March 2012

Upper Room of the Greater Fredericksburg Area

Gatherings (2nd Saturday of each month)

March 10th April 14th Fairview Baptist Charlotte St TBD

Board meeting at 1:30 pm Fellowship at 3:30 pm Gathering at 4:00 pm

Please bring snack food to share during fellowship time.

We are looking for churches to host Gatherings for 2012. If you are your church's Point of Contact for hosting, please email our CLD Dawn Kendall at queendawn@juno.com so arrangements can be made.



Snack Agape

Snack agape, (baked goods, brownies, goodies), is needed for the Men's Walk. You may bring packaged goods to the Gatherings on March 10th and April 14th to give to Lisa Green. Thanks!

Directions to Fairview Baptist Church 900 Charlotte St Fredericksburg, VA 22553

Directions from I-95: Take Exit 130A heading Rt. 3 East. After the Rt. 1 overpass, turn left at the next stop light which intersects Route 3 and William St. Continue on William St. to the second stop light and turn Right onto Littlepage Street. Fairview is on the corner of Littlepage St. and Charlotte St.

UPCOMING EMMAUS WEEKENDS

Walk #

FE-86 (M) FE-87 (W) Dates

March 22 - 25, 2012 April 26 - 29, 2012 **Weekend Lay Director**

Ralph Williams Sharon Smith

From the Community Lay Director

HELLO. Roosters, cluck hens, and babe chicks, oh my!!

Grace and peace to our Emmaus family in the name of

Jesus the Savior! Welcome Spring!

PILGRIMS WANTED!! The spring walks are upon us.

Please consider sponsoring someone to experience the

Walk to Emmaus. Pilgrim applications are available online
at www.fredwalk.org. We still have room on both walks for
pilgrims; lets fill the talk room!

FE-86 AND 87. Weekend Lay Directors Ralph Williams and Sharon Smith are preparing their team for the upcoming walks. Please support these teams in prayer, service, agape, sponsorship.

AGAPE. We will have an agape collection box available at all Gatherings between now and the spring walks. If it is tough for you to get to Camp Happyland on Thursday night to take agape for the pilgrims, this is a time when you can bring it to the Gathering for delivery on the weekend. Information about agape is included in this newsletter. "They will know we are Christians by our love."

GATHERINGS. Our March Gathering will be at Fairview Baptist at Charlotte Street. Fellowship begins at

3:30 and worship begins at 4. We will be commissioning our spring teams and in April and May, we will be hearing pilgrim testimonies. Mark your calendars now for the second Saturday in each month to be part of these experiences.

COMMUNITY SUPPORT. Remember how amazing your Emmaus walk weekend was? What was it that moved you? Was it the agape bag, filled with encouragement from people you did not even know? Was it the beautiful display of love and support at Candlelight? Was it seeing a room full of people praising God for His blessings on you at Closing? Let's support these walks with a renewed commitment. Please prayerfully consider the level of your participation. Let's bless their socks off!

DECOLORES! Blessings to all ya'll!

Dawn Kendall FE-54, Table of Peace

Directions to: Camp Happyland

21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance from Central Park is about 18 miles.

From the Community Spiritual Director

"Take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one." Ephesians 6:16 NIV.

Charles Spurgeon notes "Faith is that blessed grace that is most pleasing to God, and thus it is the most displeasing to the devil. By faith God is greatly glorified, and consequently by faith Satan is greatly annoyed. He rages at faith because he sees his own defeat and the victory of grace."

The Bible says that the "just shall *live* by faith." Faith is the very foundation of our salvation. An unwavering trust in an almighty God to save us and to usher us finally into His eternal kingdom. It is for this reason that any attempt to live by faith is met with trials and tribulations. Living by faith in God is not a natural act. It takes a conscious effort on our part to exercise a life of faith and to cause our faith to grow.

Paul encourages us to "take up." The Greek word that appears is an acrist active imperative—meaning that it is something that must be actively engaged in. There is an action required by the hearer—the taking up. In other words, the Christian who is endeavoring to stand for Christ cannot sit

passively by and let life happen and expect their faith to grow and to continue to extinguish the flames of doubt and defeat hurled at them by Satan. Rather, there must be action on our part to "take up" our faith. How is this accomplished? By all of the means of grace that God has given to us such as personal Bible study, participation in fellowship and accountability groups, prayer, and faithful attendance in Church.

The Emmaus Community—gatherings, teaming, sponsoring, etc.—is another means that God has given us to exercise and grow our faith. To "take up" the shield of faith by participation with fellow Christians. I want to encourage you to be active in your Emmaus community. Spurgeon states, "It is by our faith that we live; we began to live by it and continue to live by it. Faith is your jewel, your joy, your glory; and the thieves who hunt the pilgrim's way are all scheming to tear it from you. Hold fast; this your choice treasure."

Jim Muhlenkamp

Fourth Day Testimony

When I teamed recently on E85, I realized just how long ago my walk was...FE 20! I always knew there was something special about Emmaus. The passion and love for the Jesus I discovered on FE 20 never faded in all those years. God was good...all the time! On E85 I was called to serve and give the Changing Our World talk. I was thrilled! God has brought me to a place in my discipleship where I am privileged to serve on international mission teams with my church, so I thought it was brilliant of God to let me have that talk. So I began the process of praying and reading the outline of the talk. But the more I read the outline and prayed over the talk, I was humbled by a new realization. I realized that even after hearing that talk many, many times over the last 15 years, I never truly understood it. I just didn't get it. The words had never moved from my head to my heart. God had first used Emmaus to stir my love for Him – my Piety. He used years and years of Study to bring me closer to Him. And here it was, 15 years later, that my Discipleship was finally bearing fruit. Fifteen years! And God never gave up. But you know what? Neither did I! Emmaus is a movement of the Holy Spirit to breathe new life into us and our churches. We have to continue to breathe to live. I pray that God will continue to pour His breathe over me and Fredericksburg Emmaus!

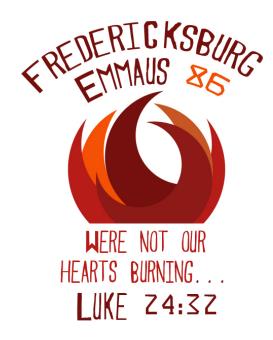
Vonnie Hinkle, Stafford CCC, FE-20, Table of Faithfulness

Men's Emmaus #86 Partial* Pilgrim List

Name

Church

Brett Lively	Fairview at River Club
Steve Kintzel	Fairview Baptist Church
Bob Sizemore	Fairview Baptist Church
Bruce Heintz	Hillcrest UMC
J.J. Kaelin	First Christian Church
Shane Lack	Fairview at River Club
Bill Peters	Byrd Chapel UMC
Mike Linkous	Byrd Chapel UMC
Rich Mills	Fairview Baptist Church
Dero Brown	Stafford Crossing Comm Church
Whitlock Jerry	St. Stephens Baptist Church



Instructions for Walk Agape:

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for 24 Pilgrims and 32 Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the March & April Gatherings

^{*}Before the Men's Walk, please check our website at www.fredwalk.org, for the Pilgrim List.

Prayer Requests from February Gathering

Housing repairs needed

Health

Wilfred & Mary

For the family of Jim H, who passed away Dec 30th

For Chandler to make good choices

Belinda-mental healing

Marie-work problems

Emmaus team, sponsors, and pilgrims

Randy's niece suffering with leukemia

Rocky-healing

Secular attacks on Christianity

Ralph Williams and FE-86

Job opportunities for my daughter and son-in-law

Community benefit oyster roast and beneficiary

Rich Thode's recovery

Healing for Joe's back

John and Mildred-health and strength

Pat's back surgery

Tom Magogle family

Work for Mark

Cheryl's mother's passing

Diana's interview

Bridges student's taking their GEDs

SAIC employees

Dawn's health

Our granddaughter at college

FE 86 and 87

Christopher, John, Olivia, Al, Jazz, and Dann

PRAISES

For new faces and familiar faces at the Gathering

Drew's graduation plans

Schedule for Men's Emmaus #86

Date		Time	Activity at Camp Happyland
Thur.	3/22/12	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat.	3/24/12	7:30 pm	Candlelight – Community will gather for praise, Communion &
			fellowship. Please bring flowers for the team to use Sunday morning!
Sun.	3/25/12	4:00 pm	Closing Service

Elected Community Officers: (Thru June 30, 2012)

Community Lay Director	Dawn Kendall	
Assistant Community La	Richard Leeper	
Community Spiritual Di	Jim Muhlenkamp	
Dick Barnett Judy Britt Chris Campbell	Lisa Green Ava Hanger	Cam Noden Jake Riley
Secretary Treasurer Manuals Coordinator/H Spiritual Director	listorian	Vacant Carol Burke Mike Remington James Arkord

Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator	Chris Campbell Brooke Ferguson
Fourth Day Support Coordinator	Art Blankenship
Upper Room Guidelines Implementation	Dawn Kendall
Pilgrim/Team Support Coordinator Team Selection Committee Team Registrar Pilgrim Registrars.	Dawn Kendall Dick Barnett
Gathering Support Coordinator Childcare Coordinator Hospitality Coordinator Transportation Coordinator	Jacob Riley Kathleen Holladay Chris Campbell
Music/Equipment Coordinator	Mitch Mitchell
Weekend Support Coordinator Community Servant Coordinator Community Baker Supplies Coordinator Prayer Vigil Coordinators Placemat Coordinator Snack Agape Coordinator Agape Bag Coordinator Name Badge Coordinator Fourth Day Packets	Richard LeeperSandie MakelyChris & Karen CampbellLisa GreenTom WellsLisa GreenKaren CampbellGary Adkins

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewq.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

8:00 pm

Lake of the Woods

Call for location

POC: Vic Larson

540-972-1928

Sunday Thurs (cont'd) Wednesday Bethel UMC Men's Group Lord's Lions & Lambs Group Uptown Bristersburg Believers 6:30 pm 2nd and 4th Thursdays Bethel UMC Woodbridge, First Christian Church 7:00 pm POC: Joe Reed Mt. Horeb UMC POC: Brian Lewis 540-373-7716 POC: Chris Wells 703-590-9343 first.christian.church@ 540-788-3068 bb3253@aol.com verizon.net Monday Thursday Friday His Joyful Croakers Koinonia Group (Women) Ladies in Waiting 9:00 am 9:00 am Meets every other Monday Hillcrest UMC Lake of the Woods in Falmouth POC: June Riel Call for location POC: Vonda LiCalzi 540-710-5949 POC: Barbara Larson 540-446-2682 540-972-1928 His Seekers (Women) 7:30 pm Home of Jane Carwell Tuesday **POC: Sandy Crossley Varies** 703-221-6977 POC: Jane Carwell 703-969-4019 Great Is Thy Faithfulness His Footprints tjcarwell@yahoo.com 7:30 pm Various schedule: call for Prince of Peace UMC time and meeting place Amazing Grace Group POC: Phyllis Howze 8:30 pm **POC: Lloyd Biller** Hillcrest UMC 540-582-6739 POC: Ed McAdam 703-590-1512 540-898-3625 Lakeside Group (Men) Are you interested in

Rainbow Group (Women)
Alternate Thursdays
10:00 am

Are you inferested in joining or starting a new reunion group?

Email Richard Leeper at richardleeper@netscape.net

Lake of the Woods

Call for location POC: Barbara Miller

540-972-7418