# Upper Room Emmaus

Of the Greater Fredericksburg Area

www.fredwalk.org

#### Vol. 9

September 2009

## Upcoming Emmaus Weekends

| Walk #   | <b>Dates</b>                           |
|----------|--|
| E-76 (M) | $\overline{\text{Oct } 22} - 25, 2009$ |
| E-77 (W) | Nov 19 – 22, 2009                      |
| E-78 (M) | Mar 18 – 21, 2010                      |
| E-79 (W) | Apr 22 – 25, 2010                      |
|          |  |

Lay Director Tony Fortune Christine Tillman TBD TBD

### The next Gatherings

(Second Saturday of each month)

Fellowship at 3:30 pmGathering at 4:00 pmBoard will meet at 1:30 pmPlease bring snack food to share during fellowship time

## Help Wanted

The Fredericksburg Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see Page 4). The Supplies Coordinator position will be open after the Fall Walks. If you are interested in serving in this capacity, please contact Becky Thode at beckythode@comcast.net.

#### Gathering Host Churches are needed

Various church sites are needed to host Gatherings after October. Please email Dick Barnett at k4guj@aol.com to sign up your church. A point of contact in the church will be responsible for arranging use of the facility, access and clean up.

# Page 2, Vol. 9 September 2009 Thoughts from the Community Lay Director...

Have you ever wondered exactly why the Upper Room has guidelines? Why, for example, are Chas supposed to be "anonymous?" Maybe you have always wondered what the difference is between "local flavor" and "following the manual." Then again, maybe you're just curious to see what a real live Upper Room representative actually looks like, (this is a joke<sup>(2)</sup>). If so, plan on attending the Regional Leadership Development Meeting. The name sounds intimidating, but really this is just a fancy title for an information session that the Upper Room will present On September 11, from 6:00-9:00 pm, and September 12, from 12:00-3:00 pm, at Fairview at River Club. You may attend one or both sessions.

I remember attending this session several years ago, and I was actually surprised about how much I learned. It opened my eyes to reasons behind guidelines that I had thought were just a bunch of meaningless rules. If you have any time available, please come, ask questions, and enjoy some fellowship with your Emmaus community.

As our community continues to search for a new location for Walks, please pray that God will guide us to where we should hold our weekends. Ralph Williams, George Masten, and Maria Fortune, our "Search and Find" team, are diligently working to find the best possible location. Although we have several options available already, please pray that the location we choose will be the one that is economical and does not require excessive travel for the community.

Thank you for all your prayers and support for me, the board, and everyone in the community who volunteers to serve in so many ways.

DeColores! Becky

To receive your Emmaus newsletter, please do one of the following:

To subscribe to electronic delivery, please email us at listserv@list.fredwalk.org and type "subscribe news" in the body of the email. We cannot add your address to our email list without your request.

To receive the newsletter by mail, complete the form below and return to:

Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

Page 3, Vol. 9

September 2009

# Please pray for:

| Jamie—healing for a crushed finger          | George and Daphne Masten  |
|---|---|
| Traveling for Thode family                  | My son Charles and family   |
| Spence as he battles cancer                 | Quick & complete healing of Amber's eyes                                      |
| Bob Bonshire                                | Linnea Ross—health  |
| Rondi—prayers she returns to the Lord       | Sally Lowdence—health   |
| Chris—in serving; new baby coming           | Scott Ross—mission field  |
| Cam—being lead for ministry                 | Everyone who needs work   |
| Susan—needs work                            | Everyone who needs salvation  |
| Mary  | Our troops & their families at home & abroad                                  |
| John Bradham                                | Church families sick in nursing homes;  |
| Wilfred                                     | hospice   |
| My mother in Ohio for healing               | Mission in foreign fields   |
| Bill Walker's healing                       | Brothers and sisters of church pastors in<br>church                           |
| New Walk location                           |   |
|   | My son  |
| Dylan, 4 years old, in tough home situation | My marriage   |
| Hand banging, heavy metal musician          | Brother and soon to be ex-wife for guidance                                   |
| Daughter back to school                     | and peace   |
| Missions; Yes We Care About Neighbors       | God's guidance in getting children's ministry                                 |
| Keith and Jane Lauer                        | and contemporary service started at Antioch                                   |
| E76 Pilgrims and Team                       | Pray the dark cloud of depression stays away from me. Help me keep my eyes on |
| Yes We Can Mission Team                     | You and You alone.  |
| Rocky Warner                                |   |

# Please give praises for:

How God is working in our lives Gives us more than we need for daily living Christian friends

#### Page 4, Vol. 9

September 2009

# Community Volunteers & Board of Directors

<u>Community Lay Director</u>...... Becky Thode\* Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

<u>Assistant Community Lay Director</u> ...... Dick Barnett\* Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

| <u>Community Spiritual Director</u> | Tom Britt*                              |
|-------------------------------------|---|
| Board Spiritual Director            | Joe Reed*                               |
| Board Spiritual Director            | Rick Dillard*                           |
| <u>Treasurer</u>                    | Mike McDonald*                          |
| <u>Secretary</u>                    |   |
| Manuals Coordinator                 |   |
| Records/By-Laws Historian           | Rich Thode                              |
| Communications Coordinator          | Vacant                                  |
| Website Administrator               |   |
| Newsletter                          | Brooke Ferguson                         |
| Database Coordinators               | Bill Moore, Dennis Warne & Dick Barnett |
| Team Registrar                      | Dick Barnett                            |
| Pilgrim Registrars                  |   |
| Gathering Support Coordinator       | Jane Carwell                            |
| Community Music Director            | Lola McDonald                           |
| Community Baker                     | Kitti Mann                              |
| Childcare Coordinator               | Vacant                                  |
| Music Coordinator for Gatherings    | Lola McDonald                           |
| Music Equipment Coordinator         |   |
| Weekend Support Coordinator         | Vacant                                  |
| Comm. Cha Coordinator               |   |
| General Agape Coordinator           |   |
| Prayer Vigil Coordinators           |   |
| Placemat Coordinator                |   |
| Snack Agape Coordinator             |   |
| Agape Bag Coordinator               |   |
| Transportation Coordinator          | Vacant                                  |
| Supplies Coordinator                |   |
| Name Badge Coordinator              |   |
| Fourth Day Packets                  |   |
| Fourth Day Coordinator              |   |
| Reunion Group Coordinator           |   |
| *Poord Mombourg (Somving on the     |   |

\*Board Members<br/>Judy Britt\*(Serving on the Board July 1, 2009- June 30, 2010)Judy Britt\*Maria Fortune\*Tony Fortune\*George Mastin\*Jennifer McDaniel\*Cam Noden\*Spence O'Connor\*Michael Selph\*

| <b>Bethel UMC Men's Group</b><br>Bethel UMC<br>Brian Lewis:                   | 7:30 am<br>Woodbridge, Va<br>703-590-9343                    | bb32   | 253@aol.com   |
|---|--|--|---|
| <b>Pastor's Weekly Meeting</b><br>Call for location                           | 7:30 am  |  |   |
| Mark Dunn   | 540-786-4025   |  | Interested in joining or<br>starting a new reunion<br>group?<br>Call Sandy Crossley at<br>703-221-6977 or email her a<br>slcrossley13@msn.com |
| <b>Great Is Thy Faithfulness</b><br>Prince of Peace UMC<br>Lloyd Biller       | 7:30 pm<br>Manassas, Va<br>703-590-1512                      |  |   |
| Lakeside Group (Men)<br>Lake of the Woods<br>Vic Larson                       | 8:00 pm<br>Call for location<br>540-972-1928                 |  |   |
| Lord's Lions & Lambs Gro  | <b>5 pup</b> 6:00 pm   |  |   |
| First Christian Church<br>Gary Staddan  | 540-373-7716   | first.christian.church@verizon.net           |   |
| His Joyful Croakers<br>Hillcrest UMC  | 9:00 am  |  |   |
| June Riel   | 540-710-5949   |  |   |
| His Seekers (Women)<br>Home of Jane Carwell<br>Sandy Crossley<br>Jane Carwell | 7:30 pm<br>Woodbridge, Va<br>703-221-6977<br>703-969-4019    | tjcarwell@yahoo.com                          |   |
| <b>Amazing Grace Group</b><br>Hillcrest UMC                                   | 8:30 pm  |  |   |
| Ed McAdam   | 540-898-3625   | emcadam@cox.net<br>(Alternate Thursdays)     |   |
| <b>Rainbow Group (Women)</b><br>Lake of the Woods<br>Barbara Miller           | 10:00 am<br>Call for location<br>540-972-7418                |  |   |
| New Song (Women)  | 12:00 pm<br>1:00 pm  | (Alternate Thursdays)<br>(Alternate Fridays) |   |
| Fairview at River Club<br>Cam Noden   | 540-846-1866   | (  | J ~ /   |
|   | 540-846-1866<br>9:00 am<br>Call for location<br>540-972-1928 |  |   |

Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

NON-PROFIT ORG. U.S. POSTAGE PAID FREDERICKSBURG, VIRGINIA PERMIT NO. 347

#### **RETURN SERVICE REQUESTED**

Directions to Fairview at River Club:

10835 Tidewater Trail, Fredericksburg, VA 22408

From 95: Take Exit 130A and head East on Rt 3. Turn right onto Rt 2 South for approximately 4 miles. Turn left into the River Club Shopping Center.