UPPER ROOM EMMAUS OF THE GREATER FREDERICKSBURG AREA

Upcoming Walks:

FE-95 (M) Oct. 2-5, 2014 Gary Adkins

FE-96 (VV) Nov. 13-16, 2014 Lisa Green

Gathering Directions

To: Bethel UMC

17380 Dawn Blvd Hanover, VA 23069

From Fredericksburg: Take I-95 South to exit 98 toward Doswell/West Point. Keep left at the fork to continue on VA-30. Make a left onto VA-30. The church is on the right after 6.5 miles.

Volunteers Needed

Please contact Doc Holladay at doc.holladay@wildblue.net if you are interested in helping the Emmaus community through any of the various volunteer positions listed on Page 4 for the period of Aug 2014 - Sept 2015.

Gathering Info

2:30 pm Board meeting

3:30 pm Fellowship & 4:00 pmGathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Mary Lee Hensel at mlhensel59@gmail.com

GATHERINGS

July 12th

Bethel UMC

August 9th

First Christian

September 13th

St Matthias UMC

From the Community Lay Director

Dear Community,

I hereby beg for everyone's forgiveness for the last minute nature of my input to the Newsletter. The only defense I can give was a general misunderstanding (on my part) about the timing of the transfer of responsibilities. Since officially none of the office holders are posted until the Board meeting just prior to the July gathering I assume my duties and responsibilities would not commence until then, evidently I was wrong. All I can tell you is it will get better and I ask for your prayers as I better learn the intricacies of my new role. Due to the extreme lateness of this posting I am going to keep this month's comments to a minimum.

I would highly encourage any of you who wish to have something addressed within the Newsletter, going forward, that you post them to me at doc.holladay@wildblue.net no later than the 21st of the month. If deemed appropriate for inclusion, it will be included. If deemed not appropriate for posting you will be provided a written reason why and an alternative solution will try to be worked out with you.

Doc Holladay

Fourth Day Testimony

After my walk in 1993, I began to work on having a closer relationship with our Lord. My spiritual walk deepened as I found more time for scripture reading, study, and prayer. I became a Lay Speaker in my denomination. I was active in a reunion group for over 16 years. During that growth time, God clearly called me to pulpit ministry. I am completing my 9th year as a pastor this June and look forward to the next. I know that God is directing my path and my spiritual journey every day. Sometimes I try too hard and He reminds me to "Let go and let God."

I have found great meaning in teaming as both a lay person and clergy. It is a time of renewal and refreshment for my spirit as well as an opportunity to see God at work in the lives of many others. And I find my ongoing spiritual boost at our monthly gatherings. Being active in Emmaus keeps my fire burning within and my heart warm with His love. Our Emmaus Community has been so supportive for me since the death of my beloved Jim in March. Blessings to you all.

Rev. Betty Jo Sims, Mizpah United Methodist Church, Walkerton, VA Sonshine Emmaus, Walk # 2, Table of Naomi

Prayer Requests

Barbara - health and resolution

Bethel UMC

Bob and Betty - moving and safe travels

Bunny Lelansky - her son is dying of cancer

Bob Devon - dying of esophageal cancer and has

several strokes in Grand Rapids, Michigan

Castillo's family

Charles and his family

Children

Clint - healing

Community

Corey's family

Godfrey - moving to Florida - safe travels

Griffin's family

Hank Nelson - heart

Jim Badger - thyroid surgery

loey

Kathleen Holladay - Healing

Kelly, Justin & Eli Anderson (marriage)

Kelly - marriage

Ken and Trina

Larry - job

Lauren & Shawn – Moving to Canada – pray for

safety along the way and into their new home.

Lilly

Louisa - Daughter moving to Canada. Pray for

safe move and smooth transition

Maris – Uplifted

Mary Lee – Healing

Mary Lee – Son-in-law, Henry, back in Afghanistan

Mary - Camp

Matt - Guidance for preaching

Mike - Travel mercies

Our country

Our younger generation

Peggy and Bobby - Travel mercies

Renewal of Emmaus

Sherbas - Safe travels

Sons court date

Steve - Jodi and divorce

The evolving praise band and service at St.

Matthias Church

Tristan - Vision therapy and OT

Unchurched

Vonda - the grandchildren

Woman in Sudan

Job decision

Remembering not to take to much on

House sales

Friend with advanced lung cancer

For churches getting new pastors

Tenant issues

PRAISES

Blessing of having my son close to family

Healthy relationships

New granddaughter - Annebelle - healthy

Elected Community Officers: (Thru June 30, 2014)

Community Lay Director	Doc Holladay <u>doc.holladay@wildblue.net</u>
Assistant Community Lay Director	Terry Cook <u>mktyck@gmail.com</u>
Community Spiritual Director	Chris Fair <u>ckfair@wildblue.net</u>
Beth McBride <u>bethmcb24@icloud.com</u>	Karen Campbellcampbells_6@yahoo.com
Diana Farrar <u>hrhdiana@yahoo.com</u>	Dan Seedaniel.see@bowheadsupport.com
Ed Hayner <u>ed.hayner@aol.com</u>	Ron Jenningsirjennings@verizon.net
Chris Wells <u>cdwells50@gmail.com</u>	Gregg Snydergregg_snyder@juno.com
Agape Coordinator	OPEN
Secretary	OPEN
Treasurer	Debbie Bliss <u>dhbliss@cox.net</u>
Manuals Coordinator/Historian	Doc Holladay <u>doc.holladay@wildblue.net</u>
Spiritual Director	Betty Jo Sims <u>bsims@feedmore.org</u>
Spiritual Director	Chris Fair <u>ckfair@wildblue.net</u>

Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator	Mary Lee Hensel
Website & Database Administrator	Chris Campbell
Newsletter	Brooke Ferguson
Daily Prayer Chain Coordinator	Debbie Bliss
Fourth Day Support Coordinator	Chris Wells
Fourth Day Advisory Committee	
	Cam Noden
Fourth Day Follow-Up/Reunion Group Co	
Team Selection Committee	Chris Campbell
Team Registrar	Chris Campbell
Pilgrim Registrars	Tom & Bonnie Wells
Gathering Support Coordinator	Mary Lee Hensel
Hospitality Coordinator	Kathleen Holladay
Music/Equipment Coordinator	Mitch Mitchell
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Weekend Support Coordinator	
Community Servant Coordinator	
Community Baker	,
Supplies/Transportation Coordinators	
Prayer Vigil Coordinator	
Placemat Coordinator	
Snack Agape Coordinator	
Agape Bag Coordinator	
Name Badge Coordinators	Gary Adkins
	Dianna Wells
Fourth Day Packets	Diana Farrar

Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets. Simply email Debbie at fredemmausprayers@yahoo.com or dhbliss@cox.net with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

Sunday

Bethel UMC Men's Group 7:30 Am

Bethel UMC Woodbridge, Va

POC: Brian Lewis 703-590-9343 Bb3253@aol.com

St. Matthias Reunion Group 1st Sunday Of Each Month 12:15 - 1:30 Pm

St. Matthias Social Hall POC: Tammi Ellis

Monday

Ladies In Waiting

Meets Every Other Monday

In Falmouth

POC: Vonda LiCalzi

540-446-2682

Rainbow Group (Women)

First Monday Of Month 10:00 Am

Lake Of The Woods

Location Varies

POC: Barbara Miller

540-972-7418

Are you interested in joining or starting a new

Reunion Group?

Email Chris Wells at cdwells50@gmail.com

Tuesday

Great Is Thy Faithfulness 7:30 Pm

Prince Of Peace UMC

Manassas, Va

POC: Lloyd Biller

703-590-1512

Reunion Bible Study

10:00 Am

North Stafford Baptist

POC: Karen Campbell

540-658-0468

campbells_6@yahoo.com

Lord's Lions & Lambs Group

6:00 Pm

First Christian Church

POC: Mike Remington

540-373-7716

first.christian.church@verizon.net

Thursday

His Joyful Croakers

9:00 Am

Hillcrest UMC

POC: June Riel

540-710-5949

His Seekers (Women)

7:30 Pm

Home Of Jane Carwell

POC: Sandy Crossley

703-221-6977

POC: Jane Carwell

703-969-4019

tjcarwell@yahoo.com

Uptown Bristersburg Believers

2nd And 4th Thursdays 7:00 Pm

Mt. Horeb UMC

POC: Chris Wells

540-788-3068

cdwells50@gmail.com

4th Day Testimony Request

The Emmaus community wants to hear about your 4th Day! They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We post one person's 4th Day experience in the Newsletter each month. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Cam Noden at: twonodens@juno.com. Can't wait to hear what God has been doing!