October 2011

Upper Room of the Greater Fredericksburg Area

Gatherings (2nd Saturday of each month)

October 8th

POC: Cam Noden

November 12th POC: Kathleen Holladay

December 10th

Fairview @ River Club

Hillcrest UMC

North Stafford Baptist Church

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting, please email our CLD Dawn Kendall at queendawn@juno.com so arrangements can be made.

Directions to Fairview at River Club 10835 Tidewater Trail Fredericksburg, VA 22408

From downtown Fredericksburg: Take Rt 2 South approximately 4 miles to left into River Club Shopping Center.



4th Day Testimonies

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Pilgrim Applications

If anyone has a pilgrim application signed by all parties for either FE-84 or FE-85, please bring it to the Gathering Saturday 10/8 at Fairview at River Club. Please give it to Ralph or Sandy Williams, pilgrim registrars.

UPCOMING EMMAUS WEEKENDS

Walk #FE-84 (M)
FE-85 (W)

Dates

Oct 20- 23, 2011 Nov 17 – 20, 2011 **Weekend Lay Director**

Harry Tillman Lola McDonald

From the Community Lay Director

HELLO. October already?! Time is moving right along. Personally, I am looking forward to cooler temperatures, brightly colored leaves, and the various harvest festivals that happen around our area.

FRIENDS AND FAMILY. On September 26, our sister Patti Vernon passed away after a long battle with cancer. Patti walked on Sonshine Emmaus 12 and supported Fredericksburg Emmaus by sponsoring several pilgrims and teaming on FE-59. In Patti's honor, please make a point of finding someone that you love but do not see often and tell them how important they are to you.

GATHERING. The October 8 Gathering will be at Fairview at River Club; the men's talk room team will be introduced. We will meet again on November 12, when the women's team will be introduced and the men from FE-84 will speak. Please make plans to come out and worship with your Emmaus family.

FALL WALKS. The walk dates are: October 20-23 (men) and November 17-20 (women). WE STILL HAVE ROOM FOR PILGRIMS. Please consider who you might be able to sponsor for these events. You can also sign up to serve at the next Gathering and pray, pray, pray!

COVENANT WITH THE UPPER ROOM. Last month, your Board of Directors signed the Letter of Agreement with the Upper Room. This covenant spells out what our responsibilities are to the Upper Room and what their responsibilities are to us. This agreement enables us to use the Emmaus name and materials and have access to the Upper Room resources. A copy of the letter will be sent to you for your information.

PRAYERS. What would we do if we did not have the safety net of prayer in our lives? Please continue to pray for your Emmaus family. So many people need to be lifted up. If you have a prayer request that needs immediate attention, email our Daily Prayer Chain (FredEmmausPrayers@Yahoo.com) to be lifted up by our prayer warriors. If you would like to be a member of this ministry, contact Dennis Warne (WarneDM@comcast.net).

DECOLORES! May God bless all ya'll in unexpected ways.

Dawn Kendall FE-54, Table of Peace

From the Community Spiritual Director

In Song of Songs 3:4 Solomon wrote: "I found the one my heart loves. I held him and would not let him go." We serve a truly amazing God whom the Bible says loved us while we were yet sinners. There is a sense in which God, in relation to you and I, said "I found the one my heart loves and I will never let you go." In spite of our past sinfulness, in spite of our trying every other solution to our problem first, yet He loves us and waits for us to turn to Him.

So isn't it amazing the things that we place in front of giving time to the Lord? Jim Reimann, Editor of My Utmost For His Highest, notes: "The things of the world have a tempting allure to the best of us. But the closer we get to Jesus, the more His brilliance dims the glow of worldly temptations. Yet at one point in His ministry, 'many of His disciples turned back

and no longer followed Him' (John 6:66), due to the 'hard teaching' (vs. 60) He shared with them. Then Jesus asked the twelve, 'You do not want to leave too, do you?' (vs. 67); at which Peter declared, 'Lord, to whom shall we go? You have the words of eternal life' (vs. 68)."

Perhaps the most relevant question for each of us in life is "to whom shall we go?" Many of us have looked around and discovered that there is no greater thing, nor greater person to run to that Christ who says to you and I, "I found the one my heart loves. I held him and would not let him go." I urge you to examine your priorities (remember the priorities talk from your weekend?) and commit anew to following hard after God.

Rev. Jim Muhlenkamp

Prayer Requests from September Gathering

For starting a new church after church conflict

The Angel Food Ministry

The homeless

Government leaders

Kelly's health

Grace's move to New York and Drew back in Alabama

Earthquake/hurricane/flood victims

Change the hearts of terrorists

FE-84 and FE-85

For pilgrims coming

For those with heart issues

Heather-health and financial issues

For the Matthew Payne family: his unexpected death leaves financial concerns. Let them depend on God for

His love, guidance, and everlasting wisdom.

Guidance for Hunter

For Chandler to make good choices in college

For Epiphany

For everyone who doesn't know Jesus

For my brother John to come to know God and Jesus

For my ex sister-in-law's sobriety

For help with financial problems

Foe people looking for jobs

For the people who stole and burned my van

For Everett, with cancer

For Bev's double mastectomy

For Rocky's knee replacement

Randy's health

To approach each case on humility; to maintain honor in each interaction; to focus on their need, not mine

For Mom and Dad

For my daughter's father

For Al

For the unemployed

Brother John

Homecoming and revival at GUMC

For Bonnie, carrying a heavy burden

For peace

PRAISES

Kathleen's health improvements

Blake and Ashley's beautiful wedding

Vacations

Marc's job

Fourth Day Testimony

Why should I be in a Reunion Group?

I have been in a reunion group off and on since my walk in 2002. I try to stay in a group but sometimes with scheduling it is difficult. When I am grouping I feel that I am more accountable to God, to my Christian sisters in my group and to myself. I also feel more in touch with God. The group keeps me in line with prayer, study and planning for my spiritual future. I feel more comfortable in my discipleship, which is what we are all supposed to be doing. When I am not in a group I tend to feel lost and have little or no direction. It is my feeling that everyone should be grouping as regularly as their schedule will allow. Remember, it is all good.

Vonda LiCalzi, Antioch UMC, FE-46, Peace



Men's Emmaus #84 Team List

Name Assignment Talk/Reading

Gary Adkins	ALD - Friday	
Dick Barnett	Board Rep	
Chris Campbell	ATL - Luke	Body of Christ
Matt Curtis	ATL - Matthew	Psalm 23
Richard Dean	TL - Mark	Priesthood of All Believers
Butch Farley	ATL - Mark	Discipleship
Ed Hayner	TL - Paul	Growth Through Study
Ken Hinkle	Table Floater	Matthew 22: 34-40
Steve LiCalzi	ALD - Sunday	Priorities
Bob Liepelt	LSD	Means of Grace
Bill Lyon	ATL - Paul	Ecclesiastes 3:1-15
Mike Mason	ATL - John	Psalm 100
Marc McDonald	AMD	Colossians 3:1-14
Mike McDonald	TL - John	Life of Piety
Mitch Mitchell	WMD	Luke 24:13-35
Jim Muhlenkamp	SD	Prevenient Grace/Obstacles to Grace
Gene Philipp	AMD	Prayer of St. Francis
Joe Reed	SD	Justifying Grace
Jake Riley	TL - Luke	Christian Action
Willard Sawyer	SD	Sanctifying Grace
Mike Selph	TL - Matthew	Changing Our World
Harry Tillman	WLD	Perserverance
Ralph Williams	ALD - Thursday & Saturday	4th Day
Tim Patrick	Lead Servant	

Directions to Camp Happyland 21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.



Men's Emmaus #84 Partial Pilgrim List*

Steve Blodgett	Bethel Baptist Church
RJ Counts	Rhoadesville Baptist Church
Kelly Curtis	Fairview Baptist Church
Sam Hampton	Stafford Crossing Community Ch
Bernie Jenkins	Salem UMC
Kevin Kuykendall	Bethany Baptist Church
Philip Morton	Salem UMC
Brian Rigsby	Stafford Crossing Community Ch
Bill Spicer	Mt Horeb UMC
Robbie Thomas	Grace UMC
Jay VanGelder	Mt Horeb UMC

Snack Agape

Snack agape, (baked goods, brownies, goodies), is needed for the Men's Walk. You may bring packaged goods to the Gathering on October 8th and give to Lisa Green.

Schedule for Men's Emmaus #84

Date		Time	Activity at Camp Happyland
Thur.	10/20/11	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat.	10/22/11	7:30 pm	Candlelight – Community will gather for praise, Communion &
			fellowship. Please bring flowers for the team to use Sunday morning!
Sun.	10/23/11	4:00 pm	Closing Service

Instructions for Walk Agape:

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 32 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.

^{*}Before the Men's Walk, please check our website at www.fredwalk.org, for any updates to the Pilgrim List.

Elected Community Officers: (Thru June 30, 2012)

Community Lay Director	Dawn Kendall	
Assistant Community Lay	Richard Leeper	
Community Spiritual Dir	Jim Muhlenkamp	
Dick Barnett Judy Britt Chris Campbell	Lisa Green Ava Hanger	Cam Noden Jake Riley
Secretary Treasurer Manuals Coordinator/H Spiritual Director	istorian	Vacant Carol Burke Mike Remington Bill Walker

Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator Website Administrator Newsletter Database Coordinator Daily Prayer Chain Coordinator	Chris Campbell Brooke Ferguson Dennis Warne
Fourth Day Support Coordinator	Art Blankenship
Upper Room Guidelines Implementation	Dawn Kendall
Pilgrim/Team Support Coordinator. Team Selection Committee Team Registrar Pilgrim Registrars.	Dawn Kendall Dick Barnett
Gathering Support Coordinator Childcare Coordinator Hospitality Coordinator Transportation Coordinator	Jacob Riley Kathleen Holladay

Weekend Support Coordinator Community Servant Coordinator Community Baker Supplies Coordinator Prayer Vigil Coordinators	Richard Leeper Sandie Makely Chris & Karen Campbell
Placemat Coordinator Snack Agape Coordinator Agape Bag Coordinator Name Badge Coordinator Fourth Day Packets	.Tom Wells .Lisa Green .Karen Campbell .Gary Adkins

Music/Equipment Coordinator.....Mitch Mitchell

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at

fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Dennis Warne at warnedm@comcast.net and ask to be included as a Prayer Warrior.

Sunday Friday Wednesday Bethel UMC Men's Group Lord's Lions & Lambs Group Koinonia Group (Women) 7:30 am 6:30 pm 9:00 am Bethel UMC Woodbridge, Lake of the Woods First Christian Church POC: Joe Reed Call for location **POC: Brian Lewis** POC: Barbara Larson 540-373-7716 703-590-9343 first.christian.church@ 540-972-1928 REUNION GROUPS bb3253@aol.com verizon.net **Varies** Monday Thursday His Joyful Croakers His Footprints Ladies in Waiting 9:00 am Various schedule: call for Meets every other Monday Hillcrest UMC time and meeting place in Falmouth POC: June Riel POC: Vonda LiCalzi POC: Phyllis Howze 540-710-5949 540-446-2682 540-582-6739 His Seekers (Women) 7:30 pm Are you Home of Jane Carwell interested in POC: Sandy Crossley Tuesday 703-221-6977 joining or POC: Jane Carwell starting a new 703-969-4019 Great Is Thy Faithfulness tjcarwell@yahoo.com reunion group? 7:30 pm Prince of Peace UMC Amazing Grace Group Contact Cam 8:30 pm Manassas, Va Hillcrest UMC POC: Lloyd Biller Noden at POC: Ed McAdam 703-590-1512 twonodens 540-898-3625 @juno.com Lakeside Group (Men) 8:00 pm Rainbow Group (Women) Lake of the Woods Alternate Thursdays Call for location 10:00 am **POC: Vic Larson** Lake of the Woods 540-972-1928 Call for location POC: Barbara Miller 540-972-7418