928

Upper Room Emmaus of the
Greater Fredericksburg Area
PO Box 42094
Fredericksburg, VA 22404

NON-PROFIT ORG.
U.S. POSTAGE PAID
FREDERICKSBURG, VIRGINIA
PERMIT NO. 347

RETURN SERVICE REQUESTED

UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 72 (M)	Oct 16 – 19, 2008	Mark Lawrence
Emmaus 73 (W)	Nov 13 – 16, 2008	Dianne Philipp
Emmaus 74 (M)	Mar 26 – 29, 2009	TBD
Emmaus 75 (W)	Apr 30 – May 3, 2009	TBD

Directions to Fairview at River Club: 10835 Tidewater Trail,
Fredericksburg, VA 22408

From 95: Take Exit 130A and head East on Rt 3. Turn right onto Rt 2 South for
approximately 4 miles. Turn left into the River Club Shopping Center.