

# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 11

November 2008

### UPCOMING EMMAUS WEEKENDS

<u>Walk #</u>	<u>Dates</u>	<u>Lay Director</u>
Emmaus 73 (W)	Nov 13 – 16, 2008	Dianne Philipp
Emmaus 74 (M)	Mar 26 – 29, 2009	Randy Ross
Emmaus 75 (W)	Apr 30 – May 3, 2009	Vonda LiCalzi

### ***The next Gatherings***

*(Second Saturday of each month)*

Nov 8<sup>th</sup> .....Hillcrest UMC  
Dec 13<sup>th</sup> .....Tower of Deliverance  
Jan 10<sup>th</sup> .....Tower of Deliverance

Fellowship 5:30-6:00 pm & 8:00–8:30 pm  
Gathering at 6:00 pm  
Board will meet at 3:30 pm

**Please bring snack food to share  
during fellowship time**

### ***AGAPE BAGS... Sew Beautiful!***

Remember when you saw your agape bag for the first time? God filled that eye-catching bag with love letters just for you. Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, (check the craft section at your local fabric store or WalMart), cording, and bright shoelaces to donate. Or you can make agape bags; they are sew simple to make, (12" wide and 15" tall, please). Say "I'll help" by calling Diana Farrar at 540-372-7535 or email her at HRHDiana@juno.com

**The December newsletter will be the last you receive unless you do one of the following:**

To subscribe to electronic delivery, please email us at [listserv@list.fredwalk.org](mailto:listserv@list.fredwalk.org) and type "subscribe news" in the body of the email. We cannot add your address to our email list without your request.

To continue to receive the newsletter by mail, complete the form below and return to:

Upper Room Emmaus of the Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404



-----Cut Here-----

Please add my name to the list for mail delivery of the Emmaus newsletter.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

### *From the Community Lay Director...*

De Colores!

It's that time of year again when it seems like there's never enough time in a day to do all that we have to do. In this metropolitan area, life seems to flow much faster than it does elsewhere, and certainly in lightning speed by comparison to days gone by. I hope that doesn't preclude you from taking a moment to read the monthly newsletters. It's filled with tons of important information and golden nuggets of inspiration.

This month we are introducing a new segment from the community music director that will feature interesting tidbits of information about the music we sing and information pertaining to upcoming gatherings and events. Below is the first installment. Enjoy!

Ralph Williams

### *From the Community Music Director...*

Greetings brothers and sisters!

Praise be to the God of our salvation and the author of the awesome life of abundance that He gives us!

As we bask in the glow of the men's walk, we are gearing up for the women's walk and Christmas will be fast on its heels. So much to do and so little time...but have no fear! God will redeem us the time as long as we put Him first!

What an awesome God we serve, and He never ceases to amaze us with His wondrous works. Which is why, of course, we worship Him, and to that end, we include singing as part of our response. Music is an awesome way to honor God, but it is also one of the ways the evil one attacks us and pits us against one another. I would like to be an instrument of peace for God and kick that 'ol Satan right out on his keester.

I hope to bring you interesting information about the music we sing, answer any questions you may have had about the role of music in walks, or any other musical questions, and give you an opportunity to be a part of the music we offer together at gatherings. My e-mail is [lolasmyname@yahoo.com](mailto:lolasmyname@yahoo.com) and I encourage you to write me with any questions or comments you may have concerning the music within our community.

I would also like to invite anyone who does not already receive monthly e-mails from me about the upcoming gathering music to let me know you'd like to be added. I am aware of many, many musicians in our community, but I'm sure there may be some of you that are not on my list. Just let me know your e-mail address and I will add you. The music at the November Gathering will be provided by the E-73 women's music team. The December Gathering will be open to any/all musicians in the community and we will be doing Christmas music, so it'll be great fun!

I'm sure my space is about gone for this month, but be on the lookout for upcoming articles in the months ahead. I am so looking forward to sharing with you some of the amazing things God has revealed to me in the realm of music and worship. I am even more looking forward to being with you again as we worship our God of Love!

May He bless you all richly this month!!

Much love,  
Lola



## Application for Teaming

Return application to:  
Fredericksburg Emmaus  
P.O. Box 42094  
Fredericksburg, VA 22404

For completion by Emmaus Team Registrar:  
Date received: \_\_\_\_\_ Status: \_\_\_\_\_  
Date asked: \_\_\_\_\_  
Accepted: \_\_\_\_\_ Declined: \_\_\_\_\_

### ◆ SUBMIT A NEW APPLICATION FOR EACH WALK ◆

Today's date: \_\_\_\_\_

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Work/School Phone: (\_\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Name of church you attend: \_\_\_\_\_

Church Phone: (\_\_\_\_\_) \_\_\_\_\_ Pastor's Name: \_\_\_\_\_

Why do you want to be on an Emmaus Team? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Where and when did you make your first Emmaus/Chrysalis/Cursillo weekend? \_\_\_\_\_

\_\_\_\_\_

Have you attended a "Day of Deeper Understanding"? \_\_\_\_\_

What other involvement have you had with Emmaus/Chrysalis/Cursillo? \_\_\_\_\_

\_\_\_\_\_

Previous team service (list teams by number, when, where, jobs held, talks given): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Medical Conditions of Concern: \_\_\_\_\_

\_\_\_\_\_ Do you smoke? (For room placement): \_\_\_\_\_

Does your pastor approve of you serving on this weekend? \_\_\_\_\_

Pastor's approval: \_\_\_\_\_  
(Signature) / (Date)



My signature below indicates that I have read and accept the terms for teaming as described below:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### TERMS FOR APPLYING AND BEING SELECTED FOR A TEAM

**TEAM MEMBERS ARE ASKED TO CONTRIBUTE THE COST OF THE WEEKEND.** If you are not able to do so, you still need to make arrangements to cover the cost. Talk to your pastor and/or the Weekend Lay Director.

A majority of us would like to serve on a team and it is a wonderful experience for most. Serving on a team is not for everyone who has attended an EMMAUS weekend, however remember that team members must be active in their local churches to better enable them to share and model that Fourth Day experience with the Pilgrims. It is mathematically impossible for everyone to be selected as each weekend there are more new members of the EMMAUS community produced than would be required for a future team. The team selection committee earnestly tries to insure that everyone has an opportunity. One of the team selection guidelines is that a team will have built-in experience. One third of the members will have served on one or more teams previously; one third key leaders should have been on two or more teams. One third will be first time team members. An effort will be made not to have too many members from the same church. This is sometimes difficult, but the effort is still made.

In addition to the guidelines that the committee follows, there are factors to be considered. Beyond the lay director, assistant lay directors, music director and spiritual directors, team members are not selected for specific jobs. No one has authority to promise you a particular responsibility. Everyone must be willing to serve in whatever capacity is needed. If you accept a team assignment, you are making a commitment to be available for that weekend, and for a team meeting once each week for eight-to-ten weeks prior to that weekend. AVAILABILITY AND SACRIFICE OF TIME ARE THE PRIMARY REQUIREMENTS.

Each of us must take into consideration the physical or emotional strain that is sometimes encountered while serving on a team. The joy of being on a team is there, but the work and strain are there, too. Team members routinely are the first up in the morning and the last in bed at night. Working under pressure is also routine. Everyone on a team must carry his/her full load and be ready to pick up part of someone else's work when something unexpectedly happens – and it always does. Every team member must be ready, willing, and able to share his/her faith and love with any and all others on the weekend – literally at any time.

Again, the joy and the mountain top experience are there, but so is the sacrifice. If you decide that being a team member is not for you, there are many other areas of service in the EMMAUS and CHRYSALIS communities. You may want to put more effort into agape, cha, serve on a committee, or accept another important job that are necessary for a successful EMMAUS weekend. There is so much to be done that there is no limit to the opportunity for service. Being on a team may or may not be the best way that you can serve – only you know this. If, after prayerful consideration your answer is YES, please complete the above application and forward it to EMMAUS at the address above. Serving on a team will be a blessing to you, and you will be a blessing to others. You are needed!

(Updated 11/01/05) – PLEASE DISCARD ALL OTHERS

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***Please pray for:***

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God's direction for the Usher family, new roof, John, Mary, Chris, Tese, Christian, Langston, Shari..

Spiritual Director E-72

Judy and family

Lynda needs car

Brother Joe

Ladysmith Baptist church

E72 & 73

Mike's salvation

Epiphany 18

Son Scott going to Peru for 8 months

Orndorf family lost daughter

Pastor Gary Staddan and his health concerns

FCC search for an associate pastor

Kin's salvation

Joe to finish seminary (semester)

Salvation of family members

Discernment of future activities

My sister who's had brain surgery and is having more problems with post-op pain

Scott travel mercies and mission support

Guidance for self and family

Son and his family who live on the Texas coast

John Bradhair to be freed from jail and false charges

My children

Mary Usher whom I love has a cyst on her kidney

Myself for finances

Our Troops in Afghanistan and Iraq

Our young men in Hanover Youth Prison- Epiphany Oct 11,12,13

Kairos men's prison ministry Oct 24-27

Wife peace in ministry

Grandchildren

Ethan to turn his heart back to the Lord

Texas

Your sister in Christ needs God's healing touch and your prayers

Daughter's marriage and two children

Pray for Cija's health

Pray for all the unsaved

Ashley as she teaches in a high school for the 1<sup>st</sup> time

For my dad who will turn 80 this month

Myers family healing and salvation

Annie & Alfred for salvation

Bethel United Methodist Church in Dawn for peace and unity

Mike prayers for new job and goal to get out of debt

Hanover Epiphany #18 Team & Stars

New direction service to reach un-churched

Pray for Lloyd & Audrey health issues

Rondi-backslidden, divorced parents

Deb & Charlie he is an alcoholic and unsaved

Wellness business will continue to grow and prosper

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***Please give praise for:***

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Nephew Chris home safe from Iraq

All God is doing in my life

For our daughter and son-in-law celebrating 7 yrs of marriage

For our new home

For grandchildren's health and salvation

## *Women's Emmaus #73 Team List*

***"...He gathers the lambs in his arms and carries them close to his heart..."      Isaiah 40:11***

Dianne Philipp.....	First Christian
Vonda LiCalzi .....	Prince of Peace UMC
Phyllis Howze .....	Rehoboth UMC
Colleen McGrath.....	Bowling Green UMC
Gerri Bartman .....	Holy Family
Lola McDonald.....	Woodbridge Christian
Trina Roark.....	Wright's Chapel UMC
Sandie Makely .....	First Christian
Emelda August.....	Holy Family Catholic
Michelle Fowler .....	First Christian
Judy Britt .....	Chancellor Christian
Gary Staddan.....	First Christian
Carol Grimes .....	Promise Land P&W Ctr
Tom Britt.....	Chancellor Christian
Gail Dietze.....	Salem UMC
Marcy Liepelt.....	Chancellor Christian
Christine Tillman.....	Stafford Crossing
Monica Warne .....	Chancellor Christian
Kathy Neiswander .....	Woodbridge Christian
Debbie Avis.....	Woodbridge Christian
Blanca Griffin .....	Chancellor Christian
Hilary Parr.....	Waller's Baptist
Sharon Smith.....	Waller's Baptist
Debbie Powell.....	Wesleyan UM
Pat Weinhardt.....	Chancellor Christian
Cam Noden .....	Fairview Baptist
Jennifer Taylor.....	Ebenezer UMC-Oldhaus
Polly Cunningham .....	Promise Land P&W Ctr
Janet McCaslin .....	Grace UMC Hartwood
Ava Hanger .....	Dahlgren UMC
Kate Cook .....	Beaverdam UMC
Virginia Johnson .....	First Christian



**Snack Agape Notice**  
 Please call Mike Shiflett at 540-371-5585 if you would like to arrange a pick up or drop off of snacks before FE #73.

### **Volunteers Needed**

The Fredericksburg Emmaus Community is looking for volunteers. We need a Gathering Support Coordinator, a Snack Agape Coordinator and we are still looking for a Childcare Coordinator for the gatherings. Please be in much prayer for these positions and your involvement in the community. Please call Ralph Williams at 540-898-7952 if you would like more detailed information about these positions.

**Women's Emmaus #73 Pilgrim List**  
**"...He gathers the lambs in his arms and carries them  
close to his heart..."** **Isaiah 40:11**

Judy Barker.....	FUMC
Terri Boretti.....	Trinity Christian Chapel -NJ
Cindy Brown.....	LOW Church
Karen Campbell .....	Fairview River Club
Carol Curtis .....	The Salvation Army
Fran Curtis.....	LOW Church
Alice Hailman .....	Promised Land Praise & Worship
Iris Hamrick .....	LOW Church
Kris Hicks.....	Carmel UMC
Melissa Klanecky .....	Rehoboth UMC
Ann Lawrence.....	Salem UMC
Terry Moss .....	Carmel UMC
Fay Pucek .....	Hopewell UMC
Stephanie Serrett.....	Hillcrest UMC
Aliee Strump .....	St.Peters Lutherean
Karen Sullivan .....	Faith Christian Fellowship
Andree Thigpen .....	River of Life Worship Center
Debra Tyson.....	Salem UMC
Lydia Vinson.....	Faith Christian Fellowship
Denise Vogt.....	Orange Assembly of God
Marilyn Walker.....	Chancellor Christian Church
Katrina Washburn .....	Salem UMC
Carol Wilson .....	Promised Land Praise & Worship
Gail Yeamans .....	Fairview Baptist Church

**Before the Women's Walk, please check our website,  
([www.fredwalk.org](http://www.fredwalk.org)), for any updates to the pilgrim list. Thank  
you for your prayers and support! De Colores!**

**Schedule for Women's Emmaus #73**

<b>Date</b>	<b>Time</b>	<b>Activity at Camp Happyland</b>
Thur. 11/13/08	6:30 – 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 11/15/08	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 11/16/08	4:00 pm	Closing Service

Upper Room Emmaus of the  
Greater Fredericksburg Area  
PO Box 42094  
Fredericksburg, VA 22404

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
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PERMIT NO. 347

**RETURN SERVICE REQUESTED**

**Directions to Camp Happyland:**

21457 Happyland Drive  
Richardsville, VA 22736

From Central Park in Fburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

**Directions to Hillcrest United Methodist Church:**

2208 Lafayette Boulevard  
Fredericksburg, VA 22401  
(540) 898-2180

From I-95: Take the Massaponax Exit 126 heading North on Route 1 to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue approx 1.5 miles on Lafayette Blvd. to Hillcrest UMC on the left.