

Upper Room Emmaus of the Greater Fredericksburg Area

EMMAUS 2017

April 2017

www.fredwalk.org

DAILY INTERNET
PRAYER CHAIN
email Debbie Bliss at
dhbliss@cox.net or
fredemmausprayers@
yahoo.com

DAILY PRAYER
WARRIOR
email Chris Campbell
at chris@ewg.org

Upcoming Walks

FE-106 (W)
Apr 20-23, 2017
Kathleen Holladay

FE-107 (M)
Sept 21-24, 2017
Gregg Snyder

FE-108 (W)
Oct 26-29, 2017
Jennifer Taylor

Volunteers Needed

Please contact John Mann at slowjet@outlook.com if you are interested in helping the Emmaus community through any of the following various volunteer positions listed.

Gatherings

Fredericksburg UMC
308 Hanover St
Fredericksburg, VA 22401

Take exit 130A Rt 3 East towards downtown Fredericksburg. Turn left onto William St. Veer Right onto Hanover St. Church will be on your right. Parking is also available behind the church on Charlotte St.

- The Board meets at 2:00 pm
- Bring snacks to share during Fellowship time at 3:30 pm
- Gatherings start at 4:00 pm

Apr 8th:
Fredericksburg UMC


May 13th:
Fairview Baptist Ch

Fourth Day Follow-Ups:

Saturday, April 8th at 9:00 am at Andrew Chapel UMC
Monday, May 8th at 6:30 pm at Andrew Chapel UMC

If your church can host a gathering, please email the CLD John Mann at slowjet@outlook.com

“The Better Part”



“The Lord answered her, ‘Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part which will not be taken from her.’”
Luke 10:41-42 (NRSV)

It frequently happens. In the weeks leading up to a Walk there are so many things to accomplish; so many decisions to make that we quickly become lost in the details. We worry about scheduling the facilities, building a Team, inviting the Pilgrims, selecting the menu, paying the bills, making a plan for adverse weather. So many details. We sometimes conclude that if this one little thing isn’t just right, the weekend will be a failure.

I admit it...I often fall into this camp. But as always happens, God shows me ‘the better part’.

At the Gathering in March I was worrying about the number of Pilgrims that were confirmed and how short of our budget requirements we were going to be. And then the musicians started playing. We were at Andrew Chapel and as we sang, our voices filled the sanctuary...the notes and our voices surrounded us, washed through us, and over us all the way to the rafters. We were enfolded by loud, joyful

singing and I knew, I knew, the Lord was there and we were in His embrace. Throughout the Gathering I could feel the worries and distractions slipping away.

In the days following the Gathering the worries and distractions began to return. And then at church, the pastor’s message was from the Gospel of John, chapter 9, about the man born blind receiving his sight. The chapter talks about who sinned, the man or his parents and about the Sabbath not being observed. When asked about whether or not Jesus was a sinner for healing on the Sabbath, the formerly blind man stated, “One thing I do know, that though I was blind, now I see.” The pastor concluded the message by saying we often miss the miracle amidst the distractions. This man didn’t, he chose ‘the better part’.

During the Spring Walks, I will be looking for the miracles. God will use us in all our imperfections, in spite of our worries and distractions, and He will work miracles in all of our lives.

I can’t wait to see ‘the better part’!

DeColores,

John Mann

Fredericksburg UMC, FE-029, Table of Luke
Community Lay Director

Camp Happyland 21457 Happyland Drive Richardsville, VA 22736

From Central Park in Fredericksburg: Drive 7.5 miles west on Route 3. Turn right (North) on Route 610, Elys Ford Road. Drive 9 miles north on Route 610. Just prior to the green Richardsville sign, turn right (East) on Route 619, Richards Ferry Road. Drive 1.3 miles to Happyland Drive. You will see a large Camp Happyland sign on the right side of the road. Turn right into the Camp and proceed to the parking area. Total distance is approximately 18 miles.

As I write this, FE 105 has just concluded. If you were at Closing on Sunday, you heard the pilgrims testify eloquently to the work of the Holy Spirit during the weekend. Today I noticed the Walk to Emmaus book *Coming Down from the Mountain* on my bookshelf and I pulled it out and looked at it for the first time in a long time. All pilgrims receive a copy of this book at the end of the weekend. If you haven't looked at your copy lately, I encourage you to pull it out and take a look. As I leafed through, this paragraph caught my eye.

To Serve in Jesus' Name: "We do not return to rescue the church. Christians cannot rescue themselves, much less the church. Only God can save us. We do not return to our congregations to straighten out others, to reveal a manifesto for worship or for organizational change, to persuade other people to support a social or political agenda, or to turn fellowship into a perpetual Walk to Emmaus. We return simply to love and to serve in Jesus' name (which is the purpose of congregational life). If we return humbled, we will be able to sustain our spiritual lives; and when God calls, we will be able to offer ourselves in service in our congregations. In returning from Emmaus to our congregations, we are pilgrims traveling together, with one life in Christ and with a commitment to "obedience over a long period of time and in a single direction." (*Coming Down from the Mountain*, Upper Room Books, p. 17.

Right next to my copy of *Coming Down from the Mountain*, I found a small book of poetry written by a sister pilgrim from the Table of Faithfulness on FE 34. The book is *On Wings of*

Love by Joyce Fairbanks. Just as the paragraph above drew my attention, so did this poem by Joyce.

"Have you heard God whisper your name in the wind?

He's calling to me and you
Be still and listen carefully
So His message can make it through

He's telling us His love we must share
With our neighbors and our friends
He's whispering YOUR name, can you hear it?
For you're the one He will send

We must be His ambassadors
Here upon this earth
Touching lives with love each day
Showing people their worth

So listen very carefully
When He whispers YOUR name from above
Take advantage of each opportunity
To share His wondrous love."

May we all listen carefully. May we all share His wondrous love. May we all love and serve humbly in Jesus' name in our 4th day.

De Colores!
Rosemary Blankenship
FE 34
Table of Faithfulness

Purpose of the Upper Room: The purpose of Emmaus is to renew the church as the body of the risen Christ in the world through the renewal of Christians as faithful and committed Disciples of Christ.

Purpose of the Fredericksburg Community (per bylaws): The purpose of Fredericksburg Emmaus shall be to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.

The Gift Fund

One of items in the Covenant between the Fredericksburg Emmaus Board of Directors and The Upper Room® is called “The Gift Fund”. We pledged “to actively support international Walk to Emmaus® communities through financial contributions to ‘The Gift’ program, <http://emmaus.upperroom.org/leaders/gift>.” Contributions to “The Gift” help others respond to their call to Christian leadership. Financial support assists emerging Emmaus communities with start-up needs such as leadership training, program resources, and more.

In April 1989, four Emmaus communities in the surrounding area came together in Fredericksburg for a Gathering. This was the beginning of the Fredericksburg Emmaus Community. Members of the National Capital, Richmond, Tidewater, and Maryland Emmaus Communities continued to meet and in October 1991, conducted our first Walk. We are here today because of the love and support of these four Emmaus communities. During the late ‘90’s and early 00’s, members of our Community helped launch another Emmaus community in Maryland. “The Gift Fund” will allow us to continue this tradition of helping our brothers and sisters around the world.

At the Board meeting we discussed three responses to this part of our Covenant. First, place information in the Pilgrim Fourth-Day packets. Second, consider a special offering at our Walk Closing services. And third, consider using a portion of our Gathering offerings for “The Gift Fund”. After much discussion, the Board decided to adopt the first response and will be placing information in the Fourth-Day packets. We also were in favor of donating a tithe from the monthly Gathering offerings for “The Gift Fund”. As was announced at the March Gathering, we first wanted to make the information available to the Community and ensure that you are aware of our plans. The Board will vote on this at the April Board meeting.

An informational letter on “The Gift Fund” is included on the next page.



Empowering leaders to be the hands and feet of Christ.



The Gift Fund

A love offering for emerging communities around the world.

Make giving to “The Gift” a part of your fourth day!

In all of the Emmaus Ministries, participants are called to consider new ways to live out Christian action by making Christ’s love real in the world. One way to respond is by contributing to “The Gift,” a fundraising initiative led by the International Emmaus Office of The Upper Room. “The Gift” ensures that Christians throughout the world can enjoy the fruits of these transformative experiences.

When you contribute to “The Gift” fund, you help others respond to their call to Christian leadership. Your financial support assists emerging communities with start-up needs such as leadership training, program resources, and more. Join fellow pilgrims and butterflies in sustaining and growing this meaningful ministry.

Generous people like YOU, have given **\$355,934** (As of 9/1/2016) to help Christians around the world experience the grace of God.

For more information, or to give an online donation, visit:
<http://emmaus.upperroom.org/gift>

Did you know?

- More than **one million** Christians in **39 countries** have experienced a Walk to Emmaus or Chrysalis weekend.
- Emmaus Ministries are funded by participant fees, resource sales, and “The Gift” fund.
- The Upper Room does not receive any apportionment funds from The United Methodist Church or any church denomination.

Your Gift Funds at Work This Year . . .

As groups like Boko Haram and ISIS threaten to spread violence far beyond North and West Africa, church leaders in Central Africa are organizing to form a line of prayer that reaches from the east to the west coast of the African continent. Nigel Warr, the regional leader of The Walk to Emmaus in Africa explains, “**Church leaders in this region had a vision to develop a barrier to stop ISIS from spreading further south, and they identified The Walk to Emmaus as a leadership development program to create leaders in Central Africa and to encourage people to get more involved and spread the word of Christ in this region.**” Your donations to “The Gift” provide scholarship funds and help cover travel and lodging expenses to launch an Emmaus community in Kenya by 2017.

Development Office of The Upper Room • 1908 Grand Ave. • P.O. Box 340004 • Nashville, TN 37203-0004
Phone: (615) 340-7200 \ Toll-Free: (877) 899-2780 \ Fax: (615) 340-7268 • Email: development@upperroom.org

Face to Face

The Upper Room® has a new program called Face to Face. It is an experience in the Emmaus Tradition for older adults, aged 60 and older. Many members of our local churches would love to attend the Walk to Emmaus® but can't for a number of reasons such as physical limitations or inability to leave loved ones for the 72 hour Emmaus weekends. Face to Face is presented in eight (8) three-hour sessions, called Encounters, held over either four or eight weeks. It has 14 talks that are adapted from the Emmaus weekend, though not all the same. One of the new Talks and four video meditations are targeted at issues faced by our older adult populations.

The Face to Face Encounters, are mixed gender, though each table will be either all male or all female. Because this program is not in a retreat format, Encounters can be hosted at churches, assisted living facilities, community centers, or other places depending on the size of the Encounter.

Our Board has discussed this program a couple of times over the past year and we are in a time of discernment as to whether or not to bring this to our Emmaus Community, not as a replacement for our Emmaus Walks, but in addition to our Walks.

There is a one-page brochure to the right as well as a two-page Overview of Face to Face. We would really like to hear from you on whether or not you have members of your church that would respond to this program and also whether or not you would be interested in participating. Please send your thoughts to the Community Lay Director, John Mann, at slowjet@outlook.com.

FACE to FACE
THE UPPER ROOM®

ENCOUNTER THE
Risen Christ
FACE to FACE

An Experience in the
Emmaus Tradition
FOR PERSONS 60 AND OLDER

If you...

- Are 60 years and older
- Desire a deeper, more meaningful walk with the risen Christ
- Hope for Christ's love to be real in every relationship you have, and
- Wish to make a deeper impact on the world and your community of faith by living a life centered on Jesus, then

Face to Face *is for you.*
facetoface.upperroom.org

UR20

Last revision 12/12/2016



FACE to FACE
THE UPPER ROOM®

A New Experience in the Emmaus Tradition for Persons 60 and older

**For complete and detailed information,
Contact "Doc" Hall, Program Manager for Face to Face, Emmaus Ministries
hhall@upperroom.org or 615-340-7288**

- A new program from The Upper Room
- Adaptation of the 72-hour Walk to Emmaus for Older Adults (age 60+)
- Hosted in churches, community centers, and retirement centers

Goal of Face to Face Encounter

To inspire, challenge and equip Christians for action in their home, church and place of work.
Experience God's grace & understand more fully the presence of Christ in His body of believers
Give Older Adults the opportunity to talk about and work through end-of-life and grief issues

Program

14 talks given by clergy and lay persons
4 video meditations based on 4 of Bishop Job's *Living Fully, Dying Well* study series.
In-depth table discussion
Worship and Holy Communion

- 8 three-hour sessions held over either 4 or 8 weeks

1 day/week for 4 weeks	9:00 am - 3:30 pm	<u>or</u>
2 days/week for 2 weeks	9:00 am - 3:30 pm	<u>or</u>
1 day/week for 8 weeks	9:00 am - 12:00 noon	<u>or</u>
2 days/week for 4 weeks	9:00 am – 12:00 noon	<u>or</u>
3 days/week for 2 weeks and 2 days/week for week 3	9:00-12:00 noon	

(NOTE – should be at least 1 days between sessions – 2 is better)

Roles and Responsibilities

The Emmaus Community

Provides overall coordination
Recruits and trains speakers

Host Organization

Provides meeting facilities
Provide the Logistics Leader who:
Recruits and registers participants (if not handled by Community Registrar)
Coordinates facilities setup and take down
Coordinates refreshments and meals

Last revision 12/12/2016

cont. on page 2

Fees

Pilgrim fees are unique to each Encounter

Goal is \$40-\$80

Fees cover all materials, refreshments, meals, host facility fees, and Pilgrim fees.

Minimum number of participants 20

Maximum number of participants 42

Face to Face Facilities Requirements

Main conference room

Space for up to 7 round tables for 6 participants and 1 table leader

Space for 4 - 8' long tables for leaders

Space at front for speaker and musicians

Space for refreshments

Sound system

LCD projector and screen

Equipment for musicians (portable keyboard, etc.)

Three-four support rooms

Prayer chapel (can double as chapel for worship services)

Prayer room

Chapel

Agape room

Face to Face Team Position Requirements (20+7 +?)

- ☐ Lay Director
- ☐ Spiritual Director plus 4 additional Clergy
- ☐ 2 Coaches
- ☐ Logistics Leader (*recruits as many assistants as needed*)
- ☐ Music Leader – *can have additional if wanted*
- ☐ Agape Leader – (*recruits a team of at least 4 assistants*)
- ☐ 7 Table Leaders (*no Assistant Table Leaders*)
- ☐ Prayer Team Leader – (*recruits a team of at least 3 assistants, min. 2 person teams/2 teams*)
- ☐ Media Leader

Dyan Petke
Responders
Military
Mickey Sharp
Derek Sharp FE-27

Jason Sully &
Family

Koys

Janet cancer

E-180

E-181

Marriages

GMAR (St.
Matthias) on
special travel

Servants

Ron Kelvin
health concerns

Pastors

Praise for the
Alpha Group

Praise for Your
grace

Praise for the
opportunity to serve

Angie Tolbert: surgery...
restoration and healing

Amy Buckner surgery

Kathleen Holladay health

John Bradham - Release from
prison

Back Packs!

God has my back too

FE-105

FE-105

Employment

FE- 105 and FE- 106 Pilgrims
and Teams

Finances

Grandson, Mason, leaving for
second tour in Iraq

Jason Sully – healing and for
his families

John

Mary and Wilfred Usher

Northern VA E-180 and
E-181

Protection during trip to
Holy Land

Provision for a new car

Successful PTSD and BPD
treatments

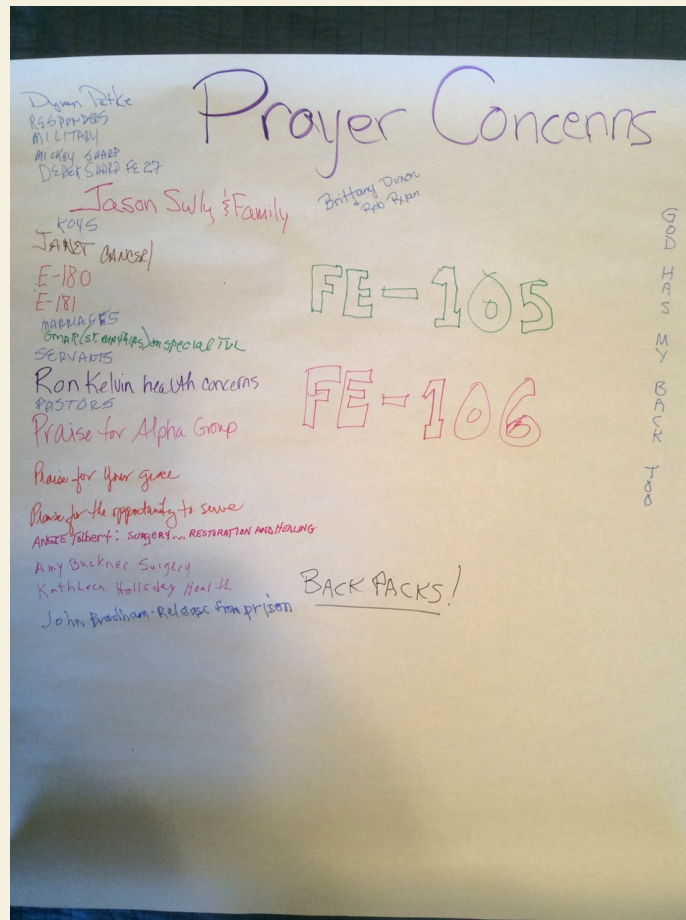
TOHL Bible Study

USA

Thank you for son home
from deployment

Thank you for daughter's
successful surgery

Thank you for new roads to
travel



Brittany Dixon & Rob Ryan

Angela Tolbert - Healing

Bill – Successful healing

Britney and Rob

Walk Placemats

If you would like to make walk placemats, please email Mary Lee Hensel for the details and to sign you up for a meal's worth of placemats. Placemats can be done by individuals or by reunion groups. For each meal, we need 50 placemats. You can make them on legal (8.5 x 14) or ledger (11 x 17) paper or anywhere in between.

Agape Bags

Will you help make a pilgrim's walk special? You can buy brightly colored rainbow striped fabric, cording, and bright shoelaces to donate or you can make them yourself, (12" wide and 15" tall, please). Please contact Karen Campbell at 540-658-0468 or campbells_6@yahoo.com

Walk Schedule

<i>Date</i>	<i>Time</i>	<i>Activity at Camp Happyland</i>
Thur	6:30 - 7:00 pm	Pilgrim check-in followed by Sponsor's Hour
Sat.	7:30 pm	Candlelight – Community will gather for praise, Communion & fellowship. Please bring flowers for the team to use Sunday!
Sun.	4:00 pm	Closing Service

Agape Instructions

- General Agape should be for all Pilgrims and all Team Members and it should be anonymous.
- Please Pre-Sort Agape into a labeled bag for Pilgrims and Team Members for the three Agape events: Friday afternoon Agape Bag, Friday night Bed Agape and Saturday night Bed Agape.
- If any agape has a cord or chain, (lanyards/crosses), please individually wrap them in small baggies otherwise we may have to untangle each one.
- Pilgrim Sponsors need to get 8-10 Personal Agape letters and separate them from all other Agape.
- There will be an Agape Box available at the Gatherings

Board of Directors:

Class of 2017

Terry Cook

Beth McBride

Dan See

Betty Jo Sims (SD)

Gregg Snyder

Class of 2018

Rosemary Blankenship (CSD)

Tammi Ellis

Matt Green

John Mann (CLD)

Chris Silkensen (Treasurer)

Class of 2019

Chris Campbell (ACLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

Prayer Requests:

To send a prayer request to our **daily**

internet prayer chain, email

Debbie Bliss at dhbliss@cox.net or

fredemmausprayers@yahoo.com

To become a **Daily Prayer Warrior**, email

Chris Campbell at chris@ewg.org

Community Volunteers:

Communications Support Coordinator: Mary Lee Hensel

Website & Database Administrator: Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee: Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder Reunion

Group Coordinator: OPEN

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinator: Mary Lee Hensel

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: OPEN

Are you interested in joining or starting a new reunion group?
Email Chris Wells at cdwells50@gmail.com

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p> <p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p> <p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Lord's Lions & Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 first.christian.church@verizon.net</p> <p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p>

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day.

Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

Team Fee - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

Mail to: - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404