

J U N E

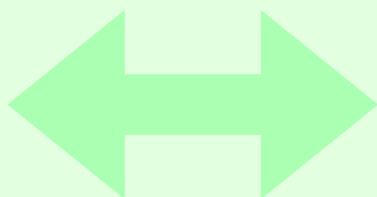
# EMMAUS 2018

UPPER ROOM EMMAUS OF GREATER FREDERICKSBURG AREA

FREDERICKSBURG EMMAUS, P.O. Box 42094 FREDERICKSBURG, VA 22404 | [WWW.FREDWALK.ORG](http://WWW.FREDWALK.ORG)




## ✕ Gatherings ✕

**JUNE 9TH**  
**JULY 14TH**  
**AUG 11TH**



**FREDERICKSBURG UMC**  
**HILLCREST UMC**  
**FAIRVIEW BAPTIST**

If your church can host a gathering,  
please email the CLD Chris  
Campbell at [chris@ewg.org](mailto:chris@ewg.org)

-  The Board meets at 2:00 pm
-  Bring snacks to share during Fellowship time at 3:30 pm
-  Gatherings start at 4:00 pm

Fredericksburg UMC  
308 Hanover St  
Fredericksburg, VA 22401

Take exit 130A Rt 3 East towards downtown Fredericksburg. Turn left onto William St. Veer Right onto Hanover St. Church will be on your right. Parking is also available behind the church on Charlotte St.

## ✕ Upcoming Walks ✕

FE-111 (M)  
Nov 1-4, 2018  
Tony Innocenti

FE-112 (W)  
Nov 15-18, 2018  
Anne Hutcheson

It is June already. The year is shooting past but there is one thing that I am sure of - the Fall walks will be upon us sooner than we think. The walks are November 1-4 for the Men and November 15-18 for the Women. We are in need of some pilgrims and it is never too early to start looking for pilgrims.

And speaking of pilgrims. If you haven't been to any of the recent gatherings we are working on starting up another program from the Upper Room called Face to Face. It is an Emmaus-like experience designed for those aged 60 and up that cannot make the 3-day retreat format of the Walk to Emmaus for whatever reason.

Our first Encounter is this August at Fredericksburg UMC from 9am to 3pm on the 14th, 16th, 21st and 23rd. The Lay Director for the walk is Kitty Mann and the team is currently forming. And we need pilgrims for that too. Face to Face uses a registration model for gathering pilgrims so if there is someone in your life that can't make it to an Emmaus weekend but would be interested in a 4-day Encounter – Face to Face is for them. The cost is minimal - \$25.

Just like an Emmaus weekend there will be Candlelight and Closing although the times are significantly

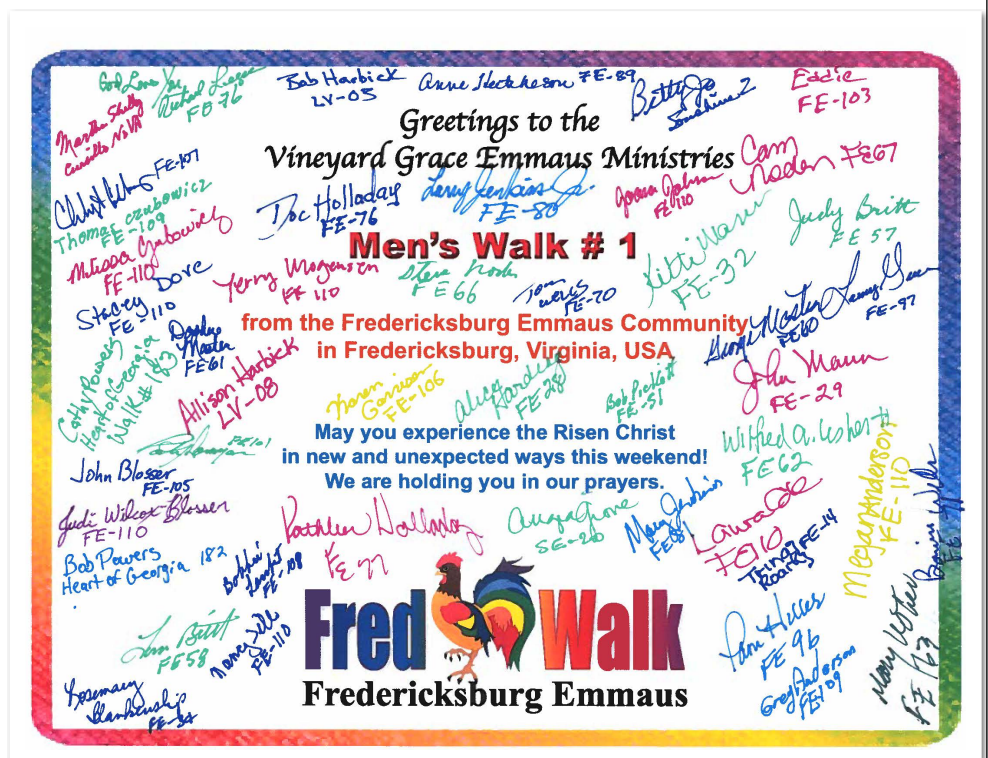
different. More details to come on that but we need the Community's help on this Encounter just like we need your help on a Walk to Emmaus.

Also just like an Emmaus weekend there is food and we will be looking to feed the pilgrims and team on the Encounter. More details to come. I will get a point of contact out over email as we get closer to the Encounter - but we are looking for people to provide lunches or part of a lunch on each of those 4 days. We need to fill 4 days of lunches – you can do 1 or more than one. Snacks – there are snacks too. Prayerfully consider what part you can play in our first ever Face to Face Encounter.

De Colores!

Chris Campbell

River Club Church, FE-70, Table of Peter

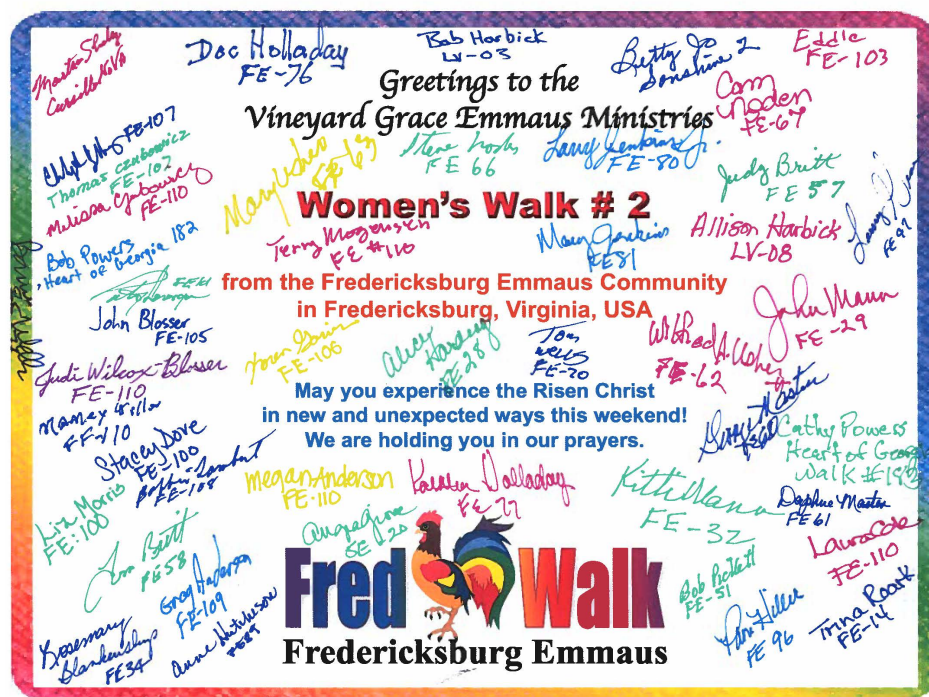
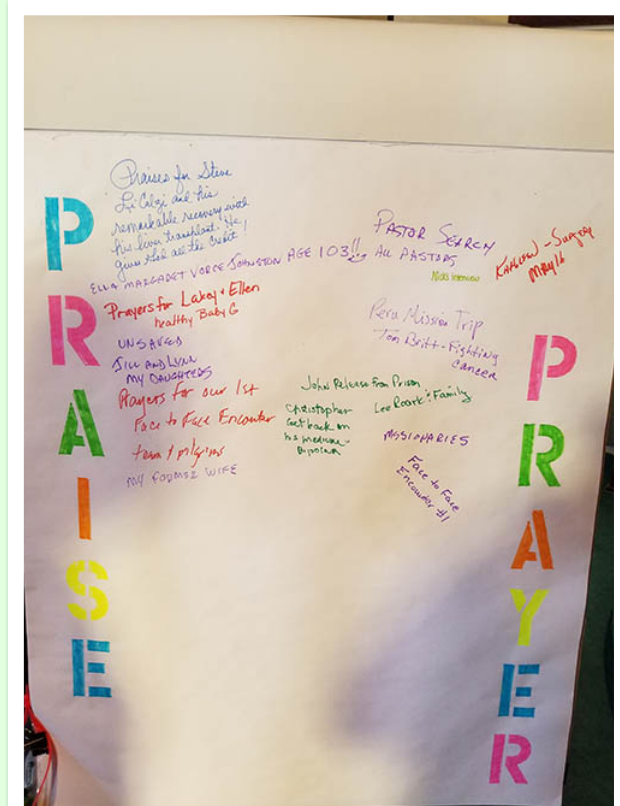


We live in times today wondering if we will have enough natural energy such as oil, coal, gas to sustain our lives. Where are we going to find this energy? Some think it will come from the sun or that we will utilize more wind energy. I also believe that people are looking for another kind of energy- an energy from above. A spiritual energy.

We have a choice to make when it comes to spiritual energy. Do we find this energy in ourselves with our intelligence and our creativity, or do we look for it "from above" From the risen Jesus? The Bible is full of stories and teachings that remind us that energy, power, and strength come from God. A verse that comes to mind when I am tired, listless, and lacking energy is the one found in Ephesians 1:19-20 (The Message), "The utter extravagance of his work in us who trust him-endless energy, boundless strength. All of this energy issues from Christ: God raised him from the death." This verse reminds me that I can feel re-energized from above.

As we enter into the summer months I hope each of us can be re-energized by taking time to get away, but also to be re-energized by God's love through Jesus. De Colores,  
Brad Phillips, Community Spiritual Director

# CSD







### **Face to Face is here in the Fredericksburg Emmaus Community!**

Face to Face is specifically crafted to meet the needs and life-stages of older adults. It is open to men and women, ages 60 and older, who want to strengthen their spiritual lives, discover answers to their questions about faith, and are open to understanding the responsibility of living a Christian lifestyle. Each Encounter consists of four Sessions that will be conducted over a two-week period. The Encounters are mixed gender.

Our first Encounter has been scheduled in four sessions on Tuesday, August 14th, Thursday, August 16th, Tuesday, August 21st, and Thursday, August 23rd, 2018. We will meet from 9:00 a.m. until 3:30 p.m. each of those four days. The Encounter will be held at Fredericksburg United Methodist Church at 308 Hanover Street, Fredericksburg, VA 22401.

#### **Face to Face Encounter #1**

Dates: August 14th, 16th, 21st, and 23rd, 2018, from 9:00 a.m. to 3:30 p.m. each day

Location: Fredericksburg UMC

Cost: \$25.00 per Pilgrim and Team member

Lay Director: Kitti Mann, FE-032

#### **Pilgrims**

Men and women, ages 60 and older

Simple registration forms will be available at the Gatherings

Pilgrims may be sponsored, but sponsorship is not a requirement. They do not require the signature of a pastor.

Cost is \$25 which pays for all materials and food over the four days of the Encounter

#### **Team Members**

Men and women, ages 60 and older (conference room team)

Team selection is in process.

Talk with or send a note to the Lay Director, Kitti Mann, if you desire to Team.

Please prayerfully consider joining the Team if asked.

There will be a day apart from Teaming to review the Face to Face program and differences with Emmaus. Teaming will likely occur over a four-day period similar to the Encounter

Cost is \$25 which pays for all materials and food over the four days of the Encounter

# Volunteers

## Prayer Requests:

To send a prayer request to our **daily internet prayer chain**, email Debbie Bliss at [1973.bliss.debbie@gmail.com](mailto:1973.bliss.debbie@gmail.com) or [fredemmausprayers@yahoo.com](mailto:fredemmausprayers@yahoo.com)

To become a **Daily Prayer Warrior**, email Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org)

## Volunteer & Board Chair Positions:

### Board of Directors:

#### Class of 2018

Rosemary Blankenship (SD)

Tammi Ellis

Matt Green

John Mann

Chris Silkensen (Treasurer)

#### Class of 2019

Chris Campbell (CLD)

Butch Farley

Joyce Keene (Secretary)

Vonda LiCalzi

Randy McCollum (SD)

#### Class of 2020

Jenn Bumbrey

Pat Lonergan

Kitti Mann (ACLD)

Brad Phillips (CSD)

Tom Wells

WLD Committee Chair – Chris Campbell

Team Selection Committee Chair – Pat Lonergan

- Team Registrar – Karen Campbell

Pilgrim Selection Committee Chair – Chris Campbell

- Pilgrim Registrar – Debbie Bliss

Nominating Committee Chair – Vonda LiCalzi

Fourth Day Training Chair - John Mann

Communications Chair – Tom Wells

- Website – Chris Campbell
- Database – Chris Campbell/Mary Lee Hensel
- Email – Chris Campbell
- Newsletter – Brooke Ferguson
- Daily Prayer Chain – Debbie Bliss
- Social Media – Chris Czubowicz

Weekend Supplies Chair – Chris Campbell

- Trailer – Chris and Karen Campbell
- Name Badge – Gary Adkins
- Fourth Day Packets - Joyce Keene

Agape Chair – Vonda LiCalzi

- Agape Bag Coordinator – Karen Campbell
- Prayer Vigil – Mary Lee Hensel/Chris Campbell
- Snack Agape - Open
- Agape Book – Mary Lee Hensel
- Community Baker – Kitti Mann
- Placemats – Mary Lee Hensel

Gatherings Chair – Kitti Mann

- Scheduling Coordinator – Tammi Ellis
- Music Coordinator – Tom Wells

Group Reunions Chair – Jenn Bumbrey

Manuals Chair – Tom Wells

## Volunteers Needed

Please contact Chris Campbell at [chris@ewg.org](mailto:chris@ewg.org) if you are interested in helping the Emmaus community through any of the various volunteer positions listed.

Are you interested in joining or starting a new  
reunion group?

Email Jenn Bumbrey at [livsnana3111@aol.com](mailto:livsnana3111@aol.com)

# Groups

SUNDAY	MONDAY	TUESDAY	THURSDAY
<p>Bethel UMC Men's Group 7:30 am Bethel UMC Woodbridge, Va POC: Brian Lewis 703-590-9343 <a href="mailto:bb3253@aol.com">bb3253@aol.com</a></p> <p>St. Matthias Reunion Group 1st Sunday of each month 12:15 - 1:30 pm St. Matthias Social Hall POC: Tammi Ellis</p>	<p>Ladies in Waiting Meets every other Monday in Falmouth POC: Vonda LiCalzi 540-446-2682</p> <p>Rainbow Group (Women) First Monday of month 10:00 am Lake of the Woods Location varies POC: Barbara Miller 540-972-7418</p>	<p>Lord's Lions &amp; Lambs Group 6:00 pm First Christian Church POC: Mike Remington 540-373-7716 <a href="mailto:first.christian.church@verizon.net">first.christian.church@verizon.net</a></p> <p>Great Is Thy Faithfulness 7:30 pm Prince of Peace UMC Manassas, Va POC: Lloyd Biller 703-590-1512</p>	<p>His Joyful Croakers 9:00 am Hillcrest UMC POC: June Riel 540-710-5949</p> <p>His Seekers (Women) 7:30 pm Home of Jane Carwell POC: Sandy Crossley 703-221-6977 POC: Jane Carwell 703-969-4019 <a href="mailto:tjcarwell@yahoo.com">tjcarwell@yahoo.com</a></p>

# Fees

**Application Fee** \$25 – Due when you submit the completed application. If this fee is not included with the application the application will not be counted as valid until fee is received.

**Sponsorship Fee** \$200 – Due, (not mailed, but in the Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is not acceptable to bring the Sponsorship Fee on the night the Walk starts.

A check must be written to Camp Happyland the morning of the Walk and is deposited the next day. Therefore, for Emmaus to be good stewards and to be in line with strong business practices, you must send your fees in a minimum of one week before the walk.

**Team Fee** - \$200 – Due, (not mailed, but in Treasurer's hands), no later than one week before the Walk, but preferably earlier. It is preferable that this is given to the Board Rep, for your Walk, during teaming.

**Mail to:** - All payments, applications, fees, correspondence, etc... should be mailed to P.O. Box 42094, Fredericksburg, VA 22404