July 2012

Upper Room of the Greater Fredericksburg Area

Gatherings (2nd Saturday of each month)

July 14th August 11th September 8th Bethel UMC (Caroline)
Lake of the Woods Church
Melrose UMC

Board meeting at 1:30 pm
Fellowship at 3:30 pm
Gathering at 4:00 pm
Please bring snacks to share during fellowship time.

We are looking for churches to host Gatherings for 2012.

If you are your church's Point of Contact for hosting, please email our CLD Chris Campbell at chris@ewg.org so arrangements can be made.



Directions to Bethel UMC 17380 Dawn Blvd Hanover, VA 23069

Directions from I-95: From Fredericksburg, take I-95 South to exit 98 toward Doswell/West Point. Keep left at the fork to continue on VA-30. Make a left onto VA-30. The church is on the right after 6.5 miles.

Fall Walks

The team building for FE-88 and FE-89 is in process. Please be in prayer for these two teams and for the pilgrims that God wants on these walks.

And speaking of pilgrims - we need some for the Fall walks. Is it too early to be thinking about pilgrims? Nope! And never too early to pray for someone that you think would benefit from going on a Walk to Emmaus. And its not too early to ask them either. Pilgrim applications are available from the community website: http://www.fredwalk.org

UPCOMING EMMAUS WEEKENDS

Walk #

FE-88 (M) FE-89 (W) **Dates**

October 25 - 28, 2012 November 8 - 11, 2012 **Weekend Lay Director**

Mike McDonald Terry Cook

From the Community Lay Director

GREETINGS from your new Community Lay Director. It is an honor for me to have been selected and I look forward to serving you this upcoming year.

FIRST, let me apologize for not being at the gathering, but I do have a good excuse. I will be on a mission trip to Peru with a group of 28 students and leaders from July 5-15 and will be working my way back home from Iquitos on the day of the gathering. Richard Leeper has graciously accepted to run the July gathering in my absence.

THE CIRCLE MAKER. I have been reading The Circle Maker written by Mark Batterson. I highly recommend the book. It has been an interesting read and I have learned a lot about prayer. More importantly though, I am making a conscious effort to apply the principles laid out in the book to my prayer time. Currently I am about 2/3 of the way thru and am in a spot in the book where I am only reading 2 to 3 pages night. It is not a hard read – but I want to make sure that I apply what I just read to my prayer time.

MY FAVORITE phrase from his book is to work like it depends on you, but pray like it depends on God. God honors the prayers of those that are doing His work while expecting God to answer their prayers. This may seem a little counterintuitive – but you'll get what I mean from this quick example from the book. Two farmers are experiencing drought and are praying hard for rain. One goes out and prepares his field expecting it to rain. The other farmer doesn't prepare his field. Whose prayer is God going to answer? More importantly, are you preparing your field so that God can bless you?

AND THERE IS MORE. Pray big – pray prayers that you can't fulfill under your own power. Pray hard – persistence pays off. And pray long – prayer is often not immediate. And keep circling – you'll have to read the book to know what I mean by that – luckily that is in the first chapter which you can read for free on Amazon – look it up!

APPLICATION IS KEY. I am applying this book to my prayers for the Fredericksburg Emmaus Community. I am praying for the community – its spiritual and physical health, its people, the walks, and the pilgrims. I am praying big – full walks and well attended gatherings. I'm praying for a problem – that we don't have enough walks to accommodate pilgrims and that we need another walk – or even two! I'm asking God for 150 people at the gatherings. The gatherings are a great place to recharge with fellow brothers and sisters in Christ. Is 150 at a gathering going to happen next month – maybe yes – maybe no. But I am praying hard and expect to pray long. And I'll be working with others to prepare the field so that it can happen.

WHY? I've seen and experienced the transforming effects of letting God have his way for 3 days on a walk. I've seen people going into the ministry because of their Emmaus experience. I've seen people come back from the weekend energized and on fire for the Lord. Those people have injected new life into their churches. I want us to find more of these pilgrims. In short, I want to be part of God's miracle.

A PRAYER EXPERIMENT. I recently read a part in the book that told of a prayer experiment. Ten people committed to pray for each other daily for forty days. After the first forty, they did another forty, and another forty. I'm looking for fellow circle makers who will pray for the Fredericksburg Emmaus Community. To pray circles around the spiritual and physical health of the community, for full walks, for well attended gatherings, and most of all that God will be glorified thru our actions and that others will be brought to a new understanding of His love for them. Let me know if you are a fellow prayer circler – just respond to the newsletter email.

DeColores,

Chris Campbell
FE-70, Table of Peter

From the Community Spiritual Director

Luke, in speaking of the Apostles in the Acts stated:

"These ... have turned the world upside down" Acts 17:6

What was it that enabled these men, broken sinners at heart, to turn upside down the world of their day?

Examine first these men. They were men one moment victorious and the next defeated. One minute they were bold and the next cowering in fear. They were men from a variety of backgrounds and experiences that would not recommend them for the service to which they were called.

For example, Peter, brash, impetuous, a tendency to lead with his heart and his mouth before carefully considering what he was about. One moment speaking a truth that could be given him only by God and the next using his mouth for sinful influence. One moment declaring his loyalty to death, the next denying his Lord from fear. Surely not one in whom we would expect God to place responsibility for beginning the Church.

Matthew, the tax collector, the lowest of the low.

Matthew was one who made his living through the betrayal of his fellow Jews. He had become rich through extortion propelled by greed.

John and James, the "sons of thunder" who sought, not service but a place of honor on the right and left of Christ in His kingdom, they were propelled by pride and covetousness. And Saul, by his own admission, the "chiefest of sinners." Saul obtained from the religious authority of the day a license to hunt down and kill these followers of Christ. Paul was a man so prideful that he needed a thorn in the flesh to remind him of his own weaknesses.

There was nothing in these men to recommend them to greatness in the Christian walk. Nothing that would identify them as men particularly suited to the spread of the Gospel. What was it that enabled them to turn the world of their day upside down? It was the power of Christ working in them, enabling them, compelling them. It was the power of the divine making them holy, changing them from the inside out and marking them for Christ.

The example of these men gives each of us hope that we too can turn upside down our world for Christ. Though broken sinners, at times brash, at times fearful, we can become powerful witnesses for Christ allowing Him in us to make us holy. Pascal said, "The serene beauty of a holy life is the most powerful influence in the world next to the might of God."

Allow the beauty of your holy life in Christ to shine from you to influence your world. May it be said of us that we "have turned the world upside down."

4th Day Testimony

For the past 22 years I have attended Fairview Baptist Church and the previous 15 years attending Goshen Baptist Church. During this time I attempted to serve my Lord in the best of my ability. Part of that service includes being a Deacon, Chairman of numerous committees, Sunday School Teacher, Nursery worker, youth leader to name a few. Yet none of this could have been accomplished without the support of my wife, Judy (FE 61), who for 46 years has ensured that church was a key part of our marriage. After 30+ years of serving the church I became a pew sitter just watching others do the Lord's work until I took the walk. It was my Walk to Emmaus experience that revived my enthusiasm and willingness to serve the Lord. I came away from my Walk knowing that the Lord was not done with me and still had things he wanted me to do. As a result I joined an accountability group, Teamed on FE 70, 72, 76, 84, and 86. I have also been a community servant on FE 78, 85. I have found that the Monthly Gatherings help me keep connected with other Christians in our community. As for my work in my church, I am an Active Deacon; I still help with children, work with our food pantry, and participate in the men's ministry.

Ron Jennings, Fairview Baptist, FE-66

Prayer Requests from June Gathering

Peace UMC

Jim and Delores

Travis and Nicole

Bill

Nephew in Afghanistan

Wellness ministry

Improved finances

House to rent

Peru mission trip in July

Heather working at Mount Lawn

camp

Scott Ross in Peru for 3 years

My son John

Health

Lynn's daughter buying her first

house

Overcome—a Fauquier youth event

Craig's surgery and recovery

Good outcome for transcripts to

college

Doc's retirement

Lynn, Jason, Greg, Mary, John,

Chris, Christian, Langston, Wilfred,

Lebo

Donald-health, pain; to find God's

peace

Fred Camp-support and prayers

Travel mercies for Rocky and Ava

The new Emmaus Board

Ava-CT scan

Rich-fighting cancer

Maranatha Church

Guidance, healing, and

reconciliation

Leukemia recovery

Emmaus child in jail

Lloyd Chittum and family

For Jim to find a job

For our youth

For Katherine

Amy-work

Phyllis and Kevin's family

PRAISES

Heather-difficult pregnancy

For our granddaughter

For graduates

In memory of Phyllis

Hope 3

Risen Hope Fellowship

HELP WANTED

Our Emmaus Community is looking for volunteers to fill several vacant coordinator positions. If you are interested in serving in any capacity, please contact Chris Campbell chris@ewg.org

Board Changes

Thank you to Dawn Kendall and Richard Leeper for leading the community over the last year. Also, thank you to the outgoing Board Members for their service: Dick Barnett, Judy Britt, Cam Noden, Joe Reed, and Jake Riley.

Welcome to the new board members: Debbie Bliss, Mary Lee Hensel, Doc Holladay Nancy McDaniel, Gayle Porias and Chris Wells.

Elected Community Officers: (Thru June 30, 2013)

Community Lay Director			
Assistant Community Lay DirectorTBD			
Community Spiritual Director		Jim Muhlenkamp	
Debbie Bliss Doc Holladay	Lisa Green Ava Hanger	Mary Lee Hensel Chris Wells	
Agape Coordinator	ian	Vacant Carol Burke Mike Remington Gayle Porias	

Community Volunteers: (Sept 1, 2011 - Aug 31, 2012)

Communications Support Coordinator	Chris Campbell Brooke Ferguson
Fourth Day Support Coordinator	Art Blankenship
Upper Room Guidelines Implementation	.Dawn Kendall
Pilgrim/Team Support Coordinator Team Selection Committee Team Registrar Pilgrim Registrars	Dawn Kendall Dick Barnett
Gathering Support Coordinator Childcare Coordinator Hospitality Coordinator Transportation Coordinator	Jacob Riley Kathleen Holladay
Music/Equipment Coordinator	.Mitch Mitchell
Weekend Support Coordinator Community Servant Coordinator Community Baker. Supplies Coordinator. Prayer Vigil Coordinators Placemat Coordinator. Snack Agape Coordinator Agape Bag Coordinator Name Badge Coordinator Fourth Day Packets.	Richard LeeperSandie MakelyChris & Karen CampbellLisa GreenTom WellsLisa GreenKaren CampbellGary Adkins

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Teresa Smith, Fairview at River Club, FE-37, Table of Patience. Simply email Teresa at fredemmausprayers@yahoo.com with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewq.org and ask to be included as a Prayer Warrior.

4th Day Testimony Request

The 4th day committee wants your 4th day testimonies. They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We will review it and if accepted, include it in the newsletter on a monthly basis. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com for review. I'll be looking forward to hearing from you!

Sunday Thurs (cont'd) Wednesday Bethel UMC Men's Group Lord's Lions & Lambs Group Uptown Bristersburg Believers 6:30 pm 2nd and 4th Thursdays Bethel UMC Woodbridge, First Christian Church 7:00 pm POC: Joe Reed Mt. Horeb UMC **POC: Brian Lewis** 540-373-7716 **POC: Chris Wells** 703-590-9343 first.christian.church@ 540-788-3068 REUNION GROUPS bb3253@aol.com verizon.net Monday Thursday Friday His Joyful Croakers Koinonia Group (Women) Ladies in Waiting 9:00 am 9:00 am Meets every other Monday Hillcrest UMC Lake of the Woods in Falmouth POC: June Riel Call for location POC: Vonda LiCalzi 540-710-5949 POC: Barbara Larson 540-446-2682 540-972-1928 His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley Tuesday 703-221-6977 POC: Jane Carwell 703-969-4019 Great Is Thy Faithfulness tjcarwell@yahoo.com 7:30 pm Prince of Peace UMC Amazing Grace Group 8:30 pm **POC: Lloyd Biller** Hillcrest UMC POC: Ed McAdam 703-590-1512 540-898-3625 Lakeside Group (Men) Are you interested in 8:00 pm joining or starting a Rainbow Group (Women) Lake of the Woods Alternate Thursdays new reunion group? Call for location 10:00 am **POC: Vic Larson** Lake of the Woods Email Richard Leeper 540-972-1928 Call for location POC: Barbara Miller at richardleeper@ 540-972-7418 netscape.net