

Upper Room Emmaus of the Greater Fredericksburg Area

EMMAUS 2017

May 2017

www.fredwalk.org

DAILY INTERNET
PRAYER CHAIN
email Debbie Bliss at
dhbliss@cox.net or
fredemmausprayers@
yahoo.com

DAILY PRAYER
WARRIOR
email Chris Campbell
at chris@ewg.org

Upcoming Walks

FE-107 (M)
Sept 21-24, 2017
Gregg Snyder

FE-108 (W)
Oct 26-29, 2017
Jennifer Taylor

Volunteers Needed

Please contact John Mann at slowjet@outlook.com if you are interested in helping the Emmaus community through any of the following various volunteer positions listed.

Fairview Baptist Church
900 Charlotte St
Fredericksburg, VA 22401

Gatherings

Directions from I-95: Take Exit 130A heading Rt. 3 East. After the Rt. 1 overpass, turn left at the next stop light which intersects Route 3 & William St. Continue on William St. to the second stop light and turn Right onto Littlepage Street. Fairview is on the right at the corner of Littlepage St. and Charlotte St.

- The Board meets at 2:00 pm
- Bring snacks to share during Fellowship time at 3:30 pm
- Gatherings start at 4:00 pm

Fourth Day Follow-Up:

Monday, May 8th at 6:30 pm
at Andrew Chapel UMC

May 13th:

Fairview Baptist Ch

June 10th:

Antioch UMC

July 8th:

Fredericksburg UMC

August 12th:

Melrose

If your church can host a gathering, please
email the CLD John Mann at
slowjet@outlook.com

“Transformed”

And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.
Philippians 3:18

The weekend is almost complete and here we are at Closing, marveling at the transformation as the Pilgrims testify about their Walk. It was just a few short weeks ago when this all started. Applications submitted to the Pilgrim Registrar, a list of names circulating around the Board and finally a list of those to be called for the Walk. Soon, the Pilgrim list for the Walk took shape and was published to the Community. And so it began, a list of names for whom we all prayed.

Three days ago, the Pilgrims arrived at Camp Happyland. As they made their way through registration, room assignments and to the social hour, we were able, finally, to put faces to the list of names. We introduced ourselves and exchanged pleasantries and wondered how they would be affected by the Walk. Some were nervous, some talkative and expectant, all reacting in unique ways. After a brief time, the Pilgrims and Team entered the Talk Room to begin the weekend and the Sponsors and guests went to the Chapel for Sponsor's Hour.

At Sponsor's Hour, the list of names came back out. But this time, we had faces to go with the names and a brief glimpse of the Pilgrims. As the Sponsors and friends came forward to pray for

the Pilgrims, we were able to gain a greater insight into why they came. The list of names, the faces...it was all becoming clearer for us as we recognized something of who they are; perhaps something of ourselves.

As the weekend progressed, we heard bits and pieces of what was happening and how the Pilgrims were responding and changing. And then at Candlelight, we once again heard the offered prayers. We understood more and eagerly awaited the opportunity to see their faces once again. As they came out and saw the candles and the Community, you could see confusion on their faces...and then wonder and then the tears of joy. The list of names, the faces, the prayers, the tears...it was all coming into focus and the Pilgrims were becoming real to us.

And so here we are at Closing, marveling at the transformation we see. The Pilgrims rise, one by one, and testify from deep within their souls. It's at this moment, that we see a brief glimpse of what God must see in all of us. It's at this moment, that we see them as children of God. It's at this moment, that we accept them as our brothers or sisters in Christ. And it's at this precise moment, when you and I are utterly transformed.

DeColores,

John Mann

Fredericksburg UMC, FE-029, Table of Luke
Community Lay Director

As I walked around my back yard this week, I saw the result of the past few days of rain and then sunshine – as well as the result of Art’s diligent care. The iris are enormous and brilliant. Mom’s dogwood tree is covered with white blossoms. Even the roses are beginning to show their color.

In her book *Soul Feast*, Marjorie J. Thompson writes:

“Certain kinds of plants need support in order to grow properly. Tomatoes need stakes and beans must attach themselves to suspended strings. Creeping vines like clematis and wisteria will grow on any structure they can find. Rambling roses take kindly to garden walls, archways, and trellises. Without support, these plants would collapse in a heap on the ground. Their blossoms would not have the space and sun they need to flourish, and their fruits would rot in contact with the soil. We would be unable to enjoy their beauty and sustenance.”

“When it comes to spiritual growth, human beings are much like these plants. We need structure and support. Otherwise our spirituality grows only in a confused and disorderly way. The fruit of the Spirit in us gets tangled and is susceptible to corruption, and the beauty of our lives is diminished. We need structure in order to have enough space, air, and light to flourish. Structure gives us the freedom to grow as we are meant to.”

To say that structure gives us the freedom to grow as we are meant to may sound counterintuitive. Thompson says that a structure curbs our tendency to wander and supports our frail efforts to grow spiritually.

The Walk to Emmaus emphasizes the importance of structure and support and the primary method for this following the weekend is the reunion group or accountability group. If you are part of an accountability group, you know the blessing of the support and love – and, yes, sometimes the challenge – of walking with brothers and sisters in Christ. If you are not part of an accountability group, what are you waiting for? Join an existing group. You will find information on active groups in this newsletter. Or gather a few of your Emmaus friends, church friends, neighborhood friends, work friends and start something new. Remember that our spiritual growth is on-going. Sometimes our efforts are stumbling and inconsistent but God’s grace will strengthen us to persevere.

“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and to the day of eternity.” 2 Peter 3:18

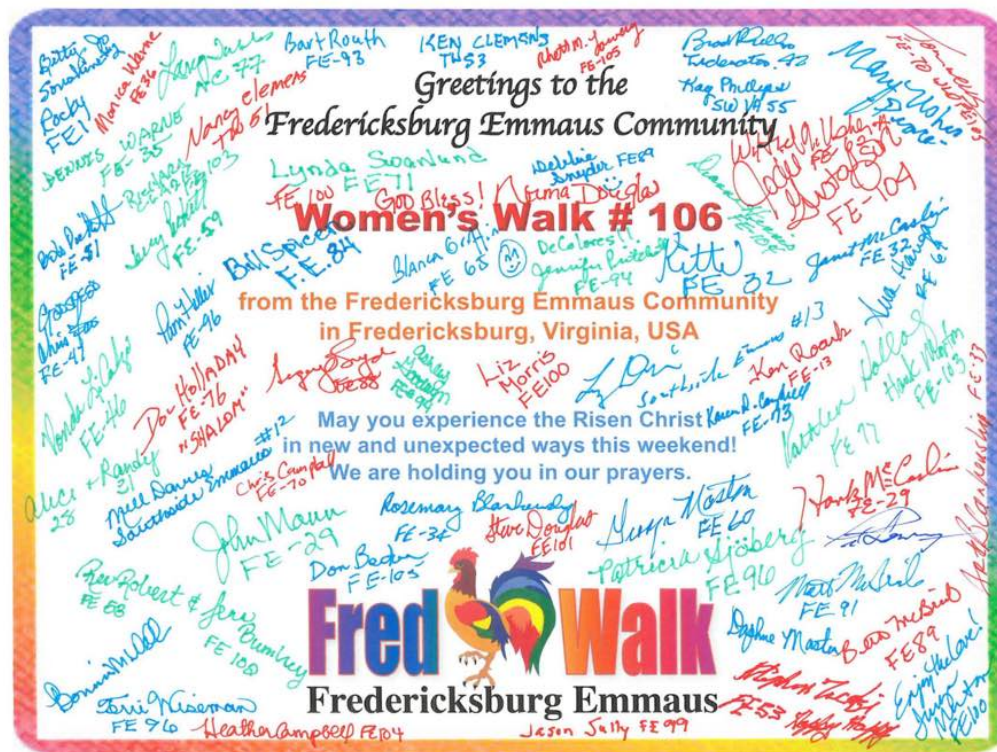
Rosemary Blankenship

FE 34

Table of Faithfulness

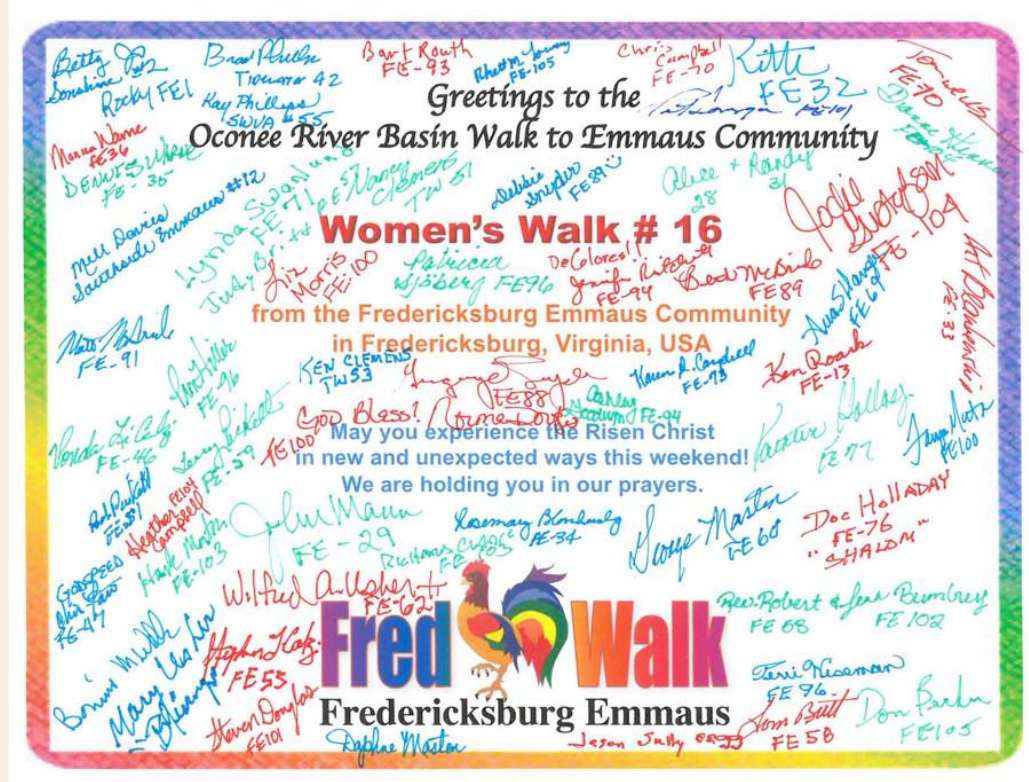
Purpose of the Upper Room: The purpose of Emmaus is to renew the church as the body of the risen Christ in the world through the renewal of Christians as faithful and committed Disciples of Christ.

Purpose of the Fredericksburg Community (per bylaws): The purpose of Fredericksburg Emmaus shall be to inspire, challenge, and equip church members for Christian action, in their homes, churches, places of work, and the world community through the Emmaus experience.



Community Agape

Fredericksburg
Emmaus
Community,
Fredericksburg, VA
Women's Walk #106,
April 20-23, 2017
&
Oconee River Basin
Walk to Emmaus in
Greensboro, GA
Women's Walk #16,
April 27-30, 2017



All in Syria

Kelly Anderson

Maria Coney and family

Nelson Cartillo, recovering from surgery at VCU. He is in intensive care.

Castillo family

Chancellor Christian Church

Christian

Christopher

FE-106 Pilgrims and Team.
May the Lord guide us we search for future pilgrims. Let us guide more pilgrims to Jesus on their walk to Emmaus.

Blanca Griffin – work and health

Danny Griffin

Defontis

Doug Griffin and family

Edwin and Deloris Humphrey – New house in Orlando was damaged in the storm. They had not moved in yet.

John

Ken and Nancy – Travel blessings

Lacy – Physical and mental health / Church for worship

Langston

Lorelai who has been born five weeks early

Maranatha – New church building

Daphne Masten – Stamina and staying healthy

Janet and Hank McCaslin – Today there was a shooting at the gym, where our daughter exercises. She was not feeling well and did not go today. One person was killed and others wounded. Praising God for having our daughter in a safe place and that she was not injured.

surgery was successful, he has a long road to recovery.

Donna Northridge – Overall health

Eddie Osborn and family

Our nation, churches and youth

Our president and leaders

Patricia Sjöberg – Please pray for my brother, Scott Bandy, who has thyroid cancer surgery in April

Praise for successful Benefit Oyster Roast

Randy's health

Rob and Brittany Ryan – pregnancy

Delon Robert (our grandson)

Bill Spicer and family

Sully Family

Wilfred and Mary – health and retirement and new job

Mimi Wood – Overall health

Baby Lorelai in NICU – growing in strength

Randy's health – let him slow down

Fortune Family

Wallace Lemons

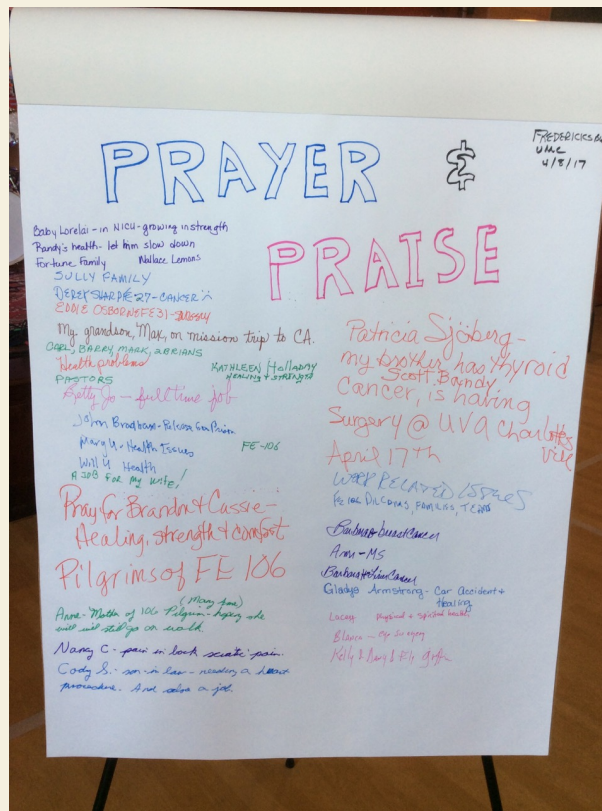
Sully Family

Derek Sharpe FE27 – cancer

Eddie Osborne FE29 – surgery

Betty Jo – full time job

John Brodham – release from prison



Praying for the deceased and the wounded.

Nancy – Healing of back

New baby on the way

Nolson, who has just recently had surgery for brain cancer. The

FE-106

A job for my wife!

Pray for Brandon & Cassie – healing, strength & comfort

Pilgrims of FE-106

Anne – mother of 106 Pilgrim – happy she will go on Walk

Nancy c – pain in back – sciatic pain

Cody S – son-in-law needing a heart procedure. And also a job.

Patricia Sjoberg – my brother has thyroid cancer. I having surgery at UVA Charlottesville, April 17th.

Work related issues.

FE-106 Pilgrims, families, Team

Barbara – breast cancer

Mary U – Health issues

Will U – Health issues

Ann – MS

Barbara H – liver cancer

Gladys Armstrong – car accident & healing

Lacey- physical and spiritual health

Blanca – eye surgery

Kelly & Dany & Eli Griffin

My grandson, Max, on mission trip to CA.

Carl, Barry, Mark, 2 Brians

Health problems

Pastors

Kathleen Holladay – Healing & strength

The Gift Fund

One of items in the Covenant between the Fredericksburg Emmaus Board of Directors and The Upper Room® is called “The Gift Fund”. We pledged “to actively support international Walk to Emmaus® communities through financial contributions to ‘The Gift’ program, <http://emmaus.upperroom.org/leaders/gift>.” Contributions to “The Gift” help others respond to their call to Christian leadership. Financial support assists emerging Emmaus communities with start-up needs such as leadership training, program resources, and more.

In April 1989, four Emmaus communities in the surrounding area came together in Fredericksburg for a Gathering. This was the beginning of the Fredericksburg Emmaus Community. Members of the National Capital, Richmond, Tidewater, and Maryland Emmaus Communities continued to meet and in October 1991, conducted our first Walk. We are here today because of the love and support of these four Emmaus communities. During the late ‘90’s and early 00’s, members of our Community helped launch another Emmaus community in Maryland. “The Gift Fund” will allow us to continue this tradition of helping our brothers and sisters around the world.

“The Gift Fund” information was mentioned at the March Gathering and published in the April Newsletter. At the April meeting, the Board voted to donate 10% of our Gathering Offerings to “The Gift Fund” to be paid on a quarterly basis. This donation will assist new Emmaus community starts around the world, connect our own community with the broader Emmaus community, and recognize that our own existence as a community is due to the blessings of other Emmaus communities’ investment in starting our own.

Board Changes

One of our Board members, Terry Cook, has stepped down from the Board. She has served for almost three years but recent job changes, a promotion, and added travel requirements, have made it impossible for her to continue. Terry's presence on the Board will be missed. She spent many hours in selfless service to our Community and saw us through a difficult transition in our Community fiscal year. Terry was also responsible for organizing two service periods at Camp Happyland where we could say thanks to the Salvation Army for their support of our Community.

In accordance with the process in our By-Laws, the Board asked Bonnie Wells to step into Terry's position for the remainder of 2017 and she agreed to serve. If Bonnie wants to continue on the Board past December 2017, she will have to run for one of the positions to be voted on by the Community in November.

Face to Face

As mentioned in the April Newsletter and at the Gathering, The Upper Room® has a new program called Face to Face. It is an experience in the Emmaus Tradition for older adults, aged 60 and older. Many members of our local churches would love to attend the Walk to Emmaus® but can't for a number of reasons such as physical limitations or inability to leave loved ones for the 72 hour Emmaus weekends.

In March, one of our Board members, Vonda LiCalzi, attended an informational session on Face to Face in Williamsburg, VA that was presented by The Upper Room. There is a lot of excitement about this program in the broader Emmaus Community with 92 Communities having set up Face to Face programs to date. The Richmond Emmaus Community is supposed to conduct their first Encounter in the Fall. We are continuing to explore this new program as a possibility for the Fredericksburg Emmaus Community.

There is a one-page summary description of Face to Face in this Newsletter. We would really like to hear from you on whether or not you have members of your church that would respond to this program and also whether or not you would be interested in participating.

Please send your thoughts to the Community Lay Director, John Mann, at slowjet@outlook.com.

Last revision 12/12/2016



FACE to FACE
THE UPPER ROOM®

A New Experience in the Emmaus Tradition for Persons 60 and older

**For complete and detailed information,
Contact "Doc" Hall, Program Manager for Face to Face, Emmaus Ministries
hhall@upperroom.org or 615-340-7288**

- A new program from The Upper Room
- Adaptation of the 72-hour Walk to Emmaus for Older Adults (age 60+)
- Hosted in churches, community centers, and retirement centers

Goal of Face to Face Encounter

To inspire, challenge and equip Christians for action in their home, church and place of work.
Experience God's grace & understand more fully the presence of Christ in His body of believers
Give Older Adults the opportunity to talk about and work through end-of-life and grief issues

Program

14 talks given by clergy and lay persons
4 video meditations based on 4 of Bishop Job's *Living Fully, Dying Well* study series.
In-depth table discussion
Worship and Holy Communion

- 8 three-hour sessions held over either 4 or 8 weeks

1 day/week for 4 weeks	9:00 am - 3:30 pm	<u>or</u>
2 days/week for 2 weeks	9:00 am - 3:30 pm	<u>or</u>
1 day/week for 8 weeks	9:00 am - 12:00 noon	<u>or</u>
2 days/week for 4 weeks	9:00 am – 12:00 noon	<u>or</u>
3 days/week for 2 weeks and 2 days/week for week 3	9:00-12:00 noon	

(NOTE – should be at least 1 days between sessions – 2 is better)

Roles and Responsibilities

The Emmaus Community

Provides overall coordination
Recruits and trains speakers

Host Organization

Provides meeting facilities
Provide the Logistics Leader who:
Recruits and registers participants (if not handled by Community Registrar)
Coordinates facilities setup and take down
Coordinates refreshments and meals

Board of Directors:

Class of 2017

Bonnie Wells

Beth McBride

Dan See

Betty Jo Sims (SD)

Gregg Snyder

Class of 2018

Rosemary Blankenship (CSD)

Tammi Ellis

Matt Green

John Mann (CLD)

Chris Silkensen (Treasurer)

Class of 2019

Chris Campbell (ACLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

Prayer Requests:

To send a prayer request to our **daily**

internet prayer chain, email

Debbie Bliss at dhbliss@cox.net or

fredemmausprayers@yahoo.com

To become a **Daily Prayer Warrior**, email

Chris Campbell at chris@ewg.org

Community Volunteers:

Communications Support Coordinator: Mary Lee Hensel

Website & Database Administrator: Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee: Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder Reunion

Group Coordinator: OPEN

Team Selection Committee: Ed Hayner

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Sandie Makely

Supplies/Transportation Coordinators:

Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinator: Mary Lee Hensel

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: OPEN

Are you interested in joining or starting a new reunion group?
Email Chris Wells at cdwells50@gmail.com

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p> <p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p> <p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Lord's Lions & Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 first.christian.church@verizon.net</p> <p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p>

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day.

Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

Team Fee - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

Mail to: - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404