# UPPER ROOM EMMAUS OF THE GREATER FREDERICKSBURG AREA

# Upcoming Walks:

FE-96 (W) Nov. 13-16, 2014 Lisa Green

# **Gathering Directions**

To: Fairview at River Club
10835 Tidewater Trail
Fredericksburg, VA 22408

Directions from I-95: Take Exit I 30A heading Rt. 3 East. After 3 miles go south on Route 2 (right-hand exit). Go 3 miles and the church is on the left behind the CVS and Autozone.

### **Volunteers Needed**

Please contact Doc Holladay at doc.holladay@wildblue.net if you are interested in helping the Emmaus community through any of the various volunteer positions listed on Page 4 for the period of Aug 2014 - Sept 2015.

# Gathering Info

2:30 pm Board meeting

3:30 pm Fellowship & 4:00 pmGathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Doc Holladay at doc.holladay@wildblue.net

### **GATHERINGS**

**November 8th** 

Fairview at River Club

**December 13th** 

Epic Life

# From the Community Lay Director

Kathleen and I just returned from a road trip up on Skyline Drive. It was a marvelous reminder of just how all powerful and amazing our Creator is and what He is capable of doing. Try as we might, man just cannot seem to manage reproducing the splendor that God's creation reflects. Whether it is the sharp vibrant color found on a ducks neck, on a birds wing, on tropical fishes, or the perfectly muted beauty and blending of autumn leaves.

While God reminds each of us every Autumn of his awesome wonderfulness. I can't help but take this opportunity to remind everyone about the upcoming women's walk. The last word I had was that we presently have a firm 20 Pilgrims. It is never too soon to start planning to support this walk in any one of a number of ways. If you have sponsored someone you should plan to attend the Sponsor Hour on Thursday evening. You can be a community volunteer sometime during the walk, you can attend the Candle Light event on Saturday, or attend the closing ceremonies on Sunday afternoon. Everyone also has the ability to sign up to pray for the Pilgrims and team.

Because many of you have busy lives with many competing demands sometimes other things tend to get shuttled aside. I have found that planning can help with this. So I would encourage you to plan now to support the walk and these associated events. The reality is, if you plan for it ...it is much more likely that it won't get shuttled aside.

## FE-96 Schedule

Date	Time	Activity at Camp Happyland
Thur. 11/13/14	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat. 11/15/14	7:30 pm	Candlelight – Community will gather for praise, Communion &
		fellowship. Please bring flowers for the team to use Sunday!
Sun. 11/16/14	4:00 pm	Closing Service

## **Prayer Requests**

Al - Back Pain

Barbara - Health

Barbara and Jack Miller - Patience and strength

dealing with Jack's decline and dementia

Belinda - Peace and Healing

Blanca - focus on God only and strength to keep

family together to do His plan

Brad - Healing from open heart surgery and

needs new heart

Caroline Sharp - Teacher at SHS, passed away

from cancer at age 51

Castillo family - Grace and encouragement

Chris - Travel Mercies

Chris – Prayers for Chris during his project next

week.

Chris – Busy month at work and 2 weeks to get it

all done

Christian's all over the world

Clients death

Cliff - Pray for relief from pain

Diana - Family Praise

Diane - Thyroid - prayers

**Emmaus Board** 

Emmaus pilgrims past and future

**Epiphany** 

Fairview Baptist

FE-95 4th Day

FE-96

Gary's mother-in-law

Grandson – Michael to be aware of God's love

and presence and to make right choices

Harry Tillman - Loss of father

Hazel Golightly – Healing for torn rotator

Healing and my doctors

Jack - Heather (wife) having back issues and is

taking care of grandchild

lake - Continued progress

Jeanne - Healing from kidney infection

Jeff Howard - Organist - wants to play music for

Emmaus.

Jim - Healing

John - healing from cancer

Juanita Hanger - healing

Judy - Healing from carpel tunnel

Karen – Travel prayers for next week

Kathleen & Doc - Travel Mercies

Kelly / Ely Gaby Anderson – Strength in broken

marriage

Len & Bob - Healing, peace and comfort

Mary - Healing from back issues

Mary – Sons and husband - healing

Mary Usher – for chest pains

McDonalds - Heather and her three children

Michael - Pray for, help him not to judge

Mike – Discernment – not listen to people he

should not listen too

My family

**Nation** 

Pray for my mom

Pray for my son, John, in prison

Rachel - haven't heard from in months

Relationship with mother

Rocky – Decisions, Ill and Lynn

Shane – Team selecting of FE-97

Shannon - Recovery from surgery and relief of

pain

Tayden - Burnt hands

Team Selection for Spring Walks

Three homeless folks

Tom getting use to new work shifts

Two ALS patrons

Wellness ministry

Willard - Church/Riverclub



#### Women's FE-96 Team

Name Church Assignment

Angie Dye Stafford Crossing Comm Church Servant

Anne Hutcheson Mizpah UMC Assistant Table Leader

Ashley Goodwyn Rappahannock Church of Christ Servant

Ava Hanger Dalghren UMC Music Team

Beth McBride St. Matthias UMC Music Team

Betty Jo Sims Mizpah UMC Spiritual Director

Carol Burke Stafford Crossing Comm Church Table Leader

Carol Grimes Promised Land P&W Lead Spiritial Director

Dana Peebles Belmont Baptist Table Leader
Dawn Kendall Risen Hope Church Table Leader
Debbie Bliss Hillcrest UMC Lead Servant
Debbie Snyder Andrew Chapel UMC, Stafford Table Leader
Diana Farrar Ebenezer UMC, North Stafford Music Director

Emelda August Holy Family Assistant Lay Director- Sun

Gloria Elder Lifepoint Servant

Jane Carwell Woodbridge Christian Church Assistant Table Leader
Jenn Ward Mizpah UMC Assistant Table Leader

Jennifer PrichettFredericksburg UMCServantJudy BrittChancellor Christian ChurchTable LeaderJudy CoverSt. Matthias UMCMusic Team

Judy HarfordSt. Matthias UMCAssistant Table LeaderKaren CampbellFairview @ River ClubBoard Representative

Kitti Mann Fredericksburg UMC Servant

Lisa Green Fairview @ River Club Weekend Lay Director
Lynda Swanlund Fredericksburg UMC Assistant Lay Director- Sat
Mary Lee Hensel Lake of the Woods Church Assistant Lay Director- Fri

Michael Selph Risen Hope Church Spiritual Director

Nikki Showers Lake Anna Community Fellowship Table Leader

Ralph Thomas Tower of Deliverance Church Spiritual Director

Sarah Green Fairview @ River Club Assistant Table Leader

Tammi Ellis St. Matthias UMC Assistant Table Leader

Terry Cook Fredericksburg UMC Servant

# Pilgrim List FE-96

Maria Corey	St. Michael Catholic Church
Toni Hamblet	Lake of the Woods
Marcia Hester	Beaverdam UMC
Pam Hiller	Andrew Chapel UMC
Myrna Jackson	Ist Baptist of Coleardson
Joyce Keene	St. Matthias UMC
Cheryl Matthews	Melrose UMC
Maggie McKinley	Stafford Crossing
Judy Minzes	Lake of the Woods
Tami Myers	Fredericksburg UMC
Erin Olinger	Liberty UMC
Thea Oliver	Shady Grove UMC
Ruth Packett	Providence UMC
Joan Polen	St. Matthias UMC
Fay Pucek	Hopewell UMC
Sandy Rawlins	St. Matthias UMC
Ro (Roberta) Sanford	Providence UMC
Patricia Sjoberg	New Hope UMC
Linda Spillman	Grace Oak Grove UMC
Melissa Winters	Lake of the Woods UMC
Terri Wiseman	Fredericksburg UMC

### **Directions to Camp Happyland:**

21457 Happyland Drive

Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

# Instructions for Agape

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for Pilgrims and Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10
   Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

# Agape Bags

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, cording, and bright shoelaces to donate or you can make them yourself, (12" wide and 15" tall, please). Please contact Karen Campbell at 540–658-0468 or campbells\_6@yahoo.com

# Agape Placemats

If you would like to make walk placemats, please email either Mary Lee Hensel or Diana Farrar for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between.

#### Elected Community Officers: (Thru June 30, 2014)

Community Lay Director	Doc Holladay <u>doc.holladay@wildblue.net</u>
Assistant Community Lay Director	Terry Cook <u>mktyck@gmail.com</u>
Community Spiritual Director	Chris Fair <u>ckfair@wildblue.net</u>
Board Members:	
Karen Campbell <u>campbells_6@yahoo.com</u>	Gregg Snydergregg_snyder@juno.com
Mary Lee Hensel <u>mlhensel59@gmail.com</u>	Dan See <u>daniel.see@bowheadsupport.com</u>
Ed Hayner <u>ed.hayner@aol.com</u>	Ron Jenningsjrjennings@verizon.net
Chris Wells <u>cdwells50@gmail.com</u>	
Agape Coordinator	OPEN
Secretary	Diana Farrar <u>hrhdiana@yahoo.com</u>
Treasurer	Debbie Bliss <u>dhbliss@cox.net</u>
Manuals Coordinator/Historian	Beth McBride <u>Bethmcb24@verizon.net</u>
Spiritual Director	Betty Jo Sims <u>bsims@feedmore.org</u>
Spiritual Director	Michael Selph <u>thegoodchef@gmail.com</u>

#### Community Volunteers: (Sept 1, 2013 - Aug 31, 2014)

Communications Support Coordinator	Mary Lee Hensel
Website & Database Administrator	Chris Campbell
Newsletter	Brooke Ferguson
Daily Prayer Chain Coordinator	Debbie Bliss
Fourth Day Support Coordinator	Chris Wells
Fourth Day Advisory Committee	Mary Lee Hensel
	OPEN
Fourth Day Follow-Up/Reunion Group	CoordinatorChris Wells
Team Selection Committee	-
Team Registrars	Chris & Karen Campbell
Pilgrim Registrars	Tom & Bonnie Wells
Gathering Support Coordinator	Mary Lee Hensel
Hospitality Coordinator	OPEN
Music/Equipment Coordinator	Mitch Mitchell
Weekend Support Coordinator	
Community Servant Coordinator	•
Community Baker	
Supplies/Transportation Coordinators	
Prayer Vigil Coordinator	
Placemat Coordinator	
Snack Agape Coordinator	
Agape Bag Coordinator	•
Name Badge Coordinators	•
Fourth Day Packets	Diana Farrar

# Daily Internet Prayer Chain

We have Prayer Warriors praying daily for the needs and praises of the Emmaus Community. Our Daily Prayer Chain Coordinator is Debbie Bliss, Hillcrest UMC, FE-63, table of Victorious Violets. Simply email Debbie at fredemmausprayers@yahoo.com or dhbliss@cox.net with your prayer request and our Prayer Warriors will be in prayer for you! Urgent prayer requests will be handled as quickly as we receive them. If you would like to be a Daily Prayer Warrior, email our website administrator Chris Campbell at chris@ewg.org and ask to be included as a Prayer Warrior.

## Sunday

Bethel UMC Men's Group 7:30 Am

Bethel UMC Woodbridge, Va

POC: Brian Lewis 703-590-9343

Bb3253@aol.com

St. Matthias Reunion Group 1st Sunday Of Each Month 12:15 - 1:30 Pm

St. Matthias Social Hall

POC: Tammi Ellis

## Monday

Ladies In Waiting

Meets Every Other Monday

In Falmouth

POC: Vonda LiCalzi

540-446-2682

Rainbow Group (Women)

First Monday Of Month 10:00 Am

Lake Of The Woods

Location Varies

POC: Barbara Miller

540-972-7418

Are you interested in joining or sta.rting a new

#### **Reunion Group?**

Email Chris Wells at cdwells50@gmail.com

## Tuesday

Great Is Thy Faithfulness 7:30 Pm

Prince Of Peace UMC

Manassas, Va

POC: Lloyd Biller

703-590-1512

Reunion Bible Study

10:00 Am

North Stafford Baptist

POC: Karen Campbell

540-658-0468

campbells\_6@yahoo.com

Lord's Lions & Lambs Group

6:00 Pm

First Christian Church

POC: Mike Remington

540-373-7716

first.christian.church@verizon.net

## Thursday

His Joyful Croakers

9:00 Am

7:30 Pm

Hillcrest UMC

POC: June Riel

540-710-5949

His Seekers (Women)

Home Of Jane Carwell

POC: Sandy Crossley

703-221-6977

POC: Jane Carwell

703-969-4019

tjcarwell@yahoo.com

Uptown Bristersburg Believers

2nd And 4th Thursdays 7:00 Pm

Mt. Horeb UMC

POC: Chris Wells

540-788-3068

cdwells50@gmail.com

## 4th Day Testimony Request

The Emmaus community wants to hear about your 4th Day! They don't have to be long, just tell us what God's doing in your 4th day, or how teaming, sponsoring, being involved in a reunion group, or attending monthly gatherings has changed your life. We post one person's 4th Day experience in the Newsletter each month. So if you'd like to share with us how God has used your Emmaus experience in any of these areas, please email your testimony to Mary Lee Hensel at mlhensel59@gmail.com Can't wait to hear what God has been doing!