

February 2010

# Upper Room EMMAUS of the Greater Fredericksburg Area

## Gatherings (2nd Saturday of each month)

### February 12th

POC: Rosemary Blankenship

Fairview at Charlotte St

### March 12th

POC: Kathleen Holladay  
Men's Team Commission

Hillcrest UMC

### April 9th

POC: Rick Dillard  
Women's Team Commission

Chancellor Christian

### May 14th

POC: Carol Burke

Stafford Crossing

### June 11th

POC: Ava Hanger

Dahlgren UMC



Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2011.

If you are your church's Point of Contact for hosting,  
please email our ACLD Dawn Kendall at  
[queendawn@juno.com](mailto:queendawn@juno.com) so arrangements can be made.

### Directions to Fairview Baptist Church:

900 Charlotte Street Fredericksburg, VA 22407

From I-95: Take Exit 130A (Rt. 3 East). Go to the stop light that intersects Route 3 and William St and turn Left onto William Street. Go to the second stop light and turn Right onto Littlepage Street. Fairview Baptist Church is on the right at the corner of Littlepage St & Charlotte St.

## Child Care at February Gathering

A program is in place for youth ages 4 to 12 - lead by Jacob Riley and directed by Ava Hanger. We are just getting this off the ground and urgently need parents who have children they would like included to contact Jacob ([soonandverysoon@live.com](mailto:soonandverysoon@live.com)) or Ava ([ahanger@va.metrocast.net](mailto:ahanger@va.metrocast.net) or 540-775-0010) so we know how many to expect and can discuss ways you might be able to help out.

## UPCOMING EMMAUS WEEKENDS

### Walk #

FE-82 (M)

FE-83 (W)

### Dates

Mar 30 - April 3, 2011

Apr 28 - May 1, 2011

### Weekend Lay Director

Tim Patrick

Susan Dillard

## Dick Barnett, Fairview at River Club, Fredericksburg Emmaus #7, Table of Mark

We are only in our 2nd month of 2011, yet much has been accomplished! On January 6, 2011, your Team Selection Committee met to make Team assignments for Men's Walk FE-82 being led by WLD Tim Patrick and to approve the Team candidate pool for the Women's Walk FE-83 being led by WLD Susan Dillard.

On January 8th, we held a 4th Day Follow-Up training session. Some 45 folks were in attendance, of which 28 were new Community members who can now Sponsor and Team. We have many new SPONSORS!!! What a coincidence, since we need many new PILGRIMS!!! Sponsors please send us Pilgrims for our Spring Walks.

Sponsors download an application from FredWalk.org, go see your Pastor, ask your Pilgrim!

Also on January 8th, your Board met and we had our first Gathering of the New Year 2011. At the January Gathering your Board members made a Covenant with the Upper Room to follow their Guidelines by reading and then signing in front of the Community a Covenant Letter required by Upper Room of its Emmaus Boards. On February 5th, your Board will be meeting with representatives of the Upper Room Ilyse Johnson and Rev. Faith Weedling to review our progress in Guideline compliance and have a general discussion of the way ahead.

On January 21st, we had our first Team and Servant Orientation - for Men's Team FE-82 led by WLD Tim Patrick. The Orientation was hosted by our Assistant Lay Director Dawn Kendall and Board SD Tom Britt. Dawn describes the Orientation in some detail in her Newsletter Guidelines Implementation Report. The Orientation meeting for FE-82 counts as their first Team meeting, so Men's Walk FE-82 is now officially Teaming!

January 2011 Board Actions:

(1) The Board approved a request by the Upper Room that we host a Spring Regional Training session for Emmaus Boards. Some 120 Emmaus Board members from the Eastern Region will be involved. Upper Room has requested that the training be on April 9th - our Gathering Saturday - so Regional attendees can stay for our Gathering. Chancellor Christian has agreed to host the session. Arrangements still need to be worked out regarding our Board meeting and the time of the Gathering as the training won't be over until 5 PM. More information to follow.

(2) The Board approved the priority of selection of Team members from the available Teaming candidates - Carol Burke reports on this in detail in her Newsletter Pilgrim/Team Support Coordinator report later in this Newsletter.

(3) The Board approved a Daily Prayer Chain Coordinator - Teresa Smith, Fairview at River Club, FE-37, Table of Patience. We already have 77 Prayer Warriors signed up to receive daily prayer requests and are soliciting more later in this Newsletter.

(4) The Board approved a 4th Day message be solicited by the Board's 4th Day Support Coordinator for inclusion in the Newsletter, (see box below). The first 4th Day message is from Cam Noden and included in this month's Newsletter.

(5) After discussion, the Board agreed that we need to insure the Community is clear on the new Teaming progression, that 1st time Teamers will receive a servant role separate from the Team, not Team each week and serve on the Weekend anonymously and separate from the Pilgrims and Team.

Please consider applying to Team on the Fall Walks - you have a couple months to download your Teaming Application from FredWalk.org, get your Pastor's signature and submit your application. We have some 1600 active Emmaus Community members, but only 130 of you have applied to Team over the past several years. It would be great to have two or three times that number Teaming. Pray about Teaming.

Please plan to attend our Gathering on February 12, 2011 at Fairview at Charlotte Street - fellowship at 3:30 pm and Gathering at 4 PM.

De Colores,  
Dick

## ATTENTION FREDERICKSBURG EMMAUS COMMUNITY!

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experiences in any of these areas, please email your testimony to Cam Noden at: [twonodens@juno.com](mailto:twonodens@juno.com) for review. I'll be looking forward to hearing from you!

# From the desk of the Community Spiritual Director

## We've All Got Responsibilities

Saluto vos caritatis (Latin) which means, "I greet you in Christian love!" As we approach ministry activities for the month of February, I wanted to share some thoughts on the responsibilities associated with the Community Spiritual Director. When you read The Upper Room Handbook on Emmaus, you will notice immediately that considerable thought is evident in its composition. Stephen Bryant and Richard Gilmore are credited with editorial responsibilities and undoubtedly, these men solicited additional support.

One would be misguided to view the Upper Room Handbook as being on par with the Bible; however, we must acknowledge its importance as the source of authority concerning proper conduct of The Walk To Emmaus and our covenant promise to the Upper Room. Within these pages are voluminous information and procedures which remove or mitigate redundancy and the tendency to innovate. Equally important, the Handbook provides the "reasons" for why things are done in a certain way.

Chapter 11 of the Upper Room Handbook- The Community Board of Directors specifically addresses the Community Spiritual Director's responsibilities in these matters. As your Community Spiritual Director, I can assure you that I take these responsibilities seriously. One such responsibility that the Community Spiritual Director is obligated to accomplish is to act as spiritual leader of the Emmaus community and, as such, assist the Board in remaining Christ-centered, focusing on the purpose of the Emmaus movement and being ever aware of God's presence in all decisions made by the Board. This is a challenging and heavy responsibility levied upon the Community Spiritual Director. It is accomplished through consistent prayer, study of God's Word, and accomplished in the spirit of teamwork within the Board of Directors.

Another responsibility given to me, as the Community Spiritual Director, is the special obligation to pay attention to the spiritual atmosphere and health of our Emmaus community to include the theological soundness of all Walks and to ensure that "servanthood" begins at the local church first, the community second, and is always in keeping with the intended goals of Emmaus.

I covet your prayers as I carry out my Community Spiritual Director's responsibilities.

Pastor Joe (FE#23, Table of Paul)

## Community 4<sup>th</sup> Day Testimony

My original intent of attending my Emmaus weekend was to grow spiritually and to grow closer to God. While both of those did happen, many things happened that I never dreamed would occur in my spiritual walk. One of those being the desire to see what a Weekend's like from the other side as a teamer. I'm not outgoing, do not like talking in front of others, I'd rather be a follower than a leader, etc..., so for me to submit an application to Team was a major step outside my comfort zone. I even hesitated handing it in until almost the last minute. But I never regretted it, because God used my first Teaming experience to grow me in ways I never knew I could grow. Certain circumstances that occurred gave me unforgettable spiritual growth that served as a catapult to where I am 3 years later. In fact every time God's asked me to team since, many unexpected spiritual growths have occurred in my Walk.

I've learned that getting involved in Emmaus is not only a very rewarding experience for myself, but more importantly for those I have met and will meet and for my church family as well. I no longer wait to be asked, but now ask can I do \_\_\_ or can I help with \_\_\_. My husband and I have sponsored which is also an awesome experience. Because we now see that couple active in Emmaus by teaming, growing spiritually, getting out of their comfort zones, and making an impact on others. So if someone were to ask me should I team or should I sponsor? I would say only if you want to make a lasting impact on others and experience life changing spiritual growth that only God can provide.  
Cam Noden, Fairview at River Club, E-67, Table of Elizabeth

# Prayer Requests from January Gathering

Ashley – Career Opportunity; Cija – Healing; BT & Jessica, Heather, Marc, Sean.

Thanks for strong marriages, good friends, love & laughter.

Jobs for Joe, Brian, Marc; Heather – Marriage; Sean – Health.

Financial problems; Should I Sponsor or Team? Marriage, family, Emmaus Community.

Stewardship of money; Randall.

Daughter's pregnancy; US Congresswoman who was shot; Personnel issues at work.

Ability to recognize, understand and accept concept of and responsibility for limitless possibilities, opportunities and options resulting from Emmaus Walk and continuing Emmaus experiences.

Prayers for family of Joyce Dadzie (FE-67, Maranatha SDA Church) who died 12/31/2010.

Healing for Wilfred.

Resolution of Kathleen's work situation; Healing for Bob's heart and liver; Congresswoman, staff and shooter; 112th Congress – God's guidance; Eddie – job stress.

Back pain & problems with Talk Room and Servant transition; FE-82 Team.

Brother Bob's health; Concerns for money; Make choices for Sponsor or Teaming; Church seeking wisdom and obedience; Prayers for Nana Sue.

My son Erie – that God gives him what he really needs.

Nancy recovering from surgery; Melanie for employment; Bernice who lost her husband last week.

New kidney prayer – also for family.

Co-workers; Leon; my family.

Help with my Fourth Day continuation of daily life; find the right church with Godly people; for financial recovery.

For Congresswoman and other victims of senseless tragedy – for their families, that God will be present in their time of sorrow.

Thankful for my family; Peace at my job; Husband's stressful job; Country; Blessings for our children.

Ailing elderly parents; relief of pain.

Speedy recovery for a stroke victim.

Healing for Bob; my job; shooting in Tuscon; 112th Congress; Ed's job.

That my son will get final approval for his re-finance loan; grandchildren; praises for safe and happy Christmas holiday.

Travel mercies for Karen & Chris; River Club to prosper in this coming year.

Helen's husband died December 30; Valerie's father died December 30; for FE-82 & 83 Walks.

Jim's stroke recovery – strength for family; FE-82 Team.

Grandson Dillon; Wilfred & Mary (surgery in January); Lake Anna Community Fellowship Youth Group and all youth.

Bob's health; 112th Congress; Congresswoman shot; job situation.

Joe, Brian, Cija, Ashley, Marc – jobs; Carol's kids; Heather's marriage & place to live; Sean's health.

Joe's job; Brian's job; Cija; Ashley.

Health for my niece & her unborn child; salvation for my sister and her two daughters; wisdom & guidance for our church body; discernment for our children.

Strengthen me to do your work for the kingdom that has come!

Health; guidance for the Board of Directors; new job; travel mercies.

Lynne's sister Kathy – liver cancer – radioactive treatments on 1/20/11.

## Daily Internet Prayer Chain Is Launching!

The Fredericksburg Board has approved Teresa Smith, Fairview at River Club, FE-37, Table of Patience, as our new Daily Prayer Chain Coordinator. So far we have 77 Prayer Warriors in the Community who have signed up to receive daily prayer requests by email! If you want to be on the daily Prayer Chain, send an email to Dennis Warne, our Website Administrator, for inclusion on our Prayer Warrior distribution list.

As soon as we have established an email address for Teresa to receive prayer requests, we will publish that we are open for Prayer Business and anyone in the Community will be able to email Teresa with their prayer requests, which Teresa will then gather and send out daily to everyone who has signed up to receive and pray over each request. Urgent prayer requests will be handled individually as quickly as possible when received.

# Reports from your Board Members/Coordinators:

## Gathering Support – Ava Hanger

The first children's gathering had light attendance, but the kids (and adults) had a good time. We are planning the February children's gathering and are expecting many more children to attend, but we still need to hear from parents! If you would be willing to help in the children's gathering on a rotating basis, please contact Jacob Riley or Ava Hanger.

## Pilgrim/Team Support – Carol Burke

The last 8 weeks have been busy for the Community as the teams for FE 82 and FE 83 have been assembled. As our Community moves closer to matching the model as described in The Upper Room Handbook of Emmaus, the selection process for these teams has seen some changes. The Board has approved the following process:

The Team Selection Committee will approve the teaming applicants by grouping the teaming applications into 4 priority categories, choosing all available applicants first from priority level 1 up thru level 4.

1. People who have met their servant requirement and haven't Teamed on last two Walks in a row.
2. People who have not fulfilled the servant requirement and have teamed 1 time.
3. People who have met the servant requirement but Teamed on last two Walks.
4. People who have not met the servant requirement and have served on more than one Team.

Emmaus leadership begins and ends with anonymous positions of servanthood, such as working in the dining room, praying in the chapel, sorting letters in the agape room and cleaning bathrooms. This kind of sacrifice and servanthood is the heart of Emmaus and is where the development of Christian leadership begins. If you have not served in a servant role on a weekend, your next teaming position will be in a servant role. This is in alignment with the Upper Room Guidelines.

The sponsorship of pilgrims for FE82 and FE83 is vital! Pray for the opportunity to sponsor someone. Pray for the pilgrims that God has chosen for FE82 and FE 83. As a reminder for all of us, the aim of the sponsor is to bring spiritual revitalization to Christians who, in turn, will bring new life and vision to the work of the church in the congregation, home, workplace, and community. The aim of sponsorship is to build up the body of Christ.

Whom do we sponsor?

1. Church leaders (pastors & laypersons)
  - A. Dependable church members who are the backbone of the church
  - B. Less active members who need their awareness of grace rekindled and their commitments renewed
  - C. Christians who are hungry for something more and who want to grow spiritually
  - D. Members and leaders who represent a cross section of the church.
  - E. Members of diverse congregations, denominations and ethnic groups

## Manuals Coordinator – Mike Remington:

Please be advised of the Manuals available for purchase – see me at Gatherings or give me a call!

Item No.	Item Name	Price
880	Walking Side by Side	\$5.00
881	What is Emmaus	\$5.00
882	Coming Down from the Mountain	\$5.00
886	Spiritual Directors	\$5.00
911	Music Directors	\$5.00
E970	Emmaus Handbook	\$10.00
E9809	Coordinators Manual	\$10.00
E9810	Walk to Emmaus (Purple Book)	\$1.00
E9868	Emmaus Director's Manual	\$12.00
E9961	Emmaus Team Manual	\$6.00

# Board/Coordinator Reports continued:

## Upper Room Guidelines Implementation Committee – Dawn Kendall

The Guidelines Implementation Committee has been very busy preparing for the spring walks.

In December, the GIC presented a draft schedule to the Board, to be voted on in February. The schedule aligns with the model wherever possible and defers to the Fredericksburg community traditions when there is discrepancy. After each talk, there is distinct time for meditation, discussion, and creative response. Fellowship time on Saturday night lasts a reasonable but limited time after the last pilgrim has left the chapel; everyone is encouraged to be in bed by midnight (team and pilgrims). At the end of each day, the team meeting follows a basic agenda: table family review, next day agenda, team assignments, and prayer.

The GIC also identified key changes in the weekend structure. These changes include:

New DVD replaces “In Remembrance.” The DVD is approximately 8 minutes in length and is accompanied by updated WLD and WSD remarks.

Prayer partners come from the Support Team. Talk Room team members remain in the talk room.

There is no music Thursday night or Friday morning until the Prevenient Grace talk.

Pilgrims sit wherever they choose at Friday breakfast and the WLD leads the breakfast blessing.

Table invitation is done by roll call (no cards).

Readings have been removed from the schedule due to copyright issues (“Lord I Have Time,” “Please Hear What I Am Not Saying,” and “Who Me?”).

Means of Grace talk includes handing out index cards and instructions to write general questions about means of grace to be answered by SDs. ALL SDs meet to decide which questions will be answered and how those questions will be answered. Q&A session is no more than 15 minutes.

Dying Moments meditation uses 2 loaves of bread and public confession.

Music Team introduces the meal graces and the history of sung blessings; explains the DeColores story (with the skit if desired); teaches the pilgrims the prayer song “Jesus, Jesus” prior to Candlelight.

Some Fredericksburg traditions are not part of the Upper Room Emmaus model but meet the spiritual and objective purposes of the Emmaus mission and message. The GIC saw no justification for removing those from the schedule and the Board concurred. Therefore, the following activities have been left in the Fredericksburg schedule: agape bags, carrying the cross and designated table chapels.

The GIC led the Orientation meeting for FE-81. Team assignments were announced and initial training on roles and responsibilities was conducted. This meeting kicked off teaming for FE-82 and enabled the team members to hear about the changes and ask questions. The GIC will review feedback from the meeting as it prepares for the women’s Orientation meeting.

Looking ahead, the GIC continues to review the Handbook, focusing next on the team selection process.

## Communications Coordinator – Ken Roark

We continue to provide Newsletter electronic distribution support, data management and distribution to various committees, and recently, support to establishing the new electronic Daily Prayer Chain.

## Fourth Day Support – Cam Noden

The 4 working groups are in place and are actively working on each of their areas; gathering (meeting with the gathering support coordinator), training (evaluating the surveys given out at the Jan. team/sponsor training and will be evaluating WLD training), 4th day follow up (still has yet to meet), and Pastor survey (recently sent out a survey to over 80 churches to get feedback from pastors who’ve had pilgrims walk in the past 15 yrs. to determine how Emmaus benefited that pilgrim(s) and their church).

# Community Volunteers (Sept 1, 2010 - Aug 31, 2011):

(Approved By Emmaus Board)

## Elected Community Officers (Thru June 30, 2011):

**Community Lay Director**.....**Dick Barnett\***  
Chair Emmaus Board and Various Standing Committees  
Lead Gatherings & Candlelight, Host Weekend Sponsors' Hour/Closing

**Assistant Community Lay Director**.....**Dawn Kendall\***  
Gathering Location Coordinator  
Chair Upper Room Guidelines Implementation Committee  
Act for Community Lay Director when necessary

**Community Spiritual Director**.....**Joe Reed\***  
Various Standing Committees & Hosting  
Board Spiritual Director.....Tom Britt\*  
Board Spiritual Director.....Greg Akers\*

**Treasurer**.....**Carol Burke\***  
Financial Advisory Committee.....Vacant

**Secretary**.....**Jennifer McDaniel\***  
Manuals Coordinator.....Mike Remington\*  
Records/By-Laws Historian.....Mike Remington\*

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## Community Volunteers:

**Communications Coordinator**.....**Ken Roark\***  
Website Administrator.....Dennis Warne  
Newsletter.....Brooke Ferguson  
Database Coordinator.....Dennis Warne  
Daily Prayer Chain Coordinator.....Teresa Smith

**Fourth Day Support Coordinator**.....**Cam Noden\***  
Fourth Day Advisory Committee.....Art Blankenship  
Upper Room Guidelines Implementation.....Dawn Kendall\*  
Fourth Day Follow-Up Training.....Dick Barnett\*  
Reunion Group Coordinator.....Vacant  
Identify/Obtain Literature & Reference Material.....Vacant

**Gathering Support Coordinator**.....**Ava Hanger\***  
Childcare Coordinator.....Jacob Riley  
Community Baker.....Sandie Makely  
Gathering Location Coordinator.....Dawn Kendall\*  
Music Coordinator for Gatherings.....Lola McDonald  
Music Equipment Coordinator.....Vacant\*

**Pilgrim/Team Support Coordinator**.....**Carol Burke\***  
Pilgrim Selection Committee.....Dick Barnett\*  
Pilgrim Registrars.....Ralph and Sandy Williams  
Team Selection Committee.....Dick Barnett\*  
Team Registrar.....Dick Barnett\*

**Weekend Support Coordinator**.....**Mike McDonald\***  
Community Servant Coordinator.....Mike McDonald\*  
General Agape Coordinator.....Vacant  
Prayer Vigil Coordinator.....Vonda LiCalzi  
Placemat Coordinator.....Tom Wells  
Snack Agape Coordinator.....Judy Britt\*  
Agape Bag Coordinator.....Diana Farrar  
Transportation Coordinator.....Vacant  
Supplies Coordinator.....Mike McDonald\*  
Name Badge Coordinator.....Gary Adkins  
Fourth Day Packets.....Wilfred and Mary Usher\*

\***Board Members** (Serving July 1, 2010- June 30, 2011)

## HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions. If you are interested in serving in any capacity, please contact Dick Barnett at [k4guj@aol.com](mailto:k4guj@aol.com).

# REUNION GROUPS

## Sunday

Bethel UMC Men's Group  
7:30 am  
Bethel UMC Woodbridge, Va  
POC: Brian Lewis  
703-590-9343  
bb3253@aol.com

## Monday

Ladies in Waiting  
Meets every other Monday in  
Falmouth  
POC: Vonda LiCalzi  
540-446-2682

## Tuesday

Pastor's Weekly Meeting  
7:30 am  
Call for location  
POC: Mark Dunn  
540-786-4025

Great Is Thy Faithfulness  
7:30 pm  
Prince of Peace UMC  
Manassas, Va  
POC: Lloyd Biller  
703-590-1512

Lakeside Group (Men)  
8:00 pm  
Lake of the Woods  
Call for location  
POC: Vic Larson  
540-972-1928

## Wednesday

Lord's Lions & Lambs  
Group  
6:30 pm  
First Christian Church  
POC: Joe Reed  
540-373-7716  
first.christian.church@  
verizon.net

## Thursday

His Joyful Croakers  
9:00 am  
Hillcrest UMC  
POC: June Riel  
540-710-5949

His Seekers (Women)  
7:30 pm  
Home of Jane Carwell  
POC: Sandy Crossley  
703-221-6977  
POC: Jane Carwell  
703-969-4019  
tjcarwell@yahoo.com

Amazing Grace Group  
8:30 pm  
Hillcrest UMC  
POC: Ed McAdam  
540-898-3625  
emcadam@cox.net

Rainbow Group (Women)  
Alternate Thursdays  
10:00 am  
Lake of the Woods  
Call for location  
POC: Barbara Miller  
540-972-7418

## Friday

Koinonia Group (Women)  
9:00 am  
Lake of the Woods  
Call for location  
POC: Barbara Larson  
540-972-1928

## Varies

His Footprints  
Various schedule: call for  
time and meeting place  
POC: Phyllis Howze  
540-582-6739

Are you  
interested in  
joining or  
starting a new  
reunion group?

Contact Cam  
Noden at  
twonodens@  
juno.com