# Upper Room Emmaus

## Of the Greater Fredericksburg Area

www.fredwalk.org

Vol. 6 June 2010

#### UPCOMING EMMAUS WEEKENDS

Walk # E-80 (M) E-81 (W) <u>Dates</u> Oct 21- 24, 2010 Nov 18 – 21, 2010 Weekend Lay Director

Mike Remington Gerri Bartman

#### Emmaus Manuals & Booklets:

Emmaus Manuals & Booklets will now be available for purchase or loan at the Gatherings. They will be on display during the Fellowship time where the snacks are set up. For further information see Rich Thode – Manuals Coordinator.

#### Help Wanted

The Fredericksburg Emmaus Community is looking for volunteers to fill several vacant coordinator positions, (please see the Volunteer Page). The Supplies Coordinator position is now open. If you are interested in serving in any capacity, please contact Becky Thode at <a href="mailto:beckythode@comcast.net">beckythode@comcast.net</a>.

#### The next Gatherings (Second Saturday of each month)

June 12 <sup>th</sup>	First Christian Church
Fourth Day Speaker will be Chris Campbel	l
July 10 <sup>th</sup>	
August 14 <sup>th</sup>	TBD
August 14th Fourth Day Follow Up	TBD
Training from $9:00 \text{ am} - 1:00 \text{ pm}$	

Fellowship at 3:30 pm Gathering at 4:00 pm

Board will meet at 1:30 pm

Please bring snack food to share during fellowship time

We are looking for churches to host Gatherings for 2010. If you are your church's Point of Contact for hosting, please email our ACLD Dick Barnett at <a href="k4guj@aol.com">k4guj@aol.com</a> so arrangements can be made."

#### Do you want to team in the Fall of 2010?

Submit an application now! You can download a form from <u>fredwalk.com</u> or contact the team registrar at <u>k4guj@aol.com</u>. New community members will need to submit an application and be sure to attend the 4th Day Follow-Up in August 2010.

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#### Thoughts from the Community Lay Director...

I would like to take this opportunity to thank everyone for their prayers and support over the last year during my term as the Community Lay Director. True to the Emmaus way, serving in this capacity has definitely been a year of "out-of-my-comfort-zone" experiences. As much as I look forward to my return to "grunt" status (I LOVE being a grunt ©), I have had the unique opportunity to see, firsthand, the willingness of so many individuals to serve others within the community. The number of people who perform regular, behind-the-scenes tasks is amazing and encouraging, and I am blessed to see God working through so many. As my term ends, I leave confident that God is in control of this special ministry we call Emmaus. I pray that the community will continue to support and encourage the new board.

The new board will begin to serve the Community on July 1. Board members, with the dates of each individual's term, are listed below. Names marked with an asterisk are newly elected members. Please pray for their service to our community.

DeColores© Becky Thode

2011	2012	2013
Tom Britt	Joe Reed	Greg Akers*
Jennifer McDaniel	Spence O'Conner	Mike Remington*
Ava Hanger*	Cam Noden	George Masten*
Mike McDonald	Judy Britt	Dawn Kendall*
Ken Roark*	Dick Barnett	Carol Burke*

#### **Now Forming**

The board is forming a new Financial Advisory Committee to study and advise the board concerning the financial needs of the community. This committee will study the requirements necessary to comply with the nonprofit status we hold, as well as other financial concerns that may arise. If you have experience you can offer to this committee, please contact George Masten, who will chair the committee. Thanks in advance for your service!

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#### Write for new Emmaus and Chrysalis Devotionals

Calling all devotional writers! (And even those of you who do not consider yourselves writers but have a story to tell . . .)

Upper Room Books is creating two new undated devotional booklets for Emmaus (*Fourth Day Forward*) and Chrysalis (*Taking Flight*). We need your help! The booklets will each be based on the 15 Talk topics from the Walks and the Flights (see below). Which one could you write about?

- ➤ Daily meditations should be 150-250 words long.
- May include scripture verse or suggested text (state version of Bible used)

Deadline: July 1, 2010 or before.

Email to Robin Pippin at <u>rpippin@gbod.org</u> or mail to Robin Pippin, Upper Room Books, 1908 Grand Avenue, Nashville, TN 37212.

\*\* If we choose to use your meditation, we will notify you before publication.

## EMMAUS TOPICS for Fourth Day Forward

Priority

Prevenient Grace

Priesthood of All Believers

**Justifying Grace** 

Piety

Grow through Study

Means of Grace

Christian Action

Obstacles to Grace

Discipleship

Changing Our World

Body of Christ

Sanctifying Grace

Perseverance

Fourth Day

## CHRYSALIS TOPICS for Taking Flight

Ideals

God Designed You

Faith

God Loves You

**Prodigal** 

Communication through Prayer

Christian Growth through Study

God's Gift to You

Marriage

God Sustains You

Christian Action

Single Life

God Empowers You

Priesthood of All Believers

Next Steps

#### Some Tips for Writing:

- > Devotional writing should *invite* people to come closer to God.
- > Devotional writing should tell about *real* experiences of *real* people who are struggling to apply their faith to daily life.
- ➤ Devotional writing should express only *one main idea*. It should leave one memorable image with the reader.
- > Devotional writing should lead persons into *further conversation with God* after they finish reading the meditation.
- > Your *journal* can be a great source of devotional writing because it records your real thoughts about your experiences.

Thanks for sharing your gifts with Chrysalis and Emmaus!

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### Please pray for:

Phyillis Howze as she goes through testing for cancer

Joe Neiswander's recovery (returning to work FT 5/10)

Adel - more involved in church (stepping out of comfort zone) 1-6

grade

Marcy's son Larry looking for house, living with Marcy

Holly – job situation

Comfort for the Clark family

Walsh - direction Travel mercies Job concerns

**Education direction for Tony** 

Job - need one Improved marriage 91 year old grandpa

Michelle & Jonathan - their

marriage

Michelle's health

Jimi Stefl - He finds God

Shelly - finds God

Chip & Katie – New job for Chip and smooth relocation

Phillip & Tina - handle Jordan's

permit to drive

Jordan - Ben Lindsay unsaved

Jake – future pilgrims Carely & (illegible)

Unsaved

Joe. Al & Charlie for a more

Christian walk

Healthy baby for Derek & Sarah Peace for Beach family & friends Lynda - Peace, acceptance, love

Marriages Jill & Lynn

For our son's return from Iraq this

month

Phyllis Howe

Connie & John Garman My son Charles & his family

Daphne's leg

New Board members

George to learn to say no Phyllis – testing for cancer Daphne - pain in left side George to say no sometimes

Beach family & friends

Lynda – choir director, peace,

acceptance, love Jill & Lynn – marriages Unsaved family & friends

**Brothers** 

Healthy baby for Derek & Sarah

Free hope Community

Mission trip to Cusco Peru – July

FE 80 & 81

Wilford – medical procedure

John & Christopher

Dr Henderson's mother - illness

Paul's health - Physical &

emotional (illegible) 5/9 Mother's

Hanover Epiphany 21

Shelly Sine The Holts

Carol Curtis, Wilfred & Mary, John, Christopher, Joyce Dagie,

Maranatha

Daughter who lost job

For healing

Daughter & grandchildren coming

from Germany All unborn babies

Linda Vanselow – will be having stomach surgery 05/24. Recovery

& healing

Michelle – for thinking before she

speaks

SOLs for students next week

Mary Maher, Mary & Wilfred Usher

Diane Phillips for kidney

Matthew Curtis has to wear a

helmet for his neck

Nancy Clarke lost her Dachshund

Peggy Clarke's brother-in-law

DeAnne – work situation Dennis & DeAnne - God's

direction on move

Brother Chris & wife (illegible)

Ralph (illegible) for work Michael having surgery, long recovery, financial worries

Niece Rondi, backslidden

Direction/provision for my ministry

Cambell's move Travel mercies **Brother Ged** Prison ministry

Kevin – Child with mental problems

Rondi - Masters degree

Amy's trip

The victims of the flood in TN

All those working to halt the oil spill

in the Gulf Coast

Our Pastor Willie Guill & family during the transition to his new

Jobs for Wesley & Eric

Unsaved

church

Safety for Jeff and rest of crew

Surgery for Lynn 05/24

Daughter/Son-in-law Campbell

Jennifer/Hunter Roy grimes – healing Alberta's health

Revival at Lake Anna Community

Fellowship

**Emmaus Board** 

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## Please give praises for:

Matt's health

E 80 & 81

New pilgrim fellowship

Kenneth – Nephew wants to be saved

Me - Muscle issues

The beautiful world He has created for us

The walkers of Emmaus 79

Rondi

Chris Fair's recovery

Chris Fair's son Nathan comes home from Iraq in 9

days! Praise God!

Chris Fair's leg healed

New house

New Heart Havens Home started building Thursday

Nathan coming home from Iraq

To be back on two feet (and two wheels ③)

Work has picked up

Amanda Curtis is bringing my granddaughter by for

me to see

For a successful surgery

HE 21 Hanover Epiphany

Baby Gavin – No more blood on brain

Ben Bagget – critically injured, regaining

conciseness

Jake - Epiphany sail ministry

Ashley healing from surgery

Changes in lives because of E78 & 79

Conquering fear

Healthy kids

Food and a place to live

To be able to live a life in piety

Will be talking on 05/26 to Dr. for possible kidney

transplant

John's OK in CA

Matt is cancer free

#### From the Community Spiritual Director

This month we will be celebrating Memorial Day. Melbourne, Australia is the home of the Shrine of Remembrance, a war memorial honoring those who died for their country. Built following World War I, it has been expanded to honor those who served in subsequent conflicts. It's a beautiful place, with reminders of courage and devotion, but the highlight of the shrine is a hall with a carved stone that reads, "Greater Love Hath No Man", taken from John 15:13

We honor the memory of those who paid the ultimate price for freedom with a national holiday. Yet the words on that stone carry a greater meaning. Jesus spoke them the night before He died on the cross for the sins of a needy world. His death was not for freedom from political tyranny but freedom from the penalty of sin. His death was not just to give us a better life, but to give us eternal life. It is important to remember those who have given their lives for our country this Memorial Day---but may we never forget to praise and honor Christ who died for a dying world. Truly, there is no greater love than this.

Remember, the cross of Christ is the supreme evidence of the love of God.

From an old soldier---DeColores!

Tom Britt

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#### Community Volunteers & Board of Directors

Community Lay Director ..... Becky Thode\*

Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing, Chair Emmaus Board & Assign Nominating Committee Coordinator

Gathering Location Coordinator & Chair Pilgrim/Team Selection Committee

Community Spiritual DirectorTom Britt\*Board Spiritual DirectorJoe Reed\*Board Spiritual DirectorRick Dillard\*

<u>Treasurer</u> ..... Mike McDonald\*

Secretary ...... Jennifer McDaniel\*

Database Coordinators Bill Moore, Dennis Warne & Dick Barnett

Gathering Support CoordinatorJane CarwellCommunity Music DirectorLola McDonaldCommunity BakerKitti MannChildcare CoordinatorVacant

Music Coordinator for Gatherings ...... Lola McDonald

Placemat Coordinator Margaret Filler
Snack Agape Coordinator Rich Thode
Agape Bag Coordinator Diana Farrar

Name Badge Coordinator ...... Steve Makely

\*Board Members (Serving on the Board July 1, 2009- June 30, 2010)

Judy Britt\* Maria Fortune\* Tony Fortune\* George Mastin\*

Cam Noden\* Spence O'Connor\* Randy Ross\*

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### Active Reunion Groups in the Fredericksburg Emmaus Community

His Footprints	Various schedule: call for time and meeting place
Phyllis Howze	540-582-6739

S	Bethel UMC Men's Group	7:30 am	
U	Bethel UMC	Woodbridge, Va	
N	Brian Lewis:	703-590-9343	bb3253@aol.com

Ţ	Pastor's Weekly Meeting Call for location Mark Dunn	7:30 am 540-786-4025
U E S D	Great Is Thy Faithfulness Prince of Peace UMC Lloyd Biller	7:30 pm Manassas, Va 703-590-1512
A Y	Lakeside Group (Men) Lake of the Woods Vic Larson	8:00 pm Call for location 540-972-1928

Are you interested in joining or starting a new reunion group?

Call Sandy Crossley at 703-221-6977 or email her at slcrossley13@verizon.net

W	Lord's Lions & Lambs Group	6:00 pm	
E D	First Christian Church Gary Staddan 540	0-373-7716	first.christian.church@verizon.net
D			

	His Joyful Croakers Hillcrest UMC June Riel	9:00 am 540-710-5949	
T H U R	His Seekers (Women) Home of Jane Carwell Sandy Crossley Jane Carwell	7:30 pm Woodbridge, Va 703-221-6977 703-969-4019	tjcarwell@yahoo.com
S D A Y	Amazing Grace Group Hillcrest UMC Ed McAdam	8:30 pm 540-898-3625	emcadam@cox.net
	Rainbow Group (Women) Lake of the Woods Barbara Miller	10:00 am Call for location 540-972-7418	(Alternate Thursdays)

F	Koinonia Group (Women)	9:00 am
R	Lake of the Woods	Call for location
	Barbara Larson	540-972-1928

Upper Room Emmaus of the Greater Fredericksburg Area PO Box 42094 Fredericksburg, VA 22404

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RETURN SERVICE REQUESTED

Directions to First Christian Church: 1501 Washington Avenue

Fredericksburg, VA 22407

Phone: 540-373-7716

<u>From I-95:</u> Take Exit 130-A heading East on Route 3 and follow under the Route 1 Overpass. Turn left at the next light onto William St. Continue on William thru three lights before turning left onto Washington Ave at the Old City & Confederate Cemetery. First Christian Church will be three blocks down on your right.