# UPPER ROOM EMMAUS

of the Greater Fredericksburg Area

FE-99 (M) Nov 5-8, 2015 Dan See

> FF-100 (W) Nov 19-22, 2015 Mary Lee Hensel

UPCOMING WALKS

AT CAMP HAPPYLAND

## SHARE ABOUT YOUR 4TH DAY

What is God doing in your 4th day? How has He used your Emmaus experience to change your life? Please email your testimony to Mary Lee Hensel at mlhensel59@gmail.com to be included in this monthly newsletter.

#### GATHERING DIRECTIONS:

Dahlgren UMC Int. of Rt 206 and Rosedale on 14th St Dahlgren, VA

From Fredericksburg: Take Rt. 3 East about 20 miles. Turn Left/East on Rt. 206 (Dahlgren Road) and proceed about 10 miles. DUMC is on the right. (Approximately 2 miles east on Rt. 206 from the Rt. 301 intersection).

4TH DAY FOLLOW UP:

April 25th

**Andrews Chapel UMC Stafford** 9 am - 12 pm

2ND SATURDAYS

GATHERINGS:

May 9th

**Dahlgren UMC** 

June 13th

**TBA** 

July 11th

TBA

August 8th

**TBA** 

#### SCHEDULE:

2:30 pm Board meeting 3:30 pm Fellowship

4:00 pm Gathering

Please bring snacks to share during fellowship time.

If your church can host a gathering, please email the CLD Doc Holladay at doc.holladay@wildblue.net

## FROM THE COMMUNITY LAY DIRECTOR

aving just returned from the Holy Lands late the night before Candle Light, I was heartened and wonderfully surprised to see the tremendous turnout and just as pleased to see an equally attended closing the following day. That's the kind of attendance we should have every time. We, as a community, have just come through a major challenge with flying colors. Thanks in large part to excellent leadership displayed by your Assistant Community Lay Director, Terry Cook. With my absence due to travel to the Holy Lands, she stepped up and with the assistance of the two WLDs, Camp Happy Land, and other key personnel, they were able to pull it off. Now having acknowledged all the good efforts of those wonderful people, let's not forget to give God the glory! - He was obviously present throughout the lead up to, and throughout the weekend. With the successful completion of the combined walk weekend we now have a new arrow in our

quivers moving forward. The Board will be investigating and discussing with the Upper Room the intentional use of combined walk weekends in the future.

I want to remind all the sponsors and new Saints that we have a 4th Day Training Day coming up this weekend. This is a must for those wanting to team, sponsor, hold an office and/or volunteer for future events. This is the first step in becoming eligible to participate in those arenas. I strongly urge everyone who can to make it to this session on April 25 at Andrew Chapel in Stafford. If you cannot make it to this session we should have another coming up again in two or three months. That next one will probably be the last opportunity until after the fall walks. We additionally have a Gathering coming up the second Saturday in May. This will be an action packed Gathering as we will have a chance to present the new Saints to the entire community and hear their comments - should be a great gathering and I hope to see

all of you there. We also have elections coming up for Board members and if you have not already you need to start thinking about who you want to nominate to sit on the Board. The election will be for two male and two female Board members. Don't forget, you may also place or have a friend place "Your" name into nomination. So if you are one of those people who thinks you can do it better....here is your chance!

If you enjoyed the recent combined walk weekend and you happen to see Terry Cook, Debbie Bliss, either of the WLDs, or any of the Board members, make sure that you stop and let them know it. Additionally if you think you have an idea that might improve the next one – seek out one of the Board members and discuss it with them, or jot your ideas down and get it to the Board so they can discuss it.

#### WHY SERVE ON AN EMMAUS TEAM?

When I was first asked to write and article regarding what it means to serve on an Emmaus Team, I immediately said yes, I would love to do that. But then the "panic" set in. I am not a writer! I told myself that the topic is not hard, I do love teaming and there is a feeling that is hard to describe that I get when I am teaming. I believe that there is a place for each person to experience the teaming process. Everyone who teams for the first time must serve on the servant team, which is in the background and handles logistics. This is the place where I love to serve. Every position on a team is extremely important and we are all the hands and feet of Christ. Just as I Corinthians 12:20 states "As it is, there are many parts, but one body." I am a broken vessel, and am truly humbled when I

allow myself to be open to God's calling to serve Him on a weekend in any capacity He chooses. The team is there to serve and bless the pilgrims, but I have never been on a team where I was not blessed, stretched and taught. It is amazing how no matter how many times I have teamed, God has shown me areas that I need to grow in. I strongly believe that there is a season for everything, and I praise God that in this season right now that God is allowing me to team and be surrounded by others who help me further my walk with God. I know that life is busy for everyone, but my prayer is if you are feeling the "nudge" from God that you will answer it and turn in an application to team and get excited to see how God wants to use you to further His kingdom! DeColores, Terry Cook, FE39, Table of Faithfulness

De Colores!

Doc Holladay - your CLD

## FROM THE COMMUNITY SPIRITUAL DIRECTOR

reetings and blessings to you all!

Well, we have just finished Walks 97 and 98, where we had a wonderful and unique weekend. As most of you know, due to weather, we had to cancel the original date for the Men's Walk (FE-97), and instead of taking the easy way out and waiting until fall, we decided to let God lead us into something new. In an exceptionally short period of time, the Board, along with key leadership from both the Men's and Women's walks and amazing support from our friends at Camp Happyland, laid out plans for a combined Walk weekend. It was truly a lesson in faith. When God calls us to do something new and we reply "I will", God answers us saying, "You Can, and I will be with you". We had an amazing weekend and the Community support was fantastic. While we may not always try this combined model for weekends, it is now an option we know we can use. This fall we have another big walk season coming up. The Walks this fall are FE-99 and FE-100, our

centennial Walk season. With Dan See (FE-99) and Mary Lee Hensel (FE-100) as the Weekend Lay Directors, we want to make these the biggest Walks in recent years! I would ask everyone to start their support with prayer and then think about who you would send on a life-altering journey with Jesus. Would you like to serve on the Servant Team or Conference Room (also called the Talk Room) Teams? Fill out those Teaming forms and make sure you get to a Fourth Day Follow-Up Training session (if you haven't attended one already). Our next Fourth Day Training will be on April 25th at Andrews Chapel UMC in Stafford. We will have at least one more training session before the Fall Walks to get the training, and if there is enough interest, we can try to set up a training session in a church on the Northern Neck so our many community members there can attend without having to drive so far. Let me know if that is something you want to see happen. I would also like to see this be a year where we as a faith community become more active in our local communities by looking for projects and programs we could support. We are going to see if we can hold a "service day" at Camp Happyland as our response to the wonderful facility and support they give us. Right now (April and May) I would appeal to those in the Greater Fredericksburg area to consider raising funds to support the Thurman Brisben Shelter. The Sunshine Lady Foundation will match funds raised, dollar-fordollar, up to \$75,000 through the end of May. Both the Thurman Brisben Center and Micah Ministries of Fredericksburg have done amazing work in assisting homeless and hurting people in our community. What other projects and ideas do you have that we could consider becoming a part of in this, our centennial year? May the Grace of God be with you always, Godspeed, Chris Chris Fair, Antioch UMC, FE-47, Table of Mark

## TEAM MEMBERS NEEDED:

We are looking for more team members for upcoming walks. If you would like to be on a team, please attend the next  $4^{th}$  day follow-up, if you haven't attended one, and fill out and send in a team application. There are team applications available at the Gatherings, and one can also be downloaded from the fredwalk.org website.

If you are interested in being on the music team, please let us know. I am sure there are many of you who are very talented and would bless the music team and pilgrims, but if we don't know about your gift, we don't know to ask you to be a member.

Blessings to all of you,

Mary Lee FE - 44

## PRAYER REQUESTS MARCH & APRIL

Al – healing of back

Alison – post-divorce life

Amy - school and work

Anderson family - Kelly and Eli

Angela - Chiari Malformation healing

Arthena

Ashley and Buddy

Aunt Katherine's cancer

Ava Hanger

Barbara's heart, mind and spirit

Barbara - resolution to health issue

Barry Hawes - health

Belivda Wissinger

Beth - moving

Bethel UMC

Berry Jo Sims - knee surgery in June

Blanca traveling to Texas

Brad Hedrick's new heart

Brian - internship in meteorology

Castillo's family

CCC Church

Children and grandchildren

Chris - school and work

Christian

Christian's around the world

Christian's in the Middle East

Christopher

Daughter would find her purpose

**Defontis** 

Diane & Gene Philipp

Elise - healing of brain tumor

Ella Grace

Fairview Baptist pastor search

Finances

Fredericksburg Emmaus Community

Garay family in the loss of Mom

Georges continued recovery

Girl - 5 years old - headaches

Girl - 6 years old and lives in Texas

Government leaders

Granddaughter's wants

Grandkids

Graybeal family

Griffin's family - Danny and Blanca

Health

Heather & unborn baby to full term

Husband, Mark, spiritual healing

Husband's relationship with God

Jill's daughter

Joe's daughter - Tanya High School

Guidance

John

Kathleen's back and continued healing

Kelly and god-son

Langston

Logan - End of semester

Love of Jesus to fill everyone's heart

Love of Jesus fill Ken's heart

Mandy - Pregnancy - due in June

Marcus – spiritual healing and that he will come to know the Lord

Marriage and job

Marantha

Maria Cerley - trachea

Maria Corey - (FE-96) Healing

Mary

Mary and Wildfred Usher

Melissa FE-96 - Please pray for new direction for my family. We are making big changes and stepping out in faith. We are believing that God will provide us a place to live and finances and support. This decision comes at a high price. Please pray for peace, provision and JOY. Also please

pray for my husband's faith. Mom – continued good health

Mom - good wealth

Monica Warne's mother and father

Moving back home

Music team

Nancy's husband, Kenny, is in Australia

Nancy - Root Canal

New baby - Amelia

New job

Noel-health & healing from blood clot

Our family peace in a time of financial

struggle

Our government

Patricie - son, Brian, internship

Patricia Sorberg – daughter, Amy, to find the Lord / daughter, Allison, - Divorce

Peggy Garlands heart

Pilgrims and Teams for both walks

Preacher and teacher for Fairview

Randy to get strength back

Root Canal

Sale of houses

Scott – companion and finances

Seekers Sunday School Class

Shelby - recovery & healing of cancer

Shelva

Sister, Kate, moved to nursing home

and clearing out of her home

Sister with cancer

Son's girlfriend who has brain cancer

and is starting chemo

Son Tyler graduating from college /

Grad School application / Job /

Internship position

Tammi Ellis – her son, Tyler,

graduation from college

Tanya – to know what her purpose in life is

Teams / Pilgrims / Sponsors /

Community

Those in Leadership positions be guided into God's will

T.O.H.L. Bible Study

Tommy Albert's – healing from renal failure

Travel mercies for BT

Unspoken

USA

Vonda's cough

Vonda and Steve's son's girlfriend has

cancer Zach

### PRAISES

Barry Havoes nephews

Ben Wood home

Thankful for my husband

Praise for new Pastor

## FE-98 PILGRIM LIST

Gail Day	St. Matthias UMC
Terri Evers	Lake Anna Community Fellowship
Barbara Green	Shiloh Baptist New Site
Jill Greene	Hillcrest UMC
Liz Gursky	Stafford Baptist
Susanna Jett	Hollywood Church of the Brethren
Jessica Lowery	Fairview Baptist Church
Megan Key	Yorkshire Free Will Baptist Church
Barb Knutson	St. Matthias UMC
Jen Robinson	Morrisville UMC
Mae Schools	Fairport Baptist Church

Patricia Walczak.....Antioch UMC

## **WALK NEWS**

To God goes the glory for a successful weekend for FE-97 and FE-98! It was quite a sight for the pilgrims and the teams to see so many at Candlelight on Saturday evening and even more exciting to see so much of the community at Closing to so lovingly send off 24 of our newest members to start their 4th Day! The Board wants to thank everyone for being so supportive and flexible and for helping to make this first combination Walk event a successful one. While there are some things that need to be tweaked, the teams, servants, community, Camp Happyland staff and most importantly, the pilgrims, felt it was a positive experience.

## FROM THE TREASURER

Well it's been quite a winter, but I think I smell spring in the air! We have an exciting weekend coming up and there is still room for pilgrims on both walks. There still seems to be some confusion on fees, applications and when everything is due. The fees and due dates are as follows:

**Application Fee \$25** – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

**Sponsorship Fee \$220** – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts. A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk. This fee is tax-deductible, (because you personally are not receiving anything tangible in return). You will be sent a letter, showing your donation, in January of the following year.

**Team Fee - \$220** – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Representative, for your Walk, during teaming.

**P.O. Box 42094, Fredericksburg, VA 22404** – All applications, fees, correspondence, etc... should be sent to this address.

If you have any questions or concerns please feel free to contact me at DHBLiss@cox.net or 540-371-4886. DeColores,

Debbie H. Bliss

FE-63 Table of Victorious Violets

## **REUNION GROUPS**

Are you interested in joining or starting a new reunion group? Email Chris Wells at cdwells50@gmail.com

Bethel UMC Men's Group

7:30 am

Bethel UMC Woodbridge, Va

POC: Brian Lewis

703-590-9343

bb3253@aol.com

St. Matthias Reunion Group

1st Sunday of each month

12:15 - 1:30 pm

St. Matthias Social Hall

POC: Tammi Ellis

Lord's Lions & Lambs Group

6:00 Pm

First Christian Church

POC: Mike Remington

540-373-7716

first.christian.church@verizon.net

Ladie

Ladies In Waiting

Meets Every Other

Monday

In Falmouth

POC: Vonda LiCalzi

540-446-2682

Rainbow Group

(Women)

First Monday Of Month

10:00 Am

Lake Of The Woods

**Location Varies** 

POC: Barbara Miller

540-972-7418

Great Is Thy Faithfulness

7:30 Pm

Prince Of Peace UMC

Manassas, Va

POC: Lloyd Biller

703-590-1512

Reunion Bible Study

10:00 Am

North Stafford Baptist

POC: Karen Campbell

540-658-0468

campbells\_6@yahoo.com

Th

His Joyful Croakers

9:00 Am

Hillcrest UMC

POC: June Riel

540-710-5949

His Seekers

(Women) 7:30 Pm

Home Of Jane Carwell

POC: Sandy Crossley

703-221-6977

POC: Jane Carwell

703-969-4019

tjcarwell@yahoo.com

Uptown Bristersburg

**Believers** 

2nd And 4th

Thursdays 7:00 Pm

Mt. Horeb UMC

POC: Chris Wells

540-788-3068

cdwells50@gmail.com

## ELECTED OFFICERS: (THRU JUNE 30, 2015)

#### **Community Lay Director:**

Doc Holladay: doc.holladay@wildblue.net

## **Assistant Community Lay Director:**

Terry Cook: mktyck@gmail.com

## **Community Spiritual Director:**

Chris Fair: ckfair@wildblue.net

## **Spiritual Directors:**

Betty Jo Sims: bsims@feedmore.org Michael Selph: thegoodchef@gmail.com

#### Secretary:

Diana Farrar: hrhdiana@yahoo.com

#### **Treasurer:**

Debbie Bliss: dhbliss@cox.net

#### Manuals Coordinator/Historian:

Beth McBride: Bethmcb24@verizon.net

### **Agape Coordinator:**

**OPEN** 

#### **Board Members:**

Karen Campbell: campbells\_6@yahoo.com

Gregg Snyder: gregg\_snyder@juno.com

Dan See: daniel.see@bowheadsupport.com

Ron Jennings: jrjennings@verizon.net

Mary Lee Hensel: mlhensel59@gmail.com

Ed Hayner: ed.hayner@aol.com

Chris Wells: cdwells50@gmail.com

## **VOLUNTEERS NEEDED:**

Please contact Doc Holladay at doc.holladay@wildblue.net if you are interested in helping the Emmaus community through any of the various volunteer positions listed for the period of Aug 2014 - Sept 2015.

To send a prayer request to our daily internet prayer chain, email Debbie Bliss at dhbliss@cox.net or fredemmausprayers@yahoo.com

To become a Daily Prayer Warrior, email Chris Campbell at chris@ewg.org

## COMMUNITY VOLUNTEERS: (SEPT 1, 2014 - AUG 31, 2015)

Communications Support Coordinator:

Mary Lee Hensel

Website & Database Administrator:

Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss Fourth Day Support Coordinator: Chris Wells

Fourth Day Advisory Committee:

Mary Lee Hensel & OPEN

Fourth Day Follow-Up/Reunion Group Coordinator:

Chris Wells

Team Selection Committee: Ed Hayner Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Lynda Swanlund

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell Weekend Support Coordinator: Debbie Bliss Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinators:

Mary Lee Hensel & Diana Farrar

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators: Gary Adkins & Dianna Wells

Fourth Day Packets: Diana Farrar