

Upper Room Emmaus of the Greater Fredericksburg Area

EMMAUS 2017

December 2017

www.fredwalk.org

DAILY INTERNET PRAYER
CHAIN
email Debbie Bliss at
1973.bliss.debbie@gmail.com
or
fredemmausprayers@
yahoo.com

DAILY PRAYER
WARRIOR
email Chris Campbell
at chris@ewg.org

Upcoming Walks

FE-109 (M)
March 22-25, 2018
Butch Farley

FE-110 (W)
April 19-22, 2018
Judy Britt

FE-111 (M)
Nov 1-4, 2018

FE-112 (W)
Nov 15-18, 2018

Gatherings

Peace UMC
801 Maple Grove Drive
Fredericksburg, VA 22407

Directions from I-95: Take Exit 130 B heading Rt 3 West . Turn Left at light onto Taskforce Dr. Take to end and turn right onto Maple Grove Dr. Church is approximately 1/2 mile down on your left.

- The Board meets at 2:00 pm
- Bring snacks to share during Fellowship time at 3:30 pm
- Gatherings start at 4:00 pm

Dec 9th:
Peace UMC
Jan 13th:
St. Matthias UMC
Feb 10th:
Chancellor Christian

If your church can host a gathering, please
email the CLD John Mann at
slowjet@outlook.com



Faithful Service

“If anyone serves me, he must follow me. Where I am, there my servant also will be. If anyone serves me, the Father will honor him.”
John 12:26

This month we honor five servants who will finish their term on the Board of Directors. Beth McBride, Dan See, Betty Jo Sims, Gregg Snyder, and Bonnie Wells will step down at the end of December. They have served our Community well and will be greatly missed on the Board, though I’m confident they will continue to be an active part of our Community.

Tucked away in the United Methodist Hymnal is the Prayer of Ignatius of Loyola. Saint Ignatius founded the Society of Jesus, the Jesuits, in the 16th century.

“Teach us, good Lord,
to serve you as you deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not to seek to rest;
to labor and not to ask for any reward,
except that of knowing that we do your will;
through Jesus Christ our Lord.”

For years, this prayer has reminded me of the service of many members of my church and also of our Emmaus Community. Through Beth, Dan, Betty Jo, Gregg, and Bonnie, I have seen this prayer in practice. They have served selflessly through times of both trials and triumphs. I am grateful for their service to our Community and also the assistance and support they have provided to me and to the other members of the Board.

Beth, Dan, Betty Jo, Gregg, Bonnie – thank you for responding to God’s call to service. The scripture from John 12:36 is appropriate, as I’m sure the Father honors each of you.

DeColores,

John Mann
Fredericksburg UMC, FE-029, Table of Luke
Community Lay Director

Face to Face

Face to Face offers an Emmaus like experience for older adults, 60 years old and older, who can’t participate in an Emmaus Walk due to physical and/or family issues.

Based on the vote the Board took in August to begin the process to bring Face to Face to the Fredericksburg Emmaus Community we have reached out to The Upper Room for approval. The Upper Room provided approval to start a Face to Face program in our Community and they sent the first couple of documents that chronicle the process. We have asked questions concerning training and further guidance on Steering Committee requirements. Once we receive answers to those questions we’ll begin building a Steering Committee.

If you are interested in participating, please send a note to John Mann at slowjet@outlook.com.

Once again December is here before I am ready for it. Where do the days go? This year has certainly been on a fast roll. We all have many things we juggle daily - like those spinning plates on sticks that we used to be fascinated by on the TV. But December brings the Advent season to us. So Happy New Year!! as we begin the new liturgical year.

It is fitting that our church year begins with Advent - a time for preparation of our hearts and minds to celebrate the birth of the Christ child once again. We pause and reflect on spiritual things so we do not get so wrapped up in the cultural chaos of December. Maybe this is the year we get a bit more selective about where we spend our time and our money, buying smaller gifts and making a concentrated effort to experience some of the gifts of the seasons in concerts, plays and caroling opportunities. Maybe this is the year we get together with our neighbors for coffee and cookies and spend time in real conversation with them. Maybe this is the year we include our single, divorced or widowed friends in our events to brighten their holidays and help them not feel so lonely.

Take a look at your "To Do" list and see what can be eliminated or changed to make your preparations simpler and free up some time for a couple new events. Plan a new family event to ride out and look at the lights that other people put up and laugh at all the inflated yard decorations. Wish people a Merry Christmas!! And put our

December gathering on your list of "must attend events." We would certainly love to see you this Saturday. I plan to be there and will look for your smiling faces.

On a personal note, I have enjoyed my year serving on the Board of Directors. I wish the new Board members much success as they work with our great team of Board members. I walked in 1993 and have been active in Emmaus ever since. It is such a special part of my life. It has been so wonderful to get to know so many great people and watch God work in your lives and mine. My wish for you is many blessings for this Christmas season and throughout the year ahead.

Betty Jo Sims

Sonshine #2, Table of Naomi

Pastor at McKendree and Mizpah UMCs

Board Elections

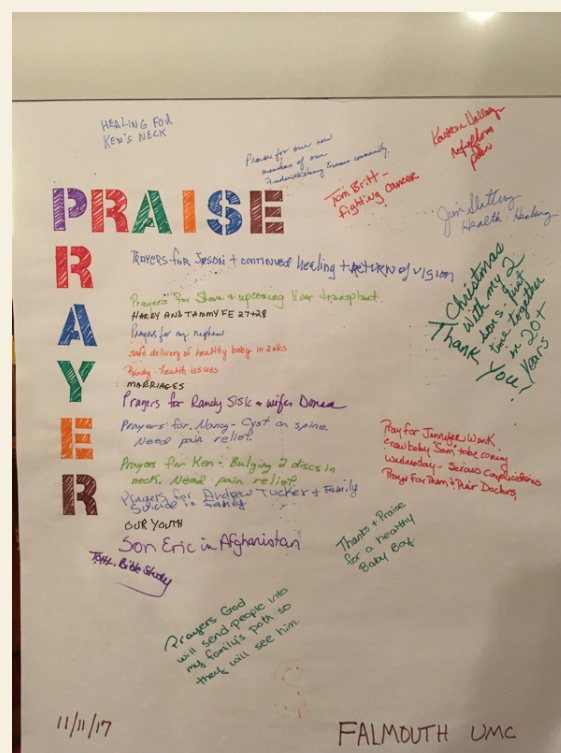
Congratulations to the following members of our Community on their election to the Board of Directors at our November Gathering.

- Class of 2018
 - Chris Silkensen
- Class of 2020 (three-year term)
 - Brad Phillips
 - Pat Lonergan
 - Tom Wells
 - Jenn Bumbrey
 - Kitt Mann

Healing for Ken's neck
 Prayers for Jason & continued healing + return of vision
 Prayers for Steve & upcoming liver transplant
 Harry and Tammy FE 27 & 28
 Prayers for my nephew
 Safe delivery of health baby in 2 wks
 Randy – health issues
 Marriages
 Prayers for Randy Sisk & wife Donna
 Prayer for Nancy – cyst on spine. Need pain relief
 Prayers for Ken –bulging 2 discs in neck. Need pain relief
 Prayers for Andrew Tucker & family – suicide in family
 Our youth
 Son Eric in Afghanistan
 TOHL Bible study
 Prayers God will send people into my family's path so they will see him.
 Prayers for our new members of our Fredericksburg Emmaus Community
 Tom Britt – fighting cancer
 Kathleen Holladay – relief from pain
 Jim Slattery – health & healing
 Christmas with my 2 sons – first time together in 20+ years. Thank you!
 Pray for Jennifer Wenk & new baby “Sam” to be coming Wednesday –

serious complications. Prayer for them & their doctors.
 Thanks & Praise for a healthy Baby Boy.
 Al
 Amber Douglas
 Brother receiving chemo treatments
 Ellen C. and her return to the Fredericksburg church
 Family relationships and new job opportunities
 Good test results
 Harding's new grandbaby due any day
 Harry Wickes - healing
 Healthy pregnancies and babies
 Jason's healing and full return of his vision
 Jason Sully
 Kat
 Lindsey Fortune at rehab
 Lon Ally
 Lynn Warner family
 Margie
 Marriages
 Military
 New house buying
 Nokomis Lemons,
 Bruington, VA
 Norma Douglas
 Our country
 Pastors
 Pat
 Patrick

Patty's health, peace and comfort
 Pastor Gregg and Connie
 Peace and healing for our family during this time of morning after losing our sister to domestic violence.
 Premature twins of nephew
 Protection from evil
 Randy – health issues
 Responders
 Son and daughter-in-law's marriage
 Steve for liver issues and transplant
 Those that have lost loved ones.
 Youth
 Praises for all the Scouts who picked up many items of food for the Fredericksburg Food Bank





Gold Cost Emmaus,
Queensland Australia

Men's Walk #136,
Nov 16-19, 2017

Women's Walk #137,
Nov 23-26, 2017



Board of Directors:

Class of 2017

Bonnie Wells

Beth McBride

Dan See

Betty Jo Sims (SD)

Gregg Snyder

Class of 2018

Rosemary Blankenship (CSD)

Tammi Ellis

Matt Green

John Mann (CLD)

Chris Silkensen (Treasurer)

Class of 2019

Chris Campbell (ACLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

Volunteers Needed

Please contact John Mann at slowjet@outlook.com if you are interested in helping the Emmaus community through any of the following various volunteer positions listed.

Prayer Requests:

To send a prayer request to our **daily internet prayer chain**, email

Debbie Bliss at 1973.bliss.debbie@gmail.com or fredemmausprayers@yahoo.com

To become a **Daily Prayer Warrior**, email

Chris Campbell at chris@ewg.org

Community Volunteers:

Communications Support Coordinator: Mary Lee Hensel

Website & Database Administrator: Chris Campbell

Newsletter: Brooke Ferguson

Daily Prayer Chain Coordinator: Debbie Bliss

Fourth Day Support Coordinator: OPEN

Fourth Day Advisory Committee: Mary Lee Hensel & OPEN

Fourth Day Follow-Up Coordinator: Gregg Snyder Reunion

Group Coordinator: OPEN

Team Selection Committee: Gregg Snyder

Team Registrars: Chris & Karen Campbell

Pilgrim Registrar: Debbie Bliss

Gathering Support Coordinator: Mary Lee Hensel

Hospitality Coordinator: OPEN

Music/Equipment Coordinator: Mitch Mitchell

Weekend Support Coordinator: Debbie Bliss

Community Servant Coordinator: Doc Holladay

Community Baker: Kittie Mann

Supplies/Transportation Coordinators: Chris & Karen Campbell

Prayer Vigil Coordinator: OPEN

Placemat Coordinator: Mary Lee Hensel

Snack Agape Coordinator: OPEN

Agape Bag Coordinator: Karen Campbell

Name Badge Coordinators:

Gary Adkins & Dianna Wells

Fourth Day Packets: OPEN

REUNION GROUPS & WALK FEES

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Are you interested in joining or starting a new reunion group?
Email Chris Wells at cdwells50@gmail.com

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 bb3253@aol.com</p> <p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p> <p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Lord's Lions & Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 first.christian.church@verizon.net</p> <p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 tjcarwell@yahoo.com</p>

Application Fee \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

Sponsorship Fee \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day.

Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

Team Fee - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

Mail to: - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404