November 2011

Upper Room of the Greater Fredericksburg Area

Gatherings (2nd Saturday of each month)

November 12th

Hillcrest UMC

POC: Kathleen Holladay

December 10th

North Stafford Baptist Church

Board meeting at 1:30 pm

Fellowship at 3:30 pm

Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting, please email our CLD Dawn Kendall at queendawn@juno.com so arrangements can be made.

Directions to Hillcrest UMC 2208 Lafayette Boulevard Fredericksburg, Virginia 22401 (540) 898-2180

From Route 1 South & I-95:

Take Route 1 North, (from Spotsylvania Exit 126 on I-95), to Four-Mile Fork. Turn right onto Lafayette Blvd. Continue on Lafayette Blvd. to Hillcrest UMC on the left.

4th Day Testimonies

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!



UPCOMING EMMAUS WEEKENDS

Walk # FE-85 (W)

FE-86 (M) FE-87 (W) Dates

Nov 17 – 20, 2011 March 22 - 25, 2012 April 26 - 29, 2012 **Weekend Lay Director**

Lola McDonald Ralph Williams TBA

From the Community Lay Director

HELLO. Greetings to you, my brothers and sisters! I hope that life is treating everyone well.

FRIENDS AND FAMILY. We offer our sincere condolences to Tom and Bonnie Wells following the death of their son, Zack. We know there are no words that can ease their pain; all we can offer is our love and support.

GATHERING. The November 12 Gathering will be held at Hillcrest UMC on Lafayette Boulevard. We will have the opportunity to welcome the men from FE-84 into our community. We will also commission the women's talk room team. Come worship with your Emmaus family.

THE WOMEN'S WALK. The women's walk is upon us! Please pray about how you can serve the women on this walk, especially through the prayer vigil and as a prayer partner. Plan to come out to Camp Happyland to support the pilgrim and team. Let's show them some love!

THE MEN'S WALK. FE-84 is complete and God was alive! The testimony at Closing was powerful and we thank

God for working through our community to guide the 20 pilgrims closer to Him. Come meet these men and hear their stories at the next Gathering.

PRAYERS. If you have a prayer request that needs immediate attention, email our Daily Prayer Chain (FredEmmausPrayers@Yahoo.com) to be lifted up by our prayer warriors. If you would like to be a member of this ministry, contact Dennis Warne (WarneDM@comcast.net).

THANKSGIVING. Thanksgiving is approaching quickly. Let us remember that this is not an easy, happy time for everyone. For many people, the holidays are a time of great difficulty and loneliness. Please reach out to those who may be struggling this year and let them know that God has not forgotten them.

DECOLORES! .Blessings to all ya'll.

Dawn Kendall FE-54, Table of Peace

YOU'RE INVITED

What: The Gathering of the Fredericksburg Emmaus Community

When: Saturday, November 12 at 3:30

Where: Hillcrest United Methodist Church on Lafayette Boulevard

Dress: Colorful

The Walk to Emmaus weekend is only one part of the journey. Please join your Emmaus family in fellowship at the monthly Gatherings, in support with a reunion group, and in service in the greater community.

DECOLORES

From the Community Spiritual Director

As I write this newsletter article, I feel pressed to address a growing concern within our Emmaus Community – that is the lack of participation by the community in all aspects of Fredericksburg Emmaus. 2 Chronicles 31:21 says "And every work that he undertook in the service of the house of God and in accordance with the law and the commandments, seeking his God, he did it with all his heart, and prospered."

Spurgeon makes the following observation:

It is the general rule of the moral universe that those men prosper who do their work with all their hearts, while those are almost certain to fail who go to their labor leaving half their hearts behind them. God is not pleased to send wealth to those who will not dig in the field to find its hidden treasure. It is universally confessed that if a man would prosper, He must be diligent in business.

It is the same in religion as it is in other things. If you would prosper in your work for Jesus, let it be heart work and let it be done with all your heart. Put as much force, energy, heartiness, and earnestness into religion as you do into business for it deserves far more. The Holy Spirit helps our infirmities, but He does not encourage our idleness; He loves active believers.

I realize that many are busy with their own church activities to become too deeply involved in the Emmaus Community, and we do not want to interfere with your service to your own church. However, we just held our 84th walk to Emmaus in the Fredericksburg Emmaus Community. Even being conservative that is over 1600 individuals who have experienced an Emmaus weekend. Allowing for natural attrition and those who are busy on a given weekend, there should still be sufficient numbers of people able to attend a gathering that there would be "standing room only." Further,

how much time does it really take to make general agape for the pilgrims on the weekend? Remember how you felt when you saw the overwhelming amount of agape that was given to you at various times during your own Walk to Emmaus? Or Candlelight – remember how you felt when you came out of the talk-room and saw all of those people lined up to show you the face of Jesus on your weekend?

Again, I am not asking you to give up your service to your church to make Emmaus a priority, but I am asking that you seek the Lord as to what He would have you do to give back to the Community. It does not take a great deal of time to be involved if one is not serving on the board, or teaming for a weekend. A Gathering only happens once a month and only lasts a couple of hours – is that too much time to work for the Lord with all your heart? There are only four walks peryear, that's four Candlelights, and four Closings, not a lot of time out of an entire year. And, how long does it take to produce a piece of general agape, one for each pilgrim and team member on the walk?

What I am asking each member of our community to do is to seek the Lord, ask Him what He would have you to do in the Emmaus Community, and then do that with all your heart and see how God prospers it. Let me close with this final thought from Spurgeon: "Wholeheartedness shows itself in perseverance; there may be failure at first, but the earnest worker will say, 'It is the Lord's work, and it must be done; my Lord has bidden me do it, and in His strength I will accomplish it.'" This is the Lord's work, as He bids us do it, let us accomplish it in His name.

Jim Muhlenkamp

Community Notes

FE-85 is almost here!

Please VOLUNTEER to serve. The walks cannot run smoothly without us being the hands and feet of Christ. Please speak with the Lead Servant Rosemary Blankenship to see how you can best serve during the weekends.

Please SUPPORT the weekend events. Come out to greet the pilgrims on Thursday night, bless them with your love at Candlelight, and come hear their joy at Closing.

Please sign up for the 72-HOUR PRAYER VIGIL. Select a time and pray wherever you are at that time. The Prayer Vigil record is presented to the pilgrims as a form of agape. Please sign up so that every hour of the walk is covered in prayer.

Be a PRAYER PARTNER. Prayer Partners come to Camp Happyland and pray for specific speakers. Prayer Partners remain in the Prayer Chapel until the speaker has completed his or her talk. This is a wonderful form of agape for our team members. Remember, the weekend needs all of us. Let's bless our talk room and servant teams and the pilgrims with our service.

Prayer Requests from October Gathering

Comfort and strength for the Wells

family

Salvation for loved ones

Healing for Wallace and Aunt Judy

Hinchey family Shepherds UMC

Epworth UMC

Epiphany

For Kathleen

Mike's meeting with his father

Cam's talk Finances

Direction from God

Debbie's mother's health and

relationship

Grandson Michael

Al—hip pain

Travel mercies

Calmness for Stephanie

Our youth group

FE-84 and FE-85

Hope for a friend who needs direction

Continued recovery for our beautiful

LaZalia

For the Ushers' health and finances

Tom and Bonnie

Joe's back and foot

Healing for Gene

Peaceful passing for the terminally ill

For changed lives through FE-84

For the unsaved

For each of us to confidently be the

hands and feet of Jesus

That God's mercy and blessings rain

down on the Wells family Chris, Nancy & family

Mary Alice

Carli

John Wilson & Peggy Clark

Epworth congregation

Luanne & Alexis

Lauren

For troops overseas

For the health of our children

Wilfred, Mary, John, Christopher, Dan,

Olivia, Vivian, Steve, Betty, Sal, Ricky

For Maranatha

Housing for Bill

Heather and friend going back to

school

The Vernon Family

Susan McCoy

Glenda Montler-health issues; tests

scheduled

Kristie & JB-health and job

Free Hope Community Fellowship

For Kevin, a pilgrim on FE-84

Lianne-healing for mind and spirit

Work

For Chris to have a closer walk with the

Lord

For God to heal my body of arthritis if

it is His will

Lauren-enlarged spleen & high red

blood count

Wallace-medical tests

Tony-grandfather is in hospice

For God to open our eyes and heart

Mary, Jimmy, Chris, Jerry, Margaret, &

Mike

That God will open the hearts and

minds to His way as the Brookes family

works through the death of Mary

That God be glorified in FE-84

For the men's music team

For FE-85

Fourth Day Testimony

Prior to my Emmaus Walk in the spring of 2004, I was a guy who thought he was living a good Christian life. For me, I went to church for 1 hour every Sunday morning then did whatever I wanted to do for the remaining hours of the week. I left God at my church and did not take Him with me as I walked out the door. After my Walk, I went to my Reunion Group that met at First Christian Church on historic Washington Ave. There, I started for the very first time bringing God with me during the week and not leaving Him stranded at my church. I got to describe my experiences for the week as they related to piety, study, and action. Also, I started to really learn how to pray, which was something that I had neglected for so many years. As Corrie Ten Boom once proclaimed, "I was now using God as my steering wheel instead of as my spare tire." I am now a member of Stafford Crossing's "Building Bridges" Reunion Group. Attending my group weekly, attending the monthly gatherings, and serving on Emmaus teams has kept my spiritual ship on course for the last 7 years! I pray that for the pilgrims of FE-84 and for all past and future pilgrims that their 4th Day experiences will be as filled with a lifetime of God's gracious blessings as it has been for me.

Harry L. Tillman, Stafford Crossing Community Church, FE-53, Table of Mark

Women's Emmaus #85 Team List

Name	Church	Talk/Reading	Assignment
Lisa Green	Regester Chapel UMC	.Christian Action	TL Love
	•	.Colossians 3:1-14	
Adela Harlow	Woodbridge Christian	.Luke 24:13-35 & Growth through Study	TL Joy
Ava Hangar	Dahlgren UMC	.Discipleship	ATL Joy
Jennifer Taylor	Ebenezer UMC-Oldhams	.Life of Piety	TL Peace
Donna Sisk	Grace UMC		ATL Peace
Debbie Bliss	Hillcrest UMC	.Body of Christ	TL Kindness
Susan Perkins	Prince of Peace UMC	.Ecclesiastes 3:1-15	ATL Kindness
Vonnie Hinkle	Stafford Crossing	.Changing Our World	TL Gentleness
Hilary Parr	Fairview Baptist Church	.Priesthood of All Believers	ATL Gentleness
Lola McDonald	Stafford Crossing	.Perseverance	WLD
Sharon Smith	Fairview Baptist	.4th Day	ALD
Colleen McGrath	Bowling Green UMC	.Priority	ALD
Cam Noden	Fairview at River Club		ALD
Gerri Bartman	Holy Family Catholic	.Prayer of St. Frances	Floater
Vonda LiCalzi	Antioch UMC	.Matthew 22:34-40	Floater
Carol Grimes	Promised Land	.Means of Grace	WSD
Tom Britt	Chancellor Christian	.Justifying Grace	SD
Ralph Thomas	Tower of Deliverance	.Sanctifying Grace	SD
Chris Fair	Antioch UMC	.Obstacles to Grace	SD
Felicia Taylor	New Horizons	.Prevenient Grace	SD
Kathy Neiswander	Woodbridge Christian		MD
Christine Tillman	Stafford Crossing	.Psalm 23	AMD
Debbie Avis	Woodbridge Christian	.Psalm 100	AMD
Judy Britt	Chancellor Christian		Board Rep

Instructions for Walk Agape:

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 24 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.

Women's Emmaus #85 Partial Pilgrim List*

Jenn Beckers	Lifepoint Church
Jean Bennett	Wicomico UMC
Connie Brindle	Christ The King
Robin Curtis	Fairview Baptist Church
Donna Davis	Byrd Chapel UMC
Connie Garman	Bethel UMC
Betty Laster	Tower of Deliverance Church
Mary McCormick	Tower of Deliverance Church
Laurie Nichols	Byrd Chapel UMC
Sharon Pardue	Grace UMC
Margaret Pitman	Wicomico UMC
Barbara Price	Bethel UMC
Margie Ryder	Grace UMC
Kada Saunders	Providence UMC
Debbie Simonsen	Bethel UMC
Becky Spicer	Fairview Baptist Church
Sue Spicer	Mt Horeb UMC
Jeanette VanGelder	Mt Horeb UMC

Snack Agape

Snack agape, (baked goods, brownies, goodies), is needed for the Women's Walk. You may bring packaged goods to the Gathering on November 12th and give to Lisa Green.

*Before the Women's Walk, please check our website at www.fredwalk.org, for any updates to the Pilgrim List.

Schedule for Women's Emmaus #85

Date		Time	Activity at Camp Happyland
Thur. 1	11/17/11	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 1	11/19/11	7:30 pm	Candlelight - Community will gather for praise, Communion &
			fellowship. Please bring flowers for the team to use Sunday morning!
Sun. 1	11/20/11	4:00 pm	Closing Service

Directions to Camp Happyland 21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

Elected Community Officers: (Thru June 30, 2012)

Community Lay Director	Dawn Kendall	
Assistant Community La	Richard Leeper	
Community Spiritual Dir	Jim Muhlenkamp	
Dick Barnett Judy Britt Chris Campbell	Lisa Green Ava Hanger	Cam Noden Jake Riley
Secretary Treasurer Manuals Coordinator/H Spiritual Director	istorian	Vacant Carol Burke Mike Remington Bill Walker

Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator Website Administrator Newsletter Database Coordinator Daily Prayer Chain Coordinator	Chris Campbell Brooke Ferguson Dennis Warne
Fourth Day Support Coordinator Fourth Day Advisory Committee Fourth Day Follow-Up/Reunion Group Coordinator	Art Blankenship
Upper Room Guidelines Implementation	Dawn Kendall
Pilgrim/Team Support Coordinator	Dawn Kendall Dick Barnett
Gathering Support Coordinator	Jacob Riley Kathleen Holladay
Music/Equipment Coordinator	Mitch Mitchell

 Weekend Support Coordinator
 Jake Riley

 Community Servant Coordinator
 Richard Leeper

 Community Baker
 Sandie Makely

Prayer Vigil Coordinators Lisa Green

Placemat Coordinator Tom Wells

Snack Agape Coordinator Lisa Green

Agape Bag Coordinator Karen Campbell

Name Badge Coordinator Gary Adkins

Fourth Day Packets......Wilfred and Mary Usher

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewq.org and ask to be included as a Prayer Warrior.

REUNION GROUPS

Sunday Friday Wednesday Bethel UMC Men's Group Lord's Lions & Lambs Group Koinonia Group (Women) 7:30 am 6:30 pm 9:00 am Bethel UMC Woodbridge, Lake of the Woods First Christian Church POC: Joe Reed Call for location **POC: Brian Lewis** POC: Barbara Larson 540-373-7716 703-590-9343 first.christian.church@ 540-972-1928 bb3253@aol.com verizon.net

Monday

Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682

Tuesday

Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512

Lakeside Group (Men) 8:00 pm Lake of the Woods Call for location POC: Vic Larson 540-972-1928

Thursday

His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949

His Seekers (Women)
7:30 pm
Home of Jane Carwell
POC: Sandy Crossley
703-221-6977
POC: Jane Carwell
703-969-4019
tjcarwell@yahoo.com

Amazing Grace Group 8:30 pm Hillcrest UMC POC: Ed McAdam 540-898-3625 emcadam@cox.net

Rainbow Group (Women)
Alternate Thursdays
10:00 am
Lake of the Woods
Call for location
POC: Barbara Miller
540-972-7418

Varies

His Footprints
Various schedule: call for time and meeting place
POC: Phyllis Howze
540-582-6739

Are you interested in joining or starting a new reunion group?

Email Richard Leeper at richardleeper@ netscape.net